

Isordil Sublingual tablets

Consumer Medicine Information (CMI) summary

The [full CMI](#) on the next page has more details. If you are worried about using this medicine, speak to your doctor or pharmacist.

1. Why am I using Isordil?

Isordil Sublingual tablets contains the active ingredient isosorbide dinitrate. Isordil is used to treat and prevent angina attacks.

For more information, see Section [1. Why am I using Isordil?](#) in the full CMI.

2. What should I know before I use Isordil?

Do not use if you have ever had an allergic reaction to Isordil or any of the ingredients listed at the end of the CMI.

Talk to your doctor if you have any other medical conditions, take any other medicines, or are pregnant or plan to become pregnant or are breastfeeding.

For more information, see Section [2. What should I know before I use Isordil?](#) in the full CMI.

3. What if I am taking other medicines?

Some medicines may interfere with Isordil and affect how it works.

A list of these medicines is in Section [3. What if I am taking other medicines?](#) in the full CMI.

4. How do I use Isordil?

- Place 1 or 2 tablets under tongue at first signs of an anginal attack
- If angina not relieved call doctor or nearest hospital immediately

More instructions can be found in Section [4. How do I use Isordil ?](#) in the full CMI.

5. What should I know while using Isordil?

Things you should do	<ul style="list-style-type: none">• Remind any doctor, dentist or pharmacist you visit that you are using Isordil.• Visit doctor regularly and tell your doctor if angina attacks are getting worse or more frequent
Things you should not do	<ul style="list-style-type: none">• Chew or crush tablet.• If you have been taking Isordil regularly for some time, do not stop taking suddenly
Driving or using machines	<ul style="list-style-type: none">• Be careful until you know how Isordil affects you.
Drinking alcohol	<ul style="list-style-type: none">• May increase dizziness or faintness
Looking after your medicine	<ul style="list-style-type: none">• Store below 30°C in a cool dry place

For more information, see Section [5. What should I know while using Isordil?](#) in the full CMI.

6. Are there any side effects?

More common side effects are: headache, dizziness light headedness or feeling faint. Serious side effects; severe drops in blood pressure and increased heart rate.

For more information, including what to do if you have any side effects, see Section [6. Are there any side effects?](#) in the full CMI.

Isordil Sublingual tablets

Active ingredient(s): *Isosorbide dinitrate*

Consumer Medicine Information (CMI)

This leaflet provides important information about using Isordil Sublingual tablets. **You should also speak to your doctor or pharmacist if you would like further information or if you have any concerns or questions about using Isordil.**

Where to find information in this leaflet:

- [1. Why am I using Isordil?](#)
- [2. What should I know before I use Isordil?](#)
- [3. What if I am taking other medicines?](#)
- [4. How do I use Isordil?](#)
- [5. What should I know while using Isordil?](#)
- [6. Are there any side effects?](#)
- [7. Product details](#)

1. Why am I using Isordil?

Isordil contains the active ingredient isosorbide dinitrate. Isordil is part of a group of medicines called nitrates and works by opening up blood vessels which allows more blood and oxygen to reach the heart .

Isordil is used to treat and prevent angina attacks.

Isordil may also be helpful in the treatment of some types of heart failure.

2. What should I know before I use Isordil?

Warnings

Do not use Isordil if:

- you are allergic to isosorbide dinitrate, or any of the ingredients listed at the end of this leaflet, or any medication or food containing nitrates or nitrites.

Symptoms of an allergic reaction may include skin rash, itching or hives on the skin, swelling of the face, lips, tongue or other parts of the body, shortness of breath, wheezing or troubled breathing, hay fever, and feeling faint.

- You have any of the following conditions.
 - certain types of heart or vascular disease
 - very low blood pressure
 - anaemia
 - pregnant or breast feeding, unless advised otherwise by your doctor
- Always check the ingredients to make sure you can use this medicine.
- You are a child. Isordil is not recommended for use in children

Check with your doctor if you:

- have any other medical conditions
 - heart, liver or kidney disease
 - blood disorders or hardening of the arteries
 - low blood pressure
 - if you have recently had a heart attack, stroke or head injury
 - hypothyroidism, hypothermia, malnutrition or angle closure glaucoma
 - other medical conditions
- take any medicines for any other condition

During treatment, you may be at risk of developing certain side effects. It is important you understand these risks and how to monitor for them. See additional information under Section [6. Are there any side effects?](#)

Pregnancy and breastfeeding

Do not use Isordil if pregnant or breast feeding unless your doctor has advised you can

Check with your doctor if you are pregnant or intend to become pregnant.

3. What if I am taking other medicines?

Tell your doctor or pharmacist if you are taking any other medicines, including any medicines, vitamins or supplements that you buy without a prescription from your pharmacy, supermarket or health food shop.

Some medicines may interfere with Isordil and affect how it works.

These include

- medications for high blood pressure and other heart medications
- tranquillisers/sedatives
- medications for arthritis
- medications for depression

These medicines may affect the way Isordil works.

Your doctor or pharmacist can tell you what to do if you are taking any of these medicines.

Do not start to take any other medicine unless prescribed or approved by your doctor.

Check with your doctor or pharmacist if you are not sure about what medicines, vitamins or supplements you are taking and if these affect Isordil.

4. How do I use Isordil?

How much to take / use

- At the first signs of an anginal attack, place one or two tablets under your tongue. If your angina is not relieved after taking these tablets you should call your doctor or nearest hospital immediately.

Your may doctor may recommend a different dose for you. Elderly patients may need a lower dose

- Heart failure: follow your doctors instructions for the recommended dosage

When to take / use Isordil

- Isordil should be used at the first sign of angina attack

If you forget to use Isordil

Isordil when prescribed for treatment of angina is not taken at a set time each day.

For other heart failure conditions is may be prescribed to be taken at a regular time

If it is almost time for your next dose, skip the dose you missed and take your next dose when you are meant to.

Do not take a double dose to make up for the dose you missed.

If you use too much Isordil

If you think that you have used too much Isordil, you may need urgent medical attention.

If you take too many Isordil tablets, you may experience a headache, become flushed, experience cold sweats, nausea, vomiting, very low blood pressure and a fast heartbeat

You should immediately:

- phone the Poisons Information Centre (by calling 13 11 26), or
- contact your doctor, or
- go to the Emergency Department at your nearest hospital.

You should do this even if there are no signs of discomfort or poisoning.

5. What should I know while using Isordil ?

Things you should do

Visit your doctor regularly for a check up and always discuss with your doctor any problems you have with Isordil tablets.

Tell your doctor immediately if your angina attacks are getting worse or more frequent whilst using Isordil.

Take Isordil as your doctor has prescribed.

Keep enough tablets to last weekends and holidays.

If you do happen to run out, Isordil can be purchased from a pharmacy without a prescription.

Before having any type of surgery, tell your doctor or anaesthetist you are taking Isordil.

If a headache occurs after taking Isordil, pain relievers are recommended. The headache usually disappears on continual therapy with Isordil. **If the headache persists, contact your doctor.**

Call your doctor straight away if your:

- angina is not relieved after taking these tablets you should call your doctor or nearest hospital immediately.

Remind any doctor, dentist or pharmacist you visit that you are using Isordil.

Things you should not do

- If you have been taking Isordil regularly for some time, do not suddenly stop taking it as this may bring on an angina attack.
- Check with your doctor for the best way to slowly reduce the amount of Isordil you are taking before stopping completely.
- **Crush or chew the tablets.**
- Do not give this medicine to anyone else.
- Do not take any other medicines unless you have discussed this with your doctor or pharmacist. This includes medicines you can buy without a prescription from a pharmacy, supermarket or health food shop.

Things to be careful of

- Get up slowly when getting out of bed or standing up from a sitting position if you feel light-headed, dizzy or faint. You may feel light-headed or dizzy or faint when you begin to take Isordil. This is because your blood pressure is falling suddenly. Standing up slowly, especially when you get up from bed or chairs, will help your body get used to the change in position and blood pressure. The problem usually goes away after the first few doses
- Even though you may feel better when you start taking Isordil, be careful to avoid excessive physical activities.

Driving or using machines

Be careful before you drive or use any machines or tools until you know how Isordil affects you.

Drinking alcohol

Tell your doctor if you drink alcohol.

Alcohol may cause any dizziness or faintness to be worse.

Looking after your medicine

- Store below 30°C.

Follow the instructions in the carton on how to take care of your medicine properly.

Keep your Isordil tablets in the bottle until it is time to take them.

If you take the tablets out of the bottle they will not keep well.

Store it in a cool dry place away from moisture, heat or sunlight; for example, do not store it:

- in the bathroom or near a sink, or
- in the car or on window sills.

Keep it where young children cannot reach it.

Getting rid of any unwanted medicine

If you no longer need to use this medicine or it is out of date, take it to any pharmacy for safe disposal.

Do not use this medicine after the expiry date.

6. Are there any side effects?

Isordil helps most people with angina, but it may have unwanted side effects in some people.

All medicines can have side effects. If you do experience any side effects, most of them are minor and temporary. However, some side effects may need medical attention.

See the information below and, if you need to, ask your doctor or pharmacist if you have any further questions about side effects.

Less serious side effects

Less serious side effects	What to do
<ul style="list-style-type: none">• headache (temporary or persistent)• dizziness, light-headedness, or feeling faint, especially when getting up from sitting or lying down <p>Less common</p> <ul style="list-style-type: none">• flushing• swollen hands and feet• skin rash and flaking of the skin• anaemia• increase in your heart rate• hypoxaemia (low blood oxygen levels)]	<p>Speak to your doctor if you have any of these less serious side effects and they worry you.</p>

Serious side effects

Serious side effects	What to do
<p>Cardiovascular</p> <ul style="list-style-type: none">• severe drops in blood pressure and an increase in your heart rate	<p>Call your doctor straight away, or go straight to the Emergency Department at</p>

<ul style="list-style-type: none">• sensitive patients may experience a decrease in blood flow, which could damage your heart or result in heart failure.	<p>your nearest hospital if you notice any of these serious side effects.</p>
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Tell your doctor or pharmacist if you notice anything else that may be making you feel unwell.

Other side effects not listed here may occur in some people.

Reporting side effects

After you have received medical advice for any side effects you experience, you can report side effects to the Therapeutic Goods Administration online at www.tga.gov.au/reporting-problems. By reporting side effects, you can help provide more information on the safety of this medicine.

Always make sure you speak to your doctor or pharmacist before you decide to stop taking any of your medicines.

7. Product details

This medicine is only available with a doctor's prescription.

What Isordil contains

Active ingredient (main ingredient)	Each tablet contains 5 mg isosorbide dinitrate
Other ingredients (inactive ingredients)	<ul style="list-style-type: none">• lactose monohydrate• starch• magnesium stearate• microcrystalline cellulose• Erythrosine Lake CI 45430 colouring agent
Potential allergens	Contains sugars as lactose

Do not take this medicine if you are allergic to any of these ingredients.

What Isordil Sublingual tablets looks like

Isordil 5mg Sublingual tablets are pink round tablets, supplied in a bottle containing 100 tablets ... (Aust R 12957).

Who distributes Isordil Sublingual tablets

Arrotex Pharmaceuticals Pty Ltd
15-17 Chapel Street
Cremorne VIC 3121
www.arrotex.com.au

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