

Progesterone ADVZ 100 and 200

Consumer Medicine Information (CMI) summary

The [full CMI](#) on the next page has more details. If you are worried about using this medicine, speak to your doctor or pharmacist.

1. Why am I using Progesterone ADVZ?

Progesterone ADVZ contains the active ingredient progesterone. Progesterone ADVZ is for women for the treatment of menstrual abnormalities or secondary amenorrhoea (no menstrual periods) and as hormone replacement therapy (HRT) in combination with estrogen in postmenopausal women with an intact uterus (womb).

For more information, see Section [1. Why am I using Progesterone ADVZ?](#) in the full CMI.

2. What should I know before I use Progesterone ADVZ?

Do not use if you have ever had an allergic reaction to Progesterone ADVZ or any of the ingredients listed at the end of the CMI. Do not use if you are breast-feeding.

Talk to your doctor if you have any other medical conditions, take any other medicines, or are pregnant or plan to become pregnant or are breastfeeding.

For more information, see Section [2. What should I know before I use Progesterone ADVZ?](#) in the full CMI.

3. What if I am taking other medicines?

Some medicines may interfere with Progesterone ADVZ and affect how it works.

A list of these medicines is in Section [3. What if I am taking other medicines?](#) in the full CMI.

4. How do I use Progesterone ADVZ?

Progesterone ADVZ should be used as instructed by your doctor at the recommended dose and timeframes for each use. Progesterone ADVZ is intended to be administered orally.

More instructions can be found in Section [4. How do I use Progesterone ADVZ?](#) in the full CMI.

5. What should I know while using Progesterone ADVZ?

Things you should do	<ul style="list-style-type: none">• Remind any doctor, dentist or pharmacist you visit that you are using Progesterone ADVZ.• Follow all direction given to you by your doctor carefully.
Things you should not do	<ul style="list-style-type: none">• Do not use if you have unusual vaginal bleeding that has not been evaluated by your doctor,• Do not use if you have known missed abortions or ectopic pregnancy• Do not use if you have or are suspected of having cancer of the breast or genital tract• Do not use if you have a blood clot or bleeding on the brain.• Do not use if your liver is not working well.
Driving or using machines	<ul style="list-style-type: none">• Be careful driving or operating machinery until you know how Progesterone ADVZ affects you. Some people may experience drowsiness or dizziness.• Make sure you know how you react to Progesterone ADVZ before you drive a car, operate machinery, or do anything else that could be dangerous if you are dizzy or light-headed. If this occurs do not drive.
Drinking alcohol	<ul style="list-style-type: none">• Alcohol may increase the effect of Progesterone ADVZ
Looking after your medicine	<ul style="list-style-type: none">• Store below 25°C

For more information, see Section [5. What should I know while using Progesterone ADVZ?](#) in the full CMI.

6. Are there any side effects?

Call your doctor straight away if you experience swelling of the face, lips, tongue, mouth or throat which may cause difficulty swallowing or breathing or hives. Tell your doctor if you notice any of the following and they worry you: loss of menstruation, acne, and vaginal disorders.

For more information, including what to do if you have any side effects, see Section [6. Are there any side effects?](#) in the full CMI.

Progesterone ADVZ 100 and 200

Active ingredient(s): *Progesterone (micronised)*

Consumer Medicine Information (CMI)

This leaflet provides important information about using Progesterone ADVZ. **You should also speak to your doctor or pharmacist if you would like further information or if you have any concerns or questions about using Progesterone ADVZ.**

Where to find information in this leaflet:

- [1. Why am I using Progesterone ADVZ?](#)
- [2. What should I know before I use Progesterone ADVZ?](#)
- [3. What if I am taking other medicines?](#)
- [4. How do I use Progesterone ADVZ?](#)
- [5. What should I know while using Progesterone ADVZ?](#)
- [6. Are there any side effects?](#)
- [7. Product details](#)

1. Why am I using Progesterone ADVZ?

Progesterone ADVZ contains the active ingredient progesterone. Progesterone ADVZ is provided as a soft capsule that contains the natural female hormone progesterone for oral use.

Progesterone ADVZ is used for women for the treatment of menstrual abnormalities or secondary amenorrhoea (no menstrual periods) and as hormone replacement therapy (HRT) in combination with estrogen in postmenopausal women with an intact uterus (womb).

Your doctor may have prescribed Progesterone ADVZ for another purpose. Ask your doctor if you have any questions about why this medicine has been prescribed for you.

Progesterone ADVZ is available only with a doctor's prescription. This medicine is not addictive.

2. What should I know before I use Progesterone ADVZ?

Always check the ingredients to make sure you can use this medicine.

Warnings

Do not use Progesterone ADVZ if:

- you are allergic to progesterone, or any of the ingredients listed at the end of this leaflet.

Symptoms of an allergic reaction may include:

- skin rash, itching or hives
- swelling of the face, lips, tongue or other parts of the body
- shortness of breath, wheezing or difficulty breathing

- you have or have had any of the following conditions:
 - if you are allergic to soya
 - unusual vaginal bleeding that has not been evaluated by your doctors;
 - known missed abortions or ectopic pregnancy;
 - severe liver problems;
 - known or suspected cancer of the breast or genital tract;
 - blood clots (thrombophlebitis or thromboembolic disorder), such as inflammation of a vein, deep vein blood clotting (thrombosis) or a blood clot that travelled to the lungs (pulmonary embolism);
 - bleeding on the brain;
 - porphyria disorder (a blood disease).

Check with your doctor if you:

- have or had any medical conditions, especially the following:
 - epilepsy
 - migraine
 - high blood pressure
 - asthma
 - heart, liver or kidney diseases
 - diabetes
 - skin sensitive to light
 - history of depression
- have or have had any of the following problems, before you start treatment, as these may return during treatment with HRT. If so you should see your doctor more often for check-ups:
 - fibroids inside your womb
 - growth of womb lining outside your womb (endometriosis) or a history of excessive growth of the womb lining (endometrial hyperplasia)
 - increased risk of developing blood clots
 - increased risk of getting estrogen-sensitive cancer (such as a mother, sister or grandmother who has breast cancer)
 - gallstones
 - severe headaches
 - a disease affecting the eardrum and hearing (otosclerosis)
 - fluid retention due to cardiac or kidney problems
- Tell your doctor or pharmacist if you have allergies to:
 - Any other medicines
 - Soy (Progesterone ADVZ contains soyabean lecithin which may cause hypersensitivity reactions)
 - Any other substances, such as foods, preservatives or dyes

If you have not told your doctor or pharmacist about any of the above, tell them before you use Progesterone ADVZ.

- If you think you have miscarried, you should speak to your doctor as you will need to stop using Progesterone ADVZ.

During treatment, you may be at risk of developing certain side effects. It is important you understand these risks and how to monitor for them. See additional information under Section [6. Are there any side effects?](#)

Progesterone ADVZ is not suitable for use as a contraceptive.

Pregnancy and breastfeeding

Do not take Progesterone ADVZ if you are pregnant or intend to become pregnant.

If you get pregnant while taking Progesterone ADVZ, stop taking it straight away and tell your doctor.

Do not use Progesterone ADVZ if you are breast-feeding.

Children and adolescents

Do not give Progesterone ADVZ to a child of any age. Progesterone ADVZ has not been evaluated in adolescents with childbearing potential.

3. What if I am taking other medicines?

Tell your doctor or pharmacist if you are taking any other medicines, including any medicines, vitamins or supplements that you buy without a prescription from your pharmacy, supermarket or health food shop.

Some medicines may interfere with Progesterone ADVZ and affect how it works or how these medicines work.

These include:

- Carbamazepine, Phenobarbital and Phenytoin (medicines for epilepsy)
- Rifampicin
- Phenylbutazone
- Spironolactone
- Griseofulvin
- Some antibiotics including ampicillins and tetracyclines
- Bromocriptine
- Ciclosporin
- Ketoconazole

These medicines may be affected by Progesterone ADVZ or may affect how well they work. You may need different amounts of your medicine or you may need to use different medicines. Your doctor or pharmacist will advise you.

Check with your doctor or pharmacist if you are not sure about what medicines, vitamins or supplements you are taking and if these affect Progesterone ADVZ.

4. How do I use Progesterone ADVZ?

How much to take

Your doctor will tell you how many capsules you need to take each day.

- For women receiving hormone replacement therapy in conjunction with estrogen with an intact uterus (womb), the usual dose is 200 mg/day at bedtime on days 15 to 26 of your cycle. You will usually have a few days withdrawal bleeding (like a period) after this time. Alternatively 100 mg can be taken at bedtime, from days 1 to 25 of each cycle, withdrawal bleeding being less with this treatment schedule.
- For women with secondary amenorrhea (no menstrual periods), the treatment may be taken as a single daily dose of 400 mg at bedtime, for 10 days. The standard daily dose is 200 to 300 mg of progesterone taken in one or two doses (i.e. 200 mg in the evening and another 100 mg in the morning, if needed).
- In menstrual irregularities due to ovulation disorders, treatment is administered over 10 days per menstrual cycle, usually from days 17 to 26 inclusive.

When to take Progesterone ADVZ

- Progesterone ADVZ is to be taken by mouth and swallowed whole with a glass of water.
- Do not take Progesterone ADVZ with food as this may affect the way Progesterone ADVZ works.
- Follow all directions given to you by your doctor carefully. They may differ from the information contained in this leaflet.

If you forget to use Progesterone ADVZ

Progesterone ADVZ should be used as instructed by your doctor for the recommended timeframes for each use. If you miss your dose at the usual time, use it as soon as you remember, and then go back to using your medicine as you would normally.

If it is almost time for your next dose, skip the dose you missed and take your next dose when you are meant to.

Otherwise, take it as soon as you remember, and then go back to taking your medicine as you would normally.

Do not take a double dose to make up for the dose you missed.

If you are not sure what to do, talk to your doctor or pharmacist.

If you have trouble remembering to take your medicine, ask your pharmacist for some hints.

If you use too much Progesterone ADVZ

If you think that you have used too much Progesterone ADVZ, you may need urgent medical attention.

You should immediately:

- phone the Poisons Information Centre (by calling 13 11 26), or
- contact your doctor, or
- go to the Emergency Department at your nearest hospital.

You should do this even if there are no signs of discomfort or poisoning.

Symptoms of an overdose with Progesterone ADVZ include feeling dizzy or feeling tired.

5. What should I know while using Progesterone ADVZ?

Progesterone ADVZ contains soy lecithin. If you are allergic to soy do not use Progesterone ADVZ.

Things you should do

Call your doctor straight away if you:

- Experience any of these symptoms during treatment or even a few days after the last dosage:
 - pains in your calves or chest, a sudden shortness of breath or coughing up blood indicating possible clots in the legs, heart or lungs
 - severe headache or vomiting, dizziness, faintness or changes in vision or speech, weakness or numbness of an arm or leg indicating possible clots in the brain or eye
 - worsening symptoms of depression.

Remind any doctor, dentist or pharmacist you visit that you are using Progesterone ADVZ.

If you are about to start taking any new medicines, tell your doctor or pharmacist that you are taking Progesterone ADVZ.

Things you should not do

- Do not give Progesterone ADVZ to anyone else, even if they have the same condition as you.
- Do not take Progesterone ADVZ to treat any other complaints unless your doctor has told you to.
- Do not stop using Progesterone ADVZ or lower the dosage without checking with your doctor or pharmacist.

Driving or using machines

Be careful before you drive or use any machines or tools until you know how Progesterone ADVZ affects you.

Progesterone ADVZ may cause dizziness or drowsiness in some people. Make sure you know how you react to Progesterone ADVZ before you drive a car, operate machinery or do anything else that could be dangerous if you are dizzy or light-headed. If this occurs, do not drive.

Drinking alcohol

Tell your doctor if you drink alcohol.

Alcohol may increase the effect of Progesterone ADVZ.

Looking after your medicine

Store below 25°C

Store it in a cool dry place away from moisture, heat or sunlight; for example, do not store it:

- in the bathroom or near a sink, or
- in the car or on window sills.

Keep it where young children cannot reach it.

Getting rid of any unwanted medicine

If you no longer need to use this medicine or it is out of date, take it to any pharmacy for safe disposal.

Do not use this medicine after the expiry date.

6. Are there any side effects?

All medicines can have side effects. If you do experience any side effects, most of them are minor and temporary. However, some side effects may need medical attention.

See the information below and, if you need to, ask your doctor or pharmacist if you have any further questions about side effects.

Less serious side effects

Less serious side effects	What to do
<p>Side effects such as:</p> <ul style="list-style-type: none"> • headache • abnormal breakthrough bleeding and/or vaginal bleeding or spotting or changes in cervical secretions • any significant change in your menstrual cycle, including loss of menstruation • Unusual tiredness or weakness or weight gain • Acne, breast pain or tenderness, • Mild mood changes, changes in libido and insomnia 	<p>Speak to your doctor if you have any of these less serious side effects and they worry you.</p>

Serious side effects

Serious side effects	What to do
<p>Side effects such as:</p> <ul style="list-style-type: none"> • constipation • breast disorders (e.g. breast pain, breast swelling and breast tenderness) • headache, dizziness and drowsiness • mental depression • skin rash, itchiness (pruritus) 	<p>Tell your doctor as soon as possible if you notice any of these side effects</p>

<p>Very Serious Side effects such as:</p> <ul style="list-style-type: none"> • Migraine • Loss of or change of speech, coordination or vision, pain or numbness in chest, arm or leg; unexplained shortness of breath, any symptoms of blood clots (thrombosis) • Yellowing of skin or eyes (jaundice) • Swelling of the face, lips, mouth or throat which may cause difficulty in swallowing or breathing • Hives 	<p>Call your doctor straight away, or go straight to the Emergency Department at your nearest hospital if you notice any of these serious side effects.</p>
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Tell your doctor or pharmacist if you notice anything else that may be making you feel unwell.

Other side effects not listed here may occur in some people.

Do not be alarmed by the list of possible side effects. You may not experience any of them.

Reporting side effects

After you have received medical advice for any side effects you experience, you can report side effects to the Therapeutic Goods Administration online at www.tga.gov.au/reporting-problems. By reporting side effects, you can help provide more information on the safety of this medicine.

Always make sure you speak to your doctor or pharmacist before you decide to stop taking any of your medicines.

7. Product details

This medicine is only available with a doctor's prescription. This medicine is not addictive.

What Progesterone ADVZ contains

Active ingredient (main ingredient)	Progesterone 100 mg Progesterone 200 mg
Other ingredients (inactive ingredients)	Grape seed oil Lecithin Gelatin Glycerol Titanium dioxide
Potential allergens	Lecithin (from soya)

Do not take this medicine if you are allergic to any of these ingredients.

What Progesterone ADVZ looks like

Progesterone ADVZ 100 are ovoid soft gelatin capsules, off-white coloured containing a thick whitish suspension, approx. 12 mm long and approx. 8 mm wide.

Progesterone ADVZ 200 are ovoid soft gelatin capsules, off-white coloured containing a thick whitish suspension, approx. 16 mm long and approx. 9.6 mm wide.

Progesterone ADVZ 100 soft capsules are supplied in blister strips of 30 capsules and Progesterone ADVZ 200 soft capsules are supplied in blister strips of 42 capsules packaged in an outer carton.

Progesterone ADVZ 100 soft capsule AUST R 474805.

Progesterone ADVZ 200 soft capsule AUST R 474806.

Who distributes Progesterone ADVZ

Boucher & Muir Pty Ltd

t/a ADVANZ PHARMA (Australia)

Level 9, 76 Berry Street

North Sydney NSW 2060

This leaflet was prepared in September 2025.