

XYLOCAINE VISCOUS oral solution

Consumer Medicine Information (CMI) summary

The [full CMI](#) on the next page has more details. If you are worried about using this medicine, speak to your doctor or pharmacist.

1. Why am I using XYLOCAINE VISCOUS?

XYLOCAINE VISCOUS contains the active ingredient lidocaine hydrochloride monohydrate. XYLOCAINE VISCOUS is used to prevent pain and discomfort during medical tests and procedures. It can also be used to relieve pain following operations or in certain diseases.

For more information, see Section [1. Why am I using XYLOCAINE VISCOUS?](#) in the full CMI.

2. What should I know before I use XYLOCAINE VISCOUS?

Do not use if you have ever had an allergic reaction to lidocaine hydrochloride monohydrate, other local anaesthetics or any of the ingredients listed at the end of the CMI.

Talk to your doctor if you have any other medical conditions, take any other medicines, are pregnant or are breastfeeding.

For more information, see Section [2. What should I know before I use XYLOCAINE VISCOUS?](#) in the full CMI.

3. What if I am taking other medicines?

Some medicines may interfere with XYLOCAINE VISCOUS and affect how it works.

A list of these medicines is in Section [3. What if I am taking other medicines?](#) in the full CMI.

4. How do I use XYLOCAINE VISCOUS?

- Shake the bottle well before use.
- Do not use more often than every three hours.
- Use as directed by your doctor or pharmacist.

More instructions can be found in Section [4. How do I use XYLOCAINE VISCOUS?](#) in the full CMI.

5. What should I know while using XYLOCAINE VISCOUS?

Things you should do	<ul style="list-style-type: none">• Remind any doctor, dentist or pharmacist you visit that you are using XYLOCAINE VISCOUS.
Things you should not do	<ul style="list-style-type: none">• Do not exceed the recommended dose unless your doctor tells you to. This may cause serious side effects if too much XYLOCAINE VISCOUS is taken.• Do not eat or drink anything for at least 1 hour after using XYLOCAINE VISCOUS in the mouth or throat area. You may swallow your food the wrong way or burn or bite your mouth.
Driving or using machines	<ul style="list-style-type: none">• Be careful driving or operating machinery after you have been given this medicine. You may be drowsy, and your reflexes may be slow.
Looking after your medicine	<ul style="list-style-type: none">• Keep XYLOCAINE VISCOUS in the bottle until it is time to use it. Keep it in a cool place where the temperature stays below 25°C.

For more information, see Section [5. What should I know while using XYLOCAINE VISCOUS?](#) in the full CMI.

6. Are there any side effects?

Tell your doctor or pharmacist as soon as possible if you do not feel well while you are taking XYLOCAINE VISCOUS.

Some of the mild side effects include skin rash or irritation and drowsiness.

Some serious side effects include wheezing or difficulty breathing, chest pain, severe rash or itching, increased sweating and numbness.

For more information, including what to do if you have any side effects, see Section [6. Are there any side effects?](#) in the full CMI.

XYLOCAINE VISCOUS oral solution

Active ingredient: *lidocaine hydrochloride monohydrate*

Consumer Medicine Information (CMI)

This leaflet provides important information about using XYLOCAINE VISCOUS oral solution.

You should speak to your doctor or pharmacist if you would like further information or if you have any concerns or questions about using XYLOCAINE VISCOUS solution.

Where to find information in this leaflet:

- [1. Why am I using XYLOCAINE VISCOUS?](#)
- [2. What should I know before I use XYLOCAINE VISCOUS?](#)
- [3. What if I am taking other medicines?](#)
- [4. How do I use XYLOCAINE VISCOUS?](#)
- [5. What should I know while using XYLOCAINE VISCOUS?](#)
- [6. Are there any side effects?](#)
- [7. Product details](#)

1. Why am I using XYLOCAINE VISCOUS?

XYLOCAINE VISCOUS contains the active ingredient lidocaine hydrochloride monohydrate. It belongs to a group of medicines called local anaesthetics.

It is used to prevent pain and discomfort during medical tests and procedures by making the nerves unable to pass messages to the brain. It can also be used to relieve pain following operations or in certain diseases.

Ask your doctor if you have any questions about why XYLOCAINE VISCOUS has been prescribed for you.

They may have prescribed it for another purpose.

XYLOCAINE VISCOUS is not addictive.

2. What should I know before I use XYLOCAINE VISCOUS?

Warnings

Do not use XYLOCAINE VISCOUS if:

- you are allergic to lidocaine or any of the ingredients listed at the end of this leaflet including other local anaesthetics or any other substances.
 - If you have an allergic reaction, you may get a skin rash, hay fever, breathing difficulties or feel faint.
- the expiry date printed on the pack has passed.
- the packaging is torn or shows signs of tampering.

Check with your doctor if you:

- have or have had any of the following medical conditions:
 - epilepsy
 - heart problems
 - liver problems
 - kidney problems
 - open wounds or infection where the solution will be used

It may not be safe for you to take XYLOCAINE VISCOUS if you have any of these conditions.

During treatment, you may be at risk of developing certain side effects. It is important you understand these risks and how to monitor for them. See additional information under Section [6. Are there any side effects?](#)

Pregnancy and breastfeeding

Do not use XYLOCAINE VISCOUS if you are pregnant or breastfeeding unless your doctor says it is safe. Ask your doctor about the risks and benefits involved.

XYLOCAINE VISCOUS has been widely used during pregnancy and there have been no reports of any ill effects on the baby.

When used correctly, it is unlikely that any XYLOCAINE VISCOUS will get into your breast milk if you are breastfeeding.

3. What if I am taking other medicines?

Tell your doctor or pharmacist if you are taking any other medicines, including any medicines, vitamins or supplements that you buy without a prescription from your pharmacy, supermarket or health food shop.

Some medicines and XYLOCAINE VISCOUS interfere with each other. These include:

- ones to control your heart beat
- ones for blood pressure (anti-hypertensives)
- ones for epilepsy or fits
- cimetidine.

These medicines may affect the way XYLOCAINE VISCOUS works.

Your doctor or pharmacist can tell you what to do if you are taking any of these medicines.

4. How do I use XYLOCAINE VISCOUS?

How much to use

Shake the bottle well before use. Use as directed by your doctor or pharmacist.

Dosage: Do not use more often than every three hours.

Adults: The dose is 15 mL and no more than 120 mL per day.

For use in the mouth, the solution should be swished around the mouth for 30 seconds and spat out. For use in the throat, the solution should be gargled and may be swallowed.

This dose may be reduced for elderly patients.

Children (> 3 years): No more than 4 mg/kg (1 mL for every 5 kg of bodyweight) or 5 mL, whichever is lower, should be used as above, as required. No more than 4 doses should be given in a 24 hour period. Excess XYLOCAINE VISCOUS should be spat out.

Children (< 3 years): No more than 4 mg/kg (1 mL for every 5 kg of bodyweight) or 1.25 mL, whichever is lower, should be applied with a cotton swab to the area, as required. No more than 4 doses should be given in a 24 hour period.

If you use too much XYLOCAINE VISCOUS

If you think that you have used too much XYLOCAINE VISCOUS, you may need urgent medical attention.

You should immediately:

- phone the Poisons Information Centre (by calling 13 11 26), or
- contact your doctor, or
- go to the Emergency Department at your nearest hospital.

You should do this even if there are no signs of discomfort or poisoning.

The lidocaine in XYLOCAINE VISCOUS can be absorbed into the blood, therefore it is important to use the correct amount of this medicine to avoid an overdose.

The first signs of overdose are dizziness, blurred vision, tremor or nervousness. In the rare case of problems occurring, you will be watched closely by medical staff.

5. What should I know while using XYLOCAINE VISCOUS?

Things you should do

Remind any doctor, dentist or pharmacist you visit that you are using XYLOCAINE VISCOUS.

Things you should not do

- **Do not exceed the recommended dose unless your doctor tells you to.**
This may cause serious side effects if too much XYLOCAINE VISCOUS is taken.
- **Do not eat or drink anything for at least 1 hour after using XYLOCAINE VISCOUS in the mouth or throat area.**
You may swallow your food the wrong way or burn or bite your mouth.

Driving or using machines

Be careful driving or operating machinery after you have been given XYLOCAINE VISCOUS.

You may be drowsy, and your reflexes may be slow.

Looking after your medicine

Keep XYLOCAINE VISCOUS in the bottle until it is time to use it.

Keep it in a cool place where the temperature stays below 25°C.

Do not store it or any other medicine in the bathroom or near a sink.

Heat and dampness can destroy some medicines.

Keep it where young children cannot reach it.

Do not leave it in the car on hot days.

When to discard your medicine

Ask your pharmacist what to do with any solution you have left over if your doctor tells you to stop using it or you find that the expiry date has passed.

6. Are there any side effects?

Tell your doctor or pharmacist as soon as possible if you do not feel well while you are taking XYLOCAINE VISCOUS.

XYLOCAINE VISCOUS will help to relieve pain and discomfort in most people, but it may have unwanted side-effects in a few people.

All medicines can have side effects. If you do experience any side effects, most of them are minor and temporary. However, some side effects may need medical attention.

See the information below and, if you need to, ask your doctor or pharmacist if you have any further questions about side effects.

Less serious side effects

Less serious side effects	What to do
<ul style="list-style-type: none">• skin rash or irritation• drowsiness.	Speak to your doctor or pharmacist if

	you have any of these mild side effects and they worry you.
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Serious side effects

Serious side effects	What to do
<ul style="list-style-type: none"> wheezing or difficulty breathing chest pain severe rash or itching increased sweating numbness. 	<p>Tell your doctor immediately or go to casualty at your nearest hospital if you notice any of these serious side effects.</p> <p>You may need urgent medical attention. Serious side effects are rare.</p>
<p>XYLOCAINE VISCOUS can pass into the bloodstream, and in high doses can rarely cause more serious side effects. These may include:</p> <ul style="list-style-type: none"> fits unconsciousness breathing problems low blood pressure slow heart beat collapse. 	<p>You will need urgent medical attention or hospitalisation.</p> <p>These are very serious side effects.</p>

Tell your doctor or pharmacist if you notice anything else that may be making you feel unwell.

Other side effects not listed here may occur in some people.

Reporting side effects

After you have received medical advice for any side effects you experience, you can report side effects to the Therapeutic Goods Administration online at www.tga.gov.au/reporting-problems. By reporting side effects, you can help provide more information on the safety of this medicine.

Always make sure you speak to your doctor or pharmacist before you decide to stop taking any of your medicines.

7. Product details

This medicine is available without a doctor's prescription. It can be purchased at a pharmacy.

What XYLOCAINE VISCOUS contains

Active ingredient (main ingredient)	<ul style="list-style-type: none"> lidocaine hydrochloride monohydrate 21.3 mg/mL (equivalent to lidocaine hydrochloride 20 mg/mL).
Other ingredients (inactive ingredients)	<ul style="list-style-type: none"> methyl hydroxybenzoate propyl hydroxybenzoate sodium hydroxide saccharin sodium cherry extract (FACHE 59130) carmellose sodium purified water.
Potential allergens	<ul style="list-style-type: none"> saccharin hydroxybenzoates.

Do not take this medicine if you are allergic to any of these ingredients.

What XYLOCAINE VISCOUS looks like

XYLOCAINE VISCOUS is a clear, red, viscous liquid with an odour of cherries. Available in a 200 mL bottle.

Australian Registration number: AUST R 12007

Who distributes XYLOCAINE VISCOUS?

Aspen Pharmacare Australia Pty Ltd
34-36 Chandos St
St Leonards NSW 2065
Australia

This leaflet was revised in July 2025.