

# Levothyroxine Lup

## Consumer Medicine Information (CMI) summary

The [full CMI](#) on the next page has more details. If you are worried about using this medicine, speak to your doctor or pharmacist.

**WARNING:** LEVOTHYROXINE LUP is not interchangeable on a same-dose basis with ELTROXIN. If your doctor decides to switch treatment from LEVOTHYROXINE LUP to ELTROXIN, then they should have a plan for monitoring your blood tests and adjusting your dose, if required.

You should not interchange LEVOTHYROXINE LUP and ELTROXIN unless your doctor decides to switch products, and there is a plan for monitoring your blood tests and reviewing your dose.

### 1. Why am I using Levothyroxine Lup?

Levothyroxine Lup contains the active ingredient levothyroxine sodium. Levothyroxine Lup is used as replacement therapy in the treatment of thyroid hormone deficiency (hypothyroidism) or for treatment of TSH-responsive tumours.

For more information, see Section [1. Why am I using Levothyroxine Lup?](#) in the full CMI.

### 2. What should I know before I use Levothyroxine Lup?

Do not use if you have ever had an allergic reaction to levothyroxine sodium or any of the ingredients listed at the end of the CMI.

**Talk to your doctor if you have any other medical conditions, take any other medicines, or are pregnant or plan to become pregnant or are breastfeeding.**

For more information, see Section [2. What should I know before I use Levothyroxine Lup?](#) in the full CMI.

### 3. What if I am taking other medicines?

Some medicines may interfere with levothyroxine sodium and affect how it works. A list of these medicines is in Section [3. What if I am taking other medicines?](#) in the full CMI.

### 4. How do I take Levothyroxine Lup?

- Swallow your tablets whole with a glass of water first thing in the morning on an empty stomach.

More instructions can be found in Section [4. How do I take Levothyroxine Lup?](#) in the full CMI.

### 5. What should I know while using Levothyroxine Lup?

|                                    |  |
|------------------------------------|--|
| <b>Things you should do</b>        | <ul style="list-style-type: none"><li>• Remind any doctors, dentists and pharmacists treating you that you are taking Levothyroxine Lup.</li><li>• Use it exactly as your doctor has prescribed. Discuss with your doctor any problems during or after taking the medicine.</li><li>• Visit your doctor regularly and attend all of your blood tests, so your doctor can check your progress and see whether your dose of Levothyroxine Lup requires adjustment.</li><li>• If you plan to have surgery, tell your doctor or dentist that you are taking Levothyroxine Lup.</li><li>• If you are about to start taking any new medicines, remind your doctor and pharmacist that you are taking Levothyroxine Lup.</li><li>• Ensure you do not run out of medicine over the weekend or on holidays.</li></ul> |
| <b>Things you should not do</b>    | <ul style="list-style-type: none"><li>• Do not stop using this medicine suddenly or change the dose unless your doctor tells you to.</li><li>• Do not switch with other brands unless advised by your doctor.</li></ul>  |
| <b>Driving or using machines</b>   | <ul style="list-style-type: none"><li>• Be careful before you drive or use any machines or tools until you know how Levothyroxine Lup affects you. Levothyroxine Lup may cause lack of concentration or tiredness in some people.</li></ul>  |
| <b>Looking after your medicine</b> | <ul style="list-style-type: none"><li>• Store Levothyroxine Lup below 25°C in the original blister strips.</li></ul>   |

For more information, see Section [5. What should I know while using Levothyroxine Lup?](#) in the full CMI.

### 6. Are there any side effects?

Some of the common side effects include nervousness, anxiousness, excitation, restlessness, muscle weakness & cramps. Serious side effects include fever, shortness of breath, rapid breathing, irregular heart-beats, chest pain, increased blood pressure, allergic reactions such as skin rash.

For more information, including what to do if you have any side effects, see Section [6. Are there any side effects?](#) in the full CMI.

# Levothyroxine Lup

Active ingredient: levothyroxine sodium

## Consumer Medicine Information (CMI)

This leaflet provides important information about using Levothyroxine Lup. **You should also speak to your doctor or pharmacist if you would like further information or if you have any concerns or questions about using Levothyroxine Lup.**

Where to find information in this leaflet:

- [1. Why am I using Levothyroxine Lup?](#)
- [2. What should I know before I use Levothyroxine Lup?](#)
- [3. What if I am taking other medicines?](#)
- [4. How do I take Levothyroxine Lup?](#)
- [5. What should I know while using Levothyroxine Lup?](#)
- [6. Are there any side effects?](#)
- [7. Product details](#)

## 1. Why am I using Levothyroxine Lup?

**Levothyroxine Lup contains the active ingredient levothyroxine sodium** which is a thyroid hormone. It is used as replacement therapy in the treatment of thyroid hormone deficiency..

**Levothyroxine Lup is used to treat thyroid hormone deficiency also known as hypothyroidism.**

Hypothyroidism is a disease in which the thyroid gland is underactive and does not produce enough thyroxine, a hormone, which is important for controlling your metabolism. Symptoms of hypothyroidism include tiredness, muscle weakness and cramps; feeling the cold; a slow heart rate; dry and flaky skin; hair loss; a deep husky voice and weight gain.

**Levothyroxine Lup is also used to treat TSH-responsive tumours (certain tumours of the thyroid gland) of the thyroid.**

For these conditions to be treated, patients need a supply of thyroid hormones in their body. Levothyroxine replaces the shortage of thyroid hormones.

**Use Levothyroxine Lup only as directed.**

Your doctor may have prescribed the medicine for another condition.

**Ask your doctor if you have any questions about why it has been prescribed for you.**

This medicine is only available with a doctor's prescription.

## 2. What should I know before I use Levothyroxine Lup?

### Warnings

**Do not use Levothyroxine Lup if:**

- you are allergic to levothyroxine sodium, any other thyroid hormone, or any of the ingredients listed at the end of this leaflet.
- Always check the ingredients to make sure you can use this medicine

Some of the symptoms of an allergic reaction to Levothyroxine Lup may include red, itchy skin rashes; difficulty in breathing; swelling of the face or throat or faintness.

**Do not use Levothyroxine Lup after the expiry date (EXP.) printed on the pack.**

If you take Levothyroxine Lup after the expiry date has passed, it may not work as well.

**Do not take this medicine if the packaging shown signs of tampering.**

**Check with your doctor if you:**

- you are allergic to any other medicines or any foods, dyes or preservatives.
- you have or have had any other medical conditions or health problems, including:
  - overactive thyroid gland
  - adrenal gland problem
  - hyperthyroidism
  - heart problems such as cardiovascular disorder
  - high blood pressure
  - diabetes
  - long-standing hypothyroidism, an underactive thyroid gland
  - problems absorbing nutrients from the gastrointestinal tract

During treatment, you may be at risk of developing certain side effects. It is important you understand these risks and how to monitor for them. See additional information under Section [6. Are there any side effects?](#)

If you have not told your doctor about any of the above, tell them before you start to take any Levothyroxine Lup.

## Pregnancy and breastfeeding

Check with your doctor if you are pregnant or intend to become pregnant.

Thyroxine levels need to be watched carefully during pregnancy. Your dosage of Levothyroxine Lup may need to be increased while you are pregnant.

**Ask your doctor about the risks and benefits of taking it during pregnancy.**

Talk to your doctor if you are breastfeeding or intend to breastfeed.

Although small amounts of levothyroxine are found in breast milk, women who are breastfeeding should continue treatment with Levothyroxine Lup.

If you have not told your doctor about any of the above, tell them before you start to take any Levothyroxine Lup.

## 3. What if I am taking other medicines?

Tell your doctor or pharmacist if you are taking any other medicines, including any medicines, vitamins or supplements that you buy without a prescription from your pharmacy, supermarket or health food shop.

**Some medicines may interfere with Levothyroxine Lup. These include:**

- anticoagulants, medicines used to thin your blood (e.g. warfarin)
- antidepressants, medicines used to treat depression (e.g. lithium, SSRIs, tricyclic antidepressants)
- antivirals, medicines used to treat HIV/AIDS infection (e.g. ritonavir)
- antimalarials, medicines used to treat and prevent malaria (e.g. chloroquine and proguanil)
- medicines used to treat diabetes (e.g. insulin)
- beta-blockers, medicines used to treat high blood pressure and heart conditions (e.g. propranolol)
- ion-exchange resins, medicines used to decrease cholesterol in the blood (e.g. cholestyramine)
- corticosteroids, anti-inflammatory medicines (e.g. prednisolone and dexamethasone)
- oral contraceptives and hormone replacement medicines such as oestrogens and androgens
- medicines used for epilepsy (e.g. phenytoin and carbamazepine)
- medicines used to treat heart failure (e.g. digoxin)
- iron supplements
- calcium supplements
- rifampicin, an antibiotic used to treat tuberculosis and other serious infections
- ciprofloxacin, an antibiotic used to treat various infections
- soyabean flour (e.g. some infant formula and other products)
- antacids (e.g. aluminium hydroxide, magnesium hydroxide and calcium carbonate)
- amiodarone, a medicine used to treat irregular heart-beat
- oral contrast agents, used before X-ray and scans

- propylthiouracil, a medicine used to treat overactive thyroid and Graves disease
- non-steroidal anti-inflammatory drugs (NSAIDs), medicines used to relieve pain and/or inflammatory conditions including arthritis
- weight loss drugs (e.g. orlistat)
- Tyrosine kinase inhibitors, medicines used to treat cancer (ie imatinib and sunitinib)
- Statins, medicines used to lower cholesterol
- Tamoxifen and 5-fluorouracil, medicines used to treat tumours
- Methadone (a narcotic)
- St John's wort, a herbal medicine
- Biotin (also known as Vitamin H, Vitamin B7 or Vitamin B8)

These medicines may affect how well Levothyroxine Lup works or react with it resulting in unwanted or sometimes serious side effects.

This list is not exhaustive. Your doctor or pharmacist has more information on medicines to be careful with or avoid while taking it.

Before you start to take any other medicine, tell your doctor or pharmacist that you are taking Levothyroxine Lup.

**Check with your doctor or pharmacist if you are not sure about what medicines, vitamins or supplements you are taking and if these affect Levothyroxine Lup.**

## 4. How do I take Levothyroxine Lup?

### How much to take

It may take a few weeks for Levothyroxine Lup to begin working. Until it begins working you may not notice any change in your symptoms.

**Follow your doctor's instructions carefully, as they may differ from the information contained in this leaflet.**

- The usual starting dose for adults is 50 to 100 micrograms daily. The dose may be increased over time. The average adult maintenance dose is 100 to 200 micrograms. Lower doses are used in the elderly and children.  
Your doctor will calculate the dose required for you.

If you do not understand the instructions on the blister pack, ask your doctor or pharmacist for help.

Your doctor will monitor your blood tests to make sure Levothyroxine Lup is working for you.

Do not change your dose of Levothyroxine Lup unless your doctor tells you to do so.

### How to take Levothyroxine Lup

- Swallow Levothyroxine Lup tablets with a glass of water.

## When to take Levothyroxine Lup

Levothyroxine Lup tablets should be taken first thing in the morning on an empty stomach, at least 30 minutes and preferably 60 minutes before any food or other medications.

## How long to take Levothyroxine Lup

Continue taking Levothyroxine Lup as long as your doctor recommends it.

## If you forget to take Levothyroxine Lup

**If it is almost time for your next dose, skip the dose you missed and take your next dose when you are meant to.**

**Otherwise, take your dose as soon as you remember, and then go back to taking it as you would normally.**

**Do not take a double dose to make up for the dose you missed.**

If you are unsure about whether to take your next dose, speak to your doctor or pharmacist.

If you have trouble remembering when to take your medicine, ask your pharmacist for some hints.

## If you use too much Levothyroxine Lup

If you think that you have used too much Levothyroxine Lup, you may need urgent medical attention.

**You should immediately:**

- phone the Poisons Information Centre (by calling **13 11 26**), or
- contact your doctor, or
- go to the Emergency Department at your nearest hospital.

**You should do this even if there are no signs of discomfort or poisoning.**

Symptoms of overdose include restlessness; vomiting; flushing; breathing difficulties; chest pain; convulsions or paralysis.

## 5. What should I know while using Levothyroxine Lup?

### Things you should do

- Tell any other doctors, dentists and pharmacists who are treating you that you are taking Levothyroxine Lup.
- Use it exactly as your doctor has prescribed.
- Tell your doctor if you feel the medicine is not helping your condition.
- Always discuss with your doctor any problems or difficulties during or after taking the medicine.
- Visit your doctor regularly and attend your blood tests. Your doctor needs to check your progress and see whether you need to stop taking Levothyroxine Lup or adjust your dose.
- If you plan to have surgery, tell your doctor or dentist that you are taking Levothyroxine Lup.

- If you are about to start taking any new medicines, remind your doctor and pharmacist that you are taking Levothyroxine Lup.
- Ensure you do not run out of medicine over the weekend or on holidays.

**Call your doctor straight away and immediately stop taking Levothyroxine Lup if a skin rash or other allergic reaction occurs.**

## Things you should not do

- Do not stop using this medicine suddenly or change the dose unless your doctor tells you to.
- Do not switch with other brands unless advised by your doctor.
- Do not give this medicine to anyone else, even if his or her symptoms seem similar to yours.

## Driving or using machines

**Be careful before you drive or use any machines or tools until you know how Levothyroxine Lup affects you.**

Levothyroxine Lup may cause lack of concentration or tiredness in some people.

## Looking after your medicine

- Store below 25°C. Protect from light.
- Always store tablets in their original blister strips. If you do not keep the tablets in the blister strip they may not keep as well.

Follow the instructions in the carton on how to take care of your medicine properly.

Store it in a cool dry place away from moisture, heat or sunlight; for example, do not store it:

- in the bathroom or near a sink, or
- in the car or on window sills.

**Keep it where young children cannot reach it.**

## Getting rid of any unwanted medicine

If you no longer need to use this medicine or it is out of date, take it to any pharmacy for safe disposal.

Do not use this medicine after the expiry date.

## 6. Are there any side effects?

All medicines can have side effects. If you do experience any side effects, most of them are minor and temporary. However, some side effects may need medical attention.

See the information below and, if you need to, ask your doctor or pharmacist if you have any further questions about side effects.

### Less serious side effects

| Less serious side effects | What to do                  |
|---------------------------|-----------------------------|
| Mental function-related:  | Speak to your doctor if you |

|   |   |
|---|---|
| <ul style="list-style-type: none"> <li>nervousness, anxiousness, excitation, restlessness</li> <li>lack of concentration</li> <li>irritability</li> </ul> <p><b>Muscle-related:</b></p> <ul style="list-style-type: none"> <li>muscle weakness &amp; cramps</li> <li>unusual movements including tremor</li> </ul> <p><b>Sleep-related:</b></p> <ul style="list-style-type: none"> <li>inability to sleep, sleep disturbances</li> </ul> <p><b>Digestive track-related:</b></p> <ul style="list-style-type: none"> <li>diarrhoea, stomach cramp, nausea, vomiting</li> <li>increased appetite</li> </ul> <p><b>Body temperature-related:</b></p> <ul style="list-style-type: none"> <li>heat intolerance, excessive sweating, flushing</li> </ul> <p><b>Pain-related:</b></p> <ul style="list-style-type: none"> <li>headache</li> </ul> <p><b>Weight changes-related</b></p> <ul style="list-style-type: none"> <li>weight loss</li> </ul> <p><b>Menstrual cycle-related:</b></p> <ul style="list-style-type: none"> <li>menstrual irregularities</li> </ul> <p><b>Sex drive-related:</b></p> <ul style="list-style-type: none"> <li>decreased libido</li> </ul> <p><b>Hair-related:</b></p> <ul style="list-style-type: none"> <li>hair loss</li> </ul> <p><b>Exhaustion-related:</b></p> <ul style="list-style-type: none"> <li>tiredness</li> </ul> | <p><b>have any of these less serious side effects and they worry you.</b></p> |
|---|---|

## Serious side effects

| Serious side effects  | What to do   |
|---|--|
| <p><b>Body temperature-related:</b></p> <ul style="list-style-type: none"> <li>fever</li> </ul> <p><b>Breathing-related:</b></p> <ul style="list-style-type: none"> <li>shortness of breath</li> <li>rapid breathing</li> </ul> <p><b>Heart-related:</b></p> <ul style="list-style-type: none"> <li>irregular heart beats</li> </ul> <p><b>Pain-related</b></p> <ul style="list-style-type: none"> <li>chest pain</li> </ul> <p><b>Blood pressure-related:</b></p> <ul style="list-style-type: none"> <li>increased blood pressure</li> </ul> <p><b>Allergic reactions-related:</b></p> <ul style="list-style-type: none"> <li>skin rash</li> </ul> | <p><b>Call your doctor straight away, or go straight to the Emergency Department at your nearest hospital if you notice any of these serious side effects.</b></p> |

**Tell your doctor or pharmacist if you notice anything else that may be making you feel unwell.**

Other side effects not listed here may occur in some people.

## Reporting side effects

After you have received medical advice for any side effects you experience, you can report side effects to the Therapeutic Goods Administration online at [www.tga.gov.au/reporting-problems](http://www.tga.gov.au/reporting-problems). By reporting side

effects, you can help provide more information on the safety of this medicine.

**Always make sure you speak to your doctor or pharmacist before you decide to stop taking any of your medicines.**

## 7. Product details

This medicine is only available with a doctor's prescription.

### What Levothyroxine Lup contains

|   |   |
|---|---|
| <b>Active ingredient (main ingredient)</b>      | levothyroxine sodium  |
| <b>Other ingredients (inactive ingredients)</b> | lactose monohydrate, maize starch, gelatin, croscarmellose sodium, magnesium stearate |
| <b>Potential allergens</b>                      | sugars as lactose   |

**This medicine includes sugars as lactose monohydrate.**

**Do not take this medicine if you are allergic to any of these ingredients.**

### What Levothyroxine Lup looks like

Levothyroxine Lup comes in tablets of 7 strengths:

**25 µg tablets:** Round and white tablets with debossed on one side with "25" and scored in the shape of "+" sign on the other side. (AUST R 374926)

**50 µg tablets:** Round and white tablets with debossed on one side with "50" and scored in the shape of "+" sign on the other side. (AUST R 374927)

**75 µg tablets:** Round and white tablets with debossed on one side with "75" and scored in the shape of "+" sign on the other side. (AUST R 374928)

**100 µg tablets:** Round and white tablets with debossed on one side with "100" and scored in the shape of "+" sign on the other side. (AUST R 374929)

**125 µg tablets:** Round and white tablets with debossed on one side with "125" and scored in the shape of "+" sign on the other side. (AUST R 374930)

**150 µg tablets:** Round and white tablets with debossed on one side with "150" and scored in the shape of "+" sign on the other side. (AUST R 374931)

**200 µg tablets:** Round and white tablets with debossed on one side with "200" and scored in the shape of "+" sign on the other side. (AUST R 374932)

### Who distributes Levothyroxine Lup

Generic Health Pty Ltd  
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Australia

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