

Blooms Rosuvastatin

Consumer Medicine Information (CMI) summary

The [full CMI](#) on the next page has more details. If you are worried about using this medicine, speak to your doctor or pharmacist.

1. Why am I taking Blooms Rosuvastatin?

Blooms Rosuvastatin contains the active ingredient rosuvastatin calcium. Blooms Rosuvastatin is used to lower high cholesterol levels. Even though you may have normal cholesterol, Blooms Rosuvastatin can also be used to reduce the risk of you having a stroke or heart attack. For more information, see Section [1. Why am I taking Blooms Rosuvastatin?](#) in the full CMI.

2. What should I know before I take Blooms Rosuvastatin?

Do not take if you have ever had an allergic reaction to Blooms Rosuvastatin or any of the ingredients listed at the end of the CMI, or if you become pregnant while you are taking Blooms Rosuvastatin. **Talk to your doctor if you have any other medical conditions, take any other medicines, or are pregnant or plan to become pregnant or are breastfeeding.** For more information, see Section [2. What should I know before I take Blooms Rosuvastatin?](#) in the full CMI.

3. What if I am taking other medicines?

Some medicines may interfere with Blooms Rosuvastatin and affect how it works. A list of these medicines is in Section [3. What if I am taking other medicines?](#) in the full CMI.

4. How do I take Blooms Rosuvastatin?

- The usual dose is 5 mg to 20 mg taken once daily, but some patients may need to increase this to 40 mg once daily. Your doctor will monitor your cholesterol and triglyceride levels during your treatment and, if needed, may increase your dose.
- Swallow each tablet whole with a drink of water. You can take your tablet at any time of the day, with or without food. More instructions can be found in Section [4. How do I take Blooms Rosuvastatin?](#) in the full CMI.

5. What should I know while taking Blooms Rosuvastatin?

Things you should do	<ul style="list-style-type: none">• Remind any doctor, dentist or pharmacist you visit that you are taking Blooms Rosuvastatin.• Have your blood cholesterol and triglycerides checked when your doctor says so.• Stop taking Blooms Rosuvastatin and seek medical attention immediately if you experience any of the serious side effects listed in Section 6 in the full CMI.
Things you should not do	<ul style="list-style-type: none">• Do not stop taking Blooms Rosuvastatin unless you have discussed it with your doctor.
Driving or using machines	<ul style="list-style-type: none">• Be careful driving a car or operating machinery as Blooms Rosuvastatin may cause dizziness in some people.
Drinking alcohol	<ul style="list-style-type: none">• Excessive alcohol consumption may not be safe in patients taking Blooms Rosuvastatin.
Looking after your medicine	<ul style="list-style-type: none">• Keep your tablets in the blister pack until it is time to take them. Store your medicine in a cool dry place below 25°C. Keep your medicine where children cannot reach it.• Protect from light.

For more information, see Section [5. What should I know while taking Blooms Rosuvastatin?](#) in the full CMI.

6. Are there any side effects?

The most common side effects of Blooms Rosuvastatin are headache, constipation, dizziness, nausea, stomach pain, unusual tiredness or a general feeling of weakness, muscle pain, and stiff or painful joints. Tell your doctor if you notice a significant increase in your need to urinate or if you are significantly more hungry or thirsty than usual. Seek medical attention immediately if you experience any of the following, particularly if you also generally feel unwell: muscle aches, tenderness or weakness not caused by exercise, particularly if you also have fever; difficulty breathing, coughing, swelling of the face, eyelids or lips; widespread rash, high body temperature, enlarged lymph nodes; or skin rash or sores in the mouth. For more information, including what to do if you have any side effects, see Section [6. Are there any side effects?](#) in the full CMI.

Blooms Rosuvastatin

Active ingredient(s): *rosuvastatin calcium*

Consumer Medicine Information (CMI)

This leaflet provides important information about taking Blooms Rosuvastatin. **You should also speak to your doctor or pharmacist if you would like further information or if you have any concerns or questions about taking Blooms Rosuvastatin.**

Where to find information in this leaflet:

- [1. Why am I taking Blooms Rosuvastatin?](#)
- [2. What should I know before I take Blooms Rosuvastatin?](#)
- [3. What if I am taking other medicines?](#)
- [4. How do I take Blooms Rosuvastatin?](#)
- [5. What should I know while taking Blooms Rosuvastatin?](#)
- [6. Are there any side effects?](#)
- [7. Product details](#)

1. Why am I taking Blooms Rosuvastatin?

Blooms Rosuvastatin contains the active ingredient rosuvastatin calcium. Blooms Rosuvastatin belongs to a group of medicines known as HMG-CoA reductase inhibitors (also known as 'statins'). It lowers the "bad" cholesterol (LDL), and raises the "good" cholesterol (HDL) when exercise and changes to diet are not enough on their own.

Blooms Rosuvastatin is used to lower high cholesterol levels.

Even though you may have normal cholesterol, Blooms Rosuvastatin can also be used to reduce the risk of you having a stroke or heart attack if you are a man 50 or more years old or a woman 60 or more years old and have at least 2 risk factors for having a heart attack or stroke, such as high blood pressure, low levels of good cholesterol, smoking or a family history of premature coronary heart disease. Your doctor may also do a blood test to measure a substance called C Reactive Protein to help decide if you should be given Blooms Rosuvastatin for this use.

Cholesterol and triglycerides

Everyone has cholesterol and triglycerides in their blood. They are fatty substances needed by the body for many things.

Triglycerides are an energy source for the body. Cholesterol is essential for building cells, making bile acids (which help to digest foods) and making some hormones.

There are different types of cholesterol. Too much of the "bad" cholesterol can block the blood vessels that supply your heart and brain with blood, and can cause heart attack, angina and stroke. The "good" cholesterol helps to remove the bad cholesterol from the blood vessels. High

levels of triglycerides can be associated with a low level of "good" cholesterol and may increase the risk of heart disease.

High cholesterol is also more likely to occur with certain diseases or if you have a family history of high cholesterol.

Cholesterol is present in many foods and is also made by your body. Blooms Rosuvastatin does not reduce the cholesterol that comes from fat in food. Because of this, when you are taking Blooms Rosuvastatin, you need to follow a low-fat diet, control your weight and exercise regularly.

2. What should I know before I take Blooms Rosuvastatin?

Warnings

Do not use Blooms Rosuvastatin if:

- you are allergic to rosuvastatin calcium, or any of the ingredients listed at the end of this leaflet. Always check the ingredients to make sure you can take this medicine.
- you are pregnant, become pregnant while taking Blooms Rosuvastatin, are breastfeeding, or trying to become pregnant unless you are taking adequate contraceptive precautions
- you have active liver disease or if tests show you have elevated levels of liver enzymes which may show that you have a problem with your liver.

Do not take Blooms Rosuvastatin 40 mg if you have:

- low thyroid hormone levels (hypothyroidism)
- a personal or family history of hereditary muscular disorders
- a previous history of muscular problems from using other lipid-lowering agents
- a history of very heavy alcohol use
- Asian heritage
- been prescribed another class of lipid lowering agent called a fibrate
- been prescribed any medicine containing fusidic acid
- severe kidney impairment
- situations that may increase Blooms Rosuvastatin blood levels.

Check with your doctor if you:

- have allergies to any other statins such as simvastatin, pravastatin, atorvastatin, or fluvastatin. If you have an allergic reaction, you may get a skin rash, hay fever, difficulty in breathing or feel faint
- have any of these medical conditions:
 - liver problems
 - kidney problems
 - low thyroid hormone levels (hypothyroidism)
 - a personal or family history of muscle disorders

- a history of muscle problems from using other lipid-lowering agents

It may not be safe for you to take Blooms Rosuvastatin if you have any of these conditions. Your doctor may do a blood test to check if you have any problems, and may adjust the dose of Blooms Rosuvastatin.

- have any unexplained aches or pains in your muscles
- regularly drink large amounts of alcohol. Excessive
- alcohol consumption may not be safe in patients taking Blooms Rosuvastatin.

During treatment, you may be at risk of developing certain side effects. It is important you understand these risks and how to monitor for them. See additional information under Section [6. Are there any side effects?](#)

Pregnancy and breastfeeding

Do not take Blooms Rosuvastatin if you are pregnant or intend to become pregnant. Ask your doctor about effective methods of contraception.

If you become pregnant, stop taking Blooms Rosuvastatin as soon as you find out and see your doctor immediately.

Do not take Blooms Rosuvastatin if you are breastfeeding. Your baby may absorb this medicine from breast milk and there is a possibility of harm to the baby.

3. What if I am taking other medicines?

Tell your doctor or pharmacist if you are taking any other medicines, including any medicines, vitamins or supplements that you buy without a prescription from your pharmacy, supermarket or health food shop.

Some medicines may interfere with Blooms Rosuvastatin and affect how it works. These include:

- ciclosporin, used for example, after organ transplant
- belumosudil, used to treat chronic graft-versus-host disease
- antacids (medicines used to treat heartburn and indigestion). Blooms Rosuvastatin can be taken 2 hours before or 2 hours after taking an antacid
- warfarin, used to stop blood clots
- clopidogrel or ticagrelor, used to prevent blood clots
- gemfibrozil, fenofibrate or ezetimibe, used to lower blood lipids
- fusidic acid, used to treat some infections
- febuxostat, used to treat and prevent high blood levels of uric acid
- teriflunomide, used to treat relapsing remitting multiple sclerosis
- antiviral medications (alone or in combination), such as atazanavir, darunavir, glecaprevir, lopinavir, pibrentasvir, ritonavir, sofosbuvir, velpatasvir, and voxilaprevir, used to fight infections, including the HIV infection
- momelotinib, used to treat myelofibrosis, a rare form of blood cancer
- anti-cancer medications, such as regorafenib and darolutamide, used to treat cancer
- eltrombopag, used to increase your platelet count in your blood
- tafamidis, used to treat a protein disorder.

Your doctor will consider if Blooms Rosuvastatin should be taken together with any of these medicines, or may wish to adjust the dose of Blooms Rosuvastatin or the other medicines. These medicines may affect the way Blooms Rosuvastatin works.

Check with your doctor or pharmacist if you are not sure about what medicines, vitamins or supplements you are taking and if these affect Blooms Rosuvastatin.

4. How do I take Blooms Rosuvastatin?

How much to take

- Depending on your condition and ethnic background, your doctor will decide the most appropriate starting dose for you.
- If you have high cholesterol, your doctor will probably start you on a 5 mg or 10 mg tablet taken once daily. Your doctor will then monitor your cholesterol and triglyceride levels during your treatment and, if needed, may increase your Blooms Rosuvastatin dose to 20 mg once daily. For most patients a maximum 20 mg Blooms Rosuvastatin daily dose is sufficient to treat high cholesterol.
- A small number of patients may need to further increase their Blooms Rosuvastatin dose to 40 mg once daily, for example patients whose high cholesterol is hereditary.
- If your cholesterol is not high but you have risks for having a heart attack or stroke, your doctor may start you on 20 mg.
- Your doctor will advise you on the dose that's right for your condition. The daily dose of Blooms Rosuvastatin must not exceed 40 mg daily.

DO NOT INCREASE OR ADJUST YOUR ROSUVASTATIN SANDOZ DOSE YOURSELF.

When to take Blooms Rosuvastatin

- Take Blooms Rosuvastatin once a day, at about the same time each day. Keeping a regular time for taking Blooms Rosuvastatin will help to remind you to take it.
- Blooms Rosuvastatin can be taken at any time of the day. It does not matter whether you take Blooms Rosuvastatin with food or on an empty stomach.

How to take Blooms Rosuvastatin

- Swallow each tablet whole with a drink of water.

How long to take Blooms Rosuvastatin

- You must continue to take it as directed.
- Blooms Rosuvastatin helps lower your blood cholesterol and triglycerides. It does not cure your condition. If you stop taking Blooms Rosuvastatin, your cholesterol and triglycerides levels may rise again.
- You may have to take cholesterol-lowering medicines for the rest of your life.

If you forget to take Blooms Rosuvastatin

Blooms Rosuvastatin should be taken regularly at the same time each day. If you forget to take a dose of Blooms

Rosuvastatin, take it as soon as you remember, as long as it is more than 6 hours before your next dose is due. Otherwise, wait until your next dose is due and take it as normal.

Do not take a double dose to make up for the dose you missed.

If you have trouble remembering when to take your medicine, ask your pharmacist for some hints.

If you take too much Blooms Rosuvastatin

If you think that you have taken too much Blooms Rosuvastatin, you may need urgent medical attention.

You should immediately:

- phone the Poisons Information Centre (by calling 13 11 26), or
- contact your doctor, or
- go to the Emergency Department at your nearest hospital.

You should do this even if there are no signs of discomfort or poisoning.

5. What should I know while taking Blooms Rosuvastatin?

Things you should do

Have your blood cholesterol and triglycerides checked when your doctor says so to make sure Blooms Rosuvastatin is working.

Call your doctor straight away if you:

- Become pregnant while you are taking Blooms Rosuvastatin.

Remind any doctor, dentist or pharmacist you visit that you are taking Blooms Rosuvastatin.

Things you should not do

- Do not stop taking Blooms Rosuvastatin unless you have discussed it with your doctor.

Things that may help your condition

- While taking Blooms Rosuvastatin, you also need to follow a low-fat diet, control your weight and exercise regularly.

Driving or using machines

Be careful before you drive or use any machines or tools until you know how Blooms Rosuvastatin affects you.

Blooms Rosuvastatin generally does not cause any problems with your ability to drive a car or operate machinery. However, as with many other medicines, Blooms Rosuvastatin may cause dizziness in some people.

Drinking alcohol

Tell your doctor if you regularly drink large amounts of alcohol.

Excessive alcohol consumption may not be safe in patients taking Blooms Rosuvastatin.

Looking after your medicine

Keep your tablets in the blister pack until it is time to take them.

Follow the instructions in the carton on how to take care of your medicine properly.

Store it in a cool dry place below 25°C and away from moisture, heat or sunlight; for example, do not store it:

- in the bathroom or near a sink, or
- in the car or on window sills.

Keep it where young children cannot reach it.

Getting rid of any unwanted medicine

If you no longer need to take this medicine or it is out of date, take it to any pharmacy for safe disposal.

Do not take this medicine after the expiry date.

6. Are there any side effects?

All medicines can have side effects. If you do experience any side effects, most of them are minor and temporary. However, some side effects may need medical attention.

See the information below and, if you need to, ask your doctor or pharmacist if you have any further questions about side effects.

Less serious side effects

Less serious side effects	What to do
General disorders <ul style="list-style-type: none">• headache• dizziness• unusual tiredness or a general feeling of weakness (asthenia)	Speak to your doctor if you have any of these less serious side effects and they worry you. They are generally mild and do not cause patients to stop taking Blooms Rosuvastatin.
Gastrointestinal or Gut related <ul style="list-style-type: none">• nausea (feeling sick)• stomach pain• constipation	
Muscle-joint related <ul style="list-style-type: none">• muscle pain (myalgia)• stiff or painful joints (arthralgia)	

Serious side effects

Serious side effects	What to do
Metabolism-related <ul style="list-style-type: none">• significant increase in your need to urinate or if you are significantly more hungry or thirsty than usual	Call your doctor straight away, or go straight to the Emergency Department at

<p>Muscle-related</p> <ul style="list-style-type: none"> aching muscles, muscle tenderness or weakness not caused by exercise (including eye muscles, or muscles used when breathing), particularly if you also have a fever or generally feel unwell <p>Allergic and severe skin reaction-related</p> <ul style="list-style-type: none"> difficulty breathing, swelling of the face, eyelids or lips widespread rash, high body temperature and enlarged lymph nodes (DRESS syndrome or drug hypersensitivity syndrome) rash on the skin or sores in the mouth <p>Lung-related</p> <ul style="list-style-type: none"> difficulty breathing, coughing, particularly if you also feel generally unwell (e.g. fatigue, weight loss, fever) 	<p>your nearest hospital if you notice any of these serious side effects.</p>
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Tell your doctor or pharmacist if you notice anything else that may be making you feel unwell.

Other side effects not listed here may occur in some people.

Reporting side effects

After you have received medical advice for any side effects you have experienced, you can report side effects to the Therapeutic Goods Administration online at www.tga.gov.au/reporting-problems. By reporting side effects, you can help provide more information on the safety of this medicine.

Always make sure you speak to your doctor or pharmacist before you decide to stop taking any of your medicines.

7. Product details

This medicine is only available with a doctor's prescription.

What Blooms Rosuvastatin contains

Active ingredient (main ingredient)	rosuvastatin calcium
Other ingredients (inactive ingredients)	<ul style="list-style-type: none"> lactose colloidal anhydrous silica maize starch purified talc sodium stearyl fumarate hypromellose mannitol macrogol 6000 titanium dioxide

	<ul style="list-style-type: none"> iron oxide yellow iron oxide red microcrystalline cellulose silicon dioxide
Potential allergens	<ul style="list-style-type: none"> lactose

Do not take this medicine if you are allergic to any of these ingredients.

What Blooms Rosuvastatin looks like

Blooms Rosuvastatin 5mg – Brown, round, film coated tablets (AUST R 401395).

Blooms Rosuvastatin 10mg – Brown, round, film coated tablets with "RSV 10" debossed on one side (AUST R 401396).

Blooms Rosuvastatin 20mg – Brown, round, film coated tablets with "RSV 20" debossed on one side (AUST R 401397).

Blooms Rosuvastatin 40mg – Brown, round, film coated tablets with "RSV 40" debossed on one side (AUST R 401398).

Available in blister packs of 30 tablets.

Who distributes Blooms Rosuvastatin

Sandoz Pty Ltd
100 Pacific Highway
North Sydney, NSW 2060
Australia

Tel 1800 726 369

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