

Bupivacaine spinal heavy BNM

Consumer Medicine Information (CMI) summary

The [full CMI](#) on the next page has more details. If you are worried about using this medicine, speak to your doctor or pharmacist.

1. Why am I using Bupivacaine spinal heavy BNM?

Bupivacaine spinal heavy BNM contains the active ingredient bupivacaine hydrochloride monohydrate. . Bupivacaine spinal heavy BNM is used to prevent or relieve pain before surgery of the lower abdomen and lower limbs. They will not put you to sleep. Bupivacaine spinal heavy BNM can also be used to make childbirth less painful. For more information, see Section [1. Why am I using Bupivacaine spinal heavy BNM?](#) in the full CMI.

2. What should I know before I use Bupivacaine spinal heavy BNM?

Do not use if you have ever had an allergic reaction to Bupivacaine Hydrochloride or any of the ingredients listed at the end of the CMI.

Talk to your doctor if you have any other medical conditions, take any other medicines, or are pregnant or plan to become pregnant or are breastfeeding.

For more information, see Section [2. What should I know before I use Bupivacaine spinal heavy BNM?](#) in the full CMI.

3. What if I am taking other medicines?

Some medicines may interfere with Bupivacaine spinal heavy BNM and affect how it works. A list of these medicines is in Section [3. What if I am taking other medicines?](#) in the full CMI.

4. How do I use Bupivacaine spinal heavy BNM?

- Bupivacaine spinal heavy BNM will be injected by your doctor into the spinal canal through a space between the bones in your lower back.
- The dose you will be given will depend on your body size, age and the type of pain relief required. More instructions can be found in Section [4. How do I use Bupivacaine spinal heavy BNM?](#) in the full CMI.

5. What should I know while using Bupivacaine spinal heavy BNM?

| | |
|------------------------------------|---|
| Things you should do | <ul style="list-style-type: none">• Remind any doctor, dentist or pharmacist you visit that you are using Bupivacaine spinal heavy BNM. |
| Driving or using machines | <ul style="list-style-type: none">• Be careful driving or operating machinery after you have been given Bupivacaine spinal heavy BNM. You may be drowsy, and your reflexes may be slow. |
| Drinking alcohol | <ul style="list-style-type: none">• Do not drink alcohol while you are being given Bupivacaine spinal heavy BNM.• If you drink alcohol while you are being given Bupivacaine spinal heavy BNM your blood pressure may drop, making you feel dizzy and faint. |
| Looking after your medicine | <ul style="list-style-type: none">• Bupivacaine spinal heavy BNM injection will be stored by your doctor or pharmacist under the recommended conditions.• It should be kept in a cool dry place where the temperature stays below 25°C. |

For more information, see Section [5. What should I know while using Bupivacaine?](#) in the full CMI.

6. Are there any side effects?

Tell your doctor or nurse as soon as possible if you do not feel well while you are being given Bupivacaine spinal heavy BNM injection.

Some of the mild side effects of Bupivacaine spinal heavy BNM include nervousness, dizziness, blurred vision, drowsiness, ringing in the ears, numbness, feeling strange (disoriented), nausea, vomiting.

For more information, including what to do if you have any side effects, see Section [6. Are there any side effects?](#) in the full CMI.

Bupivacaine spinal heavy BNM

Active ingredient(s): *Bupivacaine hydrochloride*

Consumer Medicine Information (CMI)

This leaflet provides important information about using Bupivacaine spinal heavy BNM.

You should also speak to your doctor or pharmacist if you would like further information or if you have any concerns or questions about using Bupivacaine spinal heavy BNM.

Where to find information in this leaflet:

- [1. Why am I using Bupivacaine spinal heavy BNM?](#)
- [2. What should I know before I use Bupivacaine spinal heavy BNM?](#)
- [3. What if I am taking other medicines?](#)
- [4. How do I use Bupivacaine spinal heavy BNM?](#)
- [5. What should I know while using Bupivacaine spinal heavy BNM?](#)
- [6. Are there any side effects?](#)
- [7. Product details](#)

1. Why am I using Bupivacaine spinal heavy BNM?

Bupivacaine spinal heavy BNM contains the active ingredient bupivacaine hydrochloride.

Bupivacaine spinal heavy BNM belongs to a group of medicines called spinal local anaesthetics. They are injected into the spinal fluid where they make the nerves unable to pass messages to the brain.

Depending on the amount used, Bupivacaine spinal heavy BNM will either totally stop pain or will cause a partial loss of feeling.

Follow all directions given to you by your doctor carefully.

Your doctor will have explained why you are being treated with Bupivacaine spinal heavy BNM and told you what dose you will be given.

Ask your doctor if you want more information.

Bupivacaine spinal heavy BNM is only available with a doctor's prescription.

Bupivacaine spinal heavy BNM is not addictive.

Bupivacaine spinal heavy BNM is used to [insert indication].

2. What should I know before I use Bupivacaine spinal heavy BNM?

Warnings

Do not use Bupivacaine spinal heavy BNM if:

- you are allergic to Bupivacaine hydrochloride, other local anaesthetics e.g. lidocaine (lignocaine) or any of the ingredients listed at the end of this leaflet.
- If you have an allergic reaction, you may get a skin rash, hay fever or difficulty breathing.
- you are pregnant or breastfeeding unless your doctor says so. We do not know if it is safe for you to be given it while you are pregnant. It may affect your baby if you take it early in pregnancy or in the last weeks before your baby is due. However, they can be used during childbirth. Your baby can take in very small amounts of Bupivacaine spinal heavy BNM from breast milk if breastfeeding.
- the expiry date printed on the pack has passed.
- the solution is not clear, or the packaging is torn or shows signs of tampering.

Check with your doctor if you:

- have or had any of the following medical condition:
 - problems with your blood pressure or circulation
 - blood poisoning
 - problems with the clotting of your blood
 - nerve or heart problems
 - liver or kidney problems
 - malignant hyperthermia
 - diseases of the brain or spine
 - some types of back problems
- take any medicines for any other condition

It may not be safe for you to be given Bupivacaine spinal heavy BNM if you have any of these conditions.

During treatment, you may be at risk of developing certain side effects. It is important you understand these risks and how to monitor for them. See additional information under Section [6. Are there any side effects?](#)

Pregnancy and breastfeeding

Do not use Bupivacaine spinal heavy BNM if you are pregnant or breastfeeding unless your doctor says so.

Ask your doctor about the risks and benefits involved.

We do not know if it is safe for you to be given it while you are pregnant. It may affect your baby if you take it early in pregnancy or in the last weeks before your baby is due. However, it can be used during childbirth.

Talk to your doctor if you are breastfeeding or intend to breastfeed.

Your baby can take in very small amounts of Bupivacaine spinal heavy BNM from breast milk if breastfeeding.

3. What if I am taking other medicines?

Tell your doctor or pharmacist if you are taking any other medicines, including any medicines, vitamins or supplements that you buy without a prescription from your pharmacy, supermarket or health food shop.

This medicine may affect the way Bupivacaine spinal heavy BNM work.

Your doctor or pharmacist can tell you what to do if you are taking any of these medicines.

Check with your doctor or pharmacist if you are not sure about what medicines, vitamins or supplements you are taking and if these affect Bupivacaine spinal heavy BNM.

4. How do I use Bupivacaine spinal heavy BNM?

How much is given

The dose you will be given will depend on your body size, age and the type of pain relief required.

Your doctor will have had a lot of experience injecting Bupivacaine spinal heavy BNM or other local anaesthetics and will choose the best dose for you.

How Bupivacaine spinal heavy BNM is administered

Bupivacaine spinal heavy BNM will be injected by your doctor into the spinal canal through a space between the bones in your lower back. This is called a SPINAL injection, and it will result in a feeling of numbness in your lower body, in an area that may seem unrelated to the site of injection.

Bupivacaine spinal heavy BNM must not be injected directly into the blood.

If you are given too much

The doctor giving you Bupivacaine spinal heavy BNM will be experienced in the use of spinal local anaesthetics, so it is unlikely that you will be given an overdose.

However, if you are particularly sensitive to Bupivacaine spinal heavy BNM, or the dose is accidentally injected directly into your blood, you may develop problems for a short time with your sight or hearing. You may get a numb feeling in or around the mouth, feel dizzy or stiff, or have twitchy muscles.

Whenever you are given Bupivacaine spinal heavy BNM, equipment will be available to care for you if an overdose happens.

If overdose occurs, you should immediately:

- phone the Poisons Information Centre

(by calling 13 11 26), or

- contact your doctor, or
- go to the Emergency Department at your nearest hospital.

You should do this even if there are no signs of discomfort or poisoning.

You may need medical attention.

5. What should I know while using Bupivacaine spinal heavy BNM?

Things you should do

Remind any doctor, dentist or pharmacist you visit that you are using Bupivacaine spinal heavy BNM.

Driving or using machines

Be careful before you drive or use any machines or tools after you have been given Bupivacaine spinal heavy BNM.

Bupivacaine spinal heavy BNM may cause you to be drowsy, and your reflexes may be slow.

Drinking alcohol

Do not drink alcohol while you are being given Bupivacaine spinal heavy BNM.

If you drink alcohol while you are being given Bupivacaine spinal heavy BNM your blood pressure may drop, making you feel dizzy and faint.

Looking after your medicine

Bupivacaine spinal heavy BNM will be stored by your doctor or pharmacist under the recommended conditions. **It should be stored in a cool dry place where the temperature stays below 25°C.**

When to discard your medicine (as relevant)

Bupivacaine spinal heavy BNM injection which is not used, will be disposed of in a safe manner by your doctor or pharmacist.

6. Are there any side effects?

Tell your doctor or pharmacist as soon as possible if you do not feel well while you are being given or after receiving Bupivacaine spinal heavy BNM.

All medicines can have side effects. If you do experience any side effects, most of them are minor and temporary. However, some side effects may need medical attention.

Bupivacaine spinal heavy BNM injection will prevent or relieve pain in most people, but they may have unwanted side-effects.

See the information below and, if you need to, ask your doctor or pharmacist if you have any further questions about side effects.

Less serious side effects

| Less serious side effects | What to do |
|--|---|
| <ul style="list-style-type: none">nervousnessdizzinessblurred visiondrowsinessringing in the earsnumbnessfeeling strange (disoriented)nauseavomiting | <p>Speak to your doctor if you have any of these less serious side effects and they worry you.</p> <p>These are mild side effects.</p> |

Serious side effects

| Serious side effects | What to do |
|---|--|
| <p>If Bupivacaine spinal heavy BNM is given wrongly, or you are very sensitive to it, It can sometimes cause</p> <ul style="list-style-type: none">fitsunconsciousnessbreathing problemslow blood pressureslow heartbeatcollapse | <p>Call your doctor straight away, if you notice any of these serious side effects.</p> <p>These are serious side effects. You may need urgent medical attention.</p> |

After a spinal injection you may develop a headache or backache which is not always related to the medicine used. These can, on rare occasions, last for some months after the injection is given.

Tell your doctor or pharmacist if you notice anything else that may be making you feel unwell.

Other side effects not listed here may occur in some people.

Reporting side effects

After you have received medical advice for any side effects you experience, you can report side effects to the Therapeutic Goods Administration online at www.tga.gov.au/reporting-problems.

By reporting side effects, you can help provide more information on the safety of this medicine.

7. Product details

This medicine is only available with a doctor's prescription.

What Bupivacaine spinal heavy BNM contains

| | |
|--|---|
| Active ingredient (main ingredient) | <ul style="list-style-type: none">Bupivacaine hydrochloride monohydrate |
| Other ingredients | <ul style="list-style-type: none">glucose 8% w/v (80mg/mL) |

| | |
|-------------------------------|---|
| (inactive ingredients) | <ul style="list-style-type: none">sodium hydroxide for pH adjustmentwater for injections |
|-------------------------------|---|

The solution is preservative free and sulfite free.

Do not take this medicine if you are allergic to any of these ingredients.

What Bupivacaine spinal heavy BNM looks like

Bupivacaine spinal heavy BNM is a clear colourless sterile solution in a glass ampoule. It is available as 4 mL glass ampoules in a sterile pack, in a box of 10 ampoules.

Australian Registration number: AUST R 297613

Who distributes Bupivacaine spinal heavy BNM

Boucher & Muir Pty Ltd

Level 9, 76 Berry Street

North Sydney NSW 2060

Distributed in NZ by:

BNM Group

39 Anzac Road

Browns Bay, Auckland 0753

This leaflet was prepared in August 2025.