

XYLOCAINE 10% pump spray

Consumer Medicine Information (CMI) summary

The [full CMI](#) on the next page has more details. If you are worried about using this medicine, speak to your doctor or pharmacist.

1. Why am I using XYLOCAINE 10% pump spray?

XYLOCAINE 10% pump spray contains the active ingredient lidocaine, an anaesthetic. XYLOCAINE 10% pump spray is used to produce temporary loss of sensation before certain types of medical examinations e.g. examination of your lungs. It is also used to help prevent pain associated with minor surgical procedures in the ear, nose and throat, to help prevent pain during the puncture of a cavity of the upper jaw, to help prevent pain and or discomfort at the dentist e.g. prior to injection, during general anaesthesia to prevent coughing, to help prevent pain during the final stages of childbirth, before the cutting or stitching of the perineum (skin between the vagina and anus).

For more information, see Section [1. Why am I using XYLOCAINE 10% pump spray?](#) in the full CMI.

2. What should I know before I use XYLOCAINE 10% pump spray?

Do not use if you have ever had an allergic reaction to lidocaine, other local anaesthetics of the amide type or any of the ingredients listed at the end of the CMI.

Talk to your doctor if you have any other medical conditions or take any other medicines.

For more information, see Section [2. What should I know before I use XYLOCAINE 10% pump spray?](#) in the full CMI.

3. What if I am taking other medicines?

Some medicines may interfere with XYLOCAINE 10% pump spray and affect how it works.

A list of these medicines is in Section [3. What if I am taking other medicines?](#) in the full CMI.

4. How do I use XYLOCAINE 10% pump spray?

- The dose depends on the size of the area and the procedure involved. Your healthcare professional will use the dose that is suitable for you.
- Before using the spray, the bottle should be primed by pressing the piston once or twice.

More instructions can be found in Section [4. How do I use XYLOCAINE 10% pump spray?](#) in the full CMI.

5. What should I know while using XYLOCAINE 10% pump spray?

Things you should do	<ul style="list-style-type: none">• Remind any doctor, dentist or pharmacist you visit that you are using XYLOCAINE 10% pump spray.
Things you should not do	<ul style="list-style-type: none">• Do not eat or drink anything for at least 1 hour after being given this medicine in the mouth or throat area.• Be careful not to spray XYLOCAINE 10% pump spray near the eyes.
Driving or using machines	<ul style="list-style-type: none">• Be careful driving or operating machinery after you have been given XYLOCAINE 10% pump spray. You may be drowsy and your reflexes may be slow.
Looking after your medicine	<ul style="list-style-type: none">• Keep XYLOCAINE 10% pump spray in a cool, dry place where the temperature stays below 25°C.

For more information, see Section [5. What should I know while using XYLOCAINE 10% pump spray?](#) in the full CMI.

6. Are there any side effects?

Tell your doctor, pharmacist or dentist as soon as possible if you do not feel well while you are being given XYLOCAINE 10% pump spray.

Some of the mild side effects include skin rash or irritation and drowsiness. Some of the serious side effects include wheezing or difficulty breathing, chest pain, severe rash or itching, increased sweating and numbness.

For more information, including what to do if you have any side effects, see Section [6. Are there any side effects?](#) in the full CMI.

XYLOCAINE 10% pump spray

Active ingredient: *lidocaine*

Consumer Medicine Information (CMI)

This leaflet provides important information about using XYLOCAINE 10% pump spray.

You should speak to your doctor or pharmacist if you would like further information or if you have any concerns or questions about using XYLOCAINE 10% pump spray.

Where to find information in this leaflet:

- [1. Why am I using XYLOCAINE 10% pump spray?](#)
- [2. What should I know before I use XYLOCAINE 10% pump spray?](#)
- [3. What if I am taking other medicines?](#)
- [4. How do I use XYLOCAINE 10% pump spray?](#)
- [5. What should I know while using XYLOCAINE 10% pump spray?](#)
- [6. Are there any side effects?](#)
- [7. Product details](#)

1. Why am I using XYLOCAINE 10% pump spray?

XYLOCAINE 10% pump spray contains the active ingredient lidocaine. It belongs to a group of medicines called local anaesthetics and works by producing a temporary loss of sensation in the area where it is applied.

XYLOCAINE 10% pump spray is used for the following reasons:

- to produce temporary loss of sensation in a part of the body before certain types of examination and instrumentation are performed by your doctor e.g. examination of your lungs. This may also help prevent coughing or gagging from the procedures.
- to help prevent pain associated with minor surgical procedures in the ear, nose and throat
- to help prevent pain during the puncture of a cavity of the upper jaw (the maxillary sinus)
- to help prevent pain and or discomfort at the dentist e.g. prior to injection
- during general anaesthesia to prevent coughing
- to help prevent pain during the final stages of childbirth, before the cutting or stitching of the perineum (skin between the vagina and anus).

Ask your healthcare professional if you have any questions about why XYLOCAINE 10% pump spray is used.

XYLOCAINE 10% pump spray is not addictive.

2. What should I know before I use XYLOCAINE 10% pump spray?

Warnings

Do not use XYLOCAINE 10% pump spray if:

- you are allergic to lidocaine, other local anaesthetics of the amide type or any of the ingredients listed at the end of this leaflet.
 - some symptoms of an allergic reaction may include shortness of breath, wheezing or difficulty breathing, swelling of the face, lips tongue or other parts of the body and rash, itching or hives on the skin.
- the expiry date printed on the pack has passed.
- the packaging is torn or shows signs of tampering.

Check with your doctor if you:

- have or have had any of these medical conditions:
 - epilepsy
 - heart problems
 - liver problems
 - kidney problems
 - open wounds or infection where the spray will be used
 - porphyria (a rare metabolic disorder characterised by excessive levels of porphyrin in the blood and urine). Symptoms of acute porphyria include muscle pain or paralysis, seizures, disorientation, hallucination, bloody (red) urine, hypertension, abdominal pain, constipation and vomiting.

It may not be safe for you to use XYLOCAINE 10% pump spray if you have any of these conditions.

During treatment, you may be at risk of developing certain side effects. It is important you understand these risks and how to monitor for them. See additional information under Section [6. Are there any side effects?](#)

Pregnancy and breastfeeding

There is no evidence available at the moment to show that being given XYLOCAINE 10% pump spray under your doctor's instructions is harmful to unborn babies.

Your baby can take in very small amounts of XYLOCAINE 10% pump spray from breast milk if you are breastfeeding. However, it is unlikely that the amount available to the baby will do it any harm.

3. What if I am taking other medicines?

Tell your doctor, pharmacist or dentist if you are taking any other medicines, including any medicines, vitamins or supplements that you buy without a prescription from your pharmacy, supermarket or health food shop.

Some medicines and XYLOCAINE 10% pump spray may interfere with each other. These include:

- anti-arrhythmic drugs e.g. amiodarone
- enzyme inducing drugs e.g. cimetidine or beta-blockers
- antiepileptic drugs e.g. phenobarbitone.

These medicines may affect the way it works (especially when XYLOCAINE 10% pump spray is given in repeated high doses over a long time). You may need different amounts of your medicines, or you may need to take different medicines.

4. How do I use XYLOCAINE 10% pump spray?

How much to use

This medicine is normally given by a doctor or a dentist in a clinic. For professional use only.

The dose depends on the size of the area and the procedure involved. Your healthcare professional will use the dose that is suitable for you.

How much is given

Each spray delivers 10 mg of lidocaine. The maximum dose is 20 sprays (200 mg).

In dentistry, the normal dose is 1-5 sprays. Two sprays per quarter of the mouth is recommended, with a maximum of 3 sprays per quarter of the mouth over 30 minutes.

In sinus procedures, 3 sprays are used.

In childbirth and procedures of the throat and windpipe, up to 20 sprays may be necessary.

In children, elderly or acutely ill patients, lower doses are used and depends on bodyweight and physical status.

How to use it

Before using the spray, the bottle should be primed by pressing the piston once or twice.

If you are given too much XYLOCAINE 10% pump spray

The medical professional giving you XYLOCAINE 10% pump spray will be experienced in its use, so it is extremely unlikely that you will be given too much.

Tell your doctor, nurse or dentist immediately if you experience any side effects after being given this medicine.

If any overdose occurs, you should immediately:

- phone the Poisons Information Centre

(by calling 13 11 26), or

- contact your doctor, or
- go to the Emergency Department at your nearest hospital.

You should do this even if there are no signs of discomfort or poisoning.

Symptoms of overdose include light-headedness, drowsiness, dizziness and sometimes blurred vision. In the event of serious overdosage, trembling, seizures or unconsciousness may occur.

5. What should I know while using XYLOCAINE 10% pump spray?

Things you should do

Remind any health professional you visit that you are using XYLOCAINE 10% pump spray.

Things you should not do

- **Do not eat or drink anything for at least 1 hour after being given XYLOCAINE 10% pump spray in the mouth or throat area.**

You may swallow your food down the wrong way or burn or bite your mouth.

- **Be careful not to spray XYLOCAINE 10% pump spray near the eyes.**

If any of the spray does go in the eye, rinse immediately with lots of water for at least 15 minutes and call your doctor.

Driving or using machines

Be careful driving or operating machinery after you have been given XYLOCAINE 10% pump spray.

Depending on the dose, you may be drowsy and your reflexes may be slow.

Looking after this medicine

XYLOCAINE 10% pump spray should be stored in a cool, dry place where the temperature stays below 25°C.

6. Are there any side effects?

All medicines can have side effects. If you do experience any side effects, most of them are minor and temporary. However, some side effects may need medical attention.

XYLOCAINE 10% pump spray will help to prevent pain and discomfort in most people, but it may have unwanted side-effects in a few people.

Tell your doctor, nurse or dentist as soon as possible if you do not feel well while you are using XYLOCAINE 10% pump spray.

See the information below and, if you need to, ask your healthcare professional if you have any further questions about side effects.

Less serious side effects

Less serious side effects	What to do
<ul style="list-style-type: none">• skin rash or irritation• drowsiness.	Speak to your doctor or pharmacist if you have any of these mild side effects and they worry you.

Serious side effects

Serious side effects	What to do
<ul style="list-style-type: none">• wheezing or difficulty breathing• chest pain• severe rash or itching• increased sweating• numbness.	Call your doctor or go straight to the Emergency Department at your nearest hospital if you notice any of these serious side effects. You may need urgent medical attention. Serious side effects are rare.
XYLOCAINE 10% pump spray can pass into the bloodstream, and in high doses can cause more serious side effects. These may include: <ul style="list-style-type: none">• fits• unconsciousness• breathing problems• low blood pressure• slow heart beat• collapse.	Call your doctor or go straight to the Emergency Department at your nearest hospital if you notice any of these serious side effects. You may need urgent medical attention. Serious side effects are rare.

Tell your clinician if you notice anything else that may be making you feel unwell.

Other side effects not listed here may occur in some people.

Reporting side effects

After you have received medical advice for any side effects you experience, you can report side effects to the Therapeutic Goods Administration online at www.tga.gov.au/reporting-problems. By reporting side effects, you can help provide more information on the safety of this medicine.

7. Product details

This medicine is available without a doctor's prescription. For professional use only.

What XYLOCAINE 10% pump spray contains

Active ingredient (main ingredient)	<ul style="list-style-type: none">• lidocaine 10 mg/spray (or 100 mg/mL)
Other ingredients (inactive ingredients)	<ul style="list-style-type: none">• ethanol (24.1% w/v)• macrogol 400• banana flavour PHL-131980• menthol• saccharin• purified water.
Potential allergens	<ul style="list-style-type: none">• alcohol (as ethanol)• saccharin.

Do not take this medicine if you are allergic to any of these ingredients.

What XYLOCAINE 10% pump spray looks like

XYLOCAINE 10% pump spray is a clear or almost clear slightly coloured liquid in a glass bottle closed by a spray head and pump assembly. Available in a pack size of 50 mL which is sufficient for 500 sprays.

The pack also contains one short single use disposable nozzle. Additional short and long disposable nozzles are available separately. Nozzles should not be reused and should be discarded immediately after use. Do not use the same nozzle on different people.

Australian Registration number: AUST R 134540

Who distributes XYLOCAINE 10% pump spray?

Aspen Pharmacare Australia Pty Ltd
34-36 Chandos St
St Leonards NSW 2065
Australia

This leaflet was revised in June 2025.