

ZOMIG

Consumer Medicine Information (CMI) summary

The [full CMI](#) on the next page has more details. If you are worried about using this medicine, speak to your doctor or pharmacist.

1. Why am I using ZOMIG?

ZOMIG contains the active ingredient zolmitriptan. It is used to relieve migraine attacks.

For more information, see Section [1. Why am I using ZOMIG?](#) in the full CMI.

2. What should I know before I use ZOMIG?

Do not use if you have ever had an allergic reaction to zolmitriptan or any of the ingredients listed at the end of the CMI.

Talk to your doctor if you have any other medical conditions, take any other medicines, or are pregnant or are breastfeeding.

For more information, see Section [2. What should I know before I use ZOMIG?](#) in the full CMI.

3. What if I am taking other medicines?

Some medicines may interfere with ZOMIG and affect how it works.

A list of these medicines is in Section [3. What if I am taking other medicines?](#) in the full CMI.

4. How do I use ZOMIG?

- The recommended dose for adults is one tablet (2.5 mg) as soon as you feel the migraine headache start.
- Swallow the tablet whole with a glass of water. Do not crush or break the tablet.
- If the first dose helps with the migraine but another attack occurs, another dose can be taken after 2 hours.
- Do not take more than 4 tablets (10 mg total) within 24 hours.

More instructions can be found in Section [4. How do I use ZOMIG?](#) in the full CMI.

5. What should I know while using ZOMIG?

Things you should do	<ul style="list-style-type: none">• If you go into hospital, tell the staff if you have taken any ZOMIG that day.• Remind any doctor, dentist or pharmacist you visit that you are using ZOMIG.
Things you should not do	<ul style="list-style-type: none">• Do not give this medicine to anyone else, even if their symptoms seem like yours.• Do not use ZOMIG to treat any other complaints unless your doctor tells you to.
Driving or using machines	<ul style="list-style-type: none">• Be careful before you drive or use any machines or tools until you know how ZOMIG affects you.
Looking after your medicine	<ul style="list-style-type: none">• Keep ZOMIG tablets in their pack until it is time to take them.• Store ZOMIG in a cool dry place, away from moisture or heat, where the temperature stays below 25°C.

For more information, see Section [5. What should I know while using ZOMIG?](#) in the full CMI.

6. Are there any side effects?

Less serious side effects of ZOMIG include: increased feeling or sensitivity, especially in the skin; feeling warm; feelings of heaviness, tightness, pain or pressure in the throat, neck, arms or legs; unusual tiredness or weakness; aching muscles not caused by exercise; dizziness; nausea; stomach pain; vomiting; headache; palpitations; sleepiness; and dry mouth.

More serious side effects of ZOMIG include: a feeling of tightness, pressure or heaviness in the chest; irregular heartbeats/increased heart rate; numbness or loss of strength of arms or legs, headache, dizziness, confusion, visual disturbance, difficulty swallowing, slurred speech or loss of speech; confusion, restlessness, fever, sweating, uncoordinated movement of limb or eyes; uncontrollable jerking of muscles, myoclonus and/or diarrhoea (particularly if you are taking medicines to treat depression); bloody diarrhoea or prolonged stomach pain; and an allergic reaction.

For more information, including what to do if you have any side effects, see Section [6. Are there any side effects?](#) in the full CMI.

ZOMIG tablets

Active ingredient: *zolmitriptan*

Consumer Medicine Information (CMI)

This leaflet provides important information about using ZOMIG.

You should also speak to your doctor or pharmacist if you would like further information or if you have any concerns or questions about using ZOMIG.

Where to find information in this leaflet:

- [1. Why am I using ZOMIG?](#)
- [2. What should I know before I use ZOMIG?](#)
- [3. What if I am taking other medicines?](#)
- [4. How do I use ZOMIG?](#)
- [5. What should I know while using ZOMIG?](#)
- [6. Are there any side effects?](#)
- [7. Product details](#)

1. Why am I using ZOMIG?

ZOMIG contains the active ingredient zolmitriptan. It belongs to a group of medicines called serotonin agonists and is used to relieve migraine.

Migraine is thought to be caused by the widening of certain blood vessels in the brain. ZOMIG makes the blood vessels narrower to ease the migraine.

Some people have a warning stage called 'aura' before the migraine headache starts. Aura can include numbness in the face or down one arm, changes in mood, or problems with eyesight such as seeing blank spots or flashing lights.

ZOMIG can be used in migraine with or without aura. It should not be used to treat types of migraine called 'hemiplegic' or 'basilar' migraine.

ZOMIG does not work in headaches that are not migraine.

Ask your doctor if you want more information.

Your doctor may have prescribed it for another reason.

There is no evidence that this medicine is addictive.

2. What should I know before I use ZOMIG?

Warnings

Do not take ZOMIG if:

- you are allergic to zolmitriptan or any of the ingredients listed at the end of this leaflet.
 - Symptoms of an allergic reaction may include shortness of breath, wheezing or difficulty in breathing; swelling of the face, lips, tongue, or any

other parts of the body; rash, itching or hives on the skin.

- you have or have had any of the following medical conditions:
 - heart disease or heart attack
 - shortness of breath, pain or tightness in the chest, jaw or upper arm
 - peripheral vascular disease (pain in the back of the legs) or are prone to cold, tingling or numb hands and feet
 - Prinzmetal's angina (an uncommon form of angina where pain is experienced at rest rather than during activity)
 - angina
 - high blood pressure
 - stroke.
- you are taking any other medicines for migraine, such as:
 - ergotamine (e.g. Cafergot)
 - dihydroergotamine (e.g. Dihydergot)
 - methysergide (e.g. Deseril)
 - naratriptan (e.g. Naramig)
 - sumatriptan (e.g. Imigran).
- the expiry date printed on the pack has passed
- the packaging is torn or shows signs of tampering.

Check with your doctor if:

- you have any other medical conditions, especially the following:
 - kidney or liver disease
 - high cholesterol levels in the blood
 - diabetes.
- you have had any allergy to any other medicines, or any other substances, such as foods, preservatives, or dyes.

During treatment, you may be at risk of developing certain side effects. It is important you understand these risks and how to monitor for them. See additional information under Section [6. Are there any side effects?](#)

Pregnancy and breastfeeding

Do not use ZOMIG if you are pregnant or breastfeeding unless you and your doctor have discussed the risks and benefits involved.

Use in children

Do not give ZOMIG to children.

There is no experience of its use in children under 12 years of age. One study in children aged 12 to 17 years indicated no benefit with ZOMIG treatment.

3. What if I am taking other medicines?

Tell your doctor or pharmacist if you are taking any other medicines, including any medicines, vitamins or supplements that you buy without a prescription from your pharmacy, supermarket or health food shop.

Some medicines may interfere with ZOMIG and affect how it works. These include:

- other migraine medicines (e.g. ergotamine, dihydroergotamine, methysergide, naratriptan or sumatriptan).
- medicines for depression
- cimetidine, for the treatment of indigestion or stomach ulcers
- antibiotics known as quinolones (e.g. noroxin).
- St John's Wort (*Hypericum perforatum*).

Your doctor or pharmacist has more information on medicines to be careful with or avoid while taking this medicine.

4. How do I use ZOMIG?

How much to take

The usual dose is one ZOMIG tablet (2.5 mg) as soon as you feel the migraine headache start.

If your migraine is still present after two hours, or if it returns within 24 hours, you can take another tablet.

Do NOT take more than four tablets (making a total strength of 10 mg) in 24 hours.

When to take it

You can take ZOMIG when you feel the headache start or after it has already begun.

ZOMIG tablets should only be taken to treat the migraine headache *after* it has started. They should not be used to prevent the migraine attacks from occurring.

How to take it

Swallow the ZOMIG tablet whole with a glass of water.

You can take it before or after food.

If you take too much

If you think that you have taken too many ZOMIG tablets, you may need urgent medical attention.

You should immediately:

- phone the Poisons Information Centre (**by calling 13 11 26**), or
- contact your doctor, or
- go to the Emergency Department at your nearest hospital.

You should do this even if there are no signs of discomfort or poisoning.

5. What should I know while using ZOMIG?

Things you should do

- If you are about to undergo surgery or an operation, tell your doctor or surgeon that you are taking ZOMIG.
- Remind any doctor, dentist or pharmacist you visit that you are using ZOMIG, especially if you are being started on any new medicines.

Things you should not do

- Do not give this medicine to anyone else, even if their symptoms seem similar like yours.
- Do not use ZOMIG to treat any other complaints unless your doctor tells you to.

Driving or using machines

Be careful before you drive or use any machines or tools until you know how ZOMIG affects you.

ZOMIG can make some people feel dizzy or sleepy. Make sure you know how you react to ZOMIG before you do anything that could be dangerous if you are dizzy or sleepy.

Looking after your medicine

- Keep ZOMIG tablets in their pack until it is time to take them.
- Store ZOMIG in a cool dry place, away from moisture or heat, where the temperature stays below 25°C. For example, do not store it:
 - In the bathroom or near a sink, or
 - In the car or on window sillsHeat and dampness can destroy some medicines.

Follow the instructions in the carton on how to take care of your medicine properly.

Keep it where young children cannot reach it.

Getting rid of any unwanted medicine

If you no longer need to use this medicine or it is out of date, take it to any pharmacy for safe disposal.

6. Are there any side effects?

All medicines can have side effects. If you do experience any side effects, most of them are minor and temporary. However, some side effects may need medical attention.

See the information below and, if you need to, ask your doctor or pharmacist if you have any further questions about side effects.

Less serious side effects

Less serious side effects	What to do
<ul style="list-style-type: none">• increased feeling or sensitivity, especially in the skin• feeling warm• feelings of heaviness, tightness,	Tell your doctor if you experience any

<p>pain or pressure in the throat, neck, arms or legs</p> <ul style="list-style-type: none"> • unusual tiredness or weakness • aching muscles not caused by exercise • dizziness • nausea • stomach pain • vomiting • headache • palpitations • sleepiness • dry mouth. 	<p>of these less serious side effects and they worry you.</p> <p>These are all common and mild side effects of ZOMIG.</p>
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Serious side effects

Serious side effects	What to do
<ul style="list-style-type: none"> • heaviness, pressure or tightness in any part of the body including the chest or throat • irregular heart beat/increased heart rate • wheezing, swelling of the lips/mouth, difficulty in breathing, hay fever, lumpy rash ("hives") or fainting. These could be a symptom of an allergic reaction. • numbness or loss of strength of the arms or legs, headache, dizziness, confusion, visual disturbance, difficulty swallowing, slurred speech or loss of speech • confusion, restlessness, fever, sweating, uncoordinated movement of limbs or eyes, uncontrollable jerking of muscles, myoclonus and/or diarrhoea – particularly in patients who are also taking medicines to treat depression (Serotonin syndrome) • bloody diarrhoea or prolonged stomach pain. 	<p>Stop taking ZOMIG and call your doctor or go straight to the Emergency Department at your nearest hospital if you notice any of these serious side effects.</p> <p>Serious side effects are rare.</p>

As with other migraine treatments, using too much ZOMIG can cause daily headaches or can make your migraine headaches worse.

Ask your doctor if you think that this is the case for you. You may need to stop using ZOMIG to correct the problem.

Tell your doctor or pharmacist if you notice anything else that may be making you feel unwell.

Other side effects not listed here may occur in some people.

Reporting side effects

After you have received medical advice for any side effects you experience, you can report side effects to the Therapeutic Goods Administration online at www.tga.gov.au/reporting-problems. By reporting side

effects, you can help provide more information on the safety of this medicine.

Always make sure you speak to your doctor or pharmacist before you decide to stop taking any of your medicines.

7. Product details

This medicine is only available with a doctor's prescription.

What ZOMIG contains

Active ingredient (main ingredient)	• zolmitriptan 2.5 mg/tablet
Other ingredients (inactive ingredients)	<ul style="list-style-type: none"> • hypromellose • lactose • magnesium stearate • microcrystalline cellulose • sodium starch glycollate • titanium dioxide • iron oxide yellow • macrogol 400 • macrogol 8000.
Potential allergens	• sugars as lactose.

Do not take this medicine if you are allergic to any of these ingredients.

What ZOMIG looks like

ZOMIG 2.5 mg is a round, biconvex, yellow film-coated tablet with a 'Z' on one side and plain on the other. Blister packs of 2 tablets.

Australian Registration number: AUST R 61325

Who distributes ZOMIG

Aspen Pharmacare Australia Pty Ltd
34-36 Chandos St
St Leonards NSW 2065
Australia

This leaflet was revised in August 2025.