

NIMBEX Injection

Cisatracurium besilate

Consumer Medicine Information (CMI) summary

The [full CMI](#) on the next page has more details. If you are worried about using this medicine, speak to your doctor or pharmacist.

1. Why am I given Nimbex?

Nimbex contains the active ingredient cisatracurium besilate. Nimbex is used to relax the body's muscles. Nimbex will normally be given to you when you are in surgery, or during other medical procedures. Nimbex is only used in conjunction with an anaesthetic, so you will be asleep during the procedure.

For more information, see Section [1. Why am I given Nimbex?](#) in the full CMI.

2. What should I know before I am given Nimbex?

Do not use if you have ever had an allergic reaction to cisatracurium besilate or any of the ingredients listed at the end of the CMI.

Talk to your doctor if you have any other medical conditions, take any other medicines, or are pregnant or plan to become pregnant or are breastfeeding.

For more information, see Section [2. What should I know before I am given Nimbex?](#) in the full CMI.

3. What if I am taking other medicines?

Some medicines may interfere with Nimbex and affect how it works.

A list of these medicines is in Section [3. What if I am taking other medicines?](#) in the full CMI.

4. How will I be given Nimbex?

- Nimbex is an injection and will be given to you by your doctor.
- Your doctor will decide how much Nimbex you are given

More instructions can be found in Section [4. How will I be given Nimbex?](#) in the full CMI.

5. What should I know while using Nimbex?

Things you should do	<ul style="list-style-type: none">• If you have any concerns about the use of Nimbex, ask your doctor or nurse
Driving or using machines	<ul style="list-style-type: none">• Be careful driving or operating machinery until you know how Nimbex affects you
Looking after your medicine	<ul style="list-style-type: none">• Nimbex should be stored by the hospital's pharmacy between 2° and 8°C and protected from light.

For more information, see Section [5. What should I know while using Nimbex?](#) in the full CMI.

6. Are there any side effects?

All medicines can have side effects. Sometimes they are serious. Most of the time they are not.

Tell your doctor as soon as possible if you do not feel well after you have received Nimbex.

It is possible that Nimbex may cause the following side effects:

- Flushing of the face and upper body
- Skin rashes or hives anywhere on the body
- Slow heartbeat
- Low blood pressure
- Difficulty breathing, collapse or shock
- Swelling of eyelids, face, lips mouth or tongue.

For more information, including what to do if you have any side effects, see Section [6. Are there any side effects?](#) in the full CMI.

Nimbex

Active ingredient: *cisatracurium besilate*

Consumer Medicine Information (CMI)

This leaflet provides important information about using Nimbex. **You should also speak to your doctor or pharmacist if you would like further information or if you have any concerns or questions about using Nimbex.**

Where to find information in this leaflet:

- [1. Why am I given Nimbex?](#)
- [2. What should I know before I am given Nimbex?](#)
- [3. What if I am taking other medicines?](#)
- [4. How will I be given Nimbex?](#)
- [5. What should I know while using Nimbex?](#)
- [6. Are there any side effects?](#)
- [7. Product details](#)

1. Why am I given Nimbex?

Nimbex contains the active ingredient **cisatracurium besilate**. Nimbex belongs to a group of medicines called neuromuscular blockers.

Nimbex works by blocking the effects of one of the body's chemical messengers called acetylcholine.

Acetylcholine is involved in muscle contraction. By relaxing your body's muscles Nimbex makes it easier for you to be kept asleep (under anaesthesia) or sedation.

2. What should I know before I am given Nimbex?

Warnings

Do not use Nimbex if:

- You are allergic to cisatracurium besilate, atracurium, benzenesulfonic acid or any other muscle relaxants.

Check with your doctor if you:

- You suffer from myasthenia gravis, or any other form of neuromuscular disease.
- You, or a relative have had previous difficulties with anaesthetics.
- You are allergic to any other muscle relaxant medicine

- You are taking any other medication, including:
 - Antibiotics
 - Anti-arrhythmics, which are used to control irregular heart or rapid heart beat.
 - Diuretics, used to increase your volume of urine.
 - Magnesium or lithium salts.
 - Phenytoin or carbamazepine (for fits).
 - Any other medicine that you buy without a prescription from a pharmacy, supermarket or health food shop.

During treatment, you may be at risk of developing certain side effects. It is important you understand these risks and how to monitor for them. See additional information under Section [6. Are there any side effects?](#)

Pregnancy and breastfeeding

Check with your doctor if you are pregnant or intend to become pregnant.

Talk to your doctor if you are breastfeeding or intend to breastfeed.

3. What if I am taking other medicines?

Tell your doctor or pharmacist if you are taking any other medicines, including any medicines, vitamins or supplements that you buy without a prescription from your pharmacy, supermarket or health food shop.

Some medicines may interfere with Nimbex and affect how it works.

- Antibiotics.
- Anti-arrhythmics, which are used to control irregular heart or rapid heartbeat.
- Diuretics, used to increase your volume of urine.
- Magnesium or lithium salts.
- Phenytoin or carbamazepine (for fits)

Check with your doctor or pharmacist if you are not sure about what medicines, vitamins or supplements you are taking and if these affect Nimbex.

4. How will I be given Nimbex?

How is Nimbex given

Nimbex is a medicine that is given by injection. Nimbex will be administered by an anaesthetist or other highly trained doctor, usually during surgery or other medical procedures. The dosage will vary according to many factors such as body weight and the duration of the procedure.

If you have any questions about the dose that you will receive ask your doctor.

If you are given too much Nimbex

Overdoses of Nimbex lead to prolonged relaxation of the body's muscles. This can be readily treated; however, this situation is unlikely to occur as Nimbex is only

administered by an anaesthetist or other highly trained doctor who will closely monitor your progress.

If you think that you have been given too much Nimbex, you may need urgent medical attention.

You should immediately:

- phone the Poisons Information Centre (by calling 13 11 26), or
- contact your doctor, or
- go to the Emergency Department at your nearest hospital.

You should do this even if there are no signs of discomfort or poisoning.

5. What should I know while using Nimbex?

Things you should do

If you have any concerns about the use of Nimbex, ask your doctor or nurse.

Your doctor will be able to tell you whether there are any special instructions after you have been treated with Nimbex.

Driving or using machines

Be careful before you drive or use any machines or tools until you know how Nimbex affects you.

Nimbex should be stored by the hospital's pharmacy between 2° and 8°C and protected from light.

Nimbex does not contain any antimicrobial preservative. When diluted, the preparation should be used immediately, and any remaining solution must be discarded within 24 hours following dilution.

6. Are there any side effects?

All medicines can have side effects. If you do experience any side effects, most of them are minor and temporary. However, some side effects may need medical attention.

See the information below and, if you need to, ask your doctor or pharmacist if you have any further questions about side effects.

Side effects

side effects	What to do
<ul style="list-style-type: none">• Flushing of the face and upper body• Skin rashes or hives anywhere on the body• Slow heartbeat• Low blood pressure• Swelling of eyelids, face, lips mouth or tongue• Difficulty breathing, collapse and shock	<p>Speak to your doctor if you have any of these less serious side effects and they worry you.</p>

Tell your doctor or pharmacist if you notice anything else that may be making you feel unwell.

Ask your doctor or pharmacist to answer any questions you may have.

Other side effects not listed here may occur in some people.

There is no evidence that Nimbex is addictive.

Reporting side effects

After you have received medical advice for any side effects you experience, you can report side effects to the Therapeutic Goods Administration online at www.tga.gov.au/reporting-problems. By reporting side effects, you can help provide more information on the safety of this medicine.

Always make sure you speak to your doctor or pharmacist before you decide to stop taking any of your medicines.

7. Product details

This medicine is only available with a doctor's prescription.

What Nimbex contains

Nimbex Injection 2 mg/mL contains 2 mg cisatracurium besilate in every mL.

Nimbex Injection 5 mg/mL contains 5 mg cisatracurium besilate in every mL.

Active ingredient (main ingredient)	Cisatracurium Besilate
Other ingredients (inactive ingredients)	<ul style="list-style-type: none">• Benzenesulfonic acid• Water for injection

Do not take this medicine if you are allergic to any of these ingredients.

What Nimbex looks like

Nimbex is a pale yellow or greenish yellow solution.

Nimbex Injection 2 mg/mL (all sizes) are presented in glass ampoules. Available in packs of 5 ampoules.

5 mg/2.5 mL injection ampoule - AUST R 55913
10 mg/5 mL injection ampoule - AUST R 55931

Nimbex Injection 5mg/mL is presented in glass vials. Available in packs of 1 vial.

150 mg/30 mL injection vial – AUST R 55934

Who distributes Nimbex

Aspen Pharmacare Australia Pty Ltd
34-36 Chandos Street
St Leonards NSW 2065
Australia

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