

Consumer Medicine Information (CMI) summary

The [full CMI](#) on the next page has more details. If you are worried about using this medicine, speak to your doctor or pharmacist.

1. Why am I using Ilumya?

Ilumya contains the active ingredient tildrakizumab. Ilumya is used to treat plaque psoriasis in adults with moderate to severe plaque psoriasis who are candidates for systemic therapy.

For more information, see Section [1. Why am I using Ilumya?](#) in the full CMI.

2. What should I know before I use Ilumya?

Do not use if you have ever had an allergic reaction to Ilumya or any of the ingredients listed at the end of the CMI.

Talk to your doctor if you have any other medical conditions, take any other medicines, or are pregnant or plan to become pregnant or are breastfeeding.

For more information, see Section [2. What should I know before I use Ilumya?](#) in the full CMI.

3. What if I am taking other medicines?

Some medicines may interfere with Ilumya and affect how it works.

A list of these medicines is in Section [3. What if I am taking other medicines?](#) in the full CMI.

4. How do I use Ilumya?

- Ilumya is injected under the skin (subcutaneous).
- Your doctor will decide how much Ilumya you need.

More instructions can be found in Section [4. How do I use Ilumya?](#) in the full CMI.

5. What should I know while using Ilumya?

Things you should do	<ul style="list-style-type: none">• Remind any doctor, dentist or pharmacist you visit that you are using Ilumya.• If you need to be vaccinated, tell your doctor you are taking Ilumya before you have the vaccination.• Tell your doctor if you become pregnant while using Ilumya.• Seek medical attention immediately if you notice any signs of a possible serious infection or allergic reaction.
Things you should not do	<ul style="list-style-type: none">• Do not stop using this medicine or change dosage without checking with your doctor first.
Driving or using machines	<ul style="list-style-type: none">• Ilumya has no or little effect on the ability to drive and use machines.
Looking after your medicine	<ul style="list-style-type: none">• Store Ilumya in a refrigerator (between 2°C and 8°C). Do not freeze.• Do not shake.• Keep the product in the original carton. Protect from light until the time of use.

For more information, see Section [5. What should I know while using Ilumya?](#) in the full CMI.

6. Are there any side effects?

Common side effects include diarrhoea, nausea, upper respiratory tract infections, injection site pain, fatigue, headache, joint stiffness, back or limb pain. Serious side effects include signs of an allergic reaction, such as shortness of breath, wheezing or difficulty breathing, swelling of the face, lips, tongue or other parts of the body, rash, itching or hives on the skin; signs of an infection, such as fever, lack of energy, chills and sweats, confusion or delirium, pain when passing urine or blood in the urine.

For more information, including what to do if you have any side effects, see Section [6. Are there any side effects?](#) in the full CMI.

Active ingredient: *tildrakizumab*

Consumer Medicine Information (CMI)

This leaflet provides important information about using Ilumya. **You should also speak to your doctor or pharmacist if you would like further information or if you have any concerns or questions about using Ilumya.**

Where to find information in this leaflet:

- [1. Why am I using Ilumya?](#)
- [2. What should I know before I use Ilumya?](#)
- [3. What if I am taking other medicines?](#)
- [4. How do I use Ilumya?](#)
- [5. What should I know while using Ilumya?](#)
- [6. Are there any side effects?](#)
- [7. Product details](#)

1. Why am I using Ilumya?

Ilumya contains the active ingredient tildrakizumab.

Tildrakizumab is a humanised monoclonal antibody and belongs to a group of medicines called interleukin (IL) inhibitors. This medicine works by neutralising the activity of a protein called IL-23, a substance found in the body which is involved in normal inflammatory and immune responses. In patients with plaque psoriasis, the body produces increased amounts of this protein. Plaque psoriasis causes inflammation of the skin. This may lead to symptoms such as itching, pain and scaling.

Ilumya is used to treat a skin condition called plaque psoriasis in adults with moderate to severe disease who are candidates for systemic therapy.

Ilumya reduces the inflammation and other symptoms of the disease, and promotes skin clearance.

2. What should I know before I use Ilumya?

Warnings

Do not use Ilumya if:

- you are allergic to tildrakizumab, or any of the ingredients listed at the end of this leaflet. Always check the ingredients to make sure you can use this medicine.
- you have an active infection which your doctor thinks is important.
- the product appears cloudy, discoloured or contains particles.
- the expiry date on the pack has passed or if packaging is torn or shows signs of tampering. Return expired or damaged stock to your pharmacist.

Check with your doctor if you:

- currently have an infection or if you have long-term or repeated infection
- have tuberculosis or have been in contact recently with someone who has
- have recently had or plan to have a vaccination
- have or have had any type of cancer
- have any other medical conditions
- take any medicines for any other condition
- are not sure whether you should start taking this medicine

During treatment, you may be at risk of developing certain side effects. It is important you understand these risks and how to monitor for them. See additional information under Section [6. Are there any side effects?](#)

Pregnancy and breastfeeding

Check with your doctor if you are pregnant, think that you may be pregnant or intend to become pregnant.

The effects of Ilumya in pregnancy are unknown. It is preferable to avoid the use of Ilumya in pregnancy. If you are a woman of childbearing potential, you are advised to avoid becoming pregnant and must use an effective method of contraception whilst having treatment with Ilumya and for at least 17 weeks after treatment.

Talk to your doctor if you are breastfeeding or intend to breastfeed.

3. What if I am taking other medicines?

Tell your doctor or pharmacist if you are taking any other medicines, including any medicines, vitamins or supplements that you buy without a prescription from your pharmacy, supermarket or health food shop.

Tell your doctor if you have had or are due to have a vaccination. You should not receive certain types of vaccines (live vaccines) while taking Ilumya.

Check with your doctor or pharmacist if you are not sure about what medicines, vitamins or supplements you are taking and if these affect Ilumya.

4. How do I use Ilumya?

How Ilumya is given

- Ilumya is given as an injection under the skin (subcutaneous injection).
- Ilumya may be given to you by your doctor or nurse, or you may be taught how to inject yourself with the medicine.
- You and your doctor, nurse or pharmacist should decide if you should inject Ilumya yourself.
- Do not inject yourself if you have not been properly trained by your doctor, nurse or pharmacist. A

caregiver may also give you your Ilumya injection after proper training.

How much to use

- Your doctor will decide how much Ilumya you need. The usual dose of Ilumya is 100 mg given by a single subcutaneous injection or 200 mg given by two subcutaneous injections.
- After the first dose you will need to take the same dose 4 weeks later and then all future doses once every 12 weeks.
- If your doctor gives you different dosing instructions follow your doctor's instructions.
- **Inject the whole content of the syringe.**
- **Do not shake the syringe.**
- **Do not exceed the recommended dose.**

How to inject Ilumya yourself

Follow all directions given to you by your doctor, nurse or pharmacist carefully, if they differ from these instructions follow your healthcare professional's instructions.

If you do not understand the instructions, ask your doctor, nurse or pharmacist for help.

How to use the pre-filled syringe

Read all the instructions on how to use the pre-filled syringe before beginning the injection.

Keep the instructions and refer to them as needed. These instructions will help you to inject correctly using the pre-filled syringe.

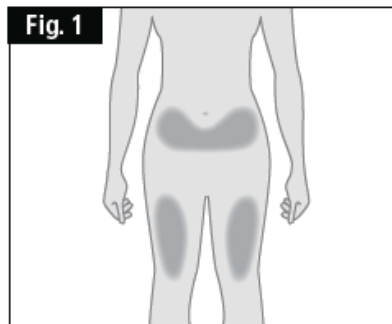


Preparation

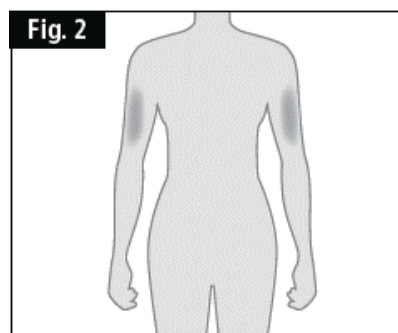
- One syringe is needed for a 100 mg dose and two syringes are needed for a 200 mg dose as prescribed by your doctor.
- For a more comfortable injection, take the carton containing the Ilumya pre-filled syringe out of the refrigerator and let it sit at room temperature for 30 minutes before injecting.
- Check the expiration date on the carton and pre-filled syringe and discard if the date has passed.
- Assemble other necessary supplies, not included in the Ilumya pack:
 - an alcohol swab
 - a cotton ball or gauze
 - and a sharps container or similar puncture proof container of hard plastic or glass, for syringe disposal.
- Remove the pre-filled syringe from the carton when ready to inject.
- **DO NOT** pull off the needle cover until you are ready to inject.
- Inspect Ilumya visually and discard if it contains particles, is cloudy or discoloured, or if the syringe is damaged.
- Ilumya is a clear to slightly opalescent (milky) and colourless to slightly yellow, solution.



- Air bubbles may be present; there is no need to remove them.
- Choose an injection site with clear skin and easy access such as front of thighs, or lower abdomen, but not the area five centimetres around the navel (belly button) (Fig. 1).

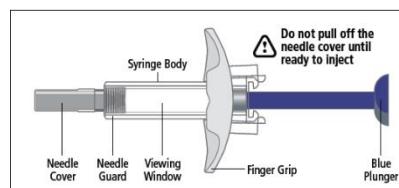


If a caregiver, or healthcare professional is giving you the injection, the outer upper arms may also be used (Fig. 2).



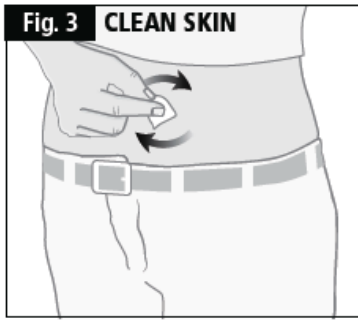
- **DO NOT** administer where the skin is tender, bruised, abnormally red, hard or affected by psoriasis.
- **DO NOT** inject into scars, stretch marks, or blood vessels.

Giving the Injection

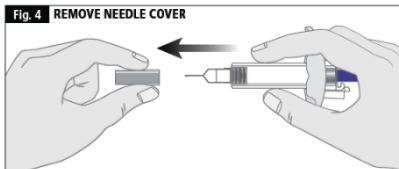


Your Doctor, Pharmacist or Nurse will give you instructions on how to inject Ilumya subcutaneously and their instructions might differ from these instructions.

1. When you are ready to inject, wash your hands thoroughly with soap and water.
2. Find a clean, comfortable area to give the injection.
3. Using a circular motion, clean the injection site with the alcohol swab. Leave to dry and do not touch the cleaned area again before injecting (Fig. 3).

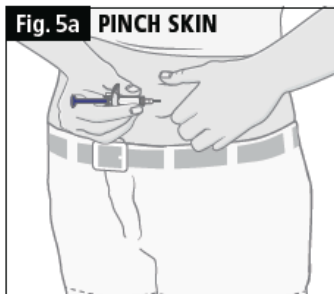


4. While holding the body of the syringe, remove the needle cover as shown and discard (Fig. 4).

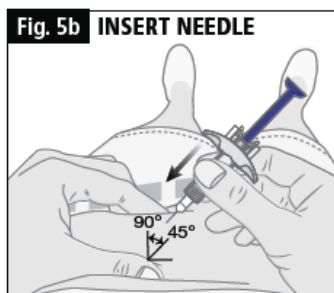


5. To inject:

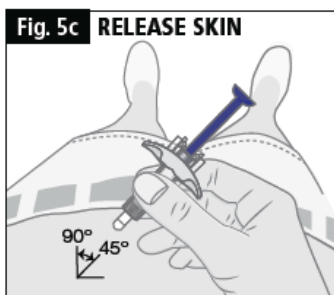
a. Gently press your skin between your thumb and index finger (Fig. 5a).



b. Insert the needle into the skin at a 45-90 degree angle (Fig. 5b).



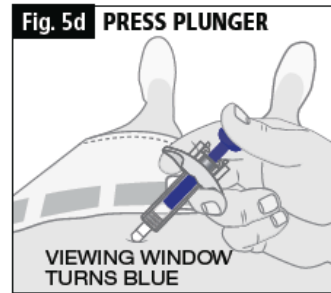
c. Release the skin before you push on the plunger (Fig. 5c).



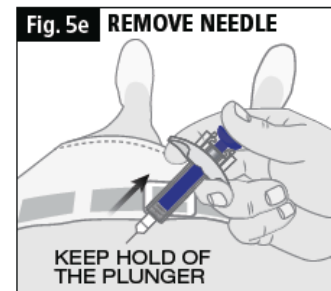
d. Slowly press down the blue plunger with your thumb as far as it will go (Fig. 5d). (This will activate the safety

mechanism that ensures full retraction of the needle after the injection is given.)

The whole of the Dose Window will be blue when the injection is complete.



e. **DO NOT LET GO OF THE PLUNGER** until you have removed the needle from the skin (Fig. 5e).



f. When you release the plunger the safety lock will draw the needle inside the needle guard (Fig. 5f).

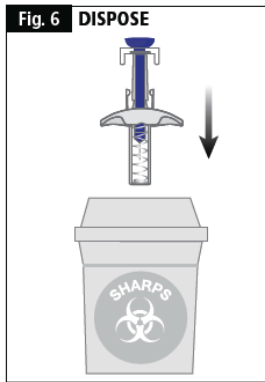


g. There may be a small amount of blood at the injection site. You can press a cotton ball or gauze over the injection site and hold it for 10 seconds.

Do not rub the injection site.

You may cover the injection site with a small adhesive bandage, if needed.

6. Dispose of the syringe in a sharps disposal container right away after use (Fig. 6).



Never try to reuse the pre-filled syringe.

7. Repeat steps 1 to 6 with the second syringe in a different location of your skin if you are administering a dose of 200 mg.

How long to take Ilumya

- Ilumya is for long term treatment. Your doctor will regularly monitor your condition to check that the treatment is having the desired effect.
- Do not stop taking Ilumya just because you feel better. It is important that you do not stop unless your doctor tells you to.
- It is not dangerous to stop taking Ilumya but if you stop your psoriasis symptoms may come back.

If you forget to use Ilumya

Ilumya should be used regularly at the same time each day a dose is due. If you miss your dose at the usual time, inject the next dose as soon as you remember. Then talk to your doctor to discuss when you should inject the next dose.

Do not take a double dose to make up for the dose you missed.

If you use too much Ilumya

If you accidentally inject more Ilumya than you should or you take a dose sooner than according to the doctor's prescription, you may need urgent medical attention.

You should immediately:

- phone the Poisons Information Centre (by calling 13 11 26), or
- contact your doctor, or
- go to the Emergency Department at your nearest hospital.

You should do this even if there are no signs of discomfort or poisoning.

5. What should I know while using Ilumya?

Things you should do

- Keep all your doctor's appointments so that your progress can be checked.
- If you need to be vaccinated, tell your doctor you are taking Ilumya before you have the vaccination. You

should not be given a live vaccination (e.g. oral polio vaccine) while being treated with Ilumya.

- Tell your doctor if you become pregnant while using Ilumya.
- Empty pre-filled syringes should be disposed of in a sharps container or similar puncture proof container composed of hard plastic or glass.

Call your doctor straight away or seek medical help immediately if you:

- notice any signs indicating a possible serious infection or an allergic reaction (see [Serious Side effects](#)).

Remind any doctor, dentist or pharmacist you visit that you are using Ilumya.

Things you should not do

- **Do not stop using this medicine or change dosage without checking with your doctor first.**
- Never leave the pre-filled syringe lying around where others might tamper with it.
- Do not use this medicine if the liquid contains easily visible particles, is cloudy or is distinctly brown.
- Do not use the pre-filled syringe if any of the outer packaging is damaged or the seals are broken. It may not be safe for you to use.
- Do not use the syringe if it is damaged or cap has been removed. Return damaged stock to your pharmacist.

Driving or using machines

Ilumya has no or little effect on the ability to drive and use machines.

Drinking alcohol

There is no information on the use of alcohol with Ilumya.

Looking after your medicine

Follow the instructions in the carton on how to take care of your medicine properly.

- Store Ilumya in a refrigerator (between 2°C and 8°C).
- **Do not freeze.**
- **Do not shake.**
- Keep the product in the original carton. Protect from light until the time of use.
- For purposes of travel or transporting between refrigerated storage, Ilumya can be stored for up to 30 days at or below 25°C.
- Once taken out of the refrigerator, do not refrigerate Ilumya again.

Keep it where young children cannot reach it.

When to discard your medicine

- Ilumya should be immediately used or discarded after 30 days out of the refrigerator or by the expiry date, whichever occurs first.

Getting rid of any unwanted medicine

If you no longer need to use this medicine or it is out of date, take it to any pharmacy for safe disposal.

Do not use this medicine after the expiry date.

6. Are there any side effects?

All medicines can have side effects. If you do experience any side effects, most of them are minor and temporary. However, some side effects may need medical attention.

See the information below and, if you need to, ask your doctor or pharmacist if you have any further questions about side effects.

Less serious side effects

Less serious side effects	What to do
<p>Gut-related:</p> <ul style="list-style-type: none">• diarrhoea• nausea <p>Infection-related:</p> <ul style="list-style-type: none">• upper respiratory tract infections with symptoms such as sore throat and stuffy or runny nose <p>Injection-related:</p> <ul style="list-style-type: none">• injection site pain <p>General:</p> <ul style="list-style-type: none">• fatigue• headache• joint stiffness• back or limb pain	<p>Speak to your doctor if you have any of these less serious side effects and they worry you.</p>

Serious side effects

Serious side effects	What to do
<p>Signs of an allergic reaction, such as:</p> <ul style="list-style-type: none">• shortness of breath• wheezing or difficulty breathing• swelling of the face, lips, tongue or other parts of the body• rash, itching or hives on the skin <p>Signs of an infection, such as:</p> <ul style="list-style-type: none">• fever• lack of energy• chills and sweats• confusion or delirium• pain when passing urine or blood in the urine	<p>Call your doctor straight away, or go straight to the Emergency Department at your nearest hospital if you notice any of these serious side effects.</p>

Many medicines like Ilumya that may decrease the activity of your immune system, may increase the risk of cancer. Tell your doctor if you notice anything unusual or if you are concerned about any aspect of your health.

Tell your doctor or pharmacist if you notice anything else that may be making you feel unwell.

Other side effects not listed here may occur in some people.

Reporting side effects

After you have received medical advice for any side effects you experience, you can report side effects to the Therapeutic Goods Administration online at www.tga.gov.au/reporting-problems. By reporting side effects, you can help provide more information on the safety of this medicine.

Always make sure you speak to your doctor or pharmacist before you decide to stop taking any of your medicines.

7. Product details

This medicine is only available with a doctor's prescription.

What Ilumya contains

Active ingredient (main ingredient)	Each pre-filled syringe contains 100 mg tildrakizumab
Other ingredients (inactive ingredients)	Histidine, histidine hydrochloride monohydrate, polysorbate 80, sucrose and water for injections

Do not take this medicine if you are allergic to any of these ingredients.

What Ilumya looks like

Ilumya is clear to slightly opalescent (milky). The colour may vary from colourless to slightly yellow solution. It is supplied in a carton pack containing 1 single use pre-filled syringe or 2 single use pre-filled syringes. (Aust R 290683).

Who distributes Ilumya

Sun Pharma ANZ Pty Ltd
ABN 17 110 871 826
Macquarie Park Sydney NSW 2113
Telephone 1 800 726 229

This leaflet was prepared in July 2025.