

ClinOleic

Consumer Medicine Information (CMI) summary

The [full CMI](#) on the next page has more details. If you are worried about using this medicine, speak to your doctor or pharmacist.

1. Why am I receiving ClinOleic?

ClinOleic is a nutrition source that a doctor or nurse gives you directly into your veins. It contains olive oil and soya oil in a sterile mixture (emulsion). ClinOleic is used as a source of energy and nutrition for people who cannot sufficiently consume food by mouth.

For more information, see Section [1. Why am I receiving ClinOleic?](#) in the full CMI.

2. What should I know before I receive ClinOleic?

Do not use if you have ever had an allergic reaction to any of the ingredients listed at the end of the CMI.

Talk to your doctor if you have any other medical conditions, take any other medicines, or are pregnant or plan to become pregnant or are breastfeeding.

For more information, see Section [2. What should I know before I receive ClinOleic?](#) in the full CMI.

3. What if I am taking other medicines?

Some medicines may interfere with ClinOleic and affect how it works.

A list of these medicines is in Section [3. What if I am taking other medicines?](#) in the full CMI.

4. How is ClinOleic given?

- Your doctor or nurse will give ClinOleic as a slow, continuous infusion into a vein. The drip usually runs around 12 to 24 hours. Your doctor can advise how long it will take.
- Your doctor will determine the amount of ClinOleic that is right for you. They will closely monitor your condition and your blood during treatment to ensure that you safely receive the right amount.
- More instructions can be found in Section [4. How is ClinOleic given?](#) in the full CMI.

5. What should I know while receiving ClinOleic?

| | |
|------------------------------------|---|
| Things you should do | <ul style="list-style-type: none">• Talk to your doctor about your progress on ClinOleic, especially if any complications occur during the first few days of therapy.• Remind any doctor, nurse, dentist or pharmacist you see that you are using ClinOleic. |
| Things you should not do | <ul style="list-style-type: none">• Do not stop using this medicine suddenly. |
| Driving or using machines | <ul style="list-style-type: none">• Be careful before you drive or use any machines or tools until you know how ClinOleic affects you. It is not known if ClinOleic affects the ability to drive or use machines or tools. |
| Looking after your medicine | <ul style="list-style-type: none">• This medicine is stored in the pharmacy or the hospital ward, kept below 25°C. Store in protective overwrap. Do not freeze. Protect from light.• Medical professionals handle and prepare it according to the manufacturer's instructions. |

For more information, see Section [5. What should I know while receiving ClinOleic?](#) in the full CMI.

6. Are there any side effects?

Immediate reactions: At the beginning of the infusion, you may experience allergic reactions with symptoms of sweating, shivering, pain in the face, head, or neck, or shortness of breath. If you experience any adverse effects, talk to your doctor, nurse, or pharmacist.

For more information, including what to do if you have any side effects, see Section [6. Are there any side effects?](#) in the full CMI.

ClinOleic

Active ingredient(s): *olive oil and soya oil*

Consumer Medicine Information (CMI)

This leaflet provides important information about using ClinOleic. **You should also speak to your doctor, nurse or pharmacist if you would like further information or if you have any concerns or questions about receiving ClinOleic.**

Where to find information in this leaflet:

- [1. Why am I receiving ClinOleic?](#)
- [2. What should I know before I receive ClinOleic?](#)
- [3. What if I am taking other medicines?](#)
- [4. How is ClinOleic given?](#)
- [5. What should I know while receiving ClinOleic?](#)
- [6. Are there any side effects?](#)
- [7. Product details](#)

1. Why am I receiving ClinOleic?

ClinOleic is a nutrition source that a doctor or nurse gives you directly into your veins.

ClinOleic contains olive oil and soya oil in a sterile mixture (emulsion).

ClinOleic is used as a source of energy and nutrition for people who cannot sufficiently consume food by mouth. It may be given with other nutrition solutions containing glucose and amino acids.

2. What should I know before I receive ClinOleic?

Warnings

Do not use ClinOleic if you:

- are allergic to **any** of the active or inactive ingredients listed at the end of this leaflet. Always check the ingredients to make sure you can use this medicine.
- have had an allergic reaction to egg-yolk containing foods, soybean products or peanut proteins
- have extremely high levels of fats (lipids and triglycerides) in the blood
- have problems with your body's metabolism that have not been fixed, such as:
 - lactic acidosis (too much lactic acid in the blood).
 - uncontrolled diabetes.
- have severe sepsis (an extreme and harmful response of your body to an infection)
- have severe liver disease
- have blood clotting problems
- have kidney disease
- have had or are having a heart attack

Check with your doctor if you:

- are fluid overloaded or overhydrated
- have diabetes
- have liver disease
- have any other medical conditions
- take any medicines for any other condition

During treatment, you may be at risk of developing certain side effects. It is important you understand these risks and how to monitor for them. See additional information under Section [6. Are there any side effects?](#)

Pregnancy and breastfeeding

Check with your doctor if you are pregnant or intend to become pregnant.

Talk to your doctor if you are breastfeeding or intend to breastfeed.

Use in children

ClinOleic must be used with caution in very small and premature infants.

The doctor will regularly monitor your child's progress whilst on ClinOleic. Please ask your doctor about the benefits and risks in these cases.

3. What if I am taking other medicines?

Tell your doctor or pharmacist if you are taking any other medicines, including any medicines, vitamins or supplements that you buy without a prescription from your pharmacy, supermarket or health food shop.

- ClinOleic may affect how medicines such as warfarin work.

Check with your doctor or pharmacist if you are not sure about what medicines, vitamins or supplements you are taking and if these affect ClinOleic.

4. How is ClinOleic given?

How ClinOleic is given

- Your doctor or nurse will give ClinOleic as a slow, continuous infusion (drip) into a vein.
- The drip usually runs for about 12 to 24 hours. Your doctor can advise how long it will take.
- ClinOleic is usually given in a hospital, clinic or nursing home. The infusion requires special equipment and medical training. You may receive it at home if your doctor has arranged for it.

- Your doctor may mix ClinOleic with other nutrition solutions, such as glucose and amino acids, and give them in the same infusion session.

How much is given

- Your doctor will determine the amount of ClinOleic that's right for you.
- Your doctor will closely monitor your condition, as well as your blood and urine, during treatment to make sure you are receiving the correct amount.
- Your doctor may need to adjust your dose depending on your response.
- Your doctor will decide when to stop giving you ClinOleic.

If you receive too much ClinOleic

The doctor or nurse giving you ClinOleic is experienced in using this sort of medicine, so it is unlikely that you will be given an overdose.

If you think that you have received too much ClinOleic, you may need urgent medical attention.

You should immediately:

- phone the Poisons Information Centre (by calling 13 11 26), or
- contact your doctor, or
- go to the Emergency Department at your nearest hospital.

You should do this even if there are no signs of discomfort or poisoning.

5. What should I know while receiving ClinOleic?

Things you should do

Talk to your doctor about your progress on ClinOleic, especially if any complications occur during the first few days of therapy.

Your doctor may need to monitor your condition, as well as your laboratory tests, closely.

As ClinOleic is normally given in a hospital, your nurse may take records of your progress and any unexpected reactions.

Remind any doctor, nurse, dentist or pharmacist you see that you are using ClinOleic.

Things you should not do

- Do not stop using this medicine suddenly

Driving or using machines

Be careful before you drive or use any machines or tools until you know how ClinOleic affects you.

It is not known if ClinOleic affects the ability to drive or use machines or tools.

Looking after your medicine

- This medicine is stored in the pharmacy or the hospital ward, kept below 25°C.
- Store in protective overwrap. Do not freeze. Protect from light.

Medical professionals handle and prepare it according to the manufacturer's instructions.

Getting rid of any unwanted medicine

ClinOleic is for single use, and for one person only. Your doctor or nurse will discard any unused ClinOleic. They will not save unused portions for later, either for you or anyone else.

6. Are there any side effects?

All medicines can have side effects. If you do experience any side effects, most of them are minor and temporary. However, some side effects may need medical attention.

See the information below and, if you need to, ask your doctor or pharmacist if you have any further questions about side effects.

Less serious side effects

| Less serious side effects | What to do |
|--|---|
| <p>Digestive system:</p> <ul style="list-style-type: none"> nausea vomiting diarrhoea abdominal pain <p>Muscles and bones:</p> <ul style="list-style-type: none"> back pain muscle spasms <p>Others:</p> <ul style="list-style-type: none"> itching unusual weakness hot flush generally feeling unwell passing large amounts of urine excessive thirst dry mouth and skin low blood pressure | <p>Speak to your doctor if you have any of these less serious side effects and they worry you.</p> |

Serious side effects

| Serious side effects | What to do |
|---|--|
| <p>Allergic reaction-related</p> <ul style="list-style-type: none"> sweating shivering pain in the face, head, or neck (cephalgia) shortness of breath rash | <p>Call your doctor straight away, or go straight to the Emergency Department at your nearest</p> |

| | |
|--|---|
| <ul style="list-style-type: none"> • chest pain • fast or slow heartbeat • swelling of the face, lips or mouth, causing breathing difficulties. <p>Bone-related:</p> <ul style="list-style-type: none"> • joint pain and stiffness (a possible sign of bone death) <p>Infection-related</p> <ul style="list-style-type: none"> • signs of sepsis (an extreme immune response to infection) which may include: <ul style="list-style-type: none"> • fever or low temperature and shivering • confusion • difficulty breathing • convulsions <p>Liver and kidney-related:</p> <ul style="list-style-type: none"> • yellowing of the skin and eyes • dark coloured urine | <p>hospital if you notice any of these serious side effects.</p> |
|--|---|

Tell your doctor or pharmacist if you notice anything else that may be making you feel unwell.

Other side effects not listed here may occur in some people.

Reporting side effects

After you have received medical advice for any side effects you experience, you can report side effects to the Therapeutic Goods Administration online at www.tga.gov.au/reporting-problems. By reporting side effects, you can help provide more information on the safety of this medicine.

Always make sure you speak to your doctor or pharmacist before you decide to stop taking any of your medicines.

7. Product details

This medicine is only available with a doctor's prescription.

What ClinOleic contains

| | |
|---|---|
| Active ingredients (main ingredients) | <ul style="list-style-type: none"> • Olive oil (refined) • Soya oil (refined) |
| Other ingredients (inactive ingredients) | Egg lecithin, glycerol, sodium oleate, water for injections and ascorbyl palmitate. |
| Potential allergens | Egg lecithin, soya oil |

Do not take this medicine if you are allergic to any of these ingredients. Cross allergic reaction has been observed between soybean and peanut.

What ClinOleic looks like

ClinOleic is a milky white emulsion packaged in a plastic bag (with a protective overwrap).

- ClinOleic 20% is available in sizes of 100mL, 250 mL, 350ml, 500mL and 1000mL. (Aust R 97537)

Not all pack sizes may be marketed.

ClinOleic 20% packaged in a glass bottle (Aust R 97538) is no longer available.

Who distributes ClinOleic

Baxter Healthcare Pty Ltd

1 Baxter Drive

Old Toongabbie

NSW 2146

Australia

This leaflet was prepared in September 2025

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