

# GLENMARK MOMETASONE

*mometasone furoate 1 mg/g ointment*

## Consumer Medicine Information

### What is in this leaflet

This leaflet answers some common questions about GLENMARK MOMETASONE.

It does not contain all the available information.

It does not take the place of talking to your doctor or pharmacist.

All medicines have risks and benefits. Your doctor has weighed the risks of you using GLENMARK MOMETASONE against the benefits it is expected to have for you.

**If you have any concerns about taking this medicine, ask your doctor or pharmacist.**

**Keep this leaflet with the medicine.**

You may need to read it again.

### What GLENMARK MOMETASONE is used for

The name of your medicine is GLENMARK MOMETASONE. It contains the active ingredient called mometasone furoate. It is a type of cortisone and belongs to the group of medicines called corticosteroids. GLENMARK MOMETASONE is classified as a high potency topical corticosteroid.

GLENMARK MOMETASONE is used on the skin to relieve the redness, swelling, itching and discomfort of many skin problems such as:

- psoriasis
- eczema

- other types of dermatitis.

**Ask your doctor if you have any questions about why this medicine has been prescribed for you.**

Your doctor may have prescribed it for another reason.

A doctor's prescription is required for the 50 g tube of GLENMARK MOMETASONE ointment.

The 15 g tube can be purchased without a doctor's prescription.

### Before you use it

*When you must not use it*

**Do not use GLENMARK MOMETASONE if you have an allergy to:**

- any medicine containing mometasone furoate
- any other corticosteroid
- any of the ingredients listed at the end of this leaflet.

Some of the symptoms of an allergic reaction may include:

- shortness of breath
- wheezing or difficulty breathing
- swelling of the face, lips, tongue or other parts of the body
- rash, itching or hives on the skin.

**Do not use GLENMARK MOMETASONE if you have:**

- a viral skin infection (such as cold sores, shingles or chicken pox)
- a fungal skin infection (such as thrush, tinea or ringworm)
- tuberculosis of the skin
- acne rosacea

- inflammation around the mouth
- skin conditions with ulcers.

**Ask your doctor if you are not sure whether you have any of these conditions.**

**Do not use this medicine after the expiry date printed on the pack or if the packaging is torn or shows signs of tampering.**

If it has expired or is damaged, return it to your pharmacist for disposal.

**If you are not sure whether you should start using this medicine, talk to your doctor.**

*Before you start to use it*

**Tell your doctor or pharmacist if you have allergies to:**

- any other medicines
- any other substances, such as foods, dyes or preservatives.

**Tell your doctor if you are pregnant or plan to become pregnant or are breast-feeding.**

Your doctor can discuss with you the risks and benefits involved.

**Tell your doctor if you have any other medical conditions, especially if you have an infection.**

**If you have not told your doctor about any of the above, tell him/her before you start using GLENMARK MOMETASONE.**

*Using other medicines*

**Tell your doctor or pharmacist if you are using other ointments or taking any other medicines. This includes any that you get without a prescription from your pharmacy, supermarket or health food shop.**

Some medicines and GLENMARK MOMETASONE may interfere with each other.

---

## How to use it

---

### *How to use it*

**Apply a thin film of GLENMARK MOMETASONE ointment to the affected skin daily. Massage gently until it disappears.**

It is important to use GLENMARK MOMETASONE exactly as your doctor has told you. If you use it less often than you should, it may not work as well and your skin problem may not improve. Using it more often than you should may not improve your skin problem any faster and may cause or increase side effects.

### *How long to use it*

Do not use GLENMARK MOMETASONE for more than four weeks at a time unless your doctor tells you.

### *If you forget to use it*

If you forget to use GLENMARK MOMETASONE, use it as soon as you remember and then go back to your normal time for applying GLENMARK MOMETASONE.

**Do not try to make up for the amount you missed by using more than you would normally.**

### *If you swallow it*

**Immediately telephone your doctor or the Poisons Information Centre (telephone 13 11 26) for advice, or go to Accident and Emergency at your nearest hospital, if you think that you or anyone else may have swallowed GLENMARK MOMETASONE. Do this even if there are no signs of discomfort or poisoning.**

You may need urgent medical attention.

---

## While you are using it

---

### *Things you must do*

**Tell all doctors and pharmacists who are treating you that you are using GLENMARK MOMETASONE.**

**Tell your doctor if you feel that GLENMARK MOMETASONE is not helping your condition or if your skin condition worsens or appear to be infected.**

**Tell your doctor if, for any reason, you have not used GLENMARK MOMETASONE exactly as prescribed.**

Otherwise, your doctor may think that it was not effective and change your treatment unnecessarily.

### *Things you must not do*

**Do not use GLENMARK MOMETASONE under dressings or on large areas of skin unless your doctor tells you.**

**Do not use plastic pants or tight fitting nappies if GLENMARK MOMETASONE is to be used on the nappy area of young children.**

**Do not use GLENMARK MOMETASONE in or near the eyes.**

**Do not give GLENMARK MOMETASONE to anyone else even if their symptoms seem similar to yours.**

**Do not use GLENMARK MOMETASONE to treat other conditions unless your doctor tells you.**

Your doctor has prescribed GLENMARK MOMETASONE especially for you and your condition. If you use it for another condition, it may not work or make the condition worse.

### *Things to be careful of*

**Do not use large amounts for a long time.**

If you use large amounts for a long time, the chance of absorption through the skin and the chance of side effects increases.

**Only use GLENMARK MOMETASONE on skin areas that rub together such as under the arm or in the groin area if your doctor tells you.**

**Only use GLENMARK MOMETASONE on the face if your doctor tells you.**

**If improvement does not occur within one week, tell your doctor.**

---

## Side Effects

---

**Tell your doctor or pharmacist as soon as possible if you do not feel well while you are using GLENMARK MOMETASONE.**

This medicine helps most people with skin problems, but it may have unwanted side effects in a few people. All medicines can have side effects. Sometimes they are serious, most of the time they are not. You may need medical attention if you get some side effects.

**Do not be alarmed by the following lists of side effects. You may not experience any of them.**

**Ask your doctor or pharmacist to answer any questions you may have.**

GLENMARK MOMETASONE is generally well tolerated.

**Tell your doctor or pharmacist if you notice any of the following and they worry you:**

- itching
- burning
- tingling/stinging
- thinning of the skin
- appearance of small blood vessels on the surface on the skin
- stretch marks or streaks on the skin
- acne/pimples/lumps on the skin/blisters containing pus
- redness
- boils/abscesses
- dermatitis
- increased size of affected area/worsening of disease

- numbness
- dry skin
- inflamed hair roots
- eye problems e.g. cataracts, glaucoma and blurred vision.

**Tell your doctor or pharmacist if you notice anything that is making you feel unwell.**

Other side effects not listed above may also occur in some people.

Side effects that may happen with oral or injectables corticosteroids may also occur with corticosteroids used on the skin, especially in infants and children.

---

## After using it

---

### *Storage*

**Keep GLENMARK MOMETASONE in a cool dry place where the temperature stays below 25°C.**

**Do not refrigerate GLENMARK MOMETASONE.**

**Do not store GLENMARK MOMETASONE or any other medicine in the bathroom or near a sink. Do not leave it on a window sill or in the car.**

Heat and dampness can destroy some medicines.

**Keep it where children cannot reach it. Keep the medicine away from pets.**

A locked cupboard at least one-and-a-half meters above the ground is a good place to store medicines.

### *Disposal*

**If your doctor tells you to stop using this medicine or the expiry date has passed, ask your pharmacist what to do with any medicine that is left over.**

---

## Product Description

---

### *What it looks like*

GLENMARK MOMETASONE is a translucent, white, soft, uniform and smooth ointment. It is available in 15 g or 50 g aluminium tubes with a white piercing cap.

### *Ingredients*

GLENMARK MOMETASONE ointment contains mometasone furoate 1 mg/g as the active ingredient.

### *Inactive ingredients*

- white soft paraffin
- hexylene glycol
- white beeswax
- purified water
- propylene glycol monostearate
- phosphoric acid.

GLENMARK MOMETASONE ointment does not contain any preservatives.

---

## Sponsor

---

Glenmark Pharmaceuticals  
Australia Pty Ltd  
Suite 1503, Level 15  
14 Martin Place  
Sydney, NSW 2000

Australian registration number:  
AUST R 266268

Date of revision: November 2024  
2024