

# XYLOCAINE 2% jelly

## Consumer Medicine Information (CMI) summary

The [full CMI](#) on the next page has more details. If you are worried about using this medicine, speak to your doctor or pharmacist.

### 1. Why am I using XYLOCAINE 2% jelly?

XYLOCAINE 2% jelly contains the active ingredient lidocaine hydrochloride. XYLOCAINE 2% jelly is used to prevent pain and discomfort during medical tests and procedures.

For more information, see Section [1. Why am I using XYLOCAINE 2% jelly?](#) in the full CMI.

### 2. What should I know before I use XYLOCAINE 2% jelly?

Do not use if you have ever had an allergic reaction to lidocaine hydrochloride, any other local anaesthetic or substances or any of the ingredients listed at the end of the CMI.

**Talk to your doctor if you have any other medical conditions, take any other medicines, or are pregnant or plan to become pregnant or are breastfeeding.**

For more information, see Section [2. What should I know before I use XYLOCAINE 2% jelly?](#) in the full CMI.

### 3. What if I am taking other medicines?

Some medicines may interfere with XYLOCAINE 2% jelly and affect how it works.

A list of these medicines is in Section [3. What if I am taking other medicines?](#) in the full CMI.

### 4. How XYLOCAINE 2% jelly is given?

- XYLOCAINE 2% jelly will be given to you by your doctor or nurse. More instructions can be found in Section [4. How XYLOCAINE 2% jelly is given?](#) in the full CMI.

### 5. What should I know while receiving XYLOCAINE 2% jelly?

<b>Things you should do</b>	<ul style="list-style-type: none"><li>Remove any excess jelly as absorption from mucous membranes is relatively high.</li><li>Remind any doctor, dentist or pharmacist you visit that you are using XYLOCAINE 2% jelly.</li></ul>
<b>Things you should not do</b>	<ul style="list-style-type: none"><li>Do not eat or drink anything for at least 1 hour after using XYLOCAINE 2% jelly in the mouth or throat area.</li></ul>
<b>Driving or using machines</b>	<ul style="list-style-type: none"><li>Be careful driving or operating machinery after you have used or have been given XYLOCAINE 2% jelly. You may be drowsy and your reflexes may be slow.</li></ul>
<b>Looking after your medicine</b>	<ul style="list-style-type: none"><li>Keep it in a cool dry place where the temperature stays below 25°C.</li></ul>

For more information, see Section [5. What should I know while receiving XYLOCAINE 2% jelly?](#) in the full CMI.

### 6. Are there any side effects?

Tell your doctor or pharmacist as soon as possible if you do not feel well while you are using XYLOCAINE 2% jelly.

Some of the mild side effects include sore throat following use in the mouth or throat, skin rash or irritation and drowsiness.

Some of the serious side effects include wheezing or difficulty breathing, chest pain, severe rash or itching, increased sweating, dizziness, confusion, numbness, blurred vision, vomiting, drowsiness and sensations of heat or cold.

For more information, including what to do if you have any side effects, see Section [6. Are there any side effects?](#) in the full CMI.

# XYLOCAINE 2% jelly

Active ingredient: *lidocaine hydrochloride*

## Consumer Medicine Information (CMI)

This leaflet provides important information about using XYLOCAINE 2% jelly.

**You should also speak to your doctor or pharmacist if you would like further information or if you have any concerns or questions about using XYLOCAINE 2% jelly.**

**Where to find information in this leaflet:**

- [1. Why am I using XYLOCAINE 2% jelly?](#)
- [2. What should I know before I use XYLOCAINE 2% jelly?](#)
- [3. What if I am taking other medicines?](#)
- [4. How XYLOCAINE 2% jelly is given?](#)
- [5. What should I know while receiving XYLOCAINE 2% jelly?](#)
- [6. Are there any side effects?](#)
- [7. Product details](#)

## 1. Why am I using XYLOCAINE 2% jelly?

XYLOCAINE 2% jelly contains the active ingredient lidocaine hydrochloride.

XYLOCAINE 2% jelly belongs to a group of medicines called local anaesthetics. It works by making the nerves unable to pass messages to the brain. The jelly also acts as a lubricant.

XYLOCAINE 2% jelly is used to prevent pain and discomfort during medical tests and procedures. Your doctor will explain the tests which will be carried out and the reason for them.

**Follow all directions given to you by your doctor carefully.**

They may differ from the information contained in this leaflet.

**Ask your doctor if you want more information.**

Your doctor may prescribe this medicine for another use.

XYLOCAINE 2% jelly is not addictive.

## 2. What should I know before I use XYLOCAINE 2% jelly?

### Warnings

**Do not use XYLOCAINE 2% jelly if:**

- you are allergic to lidocaine hydrochloride, any other local anaesthetics or substances or any of the ingredients listed at the end of this leaflet. If you have

an allergic reaction, you may get a skin rash, hayfever, asthma or feel faint.

- the packaging is torn or shows signs of tampering
- the expiry date on the pack has passed.

**Check with your doctor if you:**

- have or have had any of the following medical conditions:
  - epilepsy
  - heart problems
  - liver problems
  - kidney problems
  - open wounds or infection where the jelly will be used.

It may not be safe for you to use XYLOCAINE 2% jelly if you have any of these conditions.

During treatment, you may be at risk of developing certain side effects. It is important you understand these risks and how to monitor for them. See additional information under Section [6. Are there any side effects?](#)

### Pregnancy and breastfeeding

**Do not use XYLOCAINE 2% jelly if you are pregnant or breastfeeding unless your doctor says to do so. Ask your doctor about the risks and benefits involved.**

There is no evidence available at the moment to show that being given XYLOCAINE 2% jelly under your doctor's instructions is harmful to unborn babies.

Your baby can take in very small amounts of XYLOCAINE 2% jelly from breast milk if you are breastfeeding. It is unlikely that the amount available to the baby will do any harm.

## 3. What if I am taking other medicines?

**Tell your doctor or pharmacist if you are taking any other medicines, including any medicines, vitamins or supplements that you buy without a prescription from your pharmacy, supermarket or health food shop.**

These medicines may affect the way XYLOCAINE 2% jelly works.

**Check with your doctor or pharmacist if you are not sure about what medicines, vitamins or supplements you are taking and if these affect XYLOCAINE 2% jelly.**

## 4. How XYLOCAINE 2% jelly is given?

### How XYLOCAINE 2% jelly is administered

XYLOCAINE 2% jelly will be given to you by your doctor or nurse. Your doctor or pharmacist may also suggest that you buy it without a prescription.

XYLOCAINE 2% jelly is given before a procedure to prevent discomfort or applied to the end of medical instruments for lubrication.

The maximum dose of jelly is 30 mL (600 mg) in a 12 hour period.

### If you use too much XYLOCAINE 2% jelly

If you think that you have used too much XYLOCAINE 2% jelly, you may need urgent medical attention.

#### You should immediately:

- phone the Poisons Information Centre (by calling 13 11 26), or
- contact your doctor, or
- go to the Emergency Department at your nearest hospital.

#### You should do this even if there are no signs of discomfort or poisoning.

XYLOCAINE 2% jelly can be absorbed into the blood. Very large amounts of it are needed to give an overdose.

Signs of overdose include dizziness, blurred vision, tremor or nervousness.

## 5. What should I know while receiving XYLOCAINE 2% jelly?

### Things you should do

- Remove any excess jelly as absorption from mucous membranes is relatively high.
- Remind any doctor, dentist or pharmacist you visit that you are using XYLOCAINE 2% jelly.

### Things you should not do

Do not eat or drink anything for at least 1 hour after using XYLOCAINE 2% jelly in the mouth or throat area.

You may swallow your food the wrong way or burn or bite your mouth.

### Driving or using machines

Be careful driving or operating machinery after you have used or have been given XYLOCAINE 2% jelly.

You may be drowsy and your reflexes may be slow.

### Looking after your medicine

- Keep XYLOCAINE 2% jelly in the pack until it is time to use it.
- Store it in a cool dry place where the temperature stays below 25°C.

- Store it away from moisture, heat or sunlight; for example, do not store it:
  - in the bathroom or near a sink, or
  - in the car or on window sills.

Heat and dampness can destroy some medicines.

**Keep it where young children cannot reach it.**

### Getting rid of any unwanted medicine

Ask your pharmacist what to do with any medicine you have left over if your doctor tells you to stop using it, or you find that the expiry date has passed.

## 6. Are there any side effects?

**Tell your doctor or pharmacist as soon as possible if you do not feel well while you are using XYLOCAINE 2% jelly.**

XYLOCAINE 2% jelly will help to relieve pain and discomfort in most people, but it may have unwanted side-effects in a few people.

All medicines can have side effects. If you do experience any side effects, most of them are minor and temporary. However, some side effects may need medical attention.

See the information below and, if you need to, ask your doctor or pharmacist if you have any further questions about side effects.

### Less serious side effects

Less serious side effects	What to do
<ul style="list-style-type: none"><li>• sore throat following use in the mouth or throat</li><li>• skin rash or irritation</li><li>• drowsiness.</li></ul>	<p><b>Speak to your doctor if you have any of these mild side effects and they worry you.</b></p> <p>These are all mild side effects of XYLOCAINE 2% jelly.</p>

### Serious side effects

Serious side effects	What to do
<ul style="list-style-type: none"><li>• wheezing or difficulty breathing</li><li>• chest pain</li><li>• severe rash or itching</li><li>• increased sweating</li><li>• dizziness</li><li>• confusion</li><li>• numbness</li><li>• blurred vision</li><li>• vomiting</li><li>• drowsiness</li></ul>	<p><b>Call your doctor or go straight to the Emergency Department at your nearest hospital if you notice any of these serious side effects.</b></p>

<ul style="list-style-type: none"> <li>sensations of heat or cold.</li> </ul>	<p><b>You may need urgent medical attention.</b></p> <p>Serious side effects are rare.</p>
<p>XYLOCAINE 2% jelly can pass into the bloodstream, although this is extremely unlikely to happen in high enough amounts from XYLOCAINE 2% jelly to cause any problems. In high doses, serious side effects may occur. These include:</p> <ul style="list-style-type: none"> <li>fits</li> <li>unconsciousness</li> <li>breathing problems</li> <li>low blood pressure</li> <li>slow heart beat</li> <li>collapse.</li> </ul>	<p><b>Call your doctor or go straight to the Emergency Department at your nearest hospital if you notice any of these serious side effects. You may need urgent medical attention.</b></p> <p>These serious side effects are very rare.</p>

**Do not take this medicine if you are allergic to any of these ingredients.**

### What XYLOCAINE 2% jelly looks like

XYLOCAINE 2% jelly is a clear to almost clear, slightly coloured, highly viscous liquid, packed in a 30 g aluminium tube. The tube is enclosed in a clear blister and includes one single use disposable nozzle. It is supplied for single use only.

XYLOCAINE 2% jelly is sterile, until opened.

Australian Registration number: AUST R 12026

### Who distributes XYLOCAINE 2% jelly

Aspen Pharmacare Australia Pty Ltd  
34-36 Chandos St  
St Leonards NSW 2065  
Australia

This leaflet was revised in June 2025.

**Tell your doctor or pharmacist if you notice anything else that may be making you feel unwell.**

Other side effects not listed here may occur in some people.

### Reporting side effects

After you have received medical advice for any side effects you experience, you can report side effects to the Therapeutic Goods Administration online at [www.tga.gov.au/reporting-problems](http://www.tga.gov.au/reporting-problems). By reporting side effects, you can help provide more information on the safety of this medicine.

**Always make sure you speak to your doctor or pharmacist before you decide to stop taking any of your medicines.**

## 7. Product details

This medicine is available without a doctor's prescription. It can be purchased at a pharmacy.

### What XYLOCAINE 2% jelly contains

<b>Active ingredient (main ingredient)</b>	<ul style="list-style-type: none"> <li>lidocaine hydrochloride 20 mg/g.</li> </ul>
<b>Other ingredients (inactive ingredients)</b>	<ul style="list-style-type: none"> <li>hypromellose</li> <li>methyl hydroxybenzoate</li> <li>propyl hydroxybenzoate</li> <li>sodium hydroxide</li> <li>purified water</li> <li>hydrochloric acid (for pH adjustment).</li> </ul>
<b>Potential allergens</b>	<ul style="list-style-type: none"> <li>hydroxybenzoates.</li> </ul>