

## Consumer Medicine Information (CMI) summary

The [full CMI](#) on the next page has more details. If you are worried about being given this medicine, speak to your doctor or pharmacist.

### 1. Why am I being given Aramine?

Aramine contains the active ingredient metaraminol tartrate. Aramine is used to increase your blood pressure which can drop during spinal anaesthesia or can drop as a reaction to medications or surgical complications.

For more information, see Section [1. Why am I being given Aramine?](#) in the full CMI.

### 2. What should I know before being given Aramine?

You should not be given Aramine if you have ever had an allergic reaction to Aramine or any of the ingredients listed at the end of the CMI in particular, sodium metabisulfite.

**Talk to your doctor if you have any other medical conditions, take any other medicines, or are pregnant or plan to become pregnant or are breastfeeding.**

For more information, see Section [2. What should I know before being given Aramine?](#) in the full CMI.

### 3. What if I am taking other medicines?

Some medicines may interfere with Aramine and affect how it works.

A list of these medicines is in Section [3. What if I am taking other medicines?](#) in the full CMI.

### 4. How will Aramine be given?

- Aramine must only be given by a doctor or nurse.
- It will be given in a hospital by direct injection into a vein or diluted and given as an infusion fluid into a vein.

More information can be found in Section [4. How will Aramine be given?](#) in the full CMI.

### 5. What should I know when being given Aramine?

|                                    |  |
|------------------------------------|--|
| <b>Things you should do</b>        | <ul style="list-style-type: none"> <li>• Always follow your doctor's instructions carefully.</li> </ul>  |
| <b>Driving or using machines</b>   | <ul style="list-style-type: none"> <li>• Be careful before you drive or use any machines or tools until you know how Aramine affects you.</li> </ul>   |
| <b>Looking after your medicine</b> | <ul style="list-style-type: none"> <li>• Aramine should only be given to you in hospital. It should be kept in the original packaging until it is given to you.</li> <li>• Aramine must be stored below 25°C, protected from light.</li> </ul> |

For more information, see Section [5. What should I know when being given Aramine?](#) in the full CMI.

### 6. Are there any side effects?

Possible side effects include fast or pounding heartbeat, swelling of the face, lips, mouth or throat which may cause difficulty in swallowing or breathing and breathlessness. If these occur tell your doctor or nurse immediately.

For more information, including what to do if you have any side effects, see Section [6. Are there any side effects?](#) in the full CMI.

**Active ingredient:** *metaraminol tartrate*

## Consumer Medicine Information (CMI)

This leaflet provides important information about using Aramine. **You should also speak to your doctor if you would like further information or if you have any concerns or questions about using Aramine.**

**Where to find information in this leaflet:**

- [1. Why am I being given Aramine?](#)
- [2. What should I know before I am given Aramine?](#)
- [3. What if I am taking other medicines?](#)
- [4. How will Aramine be given?](#)
- [5. What should I know when being given Aramine?](#)
- [6. Are there any side effects?](#)
- [7. Product details](#)

### 1. Why am I being given Aramine?

**Aramine contains the active ingredient metaraminol tartrate.** Aramine belongs to a group of medicines known as sympathomimetic amines which work by strengthening the contraction of the heart muscle and constricting blood vessels to help increase the blood pressure.

**Aramine is used to increase your blood pressure which can drop during spinal anaesthesia or can drop as a reaction to medications or surgical complications.**

### 2. What should I know before being given Aramine?

#### Warnings

**You should not be given Aramine if:**

- you are allergic to metaraminol tartrate, or any of the ingredients listed at the end of this leaflet. Aramine contains sodium metabisulfite. Sulfites may cause an allergic-type reaction or an asthmatic episode in certain susceptible people.  
Symptoms of an allergic reaction may include: shortness of breath; wheezing or difficulty breathing; swelling of the face, lips, tongue or other parts of the body; rash, itching or hives on the skin.  
Always check the ingredients to make sure you can be given this medicine.
- it is being given with cyclopropane or halothane anaesthesia (unless clinical circumstances demand their use).
- the solution is discoloured, cloudy, turbid, or a precipitate is present. The solution is normally clear and colourless.

#### Check with your doctor if you:

- have or have had any of the following medical conditions:
  - liver disease
  - heart or thyroid disease
  - high blood pressure
  - diabetes
  - malaria
- take any medicines for any other condition
- have allergies to any other medicines, sulfites or any other substances including foods, preservatives or dyes.

During treatment, you may be at risk of developing certain side effects. See additional information under Section [6. Are there any side effects?](#)

#### Pregnancy and breastfeeding

Check with your doctor if you are pregnant or intend to become pregnant.

Talk to your doctor if you are breastfeeding or intend to breastfeed.

#### Children

Aramine is not recommended for use in children.

### 3. What if I am taking other medicines?

Tell your doctor if you are taking any other medicines, including any medicines, vitamins or supplements that you buy without a prescription from your pharmacy, supermarket or health food shop.

#### Some medicines may interfere with Aramine and affect how it works.

These include:

- monoamine oxidase inhibitors (MAOIs) and tricyclic antidepressants (TCAs), medicines used to treat depression
- digoxin, a medicine used to treat heart failure.

**Check with your doctor if you are not sure about what medicines, vitamins or supplements you are taking and if these affect Aramine.**

## 4. How will Aramine be given?

**Aramine must only be given by a doctor or nurse.**

### How much is given

Your doctor will decide what dose of Aramine you will receive and how long you will receive it. This depends on your medical condition and other factors such as your weight.

### How Aramine is given

Aramine will be given in a hospital by direct injection into a vein or diluted and given as an infusion fluid into a vein.

### If you are given too much Aramine

As Aramine is always given to you in a hospital under the supervision of a doctor, it is unlikely that you will receive an overdose.

However, you should tell your doctor or nurse immediately if you feel unwell at all whilst you are being given Aramine. You may need urgent medical attention.

## 5. What should I know when being given Aramine?

### Things you should do

- Always follow your doctor's instructions carefully.

Your doctor or nurse will monitor your blood pressure.

### Driving or using machines

**Be careful before you drive or use any machines or tools until you know how Aramine affects you.**

### Looking after your medicine

- Aramine should only be given to you in a hospital.
- It should be kept in the original packaging until it has been given to you.
- Aramine must be stored below 25°C, protected from light.

### Getting rid of any unwanted medicine

Aramine should only be given to you in a hospital therefore the doctor or nurse will dispose of any leftover medicine.

## 6. Are there any side effects?

All medicines can have side effects. If you do experience any side effects, most of them are minor and temporary. However, some side effects may need medical attention.

See the information below and, if you need to, ask your doctor or nurse if you have any further questions about side effects.

## Serious side effects

| Serious side effects  | What to do  |
|---|---|
| <b>Heart-related:</b> <ul style="list-style-type: none"><li>• fast or pounding heartbeat</li></ul> <b>Allergic reaction-related:</b> <ul style="list-style-type: none"><li>• swelling of the face, lips, mouth or throat which may cause difficulty in swallowing or breathing.</li><li>• Breathlessness or any difficulty breathing.</li></ul> | <b>Call your doctor straight away, or go straight to the Emergency Department at your nearest hospital if you notice any of these serious side effects after being given Aramine.</b> |

**Tell your doctor if you notice anything else that may be making you feel unwell.**

Other side effects not listed here may occur in some people.

### Reporting side effects

After you have received medical advice for any side effects you experience, you can report side effects to the Therapeutic Goods Administration online at [www.tga.gov.au/reporting-problems](http://www.tga.gov.au/reporting-problems). By reporting side effects, you can help provide more information on the safety of this medicine.

## 7. Product details

This medicine is only available with a doctor's prescription.

### What Aramine contains

|   |  |
|---|--|
| <b>Active ingredient (main ingredient)</b>      | metaraminol tartrate   |
| <b>Other ingredients (inactive ingredients)</b> | sodium chloride<br>sodium metabisulfite<br>tartaric acid<br>sodium hydroxide<br>water for injections |
| <b>Potential allergens</b>                      | sodium metabisulfite   |

**Do not take this medicine if you are allergic to any of these ingredients.**

### What Aramine looks like

Aramine is a clear, colourless to slightly yellow/pink solution in a clear glass vial closed with a rubber stopper, aluminium seal and a plastic flip off cap.

Aramine is available as a 10 mg/mL solution supplied in a carton containing 5 vials:

10 mg/mL: Aust R 284785

## **Who distributes Aramine**

Phebra Pty Ltd

17-19 Orion Road

Lane Cove West NSW 2066

Australia

Telephone: 1800 720 020

This leaflet was prepared in December 2025.

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