

# LORAZE

## Consumer Medicine Information (CMI) summary

The [full CMI](#) on the next page has more details. If you are worried about using this medicine, speak to your doctor or pharmacist.

### 1. Why am I taking LORAZE?

LORAZE contains the active ingredient lorazepam. LORAZE is used to relieve anxiety. However anxiety or tension associated with the normal stress of everyday life usually does not require treatment with medicines. LORAZE may also be before surgery to help relax you.

For more information, see Section [1. Why am I taking LORAZE?](#) in the full CMI.

### 2. What should I know before I take LORAZE?

Do not use if you have ever had an allergic reaction to LORAZE or any of the ingredients listed at the end of the CMI.

**Talk to your doctor if you have any other medical conditions, take any other medicines, or are pregnant or plan to become pregnant or are breastfeeding.**

For more information, see Section [2. What should I know before I take LORAZE?](#) in the full CMI.

### 3. What if I am taking other medicines?

Some medicines may interfere with LORAZE and affect how it works.

A list of these medicines is in Section [3. What if I am taking other medicines?](#) in the full CMI.

### 4. How do I take LORAZE?

- The dose of LORAZE may be different for each person. Your doctor will decide the right dose for you.
- Swallow the tablets with a glass of water. LORAZE may be taken with or without food.

More instructions can be found in Section [4. How do I take LORAZE?](#) in the full CMI.

### 5. What should I know while taking LORAZE?

<b>Things you should do</b>	<ul style="list-style-type: none"><li>• Remind any doctor, dentist or pharmacist you visit that you are taking LORAZE.</li><li>• Take LORAZE exactly as prescribed, or tell your doctor if you haven't taken your medicine as prescribed.</li><li>• If you become pregnant while you are taking LORAZE, tell your doctor immediately.</li><li>• Tell your doctor or pharmacist if you do not feel well or have any problems during or after taking LORAZE.</li><li>• If you are being treated for anxiety, advise your doctor if your anxiety attacks are getting worse or more frequent.</li><li>• Visit your doctor regularly so your progress can be checked and to see if you need to keep taking LORAZE.</li><li>• Keep enough LORAZE to last weekends and holidays.</li><li>• Take LORAZE for short periods only, unless advised otherwise by your doctor.</li></ul>
<b>Things you should not do</b>	<ul style="list-style-type: none"><li>• Do not use this medicine to treat any other complaints unless your doctor says to.</li><li>• Do not give LORAZE to anyone else, even if their symptoms seem similar to yours.</li><li>• Do not change your dose without first checking with your doctor.</li><li>• Do not stop taking LORAZE or lower the dose, without first checking with your doctor.</li></ul>
<b>Driving or using machines</b>	<ul style="list-style-type: none"><li>• Do not drive or operate machinery until you know how LORAZE affects you.</li><li>• LORAZE may cause drowsiness or dizziness in some people and therefore may affect alertness.</li></ul>
<b>Drinking alcohol</b>	<ul style="list-style-type: none"><li>• If you drink alcohol, symptoms such as dizziness and drowsiness may be worse.</li><li>• Your doctor may suggest that you avoid or reduce alcohol consumption while taking LORAZE.</li></ul>
<b>Looking after your medicine</b>	<ul style="list-style-type: none"><li>• Keep your tablets in the pack until it is time to take them.</li><li>• Keep your tablets in a cool dry place where the temperature stays below 25°C.</li></ul>

For more information, see Section [5. What should I know while taking LORAZE?](#) in the full CMI.

### 6. Are there any side effects?

Common side effects include: drowsiness, dizziness, sleepiness, clumsiness or unsteadiness, weakness, loss of memory.

Serious side effects include: skin rashes; feeling sick or vomiting; outbursts of anger and increased excitement; confusion or depression; headache; sleep disturbances; blurred vision; low blood pressure; dry mouth; excessive salivation; changes in appetite; nausea.

For more information, including what to do if you have any side effects, see Section [6. Are there any side effects?](#) in the full CMI.

# LORAZE

Active ingredient: lorazepam

## Consumer Medicine Information (CMI)

This leaflet provides important information about using LORAZE. **You should also speak to your doctor or pharmacist if you would like further information or if you have any concerns or questions about using LORAZE.**

Where to find information in this leaflet:

- [1. Why am I taking LORAZE?](#)
- [2. What should I know before I take LORAZE?](#)
- [3. What if I am taking other medicines?](#)
- [4. How do I take LORAZE?](#)
- [5. What should I know while taking LORAZE?](#)
- [6. Are there any side effects?](#)
- [7. Product details](#)

## 1. Why am I taking LORAZE?

**LORAZE contains the active ingredient lorazepam.** Lorazepam belongs to a group of medicines called benzodiazepines. They are thought to work by their action on brain chemicals.

**LORAZE is used to relieve anxiety.** However anxiety or tension associated with the normal stress of everyday life usually does not require treatment with medicines.

**It is also used before surgery to help relax you.**

In general, benzodiazepines such as **LORAZE should be taken for short periods only** (for example 2-4 weeks). Continuous long-term use is not recommended unless advised by your doctor.

The use of benzodiazepines may lead to dependence on the medicine.

## 2. What should I know before I take LORAZE?

### Warnings

**Do not take LORAZE if:**

- you are allergic to lorazepam, or any of the ingredients listed at the end of this leaflet, or any other medicine from the benzodiazepine group of medicines.  
Always check the ingredients to make sure you can use this medicine.
- you have severe and chronic lung disease
- you have sleep apnoea, a condition where you have breathing problems when you sleep
- you are depressed with or without anxiety problems
- the expiry date (Exp.) printed on the pack has passed.
- the packaging is torn or shows signs of tampering.
- you are under 16 years of age. The safety and effectiveness of LORAZE in children under 16 years has not been established.

**Check with your doctor if you:**

- have liver, kidney or lung disease
- have a blood disorder
- have a history of fits or convulsions
- have severe muscle weakness known as myasthenia gravis
- have low blood pressure
- have glaucoma (high pressure in the eye)
- have depression, psychosis or schizophrenia
- have any other medical conditions
- take any medicines for any other condition

During treatment, you may be at risk of developing certain side effects. It is important you understand these risks and how to monitor for them. See additional information under Section [6. Are there any side effects?](#)

## Pregnancy and breastfeeding

Do not take LORAZE if you are pregnant unless you and your doctor have discussed the risks and benefits involved.

Do not take LORAZE if you are breast feeding or planning to breast feed unless you and your doctor have discussed the risks and benefits involved.

**Tell your doctor if you drink alcohol regularly.**

Alcohol may increase the effects of LORAZE.

## 3. What if I am taking other medicines?

Tell your doctor or pharmacist if you are taking any other medicines, including any medicines, vitamins or supplements that you buy without a prescription from your pharmacy, supermarket or health food shop.

Some medicines may interfere with LORAZE, or may affect how well it works. These include:

- other sleeping tablets, sedatives or tranquillisers
- medicines for depression
- medicines for allergies for example antihistamines or cold tablets
- pain relievers
- muscle relaxants
- medicines to control fits.

These medicines may increase the effects of LORAZE. You may need to take different amounts of your medicine or you may need to take different medicines. Your doctor will advise you.

If you are not sure whether you are taking any of these medicines, check with your doctor or pharmacist.

**Check with your doctor or pharmacist if you are not sure about what medicines, vitamins or supplements you are taking and if these affect LORAZE.**

## 4. How do I take LORAZE?

### How much to take

- Swallow the tablets with a glass of water.
- LORAZE may be taken with or without food.
- The dose of LORAZE may be different for each person. Your doctor will decide the right dose for you.
- For anxiety, the usual daily dose is 2 to 3 mg administered in divided doses. However the daily dose can range from 1 to 10 mg.
- For sleeping problems (insomnia) due to anxiety, a dose of 1 to 2 mg taken at bedtime is usually prescribed.
- If you are taking LORAZE before surgery the usual dose is 2 to 4 mg the night before surgery. Another dose of 2 to 4 mg may also be given 1 to 2 hours before surgery.
- Elderly people may need a lower dose.
- Continue taking LORAZE as long as your doctor recommends it.
- Follow the instructions provided and use LORAZE until your doctor tells you to stop.
- Do not take LORAZE for longer than your doctor says. LORAZE is usually used for short periods only (for example 2-4 weeks). Continuous long-term use is not recommended (as it may lead to dependence on the medicine), unless advised by your doctor.

### When to take LORAZE

- Your doctor will tell you how many times during the day you need to take LORAZE.
- Taking LORAZE late at night or early in the morning may make it hard for you to wake in the morning.

### If you forget to take LORAZE

LORAZE should be used regularly at the same time each day. If you miss your dose at the usual time, take it as soon as you remember, and then go back to taking it as you would normally.

**If it is almost time for your next dose, skip the dose you missed and take your next dose when you are meant to.**

**Do not take a double dose to make up for the dose you missed.**

If you have missed more than two doses in a row, speak to your doctor or pharmacist.

### If you take too much LORAZE

If you think that you have taken too much LORAZE, you may need urgent medical attention.

**You should immediately:**

- phone the Poisons Information Centre (by calling 13 11 26), or
- contact your doctor, or
- go to the Emergency Department at your nearest hospital.

**You should do this even if there are no signs of discomfort or poisoning.**

If you take too much LORAZE you may feel drowsy, confused, tired, dizzy, have difficulty breathing, feel weak or become unconscious.

## 5. What should I know while taking LORAZE?

### Things you should do

**Take LORAZE exactly as your doctor has prescribed.**

**Tell any other doctors, dentists and pharmacists who treat you that you are taking this medicine.**

**If you become pregnant while you are taking LORAZE, tell your doctor immediately.**

**Tell your doctor or pharmacist as soon as possible if you do not feel well while you are taking LORAZE.**

**If you are being treated for anxiety, be sure to discuss with your doctor any problems you may have and how you feel, especially if your anxiety attacks are getting worse or more frequent.** This will help your doctor to determine the best treatment for you.

**Visit your doctor regularly.** Your doctor needs to check your progress and see whether you need to keep taking LORAZE.

**Always discuss with your doctor any problems or difficulties you have during or after taking LORAZE.**

**Tell your doctor if, for any reason, you have not taken your medicine exactly as prescribed.** Otherwise your doctor may think that it was not effective and change your treatment unnecessarily.

**Keep enough LORAZE to last weekends and holidays.**

**Be careful if you are elderly, unwell or taking other medicines.** Some people may experience side effects such as drowsiness, confusion, dizziness and unsteadiness, which may increase the risk of a fall.

### Things you should not do

**Do not drive or operate machinery until you know how LORAZE affects you.** This medicine may cause drowsiness or dizziness in some people and therefore may affect alertness.

Make sure you know how you react to LORAZE before you drive a car, operate machinery, or do anything else that could be dangerous if you are drowsy, dizzy or not alert.

Even if you take LORAZE at night, you may still be drowsy or dizzy the next day.

**Do not take LORAZE for a longer time than your doctor has prescribed.** LORAZE should be taken for short periods only (e.g. 2 to 4 weeks), unless advised otherwise by your doctor.

**Do not change your dose without first checking with your doctor.**

**Do not stop taking LORAZE or lower the dose, without first checking with your doctor.** Stopping this medicine suddenly may cause some unwanted effects. Your doctor will slowly reduce your dose before you can stop taking it completely.

**Do not suddenly stop taking LORAZE if you suffer from epilepsy.** Stopping this medicine suddenly may make your epilepsy worse.

Do not use this medicine to treat any other complaints unless your doctor says to.

Do not give LORAZE to anyone else, even if their symptoms seem similar to yours.

### Driving or using machines

Be careful before you drive or use any machines or tools until you know how LORAZE affects you.

LORAZE may cause dizziness or drowsiness in some people.

### Drinking alcohol

Tell your doctor if you drink alcohol.

Be careful when drinking alcohol while you are taking this medicine.

**Alcohol may cause the symptoms such as dizziness and drowsiness to be worse.**

Your doctor may suggest that you avoid alcohol or reduce the amount of alcohol you drink while you are taking LORAZE.

### Looking after your medicine

- Keep your tablets in the pack until it is time to take them. If you take the tablets out of the pack they may not keep well.
- Keep your tablets in a cool dry place where the temperature stays below 25°C.

Follow the instructions in the carton on how to take care of your medicine properly.

Store it in a cool dry place away from moisture, heat or sunlight; for example, do not store it:

- in the bathroom or near a sink, or
- in the car or on window sills.

**Keep it where young children cannot reach it.**

### Getting rid of any unwanted medicine

If you no longer need to use this medicine or it is out of date, take it to any pharmacy for safe disposal.

Do not use this medicine after the expiry date.

## 6. Are there any side effects?

All medicines can have side effects. If you do experience any side effects, most of them are minor and temporary. However, some side effects may need medical attention.

See the information below and, if you need to, ask your doctor or pharmacist if you have any further questions about side effects.

### Less serious side effects

Less serious side effects	What to do
<ul style="list-style-type: none"><li>• drowsiness</li><li>• dizziness</li><li>• sleepiness</li><li>• clumsiness or unsteadiness</li><li>• weakness</li><li>• loss of memory</li></ul>	<b>Speak to your doctor if you have any of these less serious side effects and they worry you.</b>

### Serious side effects

Serious side effects	What to do
<ul style="list-style-type: none"><li>• skin rashes</li><li>• feeling sick or vomiting</li><li>• outbursts of anger and increased excitement</li><li>• confusion or depression</li><li>• headache</li><li>• sleep disturbances</li><li>• blurred vision</li><li>• low blood pressure</li><li>• dry mouth</li><li>• excessive salivation</li><li>• changes in appetite</li><li>• nausea</li></ul>	<b>Call your doctor straight away, or go straight to the Emergency Department at your nearest hospital if you notice any of these serious side effects.</b>

**Tell your doctor or pharmacist if you notice anything else that may be making you feel unwell.**

Other side effects not listed here may occur in some people.

### Reporting side effects

After you have received medical advice for any side effects you experience, you can report side effects to the Therapeutic Goods Administration online at [www.tga.gov.au/reporting-problems](http://www.tga.gov.au/reporting-problems). By reporting side effects, you can help provide more information on the safety of this medicine.

**Always make sure you speak to your doctor or pharmacist before you decide to stop taking any of your medicines.**

## 7. Product details

This medicine is only available with a doctor's prescription.

### What LORAZE contains

<b>Active ingredient (main ingredient)</b>	lorazepam
<b>Other ingredients (inactive ingredients)</b>	maize starch microcrystalline cellulose sodium starch glycollate (Type A) lactose monohydrate povidone crospovidone magnesium stearate polacrillin potassium

**Do not take this medicine if you are allergic to any of these ingredients.**

The tablets do not contain gluten, sucrose, tartrazine or any other azo dyes.

### **What LORAZE looks like**

LORAZE 0.5 mg: White, round tablets with rounded edges. Available in blisters of 100 tablets.

(AUST R 304314)

LORAZE 1 mg: White, round, flat, beveled, scored tablets, with the inscription "1.0" on one side. Available in blisters of 50 tablets.

(AUST R 304315)

LORAZE 2.5 mg: White, round, flat, beveled, scored tablets. Available in blisters of 50 tablets.

(AUST R 304316)

### **Who distributes LORAZE**

Southern XP Pty Ltd  
Unit 5/118 Church Street  
Hawthorn VIC 3122  
Australia

#### **Sponsor:**

Southern XP IP Pty Ltd  
Unit 5/118 Church Street  
Hawthorn VIC 3122  
Australia

This leaflet was prepared in August 2025.