

ZANTAC 150 and ZANTAC 300 tablets

Consumer Medicine Information (CMI) summary

The [full CMI](#) on the next page has more details. If you are worried about using this medicine, speak to your doctor or pharmacist.

1. Why am I using ZANTAC 150 or ZANTAC 300 tablets?

ZANTAC 150 and ZANTAC 300 tablets contain the active ingredient ranitidine (as ranitidine hydrochloride). ZANTAC 150 and ZANTAC 300 are used to treat problems caused in part by too much acid in the stomach; being used to treat and prevent peptic ulcers, and to treat reflux.

For more information, see Section [1. Why am I using ZANTAC 150 or ZANTAC 300?](#) in the full CMI.

2. What should I know before I use ZANTAC 150 or ZANTAC 300 tablets?

Do not use if you have ever had an allergic reaction to ranitidine or any of the ingredients listed at the end of the CMI.

Talk to your doctor if you have any other medical conditions, take any other medicines, or are pregnant or plan to become pregnant or are breastfeeding.

For more information, see Section [2. What should I know before I use ZANTAC 150 or ZANTAC 300?](#) in the full CMI.

3. What if I am taking other medicines?

Some medicines may interfere with ZANTAC 150 and ZANTAC 300 and affect how it works.

A list of these medicines is in Section [3. What if I am taking other medicines?](#) in the full CMI.

4. How do I use ZANTAC 150 and ZANTAC 300 tablets?

- The normal adult dose is 150 to 300 mg, taken as one 150 mg tablet once or twice a day, or one 300 mg tablet at bedtime. The dosage depends on the disease that you are suffering from. Your doctor or pharmacist will tell you how much to take.
- ZANTAC 150 and ZANTAC 300 tablets should be swallowed whole with a glass of water. It does not matter if you take the tablet before or after food.
- Take ZANTAC 150 and ZANTAC 300 tablets for as long as your doctor has prescribed it for.

More instructions can be found in Section [4. How do I use ZANTAC 150 and ZANTAC 300 tablets?](#) in the full CMI.

5. What should I know while using ZANTAC 150 or ZANTAC 300 tablets?

Things you should do	<ul style="list-style-type: none">• Take all the tablets your doctor has prescribed for you, even if you feel better.• Call your doctor immediately if you have taken all of your tablets and still do not feel better.• Remind any doctor, dentist or pharmacist you visit that you are using ZANTAC 150 or ZANTAC 300.
Things you should not do	<ul style="list-style-type: none">• Do not take extra tablets, and do not take the tablets more often than you have been told.• Do not give this medicine to anyone else, even if their symptoms seem similar to yours.
Driving or using machines	<ul style="list-style-type: none">• Be careful before you drive or use any machines or tools until you know how ZANTAC 150 or ZANTAC 300 affects you.
Looking after your medicine	<ul style="list-style-type: none">• Keep ZANTAC 150 and ZANTAC 300 tablets in the pack until it is time to take them.• Keep it in a cool dry place, away from moisture or heat, where the temperature stays below 25°C.

For more information, see Section [5. What should I know while using ZANTAC 150 and ZANTAC 300 tablets?](#) in the full CMI.

6. Are there any side effects?

Less serious side effects of ZANTAC 150 and ZANTAC 300 include headache, joint or muscle pains, drowsiness, insomnia, dizziness, depression, constipation, feeling sick (nausea) or vomiting, diarrhoea, breast tenderness and/or enlargement, breast discharge, and changes in liver function tests. Serious side effects include severe stomach pain or a change in the type of pain, yellow colouring of the skin or eyes (jaundice), confusion, general illness associated with weight loss, fever, and changes to the heartbeat (including an irregular heartbeat, or an unusually fast or slow heartbeat.). Another serious side effect is an allergic reaction. Signs of an allergic reaction may include: skin reactions e.g. rash (red spots), itching, skin lumps, or hives; swelling of the eyelids, face, lips, tongue, or other parts of the body; shortness of breath, trouble breathing, wheezing, chest pain or tightness; and unexplained fever and feeling faint, especially when standing up.)

For more information, including what to do if you have any side effects, see Section [6. Are there any side effects?](#) in the full CMI.

ZANTAC 150 and ZANTAC 300 tablets

Active ingredient: *ranitidine (as ranitidine hydrochloride)*

Consumer Medicine Information (CMI)

This leaflet provides important information about using ZANTAC 150 and ZANTAC 300 tablets.

You should also speak to your doctor or pharmacist if you would like further information or if you have any concerns or questions about using ZANTAC 150 and ZANTAC 300 tablets.

Where to find information in this leaflet:

- [1. Why am I using ZANTAC 150 or ZANTAC 300 tablets?](#)
- [2. What should I know before I use ZANTAC 150 and ZANTAC 300?](#)
- [3. What if I am taking other medicines?](#)
- [4. How do I use ZANTAC 150 or ZANTAC 300 tablets?](#)
- [5. What should I know while using ZANTAC 150 or ZANTAC 300 tablets?](#)
- [6. Are there any side effects?](#)
- [7. Product details](#)

1. Why am I using ZANTAC 150 or ZANTAC 300 tablets?

ZANTAC 150 and ZANTAC 300 tablets contain the active ingredient ranitidine (as ranitidine hydrochloride). It belongs to a group of medicines called H₂-antagonists.

ZANTAC 150 and ZANTAC 300 are mostly used to:

- treat stomach and duodenal ulcer disease (also known as peptic ulcer)
- stop these ulcers from coming back
- treat reflux oesophagitis (also known as reflux).

These problems are caused, in part, by too much acid in the stomach. This medicine reduces the pain and allows the ulcer and reflux to heal.

ZANTAC 150 and ZANTAC 300 are also used to treat:

- Zollinger-Ellison disease
- Scleroderma oesophagitis.

2. What should I know before I use ZANTAC 150 and ZANTAC 300?

Warnings

Do not use ZANTAC 150 and ZANTAC 300 tablets if:

- you are allergic to ranitidine or any of the ingredients listed at the end of this leaflet.

- Symptoms of an allergic reaction may include shortness of breath, wheezing or difficulty in breathing; swelling of the face, lips, tongue, or any other parts of the body; rash, itching or hives on the skin.
- the expiry date printed on the pack has passed.
- the packaging is torn or shows signs of tampering.

Check with your doctor if:

- you have any other medical conditions, especially the following:
 - stomach cancer
 - kidney disease
 - a history of stomach ulcers, and you are taking Non-Steroidal Anti Inflammatory medicines (NSAIDs)
 - acute porphyria
 - diabetes
 - problems with your immune system.
- you take any medicines for any other condition
- you have had any allergy to any other medicines, or any other substances, such as foods, preservatives, or dyes.
- you have to stop taking this or any other medicine for your ulcer or reflux.

During treatment, you may be at risk of developing certain side effects. It is important you understand these risks and how to monitor for them. See additional information under Section [6. Are there any side effects?](#)

Pregnancy and breastfeeding

Check with your doctor if you are pregnant, are planning on becoming pregnant, or are breastfeeding.

Your doctor will tell you if you should take this medicine.

Use in the elderly

Tell your doctor if you are over 65 years of age before taking this medicine.

Use in children

ZANTAC 150 and ZANTAC 300 have not been studied fully in children. However, ZANTAC 150 and ZANTAC 300 have been used with good results in children aged 8 to 18 years in doses up to 150 mg twice daily.

3. What if I am taking other medicines?

Tell your doctor or pharmacist if you are taking any other medicines, including any medicines, vitamins or supplements that you buy without a prescription from your pharmacy, supermarket or health food shop.

ZANTAC 150 and ZANTAC 300 can affect the way some other medicines work. Also other medicines can affect the way ZANTAC 150 and ZANTAC 300 work.

In particular, tell your doctor if you are taking any of the following medicines:

- warfarin, used to prevent blood clots
- triazolam and midazolam, used as sedatives
- ketoconazole, an anti-fungal
- atazanavir and delaviridine, used to treat HIV
- glipizide, used for diabetics
- gefitinib, used in the treatment of cancer.
- non-steroidal anti-inflammatory medicines (NSAIDs), for pain and inflammation
- procainamide or n-acetylprocainamide, used to treat heart problems
- sucralfate used to treat ulcers.

Check with your doctor or pharmacist if you are not sure about what medicines, vitamins or supplements you are taking and if these affect ZANTAC 150 and ZANTAC 300.

4. How do I use ZANTAC 150 or ZANTAC 300 tablets?

How much to take

- The normal adult dosage is 150 to 300 mg per day, taken as one 150 mg tablet once or twice a day, or one 300 mg tablet at bedtime. Your doctor may prescribe a different dosage.
- The dosage depends on the disease that you are suffering from.

When to take ZANTAC 150 and ZANTAC 300 tablets

It does not matter whether you take the tablets before or after food.

How to take ZANTAC 150 and ZANTAC 300 tablets

ZANTAC 150 and ZANTAC 300 tablets should be swallowed whole with a glass of water.

How long to take ZANTAC 150 and ZANTAC 300 tablets for

- Your pain or other symptoms may take a few days to go away. **Take all the tablets your doctor has prescribed for you, even if you feel better.**
- Even when you have completed your tablets, your doctor may decide to continue your treatment with ZANTAC 150 or ZANTAC 300, possibly at a different dosage, to prevent the problem from coming back again.

If you forget to use ZANTAC 150 or ZANTAC 300 tablets

If you forget to take your ZANTAC 150 or ZANTAC 300 tablets, take another as soon as possible unless it is nearly time for your next dose.

If it is almost time for your next dose, skip the dose you missed and take your next dose when you are meant to.

Do not take a double dose to make up for the dose you missed.

If you take too many ZANTAC 150 or ZANTAC 300 tablets

If you think that you have taken too many ZANTAC 150 or ZANTAC 300 tablets, you may need urgent medical attention.

You should immediately:

- phone the Poisons Information Centre (by calling **13 11 26**), or
- contact your doctor, or
- go to the Emergency Department at your nearest hospital.

You should do this even if there are no signs of discomfort or poisoning.

5. What should I know while using ZANTAC 150 or ZANTAC 300 tablets?

Things you should do

- **Take all the tablets your doctor has prescribed for you, even if you feel better.**
- **Remind any doctor, dentist or pharmacist you visit that you are using ZANTAC.**

Call your doctor immediately if:

You have taken all the tablets and still do not feel better.

Things you should not do

- **Do not take extra tablets, and do not take the tablets more often than you have been told.**
- **Do not give this medicine to anyone else, even if their symptoms seem like yours.**

Driving or using machines

Be careful before you drive or use any machines or tools until you know how ZANTAC 150 or ZANTAC 300 affects you.

Looking after your medicine

Keep ZANTAC 150 and ZANTAC 300 tablets in a cool dry place, away from moisture or heat, where the temperature stays below 25°C.

Heat and dampness can destroy some medicines.

Keep it where young children cannot reach it.

Getting rid of any unwanted medicine

If you no longer need to use this medicine or it is out of date, take it to any pharmacy for safe disposal.

6. Are there any side effects?

All medicines can have side effects. If you do experience any side effects, most of them are minor and temporary. However, some side effects may need medical attention.

See the information below and, if you need to, ask your doctor or pharmacist if you have any further questions about side effects.

Less serious side effects

Less serious side effects	What to do
<ul style="list-style-type: none">• headache• joint or muscle pains• drowsiness• insomnia• dizziness• depression• diarrhoea• constipation• feeling sick (nausea) or vomiting• breast tenderness and/or breast enlargement• breast discharge• changes in blood and liver function tests.	<p>Speak to your doctor or pharmacist if you have any of these less serious side effects and they worry you.</p>

Serious side effects

Serious side effects	What to do
<ul style="list-style-type: none">• An allergic reaction. The signs may include:<ul style="list-style-type: none">• skin reactions such as rash (red spots), itching, skin lumps or hives.• Swelling of the eyelids, face, lips, tongue, or other parts of the body.• shortness of breath, trouble breathing, wheezing, chest pain or tightness.• unexplained fever and feeling faint, especially when standing up.• severe stomach pain or a change in the type of pain• yellow colouring of the skin or eyes (jaundice)• confusion• general illness associated with weight loss	<p>Stop taking ZANTAC 150 and ZANTAC 300, and call your doctor straight away or go straight to the Emergency Department at your nearest hospital if you notice any of these serious side effects.</p>

<ul style="list-style-type: none">• fever• irregular heartbeat (including unusually fast or slow heart beats)• changes to heartbeat.	
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Tell your doctor or pharmacist if you notice anything else that may be making you feel unwell.

Other side effects not listed here may occur in some people.

Reporting side effects

After you have received medical advice for any side effects you experience, you can report side effects to the Therapeutic Goods Administration online at www.tga.gov.au/reporting-problems. By reporting side effects, you can help provide more information on the safety of this medicine.

Always make sure you speak to your doctor or pharmacist before you decide to stop taking any of your medicines.

7. Product details

ZANTAC 150 and ZANTAC 300 tablets for these medical uses and in the pack sizes described below are only available with a doctor's prescription.

What ZANTAC tablets contain

Active ingredient (main ingredient)	<ul style="list-style-type: none">• Each ZANTAC 150 tablet contains 150 mg of ranitidine (as ranitidine hydrochloride).• Each ZANTAC 300 tablet contains 300 mg of ranitidine (as ranitidine hydrochloride).
Other ingredients (inactive ingredients)	<ul style="list-style-type: none">• microcrystalline cellulose• magnesium stearate• croscarmellose sodium• opadry II white YS-22-18096. <p>Each ZANTAC 300 tablet contains 0.8 mg of sodium.</p>

Do not take this medicine if you are allergic to any of these ingredients.

ZANTAC 150 and ZANTAC 300 tablets are free from gluten and lactose.

What ZANTAC 150 and ZANTAC 300 tablets look like

ZANTAC tablets, available with a doctor's prescription, come in two strengths and in different pack sizes.

ZANTAC 150 are white, film-coated round tablets embossed with "150" on one face and plain on the other side. Available in blister packs of 60 tablets and starter packs of 10 tablets.

ZANTAC 300 are white, film-coated capsule shaped tablets embossed with “300” on one side and plain on the other. Available in blister packs of 30 tablets.

Australian registration numbers:

ZANTAC 150 tablets: AUST R 427731

ZANTAC 300 tablets: AUST R 53323

Who distributes ZANTAC 150 and ZANTAC 300 tablets?

Aspen Pharmacare Australia Pty Ltd
34-36 Chandos St
St Leonards NSW 2065
Australia

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