

Consumer Medicine Information (CMI) summary

The [full CMI](#) on the next page has more details. If you are worried about using this medicine, speak to your doctor or pharmacist.

1. Why am I using ELEUPHRAT?

ELEUPHRAT contains the active ingredient betamethasone dipropionate. ELEUPHRAT is used on the skin to relieve the redness, swelling, itching and discomfort of many skin problems such as psoriasis, eczema and other types of dermatitis.

For more information, see Section [1. Why am I using ELEUPHRAT?](#) in the full CMI.

2. What should I know before I use ELEUPHRAT?

Do not use if you have ever had an allergic reaction to betamethasone dipropionate or any of the ingredients listed at the end of the CMI.

Talk to your doctor if you have any other medical conditions, take any other medicines, or are pregnant or plan to become pregnant or are breastfeeding.

For more information, see Section [2. What should I know before I use ELEUPHRAT?](#) in the full CMI.

3. What if I am taking other medicines?

Some medicines may interfere with ELEUPHRAT and affect how it works.

More information can be found in Section [3. What if I am taking other medicines?](#) in the full CMI.

4. How do I use ELEUPHRAT?

- Apply a thin film of ELEUPHRAT Cream or Ointment to the affected skin twice daily. Massage gently until it disappears. For some patients, once daily application may be enough for maintenance therapy

More instructions can be found in Section [4. How do I use ELEUPHRAT?](#) in the full CMI.

5. What should I know while using ELEUPHRAT?

Things you should do	<ul style="list-style-type: none">• Remind any doctor, dentist or pharmacist you visit that you are using ELEUPHRAT.• If you become pregnant while using ELEUPHRAT, tell your doctor
Things you should not do	<ul style="list-style-type: none">• Do not use ELEUPHRAT under dressings, over large areas of skin, or for more than 4 weeks at a time unless your doctor has told you to.• Do not use ELEUPHRAT in or near the eyes, or under plastic pants or tightly fitting nappies in young children.
Looking after your medicine	<ul style="list-style-type: none">• Keep ELEUPHRAT in a cool, dry place where the temperature stays below 25°C.

For more information, see Section [5. What should I know while using ELEUPHRAT?](#) in the full CMI.

6. Are there any side effects?

Local, skin-related side effects such as burning, itching, irritation, infection or dryness, acne, skin thinning and discolouration have been reported with the use of topical corticosteroids, especially under occlusive dressings. For more information, including what to do if you have any side effects, see Section [6. Are there any side effects?](#) in the full CMI.

ELEUPHRAT® (phonetic pronunciation – optional)

Active ingredient(s): *betamethasone dipropionate*

Consumer Medicine Information (CMI)

This leaflet provides important information about using ELEUPHRAT. **You should also speak to your doctor or pharmacist if you would like further information or if you have any concerns or questions about using ELEUPHRAT.**

Where to find information in this leaflet:

- [1. Why am I using ELEUPHRAT?](#)
- [2. What should I know before I use ELEUPHRAT?](#)
- [3. What if I am taking other medicines?](#)
- [4. How do I use ELEUPHRAT?](#)
- [5. What should I know while using ELEUPHRAT?](#)
- [6. Are there any side effects?](#)
- [7. Product details](#)

1. Why am I using ELEUPHRAT?

ELEUPHRAT contains the active ingredient betamethasone dipropionate. ELEUPHRAT is a type of cortisone and belongs to the group of medicines called corticosteroids. ELEUPHRAT is classified as a high potency topical corticosteroid.

There are two forms of ELEUPHRAT: cream and ointment.

ELEUPHRAT is used on the skin to relieve the redness, swelling, itching and discomfort of many skin problems such as:

- psoriasis (a stubborn skin disorder with raised, rough reddened areas covered with dry, fine silvery scales)
- eczema (an often itchy skin condition with redness, swelling, oozing of fluid, crusting which may lead to scaling)
- other types of dermatitis

2. What should I know before I use ELEUPHRAT?

Warnings

Do not use ELEUPHRAT if:

- you have had an allergic reaction, such as wheezing, rash or hives, to ELEUPHRAT, any other corticosteroid, or any of the ingredients listed at the end of this leaflet.
- Always check the ingredients to make sure you can use this medicine.

Unless your doctor tells you, do not use ELEUPHRAT if you have:

- a viral skin infection, such as cold sores, shingles or chicken pox
- a fungal skin infection, such as thrush, tinea or ringworm

- tuberculosis of the skin
- acne rosacea
- inflammation around the mouth
- skin conditions with ulcers

Tell your doctor or pharmacist if you have allergies to:

- any other medicines
- any other substances, such as foods, dyes or preservatives

Check with your doctor if you:

- have any other medical conditions, especially if you have an infection
- take any medicines for any other condition

During treatment, you may be at risk of developing certain side effects. It is important you understand these risks and how to monitor for them. See additional information under Section [6. Are there any side effects?](#)

Pregnancy and breastfeeding

Check with your doctor if you are pregnant or intend to become pregnant.

Talk to your doctor if you are breastfeeding or intend to breastfeed.

Your doctor will tell you if you can use ELEUPHRAT during pregnancy or while you are breast feeding..

3. What if I am taking other medicines?

Tell your doctor or pharmacist if you are using other creams, ointments or lotions or taking any other medicines, including any medicines, vitamins or supplements that you buy without a prescription from your pharmacy, supermarket or health food shop.

Check with your doctor or pharmacist if you are not sure about what medicines, vitamins or supplements you are taking and if these affect ELEUPHRAT.

4. How do I use ELEUPHRAT?

How much to take / use

- Apply a thin film of ELEUPHRAT Cream or Ointment to the affected skin twice daily. Massage gently until it disappears.
- For some patients, once daily application may be enough for maintenance therapy.

How to use ELEUPHRAT

- It is important to use ELEUPHRAT exactly as your doctor has told you. If you use it less often than you

should, it may not work as well and your skin problem may not improve.

- Using it more often than you should may not improve your skin problem any faster and may cause or increase side effects.
- Do not use ELEUPHRAT just before having a bath, shower or going swimming. If you do, you may reduce the effectiveness of ELEUPHRAT.

If you forget to use ELEUPHRAT

If you forget to use ELEUPHRAT, use it as soon as you remember and then go back to your normal time for applying ELEUPHRAT.

Do not try to make up for the amount you missed by using more than you would normally.

If you swallow ELEUPHRAT

You should immediately:

- phone the Poisons Information Centre (**by calling 13 11 26**), or
- contact your doctor, or
- go to the Emergency Department at your nearest hospital.

You should do this even if there are no signs of discomfort or poisoning.

5. What should I know while using ELEUPHRAT?

Things you should do

Tell your doctor if you feel that ELEUPHRAT is not helping your condition or if your skin condition worsens or seems infected.

Tell your doctor if, for any reason, you have not used ELEUPHRAT exactly as prescribed.

Otherwise, your doctor may think that it was not effective and change your treatment unnecessarily.

If you become pregnant while using ELEUPHRAT, tell your doctor.

Things you should not do

- Do not use ELEUPHRAT under dressings or on large areas of skin unless your doctor tells you.
- Do not use plastic pants or tight fitting nappies if ELEUPHRAT is to be used on the nappy area of young children.
- Do not use ELEUPHRAT in or near the eyes.
- Do not give ELEUPHRAT to anyone else even if their symptoms seem similar to yours.
- Do not use ELEUPHRAT to treat other conditions unless your doctor tells you.
- Your doctor has prescribed ELEUPHRAT specially for you and your condition. If you use it for another condition, it may not work or make the condition worse.
- Do not use ELEUPHRAT for more than four weeks at a time unless your doctor tells you.

Things to be careful of

- Do not use large amounts for a long time.
- If you use large amounts for a long time, the chance of absorption through the skin and the chance of side effects increases.
- Only use ELEUPHRAT on skin areas that rub together such as under the arm or in the groin area if your doctor tells you.
- Only use ELEUPHRAT on the face if your doctor tells you. If improvement does not occur within one week, tell your doctor.
- Children and adolescents should be followed closely by the doctor, since this medicine is absorbed through the skin and can affect growth or cause other unwanted effects.

Looking after your medicine

- Keep ELEUPHRAT in a cool dry place where the temperature stays below 25°C.

Follow the instructions in the carton on how to take care of your medicine properly.

Store it in a cool dry place away from moisture, heat or sunlight; for example, do not store it:

- in the bathroom or near a sink, or
- in the car or on window sills.

Do not use ELEUPHRAT if the packaging shows signs of tampering.

Keep it where young children cannot reach it. Keep the medicine away from pets.

Getting rid of any unwanted medicine

If you no longer need to use this medicine or it is out of date, take it to any pharmacy for safe disposal.

Do not use this medicine after the expiry date.

6. Are there any side effects?

All medicines can have side effects. If you do experience any side effects, most of them are minor and temporary. However, some side effects may need medical attention.

See the information below and, if you need to, ask your doctor or pharmacist if you have any further questions about side effects.

Less serious side effects

Less serious side effects	What to do
Skin-related: <ul style="list-style-type: none">• burning• itching• irritation• infection or dryness of skin• irritation or redness of the face• increased hair growth• acne• change in skin colour• thinning of skin with easy bruising• stretch marks• infection of the hair roots• rash around mouth area• contact dermatitis• heat rash Eye-related: <ul style="list-style-type: none">• visual disturbances or blurred vision	Speak to your doctor if you have any of these less serious side effects and they worry you.

Tell your doctor or pharmacist if you notice anything else that may be making you feel unwell.

Side effects that may happen with oral or injectables corticosteroids may also occur with corticosteroids used on the skin, especially in infants and children.

Other side effects not listed here may occur in some people.

Reporting side effects

After you have received medical advice for any side effects you experience, you can report side effects to the Therapeutic Goods Administration online at www.tga.gov.au/reporting-problems. By reporting side effects, you can help provide more information on the safety of this medicine.

Always make sure you speak to your doctor or pharmacist before you decide to stop taking any of your medicines.

7. Product details

This medicine is only available with a doctor's prescription.

What ELEUPHRAT contains

ELEUPHRAT Cream

Active ingredient (main ingredient)	betamethasone as dipropionate 0.5 mg/g
Other ingredients (inactive ingredients)	chlorocresol (preservative) white soft paraffin cetostearyl alcohol liquid paraffin cetomacrogol 1000

	monobasic sodium phosphate dihydrate phosphoric acid purified water
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ELEUPHRAT Ointment

Active ingredient (main ingredient)	betamethasone as dipropionate 0.5 mg/g
Other ingredients (inactive ingredients)	liquid paraffin white soft paraffin

Do not take this medicine if you are allergic to any of these ingredients.

What ELEUPHRAT looks like

ELEUPHRAT Cream is a white to off-white cream. It is packed in 15 g tubes. (Aust R 41865).

ELEUPHRAT Ointment is a white to off-white ointment. It is packed in 15 g tubes. (Aust R 144099).

Who distributes ELEUPHRAT

Organon Pharma Pty Limited
Level 5, 66 King St
Sydney NSW 2000
Australia

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