

Fluticasone ADVZ

Consumer Medicine Information (CMI) summary

The [full CMI](#) on the next page has more details. If you are worried about using this medicine, speak to your doctor or pharmacist.

1. Why am I using Fluticasone ADVZ?

Fluticasone ADVZ contains the active ingredient fluticasone furoate. Fluticasone ADVZ is used to treat symptoms of allergic rhinitis including stuffy, runny or itchy nose, sneezing, and watery, itchy or red eyes.

For more information, see Section [1. Why am I using Fluticasone ADVZ?](#) in the full CMI.

2. What should I know before I use Fluticasone ADVZ?

Do not use if you have ever had an allergic reaction to Fluticasone ADVZ or any of the ingredients listed at the end of the CMI.

Talk to your doctor if you have any other medical conditions, take any other medicines, or are pregnant or plan to become pregnant or are breastfeeding.

For more information, see Section [2. What should I know before I use Fluticasone ADVZ?](#) in the full CMI.

3. What if I am taking other medicines?

Some medicines may interfere with Fluticasone ADVZ and affect how it works.

A list of these medicines is in Section [3. What if I am taking other medicines?](#) in the full CMI.

4. How do I use Fluticasone ADVZ?

- **Adults and adolescents 12 years and older** - The usual starting dose is 2 sprays in each nostril once a day (55 micrograms fluticasone furoate). Once symptoms are controlled you may be able to decrease your dose to 1 spray in each nostril once a day.
- **Children (2 to 11 years):** The usual starting dose is 1 spray in each nostril once a day (27.5 micrograms fluticasone furoate). More instructions can be found in Section [4. How do I use Fluticasone ADVZ?](#) in the full CMI.

5. What should I know while using FLUTICASONE ADVZ?

Things you should do	<ul style="list-style-type: none">• Remind any doctor, dentist or pharmacist you visit that you are using Fluticasone ADVZ.• Tell your doctor, if you are taking any other medicines.• Tell your doctor if you become pregnant or are trying to become pregnant.• Tell your doctor if, for any reason, you have not used your medicine exactly as prescribed.• Tell your doctor if you are allergic to foods, dyes, preservatives or any other medicines.
Things you should not do	<ul style="list-style-type: none">• Do not stop using Fluticasone ADVZ or change the dose without first checking with your doctor.• Do not use Fluticasone ADVZ in or near the eyes.• Do not give this medicine to anyone else, even if their symptoms seem similar to yours.• Do not use Fluticasone ADVZ to treat any other complaints unless your doctor says to.
Driving or using machines	<ul style="list-style-type: none">• Be careful driving or operating machinery until you know how Fluticasone ADVZ affects you.• Fluticasone ADVZ is unlikely to affect your ability to drive or use machinery.
Looking after your medicine	<ul style="list-style-type: none">• Store your Fluticasone ADVZ below 25°C, protected from direct sunlight. Always keep the cap on.• Do not freeze.

For more information, see Section [5. What should I know while using Fluticasone ADVZ?](#) in the full CMI.

6. Are there any side effects?

All medicines can have side effects. If you do experience any side effects, most of them are minor and temporary. However, some side effects may need medical attention. Fluticasone ADVZ can cause allergic reactions which may be severe. **If you develop symptoms of an allergic reaction, call your doctor straight away or go straight to the Emergency Department at your nearest hospital.**

For more information, including what to do if you have any side effects, see Section [6. Are there any side effects?](#) in the full CMI.

Fluticasone ADVZ

Active ingredient(s): Fluticasone furoate

Consumer Medicine Information (CMI)

This leaflet provides important information about using Fluticasone ADVZ. **You should also speak to your doctor or pharmacist if you would like further information or if you have any concerns or questions about using Fluticasone ADVZ.**

Where to find information in this leaflet:

- [1. Why am I using Fluticasone ADVZ?](#)
- [2. What should I know before I use Fluticasone ADVZ?](#)
- [3. What if I am taking other medicines?](#)
- [4. How do I use Fluticasone ADVZ?](#)
- [5. What should I know while using Fluticasone ADVZ?](#)
- [6. Are there any side effects?](#)
- [7. Product details](#)

1. Why am I using Fluticasone ADVZ?

Fluticasone ADVZ contains the active ingredient **fluticasone furoate**. Fluticasone ADVZ belongs to a group of medicines known as corticosteroids, frequently called 'steroids'. Fluticasone ADVZ works to decrease inflammation caused by allergy (rhinitis).

Fluticasone ADVZ is used to treat symptoms of allergic rhinitis including stuffy, runny or itchy nose, sneezing, and watery, itchy or red eyes. The effects are usually felt within the first day, although some people will not feel the effects until several days after first taking it.

Your doctor may have prescribed Fluticasone ADVZ for another reason.

Fluticasone ADVZ is not addictive.

2. What should I know before I use Fluticasone ADVZ?

Warnings

Do not use Fluticasone ADVZ if:

- you are allergic to fluticasone furoate, or any of the ingredients listed at the end of this leaflet.
- Always check the ingredients to make sure you can use this medicine.

Check with your doctor if you:

- have any other medical conditions
- take any medicines for any other condition
- are allergic to foods, dyes, or any other medicine.

During treatment, you may be at risk of developing certain side effects. It is important you understand these risks and

how to monitor for them. See additional information under Section [6. Are there any side effects?](#)

Pregnancy and breastfeeding

Check with your doctor if you are pregnant or intend to become pregnant.

Talk to your doctor if you are breastfeeding or intend to breastfeed.

3. What if I am taking other medicines?

Tell your doctor or pharmacist if you are taking any other medicines, including any medicines, vitamins or supplements that you buy without a prescription from your pharmacy, supermarket or health food shop.

Some medicines may interfere with Fluticasone ADVZ and affect how it works.

For example, medicines like ketoconazole, used to treat fungal infection, and ritonavir used to treat HIV infection, may affect how Fluticasone ADVZ works. If you are taking these medicines, consult your doctor or pharmacist who will advise on what you should do.

Check with your doctor or pharmacist if you are not sure about what medicines, vitamins or supplements you are taking and if these affect Fluticasone ADVZ.

4. How do I use Fluticasone ADVZ?

How much to use

Adults and adolescents 12 years and older:

- The usual starting dose is 2 sprays in each nostril once a day (55 micrograms fluticasone furoate).
- Once symptoms are controlled you may be able to decrease your dose to 1 spray in each nostril once a day.

Children (2 to 11 years):

- The usual starting dose is 1 spray in each nostril once a day (27.5 micrograms fluticasone furoate).
- If symptoms are severe, your doctor may increase the dose to 2 sprays in each nostril once a day until symptoms are under control. It may then be possible for the dose to be reduced to 1 spray in each nostril once a day.

Follow the instructions provided and use Fluticasone ADVZ until your doctor tells you to stop.

When to use Fluticasone ADVZ

- Use Fluticasone ADVZ once a day and at the same time each day. This will treat your symptoms throughout the day and night.
- Fluticasone ADVZ is sprayed into the nose as a fine mist. It has virtually no taste.
- Fluticasone ADVZ is not for use in the eyes.
- Shake well before use.

How to use Fluticasone ADVZ

- See **STEP-BY-STEP INSTRUCTIONS FOR USE** leaflet inside the pack for information on how to use

If you forget to use Fluticasone ADVZ

If it is almost time for your next dose, skip the dose you missed and take your next dose when you are meant to. Otherwise, use the product as soon as you remember, then go back to using the product as you would normally.

Do not take a double dose to make up for the dose you missed.

Otherwise, your doctor may think that it was not working as it should and change your treatment unnecessarily.

How long to use it for

Your doctor will tell you how long to use Fluticasone ADVZ.

Do not stop using Fluticasone ADVZ, or change the dose without first checking with your doctor.

If you use too much Fluticasone ADVZ

If you think that you have used too much Fluticasone ADVZ, you may need urgent medical attention.

You should immediately:

- phone the Poisons Information Centre (by calling **13 11 26**), or
- contact your doctor, or
- go to the Emergency Department at your nearest hospital.

You should do this even if there are no signs of discomfort or poisoning.

5. What should I know while using Fluticasone ADVZ?

Things you should do

- Tell your doctor or pharmacist that you are using Fluticasone ADVZ if you are about to be started on any new medicines.
- Tell your doctor if you become pregnant or are trying to become pregnant.
- Tell your doctor if, for any reason, you have not used your medicine exactly as prescribed.
- Tell your doctor if you experience a change in your vision.
- Use Fluticasone ADVZ only in your nose.

Otherwise, your doctor may think that it was not effective and change your treatment unnecessarily.

Call your doctor straight away if you experience:

- **Wheezing, swelling of the lips/mouth, difficulty in breathing, hayfever, lumpy rash (hives) or fainting. These could be a symptom of an allergic reaction.**

Remind any doctor, dentist or pharmacist you visit that you are using Fluticasone ADVZ.

Things you should not do

- Do not use Fluticasone ADVZ in or near the eyes.
- Do not give this medicine to anyone else, even if their symptoms seem similar to yours.
- Do not use Fluticasone ADVZ to treat any other complaints unless your doctor says to.

Use in children

Fluticasone ADVZ is not recommended for use in children below 2 years of age.

Driving or using machines

Be careful before you drive or use any machines or tools until you know how Fluticasone ADVZ affects you.

Fluticasone ADVZ is unlikely to affect your ability to drive or use machinery.

Looking after your medicine

Store below 25°C. Do not refrigerate or freeze.

Store it in a cool dry place away from moisture, heat or sunlight; for example, do not store it:

- in the bathroom or near a sink, or
- in the car or on window sills.

Always keep the cap on.

Keep Fluticasone ADVZ in its pack until it is time to use it.

Keep it where young children cannot reach it.

Getting rid of any unwanted medicine

If you no longer need to use this medicine or it is out of date, take it to any pharmacy for safe disposal.

Do not use this medicine after the expiry date.

6. Are there any side effects?

All medicines can have side effects. If you do experience any side effects, most of them are minor and temporary. However, some side effects may need medical attention.

See the information below and, if you need to, ask your doctor or pharmacist if you have any further questions about side effects.

Less serious side effects

Less serious side effects	What to do
<ul style="list-style-type: none">nose bleeds.nasal ulceration - which may cause irritation or discomfort in your nose. You may also get streaks of blood when you blow your nose.headache.Pain, burning, irritation, soreness or dryness in the inside of the nose.Slowing of growth in children has also been observed, however the frequency of this occurring cannot be estimated from the available data.	Speak to your doctor if you have any of these less serious side effects and they worry you.

Serious side effects

Serious side effects	What to do
Allergic Reaction: <ul style="list-style-type: none">wheezingswelling of the lips/mouthdifficulty in breathinghay feverlumpy rash ("hives")fainting	Call your doctor straight away, or go straight to the Emergency Department at your nearest hospital if you notice any of these serious side effects.

Tell your doctor or pharmacist if you notice anything else that may be making you feel unwell.

Other side effects not listed here may occur in some people.

Reporting side effects

After you have received medical advice for any side effects you experience, you can report side effects to the Therapeutic Goods Administration online at www.tga.gov.au/reporting-problems. By reporting side effects, you can help provide more information on the safety of this medicine.

Always make sure you speak to your doctor or pharmacist before you decide to stop taking any of your medicines.

7. Product details

This medicine is only available with a doctor's prescription.

What Fluticasone ADVZ contains

Active ingredient (main ingredient)	fluticasone furoate
Other ingredients (inactive ingredients)	Glucose, Polysorbate 80, Benzalkonium Chloride, Disodium Edetate, Microcrystalline cellulose, Croscarmellose sodium and Purified Water.
Potential allergens	N/A

Do not take this medicine if you are allergic to any of these ingredients.

What Fluticasone ADVZ looks like

Fluticasone ADVZ Nasal Spray is a white suspension contained in an amber glass bottle fitted with a metering spray pump. Each spray of the suspension delivers approximately 27.5 micrograms of micronised fluticasone furoate as an ex-device dose.

Fluticasone ADVZ Nasal Spray is available in one pack size: 1 bottle of 120 sprays (AUST R 438498).

Who distributes Fluticasone ADVZ

Boucher & Muir Pty Ltd
t/a ADVANZ PHARMA (Australia)
Level 9, 76 Berry Street
North Sydney NSW 2060

Ph: 1800 627 680

This leaflet was prepared in May 2025.

INSTRUCTIONS FOR USE

Fluticasone ADVZ nasal spray suspension

What the nasal spray looks like

The nasal spray comes in an amber glass bottle. It will contain 120 sprays.

Five important things you need to know about using the nasal spray.

- Fluticasone ADVZ comes in an amber glass bottle. If you need to check how much is left hold the nasal spray upright against a bright light.
- When you **first use the nasal spray**, you will need to **shake it vigorously** with the cap on for about 10 seconds. This is important as Fluticasone ADVZ is a thick suspension that becomes liquid when you shake it well. It will only spray when it becomes liquid.
- The pump must be pressed firmly all the way in, to release the mist through the nozzle - see picture a.
- Always keep the cap on the nasal spray when you are not using it. The cap keeps the dust out, seals in the pressure and stops the nozzle from blocking up.
- Never use a pin or anything sharp to clear the nozzle. It will damage the nasal spray.

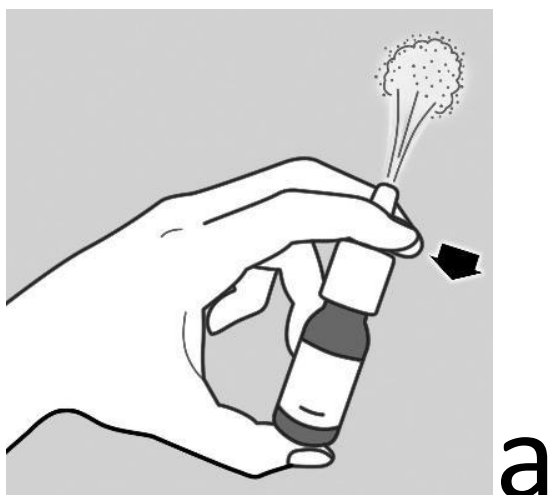
Preparing the nasal spray for use

You must prepare the nasal spray:

1. before you use it for the first time
2. if you have left the cap off for 5 days or the intranasal device has not been used for 30 days or more.

Preparing the nasal spray helps to make sure you always get the full dose of medicine. Follow these steps:

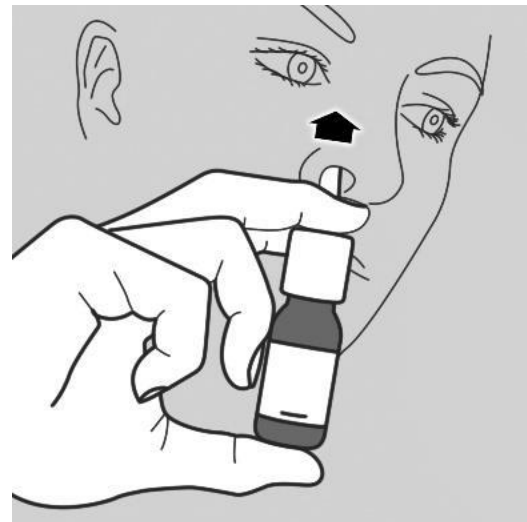
1. **Shake the nasal spray vigorously** with the cap on for about 10 seconds.
2. Remove the cap.
3. Hold the nasal spray upright, then tilt and **point the nozzle away from you**.
4. **Press the pump firmly** all the way in – see picture a. Do this at least 6 times until it releases a fine mist of spray into the air.



The nasal spray is now ready for use.

Using the nasal spray

1. **Shake the nasal spray** vigorously.
2. **Remove the cap.**
3. **Blow your nose** to clear your nostrils, then tilt your head forward a little bit.
4. Place the nozzle in one of your nostrils. Point the end of the nozzle slightly outwards, away from the centre ridge of your nose. This helps to get the medicine to the correct part of your nose – see picture b.



5. Press the **pump firmly** all the way in, **while you breathe in through your nose**
6. Take the nozzle out and **breathe out through your mouth**
7. If your dose is 2 sprays in each nostril repeat steps 4 to 6
8. Repeat steps 4 to 7 to treat the other nostril
9. **Replace the cap** on the nasal spray.

Cleaning the nasal spray after each use:

1. Wipe the nozzle with a clean, dry tissue
2. Do not use water to clean it.
3. Never use a pin or anything sharp on the nozzle.
4. Always replace the cap once you have finished.

If the nasal spray does not seem to be working:

- Check you still have medicine left. Look at the level through the glass. If the level is very low, there may not be enough left to work the nasal spray.
- Check the nasal spray for damage
- If you think the nozzle may be blocked, don't use a pin or anything sharp to clear it.
- Try to reset it by following the instructions under 'Preparing the nasal spray for use'.
- If it is still not working, or if it produces a jet of liquid, take the nasal spray back to the pharmacy to get advice.