

OLIMEL/PeriOLIMEL

Consumer Medicine Information (CMI) summary

The [full CMI](#) on the next page has more details. If you are worried about using this medicine, speak to your doctor or pharmacist.

1. Why am I receiving OLIMEL/PeriOLIMEL?

OLIMEL/PeriOLIMEL is a nutrition source that a doctor or nurse gives you directly into your veins. The main ingredients are amino acids, fats, glucose, and – in some mixtures – salts. OLIMEL/PeriOLIMEL is used for adults who cannot sufficiently eat or absorb food normally through their mouth or stomach.

For more information, see Section [1. Why am I receiving OLIMEL/PeriOLIMEL?](#) in the full CMI.

2. What should I know before I receive OLIMEL/PeriOLIMEL?

Do not use if you have ever had an allergic reaction to **any** of the ingredients listed at the end of the CMI.

Talk to your doctor if you have any other medical conditions, take any other medicines, or are pregnant or plan to become pregnant or are breastfeeding.

For more information, see Section [2. What should I know before I receive OLIMEL/PeriOLIMEL?](#) in the full CMI.

3. What if I am taking other medicines?

Some medicines may interfere with OLIMEL/PeriOLIMEL and affect how it works.

A list of these medicines is in Section [3. What if I am taking other medicines?](#) in the full CMI.

4. How is OLIMEL/PeriOLIMEL given?

- Your doctor or nurse will give OLIMEL/PeriOLIMEL as a slow, continuous infusion into a large vein near your heart (central vein). Your doctor or nurse can give PeriOLIMEL through a vein that is in your hand, arm or leg, instead of into a central vein.
- The drip usually runs between 12 and 24 hours. Your doctor will advise how long it will take.
- Your doctor will determine the amount of OLIMEL/PeriOLIMEL that is right for you. They will closely monitor your condition and your blood during treatment to ensure that you safely receive the right amount.

More instructions can be found in Section [4. How is OLIMEL/PeriOLIMEL given?](#) in the full CMI.

5. What should I know while receiving OLIMEL/PeriOLIMEL?

Things you should do	<ul style="list-style-type: none">• Remind any doctor, nurse, dentist or pharmacist you visit that you are receiving OLIMEL/PERIOLIMEL.
Things you should not do	<ul style="list-style-type: none">• Do not stop using this medicine suddenly.
Driving or using machines	<ul style="list-style-type: none">• Take care when driving or using machines, until you know how this medicine affects you.
Drinking alcohol	<ul style="list-style-type: none">• Tell your doctor if you have alcohol.• How alcohol affects this medicine is not known. Your doctor will advise on what you should do.
Looking after your medicine	<ul style="list-style-type: none">• Store this product in its original pouch ('overpouch') below 25 degrees Celsius. Do not freeze.• Do not use infusion bags that have passed the expiry date, or if the container is damaged.

For more information, see Section [5. What should I know while receiving OLIMEL/PeriOLIMEL?](#) in the full CMI.

6. Are there any side effects?

For more information on what to do if you have any side effects, see Section [6. Are there any side effects?](#) in the full CMI.

OLIMEL/PeriOLIMEL

Active ingredient(s): *amino acids, glucose, lipids and with/without electrolytes* (see product details for full list)

Consumer Medicine Information (CMI)

This leaflet provides important information about using OLIMEL/PeriOLIMEL. **You should also speak to your doctor, nurse or pharmacist if you would like further information or if you have any concerns or questions about receiving OLIMEL/PeriOLIMEL.**

Where to find information in this leaflet:

- [1. Why am I receiving OLIMEL/PeriOLIMEL?](#)
- [2. What should I know before I receive OLIMEL/PeriOLIMEL?](#)
- [3. What if I am taking other medicines?](#)
- [4. How is OLIMEL/PeriOLIMEL given?](#)
- [5. What should I know while receiving OLIMEL/PeriOLIMEL?](#)
- [6. Are there any side effects?](#)
- [7. Product details](#)

1. Why am I receiving OLIMEL/PeriOLIMEL?

OLIMEL/PeriOLIMEL is a nutrition source that a doctor or nurse gives you directly into your veins.

The main ingredients in OLIMEL/PeriOLIMEL are:

- **Amino Acids:** These are the building blocks of protein, which your body needs for things like building and repairing tissues, healing wounds, and keeping your immune system working.
- **Glucose:** This is a type of sugar, and it's your body's main source of quick energy.
- **Lipids:** This is fat, made from a mix of olive oil and soya oil. Fats provide energy and also give you essential fatty acids that your body needs but can't produce on its own.
- **Salts:** Some mixtures of OLIMEL/PeriOLIMEL also contain important salts (electrolytes), including sodium, potassium and other salts. Other mixtures don't have these added, allowing doctors to give you these minerals separately if needed.

OLIMEL/PeriOLIMEL is used for adults who cannot sufficiently eat or absorb food normally through their mouth or stomach. This can happen for various reasons, such as after surgery, if you have severe malnutrition, or if feeding through a tube isn't possible.

2. What should I know before I receive OLIMEL/PeriOLIMEL?

Warnings

Do not have OLIMEL/PeriOLIMEL if you:

- are allergic to **any** of the active or inactive ingredients listed at the end of this leaflet. Always check the ingredients to make sure you can use this medicine.
- have a known allergy to egg or soy, peanuts, and/or corn or corn products
- have problems processing amino acids
- have severe problems digesting fat, resulting in very high blood fat levels
- have very high blood sugar levels
- your condition is considered medically unstable (e.g. stroke, heart attack or severe trauma)

If you have very high blood levels of sodium, potassium, magnesium, calcium and/or phosphate, you must not use mixtures of OLIMEL/PeriOLIMEL that contain salts.

OLIMEL/PeriOLIMEL must not be given to newborn babies, infants and children under 2 years old.

Check with your doctor if you:

- have any other medical conditions
- have heart, lung, liver or kidney problems
- have an infection
- have too much acid in the blood
- have diabetes
- have a bleeding disorder or low blood iron (anaemia)
- have high levels of fats in the blood
- take any medicines for any other condition

During treatment, you may be at risk of developing certain side effects. It is important you understand these risks and how to monitor for them. See additional information under Section [6. Are there any side effects?](#)

Pregnancy and breastfeeding

Check with your doctor if you are pregnant or intend to become pregnant.

Talk to your doctor if you are breastfeeding or intend to breastfeed.

3. What if I am taking other medicines?

Tell your doctor or pharmacist if you are taking any other medicines, including any medicines, vitamins or supplements that you buy without a prescription from your pharmacy, supermarket or health food shop.

OLIMEL/PeriOLIMEL may interfere with how some medicines work:

- warfarin, a medicine used to thin the blood
- some medicines used for lowering blood pressure (such as ACE inhibitors, angiotensin II receptor antagonists)
- medicines used in transplant patients to suppress the immune system (cyclosporin, tacrolimus)
- certain antibiotics, including ampicillin and ceftriaxone
- fosphenytoin, a medicine used for seizures

Check with your doctor or pharmacist if you are not sure about what medicines, vitamins or supplements you are taking and if these affect OLIMEL/PeriOLIMEL.

4. How is OLIMEL/PeriOLIMEL given?

How it is given

- Your doctor or nurse will give OLIMEL/PeriOLIMEL as a slow, continuous infusion into a large vein near your heart (central vein).
- PeriOLIMEL may be given through a vein that is in your hand, arm or leg.
- The drip usually runs between 12 and 24 hours. Your doctor will advise how long it will take.

How much is given

- Your doctor will determine the amount of OLIMEL/PeriOLIMEL that's right for you.
- Your doctor will closely monitor your condition and your blood during treatment to ensure that you receive the right amount.
- Your doctor may need to adjust your dose depending on your response.

If you are given too much OLIMEL/PeriOLIMEL

As OLIMEL/PeriOLIMEL will be given to you by a doctor or nurse, it is unlikely that you will be given an overdose.

Your doctor will regularly monitor your condition and test your blood and urine to prevent an overdose. Your doctor has information on how to prevent an overdose.

However, if you are given too much OLIMEL/PeriOLIMEL or it is infused too quickly, you may feel unwell and have nausea, vomiting, and shivering.

If you think too much OLIMEL/PeriOLIMEL has been given, you may need urgent medical attention.

You should immediately:

- phone the Poisons Information Centre (**by calling 13 11 26**), or
- contact your doctor, or
- go to the Emergency Department at your nearest hospital.

You should do this even if there are no signs of discomfort or poisoning.

5. What should I know while receiving OLIMEL/PeriOLIMEL?

Things you should do

Remind any doctor, nurse, dentist or pharmacist you visit that you are using OLIMEL/PeriOLIMEL.

Things you should not do

- Do not stop using this medicine suddenly.

Driving or using machines

Be careful before you drive or use any machines or tools until you know how OLIMEL/PeriOLIMEL affects you.

How OLIMEL/PeriOLIMEL affects the safe use of vehicles, machines or tools has not been studied.

Drinking alcohol

Tell your doctor if you drink alcohol.

The effects of alcohol on OLIMEL/PeriOLIMEL are not known. Your doctor will advise what you should do.

Looking after your medicine

- Store this product in its original pouch ('overpouch') below 25 degrees Celsius. Do not freeze.

Follow the instructions in the carton, or given by your doctor, on how to take care of your medicine properly.

Store it in a cool dry place away from moisture, heat or sunlight; for example, do not store it:

- in the bathroom or near a sink, or
- in the car or on window sills.

Keep it where young children cannot reach it.

When to discard your medicine

Do not use infusion bags that have passed the expiry date or if the container is damaged.

Getting rid of any unwanted medicine

The infusion is for single use, and for one person only. Any unused portion must be discarded and not used later, either for you or anyone else.

If you no longer need to use this medicine or it is out of date, take it to any pharmacy for safe disposal.

Do not use this medicine after the expiry date.

6. Are there any side effects?

All medicines can have side effects. If you do experience any side effects, most of them are minor and temporary. However, some side effects may need medical attention.

See the information below and, if you need to, ask your doctor or pharmacist if you have any further questions about side effects.

Less serious side effects

Less serious side effects	What to do
<ul style="list-style-type: none"> fast heart rate stomach pain diarrhoea nausea loss of appetite vomiting pain, stinging, redness or swelling at injection site 	<p>Speak to your doctor if you have any of these less serious side effects and they worry you.</p>

Serious side effects

Serious side effects	What to do
<p>Allergic reaction-related:</p> <ul style="list-style-type: none"> fever and/or chills shortness of breath, wheezing or difficulty breathing skin rash <p>Fat overload-related:</p> <ul style="list-style-type: none"> unusual tiredness or weakness pale or yellowish skin and eyes (jaundice) easy bruising or bleeding (including nose or gum bleeds, tiny red spots, or large bruises) swelling or pain in the upper right belly (enlarged liver) nausea or vomiting more frequent infections confusion, drowsiness, or trouble staying awake (and, in severe cases, coma) <p>Others:</p> <ul style="list-style-type: none"> signs of liver problems such as dark coloured urine, light coloured stools or general itchiness. 	<p>Call your doctor straight away, or go straight to the Emergency Department at your nearest hospital if you notice any of these serious side effects.</p>

Tell your doctor or pharmacist if you notice anything else that may be making you feel unwell.

Other side effects not listed here may occur in some people.

Reporting side effects

After you have received medical advice for any side effects you experience, you can report side effects to the Therapeutic Goods Administration online at www.tga.gov.au/reporting-problems. By reporting side effects, you can help provide more information on the safety of this medicine.

Always make sure you speak to your doctor or pharmacist before you decide to stop taking any of your medicines.

7. Product details

This medicine is only available with a doctor's prescription.

What OLIMEL/PeriOLIMEL contains

<p>Active ingredients (main ingredients)</p>	<ul style="list-style-type: none"> 17 amino acids: alanine, arginine, aspartic acid, glutamic acid, glycine, histidine, isoleucine, leucine, lysine acetate, methionine, phenylalanine, proline, serine, threonine, tryptophan, tyrosine and valine Olive oil Soya oil Glucose monohydrate <p>In addition, PeriOLIMEL N4-600E and OLIMEL N5-860E, N7-960E, N9-840E and N12-640E contain the following salts (electrolytes):</p> <ul style="list-style-type: none"> Calcium chloride dihydrate Magnesium chloride hexahydrate Potassium chloride Sodium acetate trihydrate Sodium glycerophosphate hydrate
<p>Other ingredients (inactive ingredients)</p>	<ul style="list-style-type: none"> Egg lecithin (purified egg phosphatide) Glycerol Sodium oleate Sodium hydroxide/Glacial acetic acid/Hydrochloric acid (for pH adjustment) Water for injections
<p>Potential allergens</p>	<p>Egg lecithin, Soya oil</p>

Do not take this medicine if you are allergic to any of these ingredients. Cross allergic reaction has been observed between soybean and peanut.

What OLIMEL/PeriOLIMEL looks like

OLIMEL/PeriOLIMEL comes in a plastic bag composed of 3 compartments to be mixed before use. When mixed, the combined solution is milky white.

There are eight different strengths that contain different amounts of the ingredients:

Product name	Bag size(s), mL	AUST R
PeriOLIMEL N4-600E	1000, 1500, 2000, 2500	197419
OLIMEL N5-860E	1500, 2000, 2500	197417
OLIMEL N7-960	1000, 1500, 2000	197421

OLIMEL N7-960E	1000, 1500, 2000	197418
OLIMEL N9-840	1000, 1500, 2000	197416
OLIMEL N9-840E	1000, 1500, 2000	197420
OLIMEL N12-640	650, 1000, 1500, 2000	303755
OLIMEL N12-640E	650, 1000, 1500, 2000	303864

Not all products and/or bag sizes may be marketed.

Who distributes OLIMEL/PeriOLIMEL

Baxter Healthcare Pty Ltd

1 Baxter Drive

Old Toongabbie

NSW 2146

Australia

This leaflet was prepared in August 2025

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