

XYLOCAINE SPECIAL ADHESIVE ointment

Consumer Medicine Information (CMI) summary

The [full CMI](#) on the next page has more details. If you are worried about using this medicine, speak to your doctor or pharmacist.

1. Why am I using XYLOCAINE SPECIAL ADHESIVE?

XYLOCAINE SPECIAL ADHESIVE contains the active ingredient lidocaine. XYLOCAINE SPECIAL ADHESIVE is used in dentistry to prevent pain during scaling or injection and when fitting dentures. It is also used to relieve pain during the removal of baby teeth.

For more information, see Section [1. Why am I using XYLOCAINE SPECIAL ADHESIVE?](#) in the full CMI.

2. What should I know before I use XYLOCAINE SPECIAL ADHESIVE?

Do not use if you have ever had an allergic reaction to lidocaine, other local anaesthetics or any of the ingredients listed at the end of the CMI.

Talk to your doctor if you have any other medical conditions, take any other medicines, are pregnant or are breastfeeding.

For more information, see Section [2. What should I know before I use XYLOCAINE SPECIAL ADHESIVE?](#) in the full CMI.

3. What if I am taking other medicines?

Some medicines may interfere with XYLOCAINE SPECIAL ADHESIVE and affect how it works.

A list of these medicines is in Section [3. What if I am taking other medicines?](#) in the full CMI.

4. How do I use XYLOCAINE SPECIAL ADHESIVE?

- Your doctor, pharmacist or dentist will tell you how much ointment you should use. The dose depends on the size of the area and should be applied in a thin layer for adequate control of symptoms.
- More instructions can be found in Section [4. How do I use XYLOCAINE SPECIAL ADHESIVE?](#) in the full CMI.

5. What should I know while using XYLOCAINE SPECIAL ADHESIVE?

Things you should do	<ul style="list-style-type: none">Remind any doctor, dentist or pharmacist you visit that you are using XYLOCAINE SPECIAL ADHESIVE.
Things you should not do	<ul style="list-style-type: none">Do not eat or drink anything for at least 1 hour after using this medicine in the mouth or throat area.Do not use on open wounds or infected areas.Do not get XYLOCAINE SPECIAL ADHESIVE in your eyes.
Driving or using machines	<ul style="list-style-type: none">Be careful driving or operating machinery until you know how this medicine affects you. It may have a very mild effect on alertness and co-ordination. You may become drowsy and your reflexes may be slow.
Looking after your medicine	<ul style="list-style-type: none">Keep XYLOCAINE SPECIAL ADHESIVE ointment in a cool place where the temperature stays below 25°C.

For more information, see Section [5. What should I know while using XYLOCAINE SPECIAL ADHESIVE?](#) in the full CMI.

6. Are there any side effects?

Tell your doctor, pharmacist or dentist as soon as possible if you do not feel well while you are using XYLOCAINE SPECIAL ADHESIVE.

Some of the common side effects include skin rash or irritation, light headedness, dizziness, nervousness, blurred vision and drowsiness.

Some of the serious side effects include wheezing or difficulty breathing, chest pain, severe rash or itching and increased sweating.

For more information, including what to do if you have any side effects, see Section [6. Are there any side effects?](#) in the full CMI.

XYLOCAINE SPECIAL ADHESIVE ointment

Active ingredient: *lidocaine*

Consumer Medicine Information (CMI)

This leaflet provides important information about using XYLOCAINE SPECIAL ADHESIVE.

You should speak to your doctor or pharmacist if you would like further information or if you have any concerns or questions about using XYLOCAINE SPECIAL ADHESIVE.

Where to find information in this leaflet:

- [1. Why am I using XYLOCAINE SPECIAL ADHESIVE?](#)
- [2. What should I know before I use XYLOCAINE SPECIAL ADHESIVE?](#)
- [3. What if I am taking other medicines?](#)
- [4. How do I use XYLOCAINE SPECIAL ADHESIVE?](#)
- [5. What should I know while using XYLOCAINE SPECIAL ADHESIVE?](#)
- [6. Are there any side effects?](#)
- [7. Product details](#)

1. Why am I using XYLOCAINE SPECIAL ADHESIVE?

XYLOCAINE SPECIAL ADHESIVE contains the active ingredient lidocaine. It belongs to a group of medicines called local anaesthetics. It works by making nerves unable to pass messages to the brain.

XYLOCAINE SPECIAL ADHESIVE is used in dentistry to prevent pain during scaling or injection and when fitting dentures or orthodontic appliances. It is also used to relieve pain during the removal of baby teeth.

Ask your doctor or dentist if you have any questions about why XYLOCAINE SPECIAL ADHESIVE has been prescribed to you.

They may have prescribed it for another purpose.

This medicine is available without a doctor's prescription. It can be purchased at a pharmacy.

XYLOCAINE SPECIAL ADHESIVE is not addictive.

2. What should I know before I use XYLOCAINE SPECIAL ADHESIVE?

Warnings

Do not use XYLOCAINE SPECIAL ADHESIVE if:

- you are allergic to lidocaine, other local anaesthetics of the amide type or any of the ingredients listed at the end of this leaflet including other local anaesthetics e.g. bupivacaine or any other substances.
- Some symptoms of an allergic reaction may include a skin rash, hayfever, difficulty breathing or feeling faint.
- the expiry date printed on the pack has passed
- the packaging is torn or shows signs of tampering.

Check with your doctor if you:

- have or have had any of these medical conditions:
 - open wounds or infection in the mouth
 - epilepsy
 - heart, liver or kidney problems.

It may not be safe for you to use XYLOCAINE SPECIAL ADHESIVE if you have any of these conditions.

During treatment, you may be at risk of developing certain side effects. It is important you understand these risks and how to monitor for them. See additional information under Section [6. Are there any side effects?](#)

Pregnancy and breastfeeding

Do not use XYLOCAINE SPECIAL ADHESIVE if you are pregnant or breastfeeding unless your doctor or dentist says so. Ask them about the risks and benefits involved.

Lidocaine has been used widely during pregnancy and there have been no reports of any ill effects on the baby. Your baby can take in very small amounts of this medicine from breast milk if you are breastfeeding. It is unlikely that the amount available to the baby will do any harm.

3. What if I am taking other medicines?

Tell your doctor or dentist if you are taking any other medicines, including any medicines, vitamins or supplements that you buy without a prescription from your pharmacy, supermarket or health food shop.

Some medicines and XYLOCAINE SPECIAL ADHESIVE may interfere with each other. These include:

- medicines to treat irregular heartbeats.
- cimetidine

- phenytoin and other anti-epileptic drugs such as phenobarbitone, primidone and carbamazepine.

Your doctor or dentist can tell you what to do if you are taking any of these medicines.

4. How do I use XYLOCAINE SPECIAL ADHESIVE?

How much to use

Your doctor, pharmacist or dentist will tell you how much ointment you should use. The dose depends on the size of the area, your age and medical condition and should be applied in a thin layer for adequate control of symptoms.

Do not exceed the recommended dose or use this medicine for long periods except on the advice of your health professional.

ADULTS: the maximum single dose is 2.5 g. This is roughly equivalent to squeezing a 7.5 cm length of ointment from the tube. No more than 8.5-10 g of ointment should be used in any 24 hour period.

CHILDREN (< 12 YEARS): Do not use more than 0.05 g ointment/kg bodyweight as a single dose. No more than three doses should be used in any 24 hour period.

If you use too much XYLOCAINE SPECIAL ADHESIVE

If you use too much XYLOCAINE SPECIAL ADHESIVE or you use it too often, you may experience side effects such as feeling nervous, dizzy and develop blurred vision and tremor.

If you think that you have used excessive XYLOCAINE SPECIAL ADHESIVE, you may need urgent medical attention.

You should immediately:

- phone the Poisons Information Centre (by calling 13 11 26), or
- contact your doctor, or
- go to the Emergency Department at your nearest hospital.

You should do this even if there are no signs of discomfort or poisoning.

If you accidentally swallow XYLOCAINE SPECIAL ADHESIVE it is unlikely to cause any problems due to the small amount of lidocaine it contains. However, you may have a numb tongue and throat. This will wear off without treatment.

Do not eat or drink anything until your tongue feels normal again.

5. What should I know while using XYLOCAINE SPECIAL ADHESIVE?

Things you should do

See your doctor or dentist if pain and discomfort continue.

Things you should not do

- **Do not eat or drink anything for at least 1 hour after using XYLOCAINE SPECIAL ADHESIVE in the mouth or throat area.**

You may swallow your food down the wrong way or burn or bite your mouth.

- **Do not use XYLOCAINE SPECIAL ADHESIVE on open wounds or infected areas.**
- **Do not get XYLOCAINE SPECIAL ADHESIVE in your eyes.**

If any of the ointment does go in your eye, rinse immediately with lots of water for at least 15 minutes and call your doctor.

Driving or using machines

Be careful driving or operating machinery until you know how XYLOCAINE SPECIAL ADHESIVE affects you.

It may have a very mild effect on alertness and co-ordination. You may become drowsy, and your reflexes may be slow.

Looking after your medicine

Keep your XYLOCAINE SPECIAL ADHESIVE ointment in a cool place where the temperature stays below 25°C.

Do not store it or any other medicine in the bathroom or near a sink.

Heat and dampness can destroy some medicines.

Keep it where young children cannot reach it.

Do not leave it in the car on hot days.

When to discard your medicine

Ask your pharmacist what to do with any ointment you have left over.

6. Are there any side effects?

Tell your doctor, pharmacist or dentist as soon as possible if you do not feel well while you are using XYLOCAINE SPECIAL ADHESIVE.

XYLOCAINE SPECIAL ADHESIVE will help relieve pain and discomfort in most people, but it may have unwanted side-effects in a few people.

All medicines can have side effects. If you do experience any side effects, most of them are minor and temporary. However, some side effects may need medical attention.

See the information below and, if you need to, ask your health professional if you have any further questions about side effects.

Less serious side effects

Less serious side effects	What to do
<ul style="list-style-type: none">• skin rash or irritation• lightheadness, dizziness, nervousness• blurred vision• drowsiness.	Speak to your doctor, pharmacist or dentist if you have any of these mild side effects and they worry you.

Serious side effects

Serious side effects	What to do
<ul style="list-style-type: none">• wheezing or difficulty breathing• chest pain• severe rash or itching• increased sweating.	Call your doctor or go straight to the Emergency Department at your nearest hospital if you notice any of these serious side effects. You may need medical attention. Serious side effects are rare.

Tell your health professional if you notice anything else that may be making you feel unwell.

Other side effects not listed here may occur in some people.

Reporting side effects

After you have received medical advice for any side effects you experience, you can report side effects to the Therapeutic Goods Administration online at www.tga.gov.au/reporting-problems. By reporting side effects, you can help provide more information on the safety of this medicine.

7. Product details

This medicine is available without a doctor's prescription. It can be purchased at a pharmacy.

What XYLOCAINE SPECIAL ADHESIVE contains

Active ingredient (main ingredient)	<ul style="list-style-type: none">• lidocaine 100 mg/g
Other ingredients (inactive ingredients)	<ul style="list-style-type: none">• spearmint oil• carmellose sodium• propylene glycol• macrogol 300• macrogol 400• macrogol 1500.

Do not use this medicine if you are allergic to any of these ingredients.

What XYLOCAINE SPECIAL ADHESIVE looks like

XYLOCAINE SPECIAL ADHESIVE is a white to slightly yellow flavoured ointment. Available in a 15 g tube.

Australian Registration number: AUST R 12006

Who distributes XYLOCAINE SPECIAL ADHESIVE

Aspen Pharmacare Australia Pty Ltd
34-36 Chandos St
St Leonards NSW 2065
Australia

This leaflet was revised in July 2025.