

# FINASTA® 1 mg

## Consumer Medicine Information (CMI) summary

The [full CMI](#) on the next page has more details. If you are worried about using this medicine, speak to your doctor or pharmacist.

### 1. Why am I using FINASTA 1 mg?

FINASTA 1 mg contains the active ingredient finasteride. FINASTA 1 mg is used to treat men with male pattern hair loss to increase hair growth on the scalp and to prevent further hair loss.

For more information, see Section [1. Why am I using FINASTA 1 mg?](#) in the full CMI.

### 2. What should I know before I use FINASTA 1 mg?

Do not use if you have ever had an allergic reaction to finasteride or any of the ingredients listed at the end of the CMI.

FINASTA 1 mg is for use in men only. Do not give FINASTA 1 mg to children or women.

**Talk to your doctor if you have any other medical conditions, take any other medicines, or are pregnant or plan to become pregnant or are breastfeeding.**

For more information, see Section [2. What should I know before I use FINASTA 1 mg?](#) in the full CMI.

### 3. What if I am taking other medicines?

Some medicines may interfere with FINASTA 1 mg and affect how it works.

A list of these medicines is in Section [3. What if I am taking other medicines?](#) in the full CMI.

### 4. How do I use FINASTA 1 mg?

- The dose is one tablet taken once each day.

More instructions can be found in Section [4. How do I use FINASTA 1 mg?](#) in the full CMI.

### 5. What should I know while using FINASTA 1 mg?

Things you should do	<ul style="list-style-type: none"><li>• Remind any doctor, dentist or pharmacist you visit that you are using FINASTA 1 mg.</li></ul>
Things you should not do	<ul style="list-style-type: none"><li>• Do not give FINASTA 1 mg to anyone else, even if they have the same condition as you.</li></ul>
Driving or using machines	<ul style="list-style-type: none"><li>• FINASTA 1 mg should not affect your ability to drive or operate machinery.</li></ul>
Looking after your medicine	<ul style="list-style-type: none"><li>• Keep FINASTA 1 mg in a cool dry place where the temperature stays below 25°C.</li></ul>

For more information, see Section [5. What should I know while using FINASTA 1 mg?](#) in the full CMI.

### 6. Are there any side effects?

Common side effects include difficulty achieving an erection or less desire for sex, that continues after stopping FINASTA 1 mg.

Serious side effects include allergic reactions, breast swelling, tenderness, lumps or pain, discharge from the nipples, male breast cancer, hives or nettle rash, skin rash or itchiness, testicle pain, blood in the semen and depression.

For more information, including what to do if you have any side effects, see Section [6. Are there any side effects?](#) in the full CMI.

# FINASTA<sup>®</sup> 1 mg

Active ingredient(s): *finasteride*

## Consumer Medicine Information (CMI)

This leaflet provides important information about using FINASTA 1 mg. **You should also speak to your doctor or pharmacist if you would like further information or if you have any concerns or questions about using FINASTA 1 mg.**

**Where to find information in this leaflet:**

- [1. Why am I using FINASTA 1 mg?](#)
- [2. What should I know before I use FINASTA 1 mg?](#)
- [3. What if I am taking other medicines?](#)
- [4. How do I use FINASTA 1 mg?](#)
- [5. What should I know while using FINASTA 1 mg?](#)
- [6. Are there any side effects?](#)
- [7. Product details](#)

## 1. Why am I using FINASTA 1 mg?

**FINASTA 1 mg contains the active ingredient finasteride.** FINASTA 1 mg is for use by men only.

**FINASTA 1 mg is used to treat men with male pattern hair loss to increase hair growth on the scalp and to prevent further hair loss.**

Male pattern hair loss (also known as androgenetic alopecia) is a common condition in which men experience thinning of the hair on the scalp. This often results in a receding hair line and/or balding on the top of the head. These changes typically start to occur in some men in their 20s and become more common with age. Once hair loss has occurred over a long period of time, the hair may be permanently lost.

Male pattern hair loss is thought to be caused by a combination of family history (heredity) and production of a particular male hormone, called dihydrotestosterone (DHT). Men with male pattern hair loss have more DHT in the balding part of their scalp than in other parts, resulting in increased hair loss.

### How FINASTA 1 mg works

FINASTA 1 mg specifically lowers the levels of DHT in the scalp, thus helping to reverse the balding process.

FINASTA 1 mg does not affect hair on other parts of the body.

Men with mild to moderate, but not complete, hair loss can expect to benefit from the use of FINASTA 1 mg. In women who were studied, finasteride 1 mg was not effective in the treatment of hair loss (androgenetic alopecia).

There should be no need to change your usual hair care routine (for example, shampooing or haircuts) because you are taking FINASTA 1 mg.

## 2. What should I know before I use FINASTA 1 mg?

### Warnings

**Do not use FINASTA 1 mg if:**

- you are allergic to finasteride, or any of the ingredients listed at the end of this leaflet. Symptoms of an allergic reaction to FINASTA 1 mg may include skin rash, or swelling of the lips or face. Always check the ingredients to make sure you can use this medicine.
- the packaging is torn or shows signs of tampering.

**Check with your doctor if you:**

- have any other medical conditions
- take any medicines for any other condition
- have any allergies to any other medicines or any other substances, such as foods, preservatives or dyes

During treatment, you may be at risk of developing certain side effects. It is important you understand these risks and how to monitor for them. See additional information under Section [6. Are there any side effects?](#)

### Pregnancy and breastfeeding

**Women who are pregnant or may be pregnant must not take FINASTA 1 mg, handle crushed or broken tablets or handle tablets with wet hands.**

If the active ingredient in FINASTA 1 mg is absorbed after swallowing the tablet or through the skin by a woman who is pregnant with a male baby, it may cause the male baby to be born with abnormalities of the sex organs.

Whole tablets are coated to prevent contact with the active ingredient during normal handling, provided that the tablets haven't been crushed or broken.

**If a pregnant woman swallows FINASTA 1 mg, handles crushed or broken tablets or handles tablets with wet hands, her doctor must be consulted immediately.**

### Women and children

Do not give FINASTA 1 mg to children or women.

FINASTA 1 mg is for use by men only.

## 3. What if I am taking other medicines?

Tell your doctor or pharmacist if you are taking any other medicines, including any medicines, vitamins or supplements that you buy without a prescription from your pharmacy, supermarket or health food shop.

Some medicines may affect the way other medicines work. However, finasteride 1 mg has not been shown to interfere with other medicines.

**Check with your doctor or pharmacist if you are not sure about what medicines, vitamins or supplements you are taking and if these affect FINASTA 1 mg.**

## 4. How do I use FINASTA 1 mg?

### How much to take

- Take FINASTA 1 mg only when prescribed by your doctor.
- The dose is one tablet taken once each day.
- FINASTA 1 mg will not work faster or better if you take it more than once a day.
- Male pattern hair loss is a condition that develops over a long period of time. Because it takes time for new hair to grow, you will not see immediate results. In general, daily use for 3 months or more may be necessary before you notice increased hair growth or prevention of further loss.
- Follow the instructions provided and use FINASTA 1 mg until your doctor tells you to stop.
- If you stop taking the tablets your hair loss is likely to resume.

### When to take FINASTA 1 mg

- It does not matter if you take FINASTA 1 mg before or after food.

### How to take FINASTA 1 mg

- Swallow FINASTA 1 mg with a glass of water.

### If you forget to use FINASTA 1 mg

FINASTA 1 mg should be used regularly at the same time each day. If you miss your dose at the usual time, take it as soon as you remember, and then go back to taking your tablet as you would normally.

**If it is almost time for your next dose, skip the dose you missed and take your next dose when you are meant to.**

**Do not take a double dose to make up for the dose you missed.**

If you have trouble remembering to take your tablets, ask your pharmacist for some hints.

### If you use too much FINASTA 1 mg

If you think that you have used too much FINASTA 1 mg, you may need urgent medical attention.

#### You should immediately:

- phone the Poisons Information Centre (by calling 13 11 26), or
- contact your doctor, or
- go to the Emergency Department at your nearest hospital.

**You should do this even if there are no signs of discomfort or poisoning.**

## 5. What should I know while using FINASTA 1 mg?

### Things you should do

Remind any doctor, dentist or pharmacist you visit that you are using FINASTA 1 mg.

### Things you should not do

- Do not give FINASTA 1 mg to anyone else, even if they have the same condition as you.

### Driving or using machines

FINASTA 1 mg should not affect your ability to drive or operate machinery.

### Looking after your medicine

- Keep FINASTA 1 mg in a cool dry place where the temperature stays below 25°C.
- Keep your tablets in the blister pack until it is time to take them.
- Never put the tablets in another box or container, as they might get mixed up.

Follow the instructions in the carton on how to take care of your medicine properly.

Store it in a cool dry place away from moisture, heat or sunlight; for example, do not store it:

- in the bathroom or near a sink, or
- in the car or on window sills.

**Keep it where young children cannot reach it.**

### Getting rid of any unwanted medicine

If you no longer need to use this medicine or it is out of date, take it to any pharmacy for safe disposal.

Do not use this medicine after the expiry date.

## 6. Are there any side effects?

All medicines can have side effects. If you do experience any side effects, most of them are minor and temporary. However, some side effects may need medical attention.

See the information below and, if you need to, ask your doctor or pharmacist if you have any further questions about side effects.

## Less serious side effects

Less serious side effects	What to do
<ul style="list-style-type: none"> <li>difficulty in achieving an erection that continues after stopping finasteride 1 mg</li> <li>less desire for sex that continued after stopping finasteride 1 mg</li> <li>decreased amount of semen released during sex (this decrease does not appear to interfere with normal sexual function).</li> </ul> <p>It is important to understand that, in clinical trials, these unwanted effects disappeared in men who stopped taking finasteride 1 mg, as well as in many men who continued treatment.</p> <p>Problems with ejaculation that continue after stopping medication have been reported infrequently.</p> <ul style="list-style-type: none"> <li>Male infertility and/or poor quality of semen have been reported infrequently.</li> </ul> <p>Improvement in the quality of semen has been reported after stopping finasteride 1 mg.</p>	<p><b>Speak to your doctor if you have any of these less serious side effects and they worry you.</b></p>

## Serious side effects

Serious side effects	What to do
<ul style="list-style-type: none"> <li>swelling of the lips, tongue, throat or face</li> </ul> <p>These may be symptoms of a serious allergic reaction to finasteride 1 mg, which may cause difficulty in swallowing or breathing.</p>	<p><b>Call your doctor straight away, or go straight to the Emergency Department at your nearest hospital if you notice any of these serious side effects.</b></p> <p><b>You may need urgent medical attention.</b></p>
<ul style="list-style-type: none"> <li>breast swelling and/or tenderness</li> <li>In rare cases, male breast cancer has been reported.</li> <li>breast lumps, pain or discharge from the nipples.</li> <li>skin rash, itchiness</li> <li>hives or nettle rash (pinkish, itchy swellings on the skin)</li> <li>testicle pain</li> <li>blood in semen</li> <li>depressions (feelings of severe sadness and unworthiness) including suicidal thoughts</li> </ul>	<p><b>Tell your doctor immediately if you notice any of these serious side effects.</b></p>

**Tell your doctor or pharmacist if you notice anything else that may be making you feel unwell.**

Other side effects not listed here may occur in some people.

## Reporting side effects

After you have received medical advice for any side effects you experience, you can report side effects to the Therapeutic Goods Administration online at [www.tga.gov.au/reporting-problems](http://www.tga.gov.au/reporting-problems). By reporting side effects, you can help provide more information on the safety of this medicine.

**Always make sure you speak to your doctor or pharmacist before you decide to stop taking any of your medicines.**

## 7. Product details

This medicine is only available with a doctor's prescription.

### What FINASTA 1 mg contains

<b>Active ingredient (main ingredient)</b>	finasteride
<b>Other ingredients (inactive ingredients)</b>	lactose monohydrate microcrystalline cellulose pregelatinised starch

	lauroyl macrogolglycerides sodium starch glycolate (Type A) magnesium stearate Opadry complete film coating system 03F34739 Pink
<b>Potential allergens</b>	FINASTA 1 mg contains lactose FINASTA 1 mg does not contain gluten, sucrose, tartrazine or any other azo dyes.

**Do not take this medicine if you are allergic to any of these ingredients.**

### **What FINASTA 1 mg looks like**

FINASTA 1 mg is a reddish brown, round, biconvex, film coated tablet, marked 'F1' on one side and plain on the other (AUST R 330148).

A pack contains 28 tablets in a blister pack.

### **Who distributes FINASTA 1 mg**

Sandoz Pty Ltd  
 100 Pacific Highway  
 North Sydney, NSW 2060  
 Australia  
 Tel 1800 726 369

This leaflet was prepared in November 2025.

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