

KENACORT-A 10 Injection

triamcinolone acetonide

Consumer Medicine Information (CMI) summary

The [full CMI](#) on the next page has more details. If you are worried about using this medicine, speak to your doctor or pharmacist.

1. Why am I given KENACORT-A 10?

KENACORT-A 10 contains triamcinolone acetonide as the active ingredient. It is a type of medicine known as a corticosteroid. KENACORT-A 10 is used to treat painful muscles, joints or tendons by injecting directly into the painful site. KENACORT-A 10 can also be used to treat inflammatory skin lesions, psoriatic plaques & hair loss by injecting directly into the lesion or by sub-cutaneous injection.

For more information, see Section [1. Why am I given KENACORT-A 10?](#) in the full CMI.

2. What should I know before I am given KENACORT-A 10?

Do not use if you have ever had an allergic reaction to triamcinolone acetonide, benzyl alcohol or any of the ingredients listed at the end of the CMI.

Talk to your doctor if you have any other medical conditions, take any other medicines, or are pregnant or plan to become pregnant or are breastfeeding.

For more information, see Section [2. What should I know before I am given KENACORT-A 10?](#) in the full CMI.

3. What if I am taking other medicines?

Some medicines may interfere with KENACORT-A 10 and affect how it works.

A list of these medicines is in Section [3. What if I am taking other medicines?](#) in the full CMI.

4. How will I be given KENACORT-A 10?

- KENACORT-A 10 is an injection and will be given to you by your doctor.
- Your doctor will decide how much KENACORT-A 10 you are given

More instructions can be found in Section [4. How will I be given KENACORT-A 10?](#) in the full CMI.

5. What should I know while using KENACORT-A 10?

Things you should do	<ul style="list-style-type: none">• If you have any concerns about the use of KENACORT-A 10, ask your doctor or nurse.• After the injection, do not overuse the joint where the injection was given. Rest the joints as much as possible for several weeks.
Things you should not do	<ul style="list-style-type: none">• If you have been using KENACORT-A 10 for a long time and it is to be stopped, it should be stopped gradually, not suddenly.
Driving or using machines	<ul style="list-style-type: none">• Be careful driving or operating machinery until you know how KENACORT-A 10 affects you.
Looking after your medicine	<ul style="list-style-type: none">• KENACORT-A 10 should be stored by the hospital's pharmacy in a dark place below 30°C.• It must be kept upright & must not be frozen.

For more information, see Section [5. What should I know while using KENACORT-A 10?](#) in the full CMI.

6. Are there any side effects?

All medicines can have side effects. Sometimes they are serious. Most of the time they are not.

Tell your doctor as soon as possible if you do not feel well after you have received KENACORT-A 10. It is possible that KENACORT-A 10 may cause the following side effects: pain, fluid retention, salt retention, changes in heart beat, sores, muscle weakness, tiredness, slow wound healing, sweating, headaches, irregular menstrual periods, stomach upsets, dizziness, convulsions, numbness, pins & needles, pain in arms or leg, insomnia, sore eyes, vision impairment or loss of vision. These are the more common side effects of KENACORT-A 10.

For more information, including what to do if you have any side effects, see Section [6. Are there any side effects?](#) in the full CMI.

KENACORT-A 10

Active ingredient: *triamcinolone acetonide*

Consumer Medicine Information (CMI)

This leaflet provides important information about using KENACORT-A 10. **You should also speak to your doctor or pharmacist if you would like further information or if you have any concerns or questions about using KENACORT-A 10.**

Where to find information in this leaflet:

- [1. Why am I given KENACORT-A 10?](#)
- [2. What should I know before I am given KENACORT-A 10?](#)
- [3. What if I am taking other medicines?](#)
- [4. How will I be given KENACORT-A 10?](#)
- [5. What should I know while using KENACORT-A 10?](#)
- [6. Are there any side effects?](#)
- [7. Product details](#)

1. Why am I given KENACORT-A 10?

KENACORT-A 10 contains the active ingredient **triamcinolone acetonide**. KENACORT-A 10 is a synthetic corticosteroid used to:

- treat painful muscles, joints or tendons by injecting directly into the painful site.
- treat inflammatory skin lesions, psoriatic plaques & hair loss by injecting directly into the lesion or by sub-cutaneous injection.
- suppress inflammation and swelling and relieve pain. It does not cure the underlying problem.

2. What should I know before I am given KENACORT-A 10?

Warnings

Do not use KENACORT-A 10 if:

- You are allergic to triamcinolone acetonide or to any of the ingredients listed at the end of this leaflet.
- Always check the ingredients to make sure you can use this medicine.

Tell your doctor if you are allergic to benzyl alcohol.

KENACORT-A 10 contains benzyl alcohol as a preservative which has been associated with a condition called "gasping syndrome". Premature and low weight infants, as well as patients receiving high doses may be more likely to develop toxicity.

Symptoms of an allergic reaction may include:

- chills/fever
- fast heart beat
- difficulty in breathing
- shortness of breath
- dizziness or light headed.

KENACORT-A 10 is not suitable for:

- intravenous, intramuscular or intraocular use.
- injection into the nasal turbinates or intralesional injection about the head.
- use in children under the age of six
- use in newborn or premature infants

KENACORT-A 10 is a long-acting preparation and is not suitable for use in acute situations.

Check with your doctor if you have or have had any medical conditions, especially the following:

- kidneys, liver, heart or eye problems
- an active infection
- tuberculosis
- a tendency to bruise easily
- existing emotional problems
- bloody diarrhoea
- digestive problems (e.g. ulcers)
- diabetes
- high blood pressure
- imminent surgery
- exposure to chicken pox or measles
- respiratory problems.

During treatment, you may be at risk of developing certain side effects. It is important you understand these risks and how to monitor for them. See additional information under Section [6. Are there any side effects?](#)

Pregnancy and breastfeeding

Check with your doctor if you are pregnant or intend to become pregnant.

Talk to your doctor if you are breastfeeding or intend to breastfeed.

Like most medicines KENACORT-A 10 is not recommended for use during pregnancy. If there is a need to consider KENACORT-A 10 during your pregnancy, your doctor will discuss with you the benefits & risks of using it.

3. What if I am taking other medicines?

Tell your doctor or pharmacist if you are taking any other medicines, including any medicines, vitamins or supplements that you buy without a prescription from your pharmacy, supermarket or health food shop.

Some medicines may interfere with KENACORT-A 10 and affect how it works. These include:

- Aspirin.
- Vaccines – in particularly smallpox vaccine.

These medicines may be affected by KENACORT-A 10, or affect how well it works. You may need different amounts of your medicines, or you may need to have different

medicines. Your doctor will advise you.

Check with your doctor or pharmacist if you are not sure about what medicines, vitamins or supplements you are taking and if these affect KENACORT-A 10.

4. How will I be given KENACORT-A 10?

How is KENACORT-A 10 given

Your doctor will decide what dose and the number of treatments you will receive. This depends on your specific condition, how you react to this medicine and where the injection is given.

KENACORT-A 10 is given by injection directly into the affected joint or tendon, or by intra-dermal injection into the lesion. It should not be given intravenously, intramuscularly or intraocularly

KENACORT-A 10 must only be given by a doctor.

How long it is given

If you are given KENACORT-A 10 injection over a long time, your doctor will check on how your body is responding. When long term use of KENACORT-A 10 is to be stopped, it should be stopped gradually not suddenly.

KENACORT-A 10 is a long-acting preparation and is not suitable for use in acute situations.

If you have any questions about the dose that you will receive ask your doctor.

If you are given too much KENACORT-A 10

As you will be given KENACORT-A 10 under the supervision of your doctor, it is unlikely that you will receive too much. However, if you experience any side effects after being given it:

You should immediately:

- phone the Poisons Information Centre (by calling **13 11 26**), or
- contact your doctor, or
- go to the Emergency Department at your nearest hospital.

You should do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

5. What should I know while using KENACORT-A 10?

Things you should do

If you have any concerns about the use of KENACORT-A 10, ask your doctor or nurse.

After the injection, do not overuse the joint where the injection was given.

Rest the joints as much as possible for several weeks.

Your doctor will be able to tell you whether there are any special instructions after you have been treated with KENACORT-A 10.

Driving or using machines

Be careful before you drive or use any machines or tools until you know how KENACORT-A 10 affects you.

Looking after your medicine

KENACORT-A 10 should be stored by the hospital's pharmacy below 30°C. It must be kept upright and must not be frozen.

6. Are there any side effects?

All medicines can have side effects. If you do experience any side effects, most of them are minor and temporary. However, some side effects may need medical attention.

See the information below and, if you need to, ask your doctor or pharmacist if you have any further questions about side effects.

Less serious side effects

Less serious side effects	What to do
<ul style="list-style-type: none">• pain• fluid retention• salt retention• changes in heart beat• sores• muscle weakness• tiredness• slow wound healing• sweating• headaches• irregular menstrual periods• stomach upsets• dizziness• numbness• pins & needles• pain in arms or legs• insomnia• sore eyes• vision impairment	Speak to your doctor if you have any of these less serious side effects and they worry you.

Serious side effects

Serious side effects	What to do
<ul style="list-style-type: none">• convulsions• serious heart problems• weakening of bones• stomach ulcers• glandular problems.• loss of vision• worsening psychiatric conditions• fracturing of bones• stopping of growth in children• damage to eyes• severe pain, and swelling around the injection site• wasting of muscles.	Call your doctor straight away, or go straight to the Emergency Department at your nearest hospital if you notice any of these serious side effects.

Tell your doctor or pharmacist if you notice anything else that may be making you feel unwell.

Ask your doctor or pharmacist to answer any questions you may have.

Other side effects not listed here may occur in some people.

Some side effects can only be detected by your doctor. When KENACORT-A 10 is taken for long periods of time and in high doses, it is important to visit your doctor regularly for check-ups.

There is no evidence that KENACORT-A 10 is addictive.

Reporting side effects

After you have received medical advice for any side effects you experience, you can report side effects to the Therapeutic Goods Administration online at www.tga.gov.au/reporting_problems. By reporting side effects, you can help provide more information on the safety of this medicine.

Always make sure you speak to your doctor or pharmacist before you decide to stop taking any of your medicines.

7. Product details

This medicine is only available with a doctor's prescription.

What KENACORT-A 10 contains

Each 1 mL of KENACORT-A 10 contains 10 mg of triamcinolone acetonide.

Active ingredient (main ingredient)	Triamcinolone acetonide
Other ingredients (inactive ingredients)	<ul style="list-style-type: none">• sodium chloride• benzyl alcohol• carmellose sodium• polysorbate 80• water for injections.
Potential allergens	<ul style="list-style-type: none">• benzyl alcohol

Do not take this medicine if you are allergic to any of these ingredients.

What KENACORT-A 10 looks like

KENACORT-A 10 is an opaque white suspension in a 1 mL glass vial. Available in packs of 5 vials.

AUST R 19204

Who distributes KENACORT-A 10

Aspen Pharmacare Australia Pty Ltd
34-36 Chandos Street
St Leonards NSW 2065
Australia

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