

Consumer Medicine Information (CMI) summary

The [full CMI](#) on the next page has more details. If you are worried about using this medicine, speak to your doctor or pharmacist.

1. Why am I using GRAZAX®?

GRAZAX® contains the active ingredient standardized allergen extract of grass pollen from Timothy grass. GRAZAX® is used to treat grass pollen allergies that are characterised by rhinitis (sneezing, runny or itchy nose, nasal congestion) and allergic conjunctivitis (itchy eyes) in adults and children 5 years or older.

For more information, see Section [1. Why am I using GRAZAX®?](#) in the full CMI.

2. What should I know before I take GRAZAX®?

Do not use if you have ever had an allergic reaction to GRAZAX® or any of the ingredients listed at the end of the CMI.

Talk to your doctor if you have any other medical conditions, take any other medicines, or are pregnant or plan to become pregnant or are breastfeeding.

For more information, see Section [2. What should I know before I take GRAZAX®?](#) in the full CMI.

3. What if I am taking other medicines?

Some medicines may interfere with GRAZAX® and affect how it works.

A list of these medicines is in Section [3. What if I am taking other medicines?](#) in the full CMI.

4. How do I take GRAZAX®?

- The recommended dose of GRAZAX® is one tablet per day. Each tablet contains 75,000 SQ T standardised allergen extract of grass pollen from Timothy grass (*Phleum pratense*).
- Follow the instructions provided by your doctor or pharmacist carefully. They may differ from the information contained in this leaflet.

More instructions can be found in Section [4. How do I take GRAZAX®?](#) in the full CMI.

5. What should I know while using GRAZAX®?

Things you should do	<ul style="list-style-type: none">• Remind any doctor, dentist or pharmacist you visit that you are using GRAZAX®.• If you are about to be started on any new medicine, inform your doctor or pharmacist that you are taking GRAZAX®.• If you become pregnant while taking this medicine tell your doctor immediately
Things you should not do	<ul style="list-style-type: none">• Do not stop using this medicine until your doctor tells you to, even if you feel better.• Do not use GRAZAX® to treat any other conditions unless your doctor tells you to.• Do not give this medicine to anyone else even if they have the same conditions as you.• Do not give this medicine to children under 5 years of age.
Driving or using machines	<ul style="list-style-type: none">• Be careful before you drive or use any machines or tools until you know how GRAZAX® affects you.• This medicine is not expected to affect your ability to drive a car or operate machinery.
Looking after your medicine	<ul style="list-style-type: none">• Store the blister pack in the carton to protect the tablets from light.• Store it in a cool dry place where the temperature stays below 25°C.

For more information, see Section [5. What should I know while using GRAZAX®?](#) in the full CMI.

6. Are there any side effects?

All medicines can have side effects. Sometimes they are serious, most of the time they are not. If you experience any of the following, worsening of existing asthma, swelling of face mouth or throat, difficulty breathing or swallowing, voice changing, hives or severe discomfort, tell your doctor immediately or go to straight to the Emergency Department at your nearest hospital.

For more information, including what to do if you have any side effects, see Section [6. Are there any side effects?](#) in the full CMI.

Active ingredient(s): *standardised allergen extract of Timothy grass pollen (Phleum pratense)*

Consumer Medicine Information (CMI)

This leaflet provides important information about using GRAZAX[®]. **You should also speak to your doctor or pharmacist if you would like further information or if you have any concerns or questions about using GRAZAX[®].**

Where to find information in this leaflet:

- [1. Why am I using GRAZAX[®]?](#)
- [2. What should I know before I take GRAZAX[®]?](#)
- [3. What if I am taking other medicines?](#)
- [4. How do I take GRAZAX[®]?](#)
- [5. What should I know while using GRAZAX[®]?](#)
- [6. Are there any side effects?](#)
- [7. Product details](#)

1. Why am I using GRAZAX[®]?

GRAZAX[®] contains the active ingredient standardized allergen extract of grass pollen from Timothy grass.

GRAZAX[®] belongs to a group of medicines called anti-allergy preparations. It comes in a tablet form which is intended to be absorbed by the body by placing it under the tongue.

GRAZAX[®] is used to treat grass pollen allergies that are characterized by rhinitis (sneezing, runny or itchy nose, nasal congestion) and allergic conjunctivitis (itchy eyes) in adults and children 5 years or older.

GRAZAX[®] works by increasing your immunological tolerance to grass pollen, thereby reducing the severity of your allergic reactions over time.

Before starting treatment, the doctor will check if GRAZAX[®] is suitable for you by performing the appropriate blood and/or skin prick tests.

Ask your doctor if you have any questions about why this medicine has been prescribed for you. Your doctor may have prescribed it for another reason.

2. What should I know before I take GRAZAX[®]?

Warnings

Do not use GRAZAX[®] if:

- you are allergic to any of the ingredients listed at the end of this leaflet.
- Always check the ingredients to make sure you can use this medicine.
- you have an illness which affects your immune system or have cancer.
- you have severe asthma (as assessed by your doctor).

- you have recently had a tooth taken out, had other forms of mouth surgery, or have ulcers or infections in the mouth.
- the packaging is torn or shows signs of tampering.

Check with your doctor if you:

- have any other medical conditions
- take any medicines for any other condition
- have an allergy to any of the ingredients listed at the end of this leaflet
- are being treated for depression or Parkinson's disease
- have previously been treated for grass pollen allergies and had a severe allergic reaction
- have asthma and a chest infection. Your doctor may recommend delaying the start of your treatment until you are better
- have recently had a tooth taken out, had other forms of mouth surgery, are planning to have any form of mouth surgery, or have ulcers or infections in the mouth. Your doctor may delay or stop your treatment until your condition has resolved
- are recovering or are in remission from an illness which affects your immune system
- have an inflamed oesophagus

During treatment, you may be at risk of developing certain side effects. It is important you understand these risks and how to monitor for them. See additional information under Section [6. Are there any side effects?](#)

Pregnancy and breastfeeding

Check with your doctor if you are pregnant or intend to become pregnant during treatment.

Talk to your doctor if you are breastfeeding or intend to breastfeed during treatment.

3. What if I am taking other medicines?

Tell your doctor or pharmacist if you are taking any other medicines, including any medicines, vitamins or supplements that you buy without a prescription from your pharmacy, supermarket or health food shop.

Some medicines may interfere with GRAZAX[®] and affect how it works.

Check with your doctor or pharmacist if you are not sure about what medicines, vitamins or supplements you are taking and if these affect GRAZAX[®].

4. How do I take GRAZAX®?

How much to take

- The recommended dose of GRAZAX® is one tablet per day. Each tablet contains 75,000 SQ T standardised allergen extract of grass pollen from Timothy grass (*Phleum pratense*).
- Follow the instructions provided by your doctor or pharmacist carefully. They may differ from the information contained in this leaflet.

When to take GRAZAX®

- GRAZAX® should be used as prescribed by your doctor.
- Take your medicine at about the same time each day. It will also help you remember when to take it.
- Do not consume food or drink for 5 minutes after taking this medicine. Food can interfere with the absorption of this medicine.

How to GRAZAX®

Make sure your hands are clean and dry before handling the medicine. Follow the instructions below when taking GRAZAX®.

If you do not understand the instructions in this leaflet, ask your doctor or pharmacist for help.

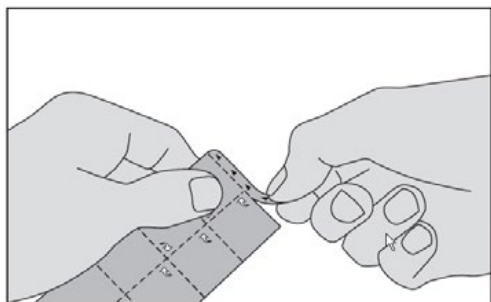


Figure 1: tear off the strip marked with triangles at the top of the pack.

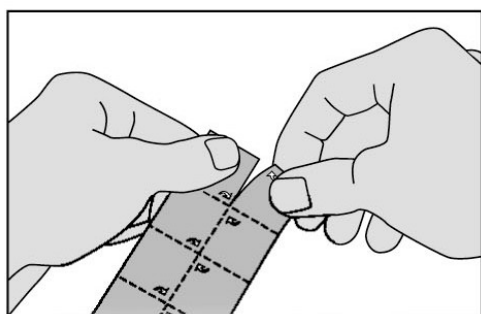


Figure 2: tear a square off the pack along the dotted lines.

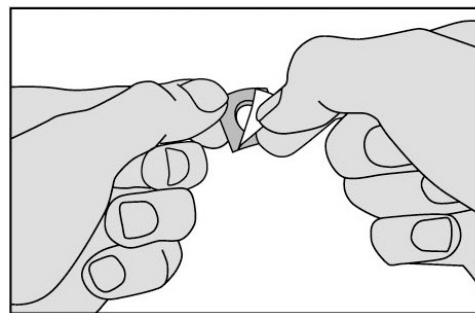


Figure 3: To remove the tablet, fold back the marked corner of the foil and then pull it off. Do not force the tablet through the foil - as it breaks easily.

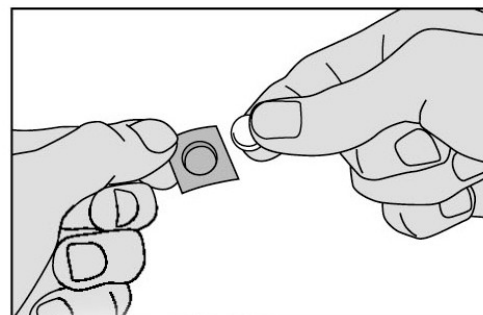


Figure 4: Remove the tablet carefully from the foil and place it under your tongue immediately.



Figure 5: Keep the tablet under your tongue until it has dissolved. Do not swallow for 1 minute. Do not eat or drink for at least 5 minutes after taking the tablet.

Your doctor should give you the first tablet under medical supervision and then monitor you for 30 minutes. This gives you the opportunity to discuss any possible side effects with your doctor.

If you forget to use GRAZAX®

GRAZAX® should be used regularly at the same time each day. If you miss your dose at the usual time, take it later in the day.

If it is almost time for your next dose, skip the dose you missed and take your next dose when you are meant to.

Do not take a double dose to make up for the dose you missed.

- If you are not sure what to do, ask your doctor or pharmacist.
- If you have trouble remembering when to take your medicine, ask your pharmacist for some hints.

If you use too much GRAZAX®

If you think that you have used too much GRAZAX®, you may need urgent medical attention.

You should immediately:

- phone the Poisons Information Centre (by calling 13 11 26), or
- contact your doctor, or
- go to the Emergency Department at your nearest hospital.

You should do this even if there are no signs of discomfort or poisoning.

5. What should I know while using GRAZAX®?

Things you should do

If you are about to be started on any new medicine, inform your doctor or pharmacist that you are taking GRAZAX®.

Call your doctor straight away if you:

- become pregnant while taking this medicine
- have any severe reactions. You can expect some mild to moderate localized allergic reactions during your treatment. In most cases these reactions are only temporary. However if you think these are severe, talk to your doctor to see if you need any anti allergic medicines such as antihistamines.
- feel the treatment is not helping your condition.

Remind any doctor, dentist or pharmacist you visit that you are using GRAZAX®.

Things you should not do

- Do not stop using this medicine until your doctor tells you to, even if you feel better. If you stop taking it suddenly, your condition may worsen or you may have unwanted side effects.
- Do not use GRAZAX® to treat any other conditions unless your doctor tells you to.
- Do not give this medicine to anyone else even if they have the same conditions as you.
- Do not give this medicine to children under 5 years of age.

Driving or using machines

Be careful before you drive or use any machines or tools until you know how GRAZAX® affects you.

This medicine is not expected to affect your ability to drive a car or operate machinery.

Looking after your medicine

- Store the blister pack in the carton to protect the tablets from light.

Follow the instructions in the carton on how to take care of your medicine properly.

Store it in a cool dry place where the temperature stays below 25°C and away from moisture, heat or sunlight; for example, do not store it:

- in the bathroom or near a sink, or
- in the car or on window sills.

Heat and dampness can destroy some medicines.

Keep it where young children cannot reach it.

A locked cupboard at least one and a half metres above the ground is a good place to store medicines.

Getting rid of any unwanted medicine

If you no longer need to use this medicine or it is out of date, take it to any pharmacy for safe disposal.

Do not use this medicine after the expiry date.

6. Are there any side effects?

All medicines can have side effects. If you do experience any side effects, most of them are minor and temporary. However, some side effects may need medical attention.

See the information below and, if you need to, ask your doctor or pharmacist if you have any further questions about side effects.

Less serious side effects

Less serious side effects	What to do
<ul style="list-style-type: none">• Sensation of rapid forceful or irregular beating of the heart or chest discomfort• Tonsil enlargement• Tiredness• Altered taste• Pain in the throat, mouth, lips, stomach, or ears• Numbness of the throat, mouth or tongue• Itching of the mouth, lips ears, eyes, nose or skin• Prickling sensation, or discomfort in the mouth or tongue• Swelling of the mouth, tongue, lips, throat, eyes, or ears• Dry throat or mouth• Redness of the eyes, mouth, tongue, throat or skin• Blistering or ulcers of the mouth or lips.• Rash• Prickling sensation of the skin• Stomach pain, discomfort or indigestion, or pain when swallowing• Diarrhoea, vomiting or feeling sick (nausea)• Irritation of the throat• Discomfort in the ears	<p>Speak to your doctor if you have any of these less serious side effects and they worry you.</p>

<ul style="list-style-type: none"> • Increased tear or saliva flow and runny nose • Sneezing 	
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This medicine does not contain lactose, sucrose, gluten, tartrazine or any other azo dyes.

Do not take this medicine if you are allergic to any of these ingredients.

Serious side effects

Serious side effects	What to do
<ul style="list-style-type: none"> • Tightness in the throat • Heartburn • Shortness of breath • Coughing • Hoarseness • Sensation of something stuck in the throat • Pain or difficulty when swallowing 	<p>Call your doctor straight away if you notice any of these serious side effects.</p> <p>In most cases these reactions are only temporary.</p>
<ul style="list-style-type: none"> • Worsening of existing asthma • Rapid swelling of face, mouth or throat • Difficulties in swallowing or breathing • Voice changing • Hives • Severe discomfort. 	<p>Call your doctor straight away, or go straight to the Emergency Department at your nearest hospital if you notice any of these serious side effects.</p>

What GRAZAX® looks like

GRAZAX® tablets are white to off-white with an imprint on one side. The tablets are individually packed in blister foils. (Aust R 267955).

The following pack sizes are available: 10, 30, 90 or 100 tablets.

Not all pack sizes may be marketed.

Who distributes GRAZAX®

Bioelect Pty Ltd

ABN 88 168 092 171

Level 29, 66 Goulburn Street, Sydney NSW 2000 Australia

Customer enquiries and Medical Information:

Telephone: 1300 848 628

Email: info@bioelect.com

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This leaflet was prepared in August 2025.

Tell your doctor or pharmacist if you notice anything else that may be making you feel unwell.

Other side effects not listed here may occur in some people.

Reporting side effects

After you have received medical advice for any side effects you experience, you can report side effects to the Therapeutic Goods Administration online at www.tga.gov.au/reporting-problems. By reporting side effects, you can help provide more information on the safety of this medicine.

Always make sure you speak to your doctor or pharmacist before you decide to stop taking any of your medicines.

7. Product details

This medicine is only available with a doctor's prescription.

What GRAZAX® contains

Active ingredient (main ingredient)	75,000 SQ-T standardised allergen extract of grass pollen from Timothy grass (<i>Phleum pratense</i>)
Other ingredients (inactive ingredients)	<ul style="list-style-type: none"> • gelatine (from fish) • mannitol • sodium hydroxide