

# NARAMIG tablets

## Consumer Medicine Information (CMI) summary

The [full CMI](#) on the next page has more details. If you are worried about using this medicine, speak to your doctor or pharmacist.

### 1. Why am I using NARAMIG?

NARAMIG contains the active ingredient naratriptan (as naratriptan hydrochloride). NARAMIG is used to relieve a migraine attack.

For more information, see Section [1. Why am I using NARAMIG?](#) in the full CMI.

### 2. What should I know before I use NARAMIG?

Do not use if you have ever had an allergic reaction to naratriptan or any of the ingredients listed at the end of the CMI.

**Talk to your doctor if you have any other medical conditions, take any other medicines, or are pregnant or plan to become pregnant or are breastfeeding.**

For more information, see Section [2. What should I know before I use NARAMIG?](#) in the full CMI.

### 3. What if I am taking other medicines?

Some medicines may interfere with NARAMIG and affect how it works.

A list of these medicines is in Section [3. What if I am taking other medicines?](#) in the full CMI.

### 4. How do I use NARAMIG?

- The recommended dose for adults is one 2.5 mg tablet.
- Swallow whole with a drink of water. Do not crush or chew.
- If the first dose helps with the migraine but another attack occurs, another dose can be taken at least 4 hours after.
- Do not take more than two NARAMIG tablets in any twenty-four hours.
- It is best to take your NARAMIG tablet as early as possible in the migraine attack.

More instructions can be found in Section [4. How do I use NARAMIG?](#) in the full CMI.

### 5. What should I know while using NARAMIG?

<b>Things you should do</b>	<ul style="list-style-type: none"><li>• Tell your doctor if, for any reason, you have not taken your medicine exactly as directed.</li><li>• Remind any doctor, dentist or pharmacist you visit that you are using NARAMIG.</li></ul>
<b>Things you should not do</b>	<ul style="list-style-type: none"><li>• Do not give this medicine to anyone else, even if their symptoms seem like yours.</li></ul>
<b>Things to be careful of</b>	<ul style="list-style-type: none"><li>• If you use NARAMIG too often, it may make your headache worse. If this happens, your doctor may tell you to stop taking NARAMIG.</li></ul>
<b>Driving or using machines</b>	<ul style="list-style-type: none"><li>• Be careful before you drive or use any machines or tools until you know how NARAMIG affects you.</li></ul>
<b>Looking after your medicine</b>	<ul style="list-style-type: none"><li>• Keep NARAMIG tablets in their pack until it is time to take them, where the temperature stays below 30°C.</li><li>• Store NARAMIG in a cool dry place, away from moisture or heat.</li></ul>

For more information, see Section [5. What should I know while using NARAMIG?](#) in the full CMI.

### 6. Are there any side effects?

Less serious side effects of NARAMIG include pain, numbness, tingling, heat or flushing in any part of the body; feelings of sleepiness, drowsiness, dizziness or tiredness; nausea (feeling sick) or vomiting; a feeling of faintness; muscle pain, stiffness, tightness or rigidity; and a reduced ability to produce saliva (dry mouth).

Serious side effects include heaviness, pressure or tightness in any part of the body including the chest or throat; irregular heartbeats; an allergic reaction; severe abdominal pain and blood in stools.

For more information, including what to do if you have any side effects, see Section [6. Are there any side effects?](#) in the full CMI.

# NARAMIG tablets

Active ingredient: *naratriptan (as naratriptan hydrochloride)*

## Consumer Medicine Information (CMI)

This leaflet provides important information about using NARAMIG tablets.

**You should also speak to your doctor or pharmacist if you would like further information or if you have any concerns or questions about using NARAMIG.**

**Where to find information in this leaflet:**

- [1. Why am I using NARAMIG?](#)
- [2. What should I know before I use NARAMIG?](#)
- [3. What if I am taking other medicines?](#)
- [4. How do I use NARAMIG?](#)
- [5. What should I know while using NARAMIG?](#)
- [6. Are there any side effects?](#)
- [7. Product details](#)

## 1. Why am I using NARAMIG?

NARAMIG contains the active ingredient naratriptan (as naratriptan hydrochloride). This medicine belongs to a group of drugs called serotonin agonists.

NARAMIG is used to relieve a migraine attack. It should not be used to prevent migraine attacks from occurring. NARAMIG may be used for migraine headaches with or without what is known as 'aura'.

It is thought that migraine headache is due to widening of certain blood vessels in the head. NARAMIG works by making those vessels normal again and eases the symptoms of migraine.

NARAMIG does not work in other types of headaches which are not a migraine.

NARAMIG is not addictive.

## 2. What should I know before I use NARAMIG?

### Warnings

**Do not take NARAMIG if:**

- you are allergic to naratriptan hydrochloride, or any of the ingredients listed at the end of this leaflet.**
  - Symptoms of an allergic reaction may include shortness of breath, wheezing or difficulty in breathing; swelling of the face, lips, tongue, or any

other parts of the body; rash, itching or hives on the skin.

- you have or have had any of the following medical conditions:**
  - heart disease or heart attack
  - Prinzmetal's angina (an uncommon form of angina where pain is experienced at rest rather than during activity)
  - angina
  - shortness of breath, pain or tightness in the chest, jaw or upper arm
  - stroke, or any other blood circulation problem that affects the brain
  - blood vessel problems that cause poor circulation in the arm and/or legs
  - high blood pressure
  - kidney disease
  - liver disease.
- you have taken any other medicines for migraine in the last 24 hours, such as:**
  - ergotamine (e.g. Cafergot)
  - dihydroergotamine (e.g. Dihydergot)
  - methysergide (e.g. Deseril)
  - sumatriptan (e.g. Imigran)
  - zolmitriptan (e.g. Zomig).
- you are taking any of these antidepressants:**
  - SSRIs (selective serotonin reuptake inhibitors)
  - SNRIs (serotonin noradrenaline reuptake inhibitors)
- the expiry date printed on the pack has passed.**
- the packaging is torn or shows signs of tampering.**

**Check with your doctor if:**

- you have or have had any other medical conditions, especially the following:**
  - migraine known as "hemiplegic", "basilar" or "ophthalmoplegic"
  - high blood cholesterol or lipid ("fat") levels.
  - a family history of heart problems
  - allergic to lactose.
- you take any medicines for any other condition, or have taken any other medicines in the past few days, including medicines you buy without a prescription, particularly herbal preparations containing St John's Wort and medicines prescribed for depression.**
- you have had any allergy to any other medicines (including any that contain sulfur e.g. sulfonamide antibiotics), or any other substances, such as foods, preservatives, or dyes.**

During treatment, you may be at risk of developing certain side effects. It is important you understand these risks and how to monitor for them. See additional information under Section [6. Are there any side effects?](#)

## Pregnancy and breastfeeding

**Check with your doctor if you are pregnant or intend to become pregnant.**

**Talk to your doctor if you are breastfeeding or intend to breastfeed.**

Breastfeeding should be discontinued for 24 hours after taking NARAMIG tablets.

## 3. What if I am taking other medicines?

Tell your doctor or pharmacist if you are taking any other medicines, including any medicines, vitamins or supplements that you buy without a prescription from your pharmacy, supermarket or health food shop.

**Some medicines may interfere with NARAMIG and affect how it works. These include:**

- Other migraine medicines (e.g. ergotamine, dihydroergotamine, methysergide, sumatriptan, zolmitriptan).
- SSRIs and SNRIs – certain types of antidepressants
- St John's Wort

**Check with your doctor or pharmacist if you are not sure about what medicines, vitamins or supplements you are taking and if these affect NARAMIG.**

## 4. How do I use NARAMIG?

### How much to take

The recommended dose for adults is one 2.5 mg tablet.

If the first NARAMIG tablet helps your migraine, but the migraine comes back later, you may take another tablet four hours after taking the first.

**Do not take more than two NARAMIG tablets in any twenty-four hours.**

### When to take NARAMIG

It is best to take your NARAMIG tablet as early as possible in the migraine attack, but it will work if you take your tablet later during the attack.

**Do not take more NARAMIG tablets if the first dose has not provided any relief from your symptoms.**

You may take your usual headache relief medication provided it does not contain ergotamine or methysergide.

**If you are not sure what to do, ask your doctor or pharmacist.**

If your migraine is not relieved by NARAMIG, you may use NARAMIG tablets on another occasion to treat another migraine attack.

Provided there are no side effects, at least three separate migraine attacks can be treated with NARAMIG tablets

before you and your doctor decide this medicine is ineffective for you.

### How to take it

**Swallow whole with a drink of water. Do not crush or chew the tablet as it has a bitter taste.**

### If you take too much

If you think that you have taken too much NARAMIG, you may need urgent medical attention.

**You should immediately:**

- phone the Poisons Information Centre (by calling 13 11 26), or
- contact your doctor, or
- go to the Emergency Department at your nearest hospital.

**You should do this even if there are no signs of discomfort or poisoning.**

## 5. What should I know while using NARAMIG?

### Things you should do

**Tell your doctor if, for any reason, you have not taken your medicine exactly as directed.**

Otherwise, your doctor may think that it is not working and change your treatment unnecessarily.

**Remind any doctor, dentist or pharmacist you visit that you are using NARAMIG.**

### Things you should not do

**Do not give this medicine to anyone else, even if their symptoms seem like yours.**

### Things to be careful of

If you use NARAMIG too often, it may make your headache worse. If this happens, your doctor may tell you to stop taking NARAMIG.

### Driving or using machines

**Be careful before you drive or use any machines or tools until you know how NARAMIG affects you.**

As with many other medicines, NARAMIG may cause drowsiness in some people.

### Looking after your medicine

**Keep NARAMIG tablets in their pack until it is time to take them, where the temperature stays below 30°C.**

**Store NARAMIG in a cool dry place, away from moisture or heat.**

For example, do not store it:

- in the bathroom or near a sink, or

- in the car or on window sills

Heat and dampness can destroy some medicines.

**Keep it where young children cannot reach it.**

## Getting rid of any unwanted medicine

If you no longer need to use this medicine or it is out of date, take it to any pharmacy for safe disposal.

## 6. Are there any side effects?

All medicines can have side effects. If you do experience any side effects, most of them are minor and temporary. However, some side effects may need medical attention.

It is likely that some side effects may be due to the migraine itself.

See the information below and, if you need to, ask your doctor or pharmacist if you have any further questions about side effects.

### Less serious side effects

Less serious side effects	What to do
<ul style="list-style-type: none"> <li>• pain, numbness, tingling, heat or flushing in any part of the body</li> <li>• feelings of sleepiness, drowsiness, dizziness or tiredness</li> <li>• nausea (feeling sick) or vomiting</li> <li>• a change in blood pressure</li> <li>• feeling of faintness</li> <li>• muscle pain, stiffness, tightness, or rigidity</li> <li>• reduced ability to produce saliva (dry mouth).</li> </ul>	<p><b>Speak to your doctor if you experience any of these less serious side effects.</b></p>

### Serious side effects

Serious side effects	What to do
<ul style="list-style-type: none"> <li>• heaviness, pressure or tightness in any part of the body including the chest or throat</li> <li>• irregular heartbeats</li> <li>• wheezing, swelling of the lips/mouth, difficulty in breathing, hay fever, lumpy rash ("hives") or fainting. These could be a symptom of an allergic reaction.</li> <li>• severe abdominal pain and pas blood in your stools</li> <li>• persistent purple discolouration and/or pain in the fingers, toes, ears, nose or jaw in response to cold.</li> </ul>	<p><b>Tell your doctor immediately and do not take any more NARAMIG tablets if you experience any of these serious side effects.</b></p>

**Tell your doctor or pharmacist if you notice anything else that may be making you feel unwell.**

Other side effects not listed here may occur in some people.

## Reporting side effects

After you have received medical advice for any side effects you experience, you can report side effects to the Therapeutic Goods Administration online at [www.tga.gov.au/reporting-problems](http://www.tga.gov.au/reporting-problems). By reporting side effects, you can help provide more information on the safety of this medicine.

**Always make sure you speak to your doctor or pharmacist before you decide to stop taking any of your medicines.**

## 7. Product details

This medicine is only available with a doctor's prescription.

### What NARAMIG tablets contain

<b>Active ingredient (main ingredient)</b>	<ul style="list-style-type: none"> <li>• naratriptan (as naratriptan hydrochloride) 2.5 mg/tablet</li> </ul>
<b>Other ingredients (inactive ingredients)</b>	<ul style="list-style-type: none"> <li>• lactose</li> <li>• microcrystalline cellulose</li> <li>• croscarmellose sodium</li> <li>• magnesium stearate</li> <li>• opadry green OY-S-21027</li> </ul>
<b>Potential allergens</b>	<ul style="list-style-type: none"> <li>• lactose</li> </ul>

**Do not take this medicine if you are allergic to any of these ingredients.**

### What NARAMIG looks like

NARAMIG 2.5 mg tablets are green film coated, D-shaped and plain on both sides. The tablets have a film coating to protect the tablet and give the distinctive colour. Available in blister packs of 2 or 4 tablets.

Australian Registration number: AUST R 62900

### Who distributes NARAMIG

Aspen Pharmacare Australia Pty Ltd  
34-36 Chandos St  
St Leonards NSW 2065  
Australia

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