Sumatriptan Migraine Relief

Consumer Medicine Information (CMI) summary

The full CMI on the next page has more details. If you are worried about using this medicine, speak to your doctor or pharmacist.

1. Why am I using Sumatriptan Migraine Relief?

Sumatriptan Migraine Relief contains the active ingredient sumatriptan (as succinate). It is used for the acute relief of migraine in patients who have a stable, well-established pattern of symptoms. Symptoms include nausea, vomiting and sensitivity to light & sound.

For more information, see Section 1. Why am I using Sumatriptan Migraine Relief? in the full CMI.

2. What should I know before I use Sumatriptan Migraine Relief?

Do not use if you have ever had an allergic reaction to sumatriptan (as succinate), lactose or any of the other ingredients listed at the end of the CMI.

Talk to your doctor if you have any other medical conditions, take any other medicines, or are pregnant, plan to become pregnant or are breastfeeding.

For more information, see Section 2. What should I know before I use Sumatriptan Migraine Relief? in the full CMI.

3. What if I am taking other medicines?

Some medicines may interfere with Sumatriptan Migraine Relief and affect how it works.

A list of these medicines is in Section 3. What if I am taking other medicines? in the full CMI.

4. How do I use Sumatriptan Migraine Relief?

- The usual recommended dose for adults aged 18 to 65 years is 50 mg (one tablet). If the first tablet helps your migraine, but the migraine comes back later, you may take another 50 mg tablet. Wait at least two hours after the first tablet was taken.
- Swallow the tablets whole with a glass of water. It does not matter if you take the tablet before or after food.

More instructions can be found in Section 4. How do I use Sumatriptan Migraine Relief? in the full CMI.

5. What should I know while using Sumatriptan Migraine Relief?

Things you should do	• Remind any doctor, dentist or pharmacist you visit that you are using Sumatriptan Migraine Relief. • Tell your doctor if you feel heaviness, pressure or tightness in any part of the body including the chest or throat.
Things you should not do	• Do not give Sumatriptan Migraine Relief to anyone else, even if their symptoms seem similar to yours. • Do not take more than 100 mg (2 tablets) in any 24-hour period. • Do not take any more Sumatriptan Migraine Relief if the first dose has not provided any relief from your symptoms.
Driving or using machines	• Be careful before you drive or use any machines or tools until you know how Sumatriptan Migraine Relief affects you.
Looking after your medicine	• Store in a cool dry place protected from light, where the temperature stays below 25 °C. • Keep Sumatriptan Migraine Relief tablets in their pack until it is time to take them

For more information, see Section 5. What should I know while using Sumatriptan Migraine Relief? in the full CMI.

6. Are there any side effects?

There are a number of side effects associated with this medicine. It is important to be aware of them so that you can identify any symptoms if they occur.

Less serious side effects include nausea, vomiting, shaking, pain, tingling, heat or cold, flushing in any part of the body. Serious side effects include convulsions, pain in the lower tummy, irregular heartbeat, and feeling heavy or tightness in any part of the body including the chest or throat.

For more information, including what to do if you have any side effects, see Section 6. Are there any side effects? in the full CMI.

Sumatriptan Migraine Relief

Active ingredient: *Sumatriptan succinate*

Consumer Medicine Information (CMI)

This leaflet provides important information about using Sumatriptan Migraine Relief. **You should also speak to your doctor or pharmacist if you would like further information or if you have any concerns or questions about using Sumatriptan Migraine Relief.**

Where to find information in this leaflet:

1. Why am I using Sumatriptan Migraine Relief?
2. What should I know before I use Sumatriptan Migraine Relief?
3. What if I am taking other medicines?
4. How do I use Sumatriptan Migraine Relief?
5. What should I know while using Sumatriptan Migraine Relief?
6. Are there any side effects?
7. Product details

1. Why am I using Sumatriptan Migraine Relief?

Sumatriptan Migraine Relief contains the active ingredient sumatriptan (as succinate), which belongs to a group of medicines called serotonin agonists.

Sumatriptan Migraine Relief is used for the acute relief of migraine in patients who have a stable, well-established pattern of symptoms. Symptoms include nausea, vomiting and sensitivity to light & sound.

Sumatriptan Migraine Relief should not be used to prevent migraine attacks from occurring.

Migraine headache is likely due to widening of certain blood vessels in the head. Sumatriptan Migraine Relief work by making those vessels normal again and so easing the symptoms of migraine.

Sumatriptan Migraine Relief does not work in other types of headaches which are not a migraine.

2. What should I know before I use SUMATRIPTAN MIGRAINE RELIEF?

Warnings

Do not use Sumatriptan Migraine Relief if:

- you are allergic to sumatriptan succinate, lactose, or any of the other ingredients listed at the end of this leaflet.
- you have or have had:
  - Heart disease or heart attack
  - Shortness of breath, pain or tightness in the chest, jaw or upper arm
  - Peripheral vascular disease (pain in the back of the legs) or are prone to cold, tingling or numb hands and feet
  - Prinzmetal's angina (an uncommon form of angina where pain is experienced at rest rather than during activity)
  - Angina
  - Uncontrolled high blood pressure
  - Severe liver disease
- you have taken any of these medicines in the last 24 hours:
  - Ergotamine, e.g. Cafergot
  - Dihydroergotamine, e.g. Dihydergot
  - Methysergide, e.g. Deseril
  - Naratriptan, e.g. Naramig
  - Zolmitriptan, e.g. Zomig
- you have taken any of the following medicines used to treat depression in the last two weeks:
  - Monoamine oxidase inhibitors (MAOIs)
  - SSRIs (Selective Serotonin Reuptake Inhibitors) or SNRIs (Serotonin-noradrenaline reuptake inhibitors)
- the expiry date printed on the pack has passed
- the packaging is torn or shows signs of tampering

Check with your doctor or pharmacist if you:

- Are allergic to foods, dyes, preservatives or any other medicines including any that contain sulfur e.g. sulfonamide antibiotics.
- Are taking or have taken medicines in the last two weeks including medicines you buy without a prescription, particularly containing St John's Wort and medicines prescribed for depression.
- Have any other medical conditions:
  - Liver or kidney problems
  - Heart problems or a stroke
  - Risk factors including high blood pressure even if it is under control
  - High blood cholesterol levels
  - A family history of heart problems
  - Obesity
  - Diabetes
  - You are a male and over 40 years of age
  - You are female and have undergone menopause
  - You smoke
  - Suffer from epilepsy, seizures, or fits or been told that you are prone to this problem

During treatment, you may be at risk of developing certain side effects. It is important you understand these risks and how to monitor for them. See additional information under Section 6. Are there any side effects?

Pregnancy and breastfeeding

Check with your doctor or pharmacist if you are pregnant or intend to become pregnant.

Talk to your doctor or pharmacist if you are breastfeeding or intend to breastfeed.

3. What if I am taking other medicines?

Tell your doctor or pharmacist if you are taking any other medicines, including any medicines, vitamins or supplements that you buy without a prescription from your pharmacy, supermarket or health food shop.

Some medicines may interfere with Sumatriptan Migraine Relief and affect how well it works.

Check with your doctor or pharmacist if you are not sure about what medicines, vitamins or supplements you are taking and if these affect Sumatriptan Migraine Relief.

4. How do I use Sumatriptan Migraine Relief?

How much to take

The recommended dose for adult aged 18 to 65 years is 50 mg (one tablet).

If the first tablet helps your migraine, but the migraine comes back later, you may take another 50 mg tablet.

Wait at least two hours after the first tablet was taken.

Do not take more than 2 tablets (100 mg) in any twenty four hour period.
Do not take more Sumatriptan Migraine Relief tablets, or any other form of sumatriptan, if the first dose has not provided any relief from your symptoms.

You may take your usual headache relief medication provided it does not contain ergotamine or methysergide.

If you are not sure what to do, ask your doctor or pharmacist.

If your migraine is not relieved by Sumatriptan Migraine Relief tablets, you may use Sumatriptan Migraine Relief tablets on another occasion to treat another migraine attack.

When to take Sumatriptan Migraine Relief

It is best to take Sumatriptan Migraine Relief tablets when the migraine headache begins; or when other symptoms of the migraine begin, such as nausea, vomiting, and sensitivity to light and sound.

Do not take Sumatriptan Migraine Relief tablets before the above symptoms occur.

If you take your tablet later during the migraine attack, and not at the beginning as recommended, it may still work for you.

It does not matter whether you take the tablets before or after food.

How to take Sumatriptan Migraine Relief

Swallow the tablet whole with a drink of water. Do not crush or chew the tablet.

If you use too much Sumatriptan Migraine Relief

If you think that you have used too much Sumatriptan Migraine Relief, you may need urgent medical attention.

You should immediately:

- phone the Poisons Information Centre (**by calling 13 11 26**), or
- contact your doctor, or
- go to the Emergency Department at your nearest hospital.

You should do this even if there are no signs of discomfort or poisoning.

5. What should I know while using Sumatriptan Migraine Relief?

Things you should do

Tell your doctor if, for any reason, you have not taken your medicine exactly as directed
Otherwise, your doctor or pharmacist may think that it is not working and change your treatment unnecessarily.

If you are about to be started on any new medicine, tell your doctor that you are taking Sumatriptan Migraine Relief.

Things you should not do

Do not give Sumatriptan Migraine Relief to anyone else, even if their symptoms seem similar to yours.

Do not take any more Sumatriptan Migraine Relief tablets if the first dose has not provided any relief from your symptoms.

Do not take more than 100 mg (2 tablets) in any 24-hour period.

Driving or using machines

Be careful before you drive or use any machines or tools until you know how Sumatriptan Migraine Relief affects you.

This medicine may cause drowsiness in some people.

Drinking alcohol

Tell your doctor or pharmacist if you drink alcohol.

Looking after your medicine

Store Sumatriptan Migraine Relief tablets in a cool, dry place where the temperature stays below 25 °C.

Do not store it:

- in the bathroom or near a sink, or
- in the car or on window sills.

Keep it where young children cannot reach it.

Getting rid of any unwanted medicine

If you no longer need to use this medicine or it is out of date, take it to any pharmacy for safe disposal.

6. Are there any side effects?

All medicines can have side effects. If you do experience any side effects, most of them are minor and temporary. However, some side effects may need medical attention.

See the information below and, if you need to, ask your doctor or pharmacist if you have any further questions.

Less serious side effects

Less serious side effects	What to do
• Pain, tingling, heat or flushing in any part of the body • Feeling of sleepiness, dizziness or tiredness. • Nausea (feeling sick) or vomiting • A change in blood pressure: • Hay fever • Shaking or tremors or uncontrolled movements • Shortness of breath	**Speak to your doctor or pharmacist if you have any of these less serious side effects and they worry you.**

Serious side effects

Serious side effects	What to do
• Feel heavy, pressure or tightness in any part of the body including the chest or throat • Irregular heartbeats • Convulsion or fits • Problems with eyesight • Pain in the lower tummy and bloody diarrhoea • Persistent purple discolouration and/or pain in the fingers, toes, ears, nose or jaw in response to cold **Signs of serious allergic reaction:** • wheezing, swelling of the lips/mouth • difficulty in breathing • lumpy rash (hives) • Fainting	**Call your doctor straight away, or go straight to the Emergency Department at your nearest hospital if you notice any of these serious side effects.**

Tell your doctor or pharmacist if you notice anything else that may be making you feel unwell.

Other side effects not listed here may occur in some people.

Reporting side effects

After you have received medical advice for any side effects you experience, you can report side effects to the Therapeutic Goods Administration online at www.tga.gov.au/reporting-problems. By reporting side effects, you can help provide more information on the safety of this medicine.

7. Product details

This medicine is available over-the-counter without a doctor's prescription.

What Sumatriptan Migraine Relief contains

Active ingredient (main ingredient)	Sumatriptan succinate
Other ingredients (inactive ingredients)	• Croscarmellose sodium • Hypromellose • Iron oxide red • Lactose monohydrate • Magnesium stearate • Microcrystalline cellulose • Titanium dioxide • Triacetin
Potential allergens	Lactose

Do not take this medicine if you are allergic to any of these ingredients.

What Sumatriptan Migraine Relief looks like

Sumatriptan Migraine Relief 50 mg film-coated tablet is a pink-coloured, capsule-shaped, biconvex tablet, plain on both sides. Pack size of 2 tablets (Aust R 372451).

Who distributes Sumatriptan Migraine Relief

Sandoz Pty Ltd
100 Pacific Highway
North Sydney, NSW 2060
Australia

Tel 1800 726 369

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