

XYLOCAINE 5% ointment

Consumer Medicine Information (CMI) summary

The [full CMI](#) on the next page has more details. If you are worried about using this medicine, speak to your doctor or pharmacist.

1. Why am I using XYLOCAINE 5% ointment?

XYLOCAINE 5% ointment contains the active ingredient lidocaine. XYLOCAINE 5% ointment is used to provide temporary relief of pain and/or itching due to minor burns, non-blistered sunburn, insect bites and sore nipples; to help prevent pain and discomfort and to act as a lubricant during certain medical procedures and tests performed by a doctor; to help relieve pain of some conditions of the back passage such as haemorrhoids (piles) or fissures; in dentistry to help prevent pain during scaling or injection and when fitting dentures.

For more information, see Section [1. Why am I using XYLOCAINE 5% ointment?](#) in the full CMI.

2. What should I know before I use XYLOCAINE 5% ointment?

Do not use if you have ever had an allergic reaction to XYLOCAINE 5% ointment or any of the ingredients listed at the end of the CMI. Talk to your doctor if you have any other medical conditions, take any other medicines, or are pregnant or plan to become pregnant or are breastfeeding.

For more information, see Section [2. What should I know before I use XYLOCAINE 5% ointment?](#) in the full CMI.

3. What if I am taking other medicines?

Some medicines may interfere with XYLOCAINE 5% ointment and affect how it works.

A list of these medicines is in Section [3. What if I am taking other medicines?](#) in the full CMI.

4. How do I use XYLOCAINE 5% ointment?

Your doctor, pharmacist or dentist will tell you how much ointment you should use. The dose depends on the size of the area, your age and the procedure involved.

Apply a thin layer of ointment to the affected area for adequate control of symptoms.

More instructions can be found in Section [4. How do I use XYLOCAINE 5% ointment?](#) in the full CMI.

5. What should I know while using XYLOCAINE 5% ointment?

Things you should do	<ul style="list-style-type: none">Remind any doctor, dentist or pharmacist you visit that you are using XYLOCAINE 5% ointment.Stop using this medicine if you notice a skin rash or irritation.
Looking after your medicine	<ul style="list-style-type: none">Keep your XYLOCAINE 5% ointment in a cool place where the temperature stays below 25°C.

For more information, see Section [5. What should I know while using XYLOCAINE 5% ointment?](#) in the full CMI.

6. Are there any side effects?

Tell your doctor, pharmacist or dentist as soon as possible if you do not feel well while you are using XYLOCAINE 5% ointment.

Serious side effects include drowsiness, confusion, dizziness, light headedness, blurred vision, ringing in the ears, tremors, fits, unconsciousness, low blood pressure, slow heartbeat, collapse, wheezing or difficulty breathing, chest pain, severe rash or itching, increased sweating.

For more information, including what to do if you have any side effects, see Section [6. Are there any side effects?](#) in the full CMI.

XYLOCAINE 5% ointment

Active ingredient: *lidocaine*

Consumer Medicine Information (CMI)

This leaflet provides important information about using XYLOCAINE 5% ointment.

You should speak to your doctor or pharmacist if you would like further information or if you have any concerns or questions about using XYLOCAINE 5% ointment.

Where to find information in this leaflet:

- [1. Why am I using XYLOCAINE 5% ointment?](#)
- [2. What should I know before I use XYLOCAINE 5% ointment?](#)
- [3. What if I am taking other medicines?](#)
- [4. How do I use XYLOCAINE 5% ointment?](#)
- [5. What should I know while using XYLOCAINE 5% ointment?](#)
- [6. Are there any side effects?](#)
- [7. Product details](#)

1. Why am I using XYLOCAINE 5% ointment?

XYLOCAINE 5% ointment contains the active ingredient lidocaine. It belongs to a group of medicines called local anaesthetics and works by making the pain nerves unable to pass messages to the brain.

XYLOCAINE 5% ointment is used to:

- provide temporary relief of pain and/or itching due to minor burns, non-blistered sunburn, insect bites and sore nipples;
- help prevent pain and discomfort and to act as a lubricant during certain medical procedures and tests performed by a doctor;
- help relieve pain of some conditions of the back passage such as haemorrhoids (piles) or fissures;
- to help prevent pain during dental scaling or injection and when fitting dentures.

Ask your health professional if you have any questions about why this medicine has been recommended to you.

They may have prescribed it for another purpose.

XYLOCAINE 5% ointment is not addictive.

2. What should I know before I use XYLOCAINE 5% ointment?

Warnings

Do not use XYLOCAINE 5% ointment:

- if you are allergic to lidocaine, or any of the ingredients listed at the end of this leaflet including other local anaesthetics of the same type.

Some symptoms of an allergic reaction may include shortness of breath, wheezing or difficult breathing, swelling of the face, lips, tongue or other parts of the body or rash, itching or hives on the skin.

- in children under 2 years of age.
- if the expiry date on the pack has passed.
- if the packaging is torn or shows signs of tampering.

Check with your doctor if you:

Tell your doctor, pharmacist or dentist if you have allergies to any other medicines, foods, preservatives or dyes.

Tell your doctor, pharmacist or dentist if you have or have had any of the following medical conditions:

- epilepsy
- heart problems
- liver problems
- kidney problems
- open wounds or infection where the ointment will be used
- malignant hyperthermia or if you have a family history of malignant hyperthermia.
This condition is characterised by dangerously high body temperature where a rapid rise in body temperature to a dangerously high level is brought on by general anaesthesia.

It may not be safe for you to use XYLOCAINE 5% ointment if you have any of these conditions.

During treatment, you may be at risk of developing certain side effects. It is important you understand these risks and how to monitor for them. See additional information under Section [6. Are there any side effects?](#)

Pregnancy and breastfeeding

Tell your doctor or pharmacist if you are pregnant or plan to be pregnant or are breastfeeding.

Your doctor can discuss with you the risks and benefits involved.

3. What if I am taking other medicines?

Tell your doctor, pharmacist or dentist if you are taking any other medicines, including any medicines, vitamins or supplements that you buy without a prescription from your pharmacy, supermarket or health food shop.

Some medicines and XYLOCAINE 5% ointment may interfere with each other. These include:

- medicines to treat irregular heartbeat such as amiodarone and mexiletine
- antihypertensive medicines to help lower blood pressure such as betablockers
- medicines used to treat epilepsy or fits such as phenytoin, phenobarbitone, primidone or carbamazepine
- cimetidine, a medicine used to treat reflux and ulcers.

You may need different amounts of your medicines, or you may need to take different medicines.

4. How do I use XYLOCAINE 5% ointment?

How much to use

Your doctor, pharmacist or dentist will tell you how much ointment you should use. The dose depends on the size of the area, your age and the procedure involved. Follow the instructions provided and use XYLOCAINE 5% ointment until your health professional tells you to stop.

Apply a thin layer of the ointment to the affected area for adequate control of symptoms.

A sterile gauze pad covering the affected area is recommended.

Do not apply to large areas of the body, except on the advice of a doctor or pharmacist.

Do not apply to broken skin.

Do not exceed the recommended dose or use of XYLOCAINE 5% ointment for prolonged periods except on the advice of your doctor.

For tender or sore nipples, apply a small amount of the ointment on a piece of gauze. Wash all the ointment away before breastfeeding.

Adults:

Apply a thin layer of ointment to the affected area no more than 3 to 4 times a day, when necessary.

The maximum single dose is 5 g of ointment. This is roughly equivalent to squeezing a 15 cm length of ointment from the tube.

Do not use more than 17 – 20 g of ointment in any 24 hours.

Children (2 - 12 years):

For children 2 to 12 years old, apply a thin layer to the affected area no more than 3 times a day, when necessary.

Do not use more than 0.1 g ointment/kg bodyweight as a single dose.

Do not apply more than 3 doses during any 24 hours.

Do not use in children under 2 years of age.

If you use too much XYLOCAINE 5% ointment

If you think that you have used too much XYLOCAINE 5% ointment, you may need urgent medical attention.

You should immediately:

- phone the Poisons Information Centre (**by calling 13 11 26**), or
- contact your doctor, or
- go to the Emergency Department at your nearest hospital.

You should do this even if there are no signs of discomfort or poisoning.

Symptoms of overdose include drowsiness, light headedness, dizziness and sometimes blurred vision. In the event of a serious overdosage, trembling, seizures or unconsciousness may occur.

5. What should I know while using XYLOCAINE 5% ointment?

Things you should do

Remind any doctor, dentist or pharmacist you visit that you are using XYLOCAINE 5% ointment.

Discontinue use and seek advice if:

- skin irritation occurs
- the condition persists or worsens.

Things you should not do

Do not eat or drink anything for at least 1 hour after using XYLOCAINE 5% ointment in the mouth or throat area.

You may swallow your food down the wrong way, or burn or bite your mouth.

Do not use XYLOCAINE 5% ointment on open wounds or infected areas.

Do not get XYLOCAINE 5% ointment in your eyes.

If any of the ointment does go in your eye, rinse immediately with lots of water for at least 15 minutes and call your doctor.

Looking after your medicine

Keep this medicine in a cool place where the temperature stays below 25°C.

Do not store it or any other medicine in the bathroom or near a sink.

Heat and dampness can destroy some medicines.

Keep it where young children cannot reach it.

Do not leave it in the car on hot days.

Getting rid of any unwanted medicine

If you no longer need to use this medicine or it is out of date, take it to any pharmacy for safe disposal.

6. Are there any side effects?

All medicines can have side effects. If you do experience any side effects, most of them are minor and temporary. However, some side effects may need medical attention.

Xylocaine 5% ointment will help to relieve pain and discomfort in most people, but it may have unwanted side-effects in a few people.

Tell your doctor, pharmacist or dentist as soon as possible if you do not feel well while you are using Xylocaine 5% ointment.

See the information below and, if you need to, ask your doctor or pharmacist if you have any further questions about side effects.

Serious side effects

Serious side effects	What to do
<ul style="list-style-type: none">• skin rash or irritation.	Stop using Xylocaine 5% ointment and tell your doctor or pharmacist as soon as possible.
<ul style="list-style-type: none">• drowsiness• confusion• dizziness• light headedness• blurred vision• ringing in the ears• tremors• fits• unconsciousness• low blood pressure• slow heartbeat• collapse• wheezing or difficulty breathing• chest pain• severe rash or itching• increased sweating.	Call your doctor or go straight to the Emergency Department at your nearest hospital if you notice any of these very serious side effects. These side effects are rare.

Tell your doctor or pharmacist if you notice anything else that may be making you feel unwell.

Other side effects not listed here may occur in some people.

Reporting side effects

After you have received medical advice for any side effects you experience, you can report side effects to the Therapeutic Goods Administration online at www.tga.gov.au/reporting-problems. By reporting side effects, you can help provide more information on the safety of this medicine.

Always make sure you speak to your doctor or pharmacist before you decide to stop taking any of your medicines.

7. Product details

This medicine is available without a doctor's prescription. It can be purchased at a pharmacy.

What XYLOCAINE 5% ointment contains

Active ingredient (main ingredient)	<ul style="list-style-type: none">• lidocaine 50 mg/g
Other ingredients (inactive ingredients)	<ul style="list-style-type: none">• propylene glycol• macrogol 300• macrogol 1500• macrogos 3350.

Do not take this medicine if you are allergic to any of these ingredients.

What XYLOCAINE 5% ointment looks like

XYLOCAINE 5% ointment is a white to greyish white ointment. It is available in pack sizes of 15 g and 35 g.

Australian Registration number: AUST R 12005

Who distributes XYLOCAINE 5% ointment?

Aspen Pharmacare Australia Pty Ltd
34-36 Chandos St
St Leonards NSW 2065
Australia

This leaflet was revised in July 2025.