

Fluoxetine generichealth

Consumer Medicine Information (CMI) Summary

The [full CMI](#) on the next page has more details. If you are worried about using this medicine, speak to your doctor or pharmacist.

1. Why am I using Fluoxetine generichealth?

Fluoxetine generichealth contains the active ingredient fluoxetine hydrochloride. Fluoxetine generichealth is used to treat depression, obsessive compulsive disorder (OCD) and premenstrual dysphoric disorder (PMDD).

For more information, see Section [1. Why am I using Fluoxetine generichealth?](#) in the full CMI.

2. What should I know before I use Fluoxetine generichealth?

Do not use if you have ever had an allergic reaction to fluoxetine hydrochloride or any of the ingredients listed at the end of the CMI.

Talk to your doctor or pharmacist if you have any other medical conditions, take any other medicines, or are pregnant or plan to become pregnant or are breastfeeding.

For more information, see Section [2. What should I know before I use Fluoxetine generichealth?](#) in the full CMI.

3. What if I am taking other medicines?

Some medicines may interfere with Fluoxetine generichealth and affect how it works.

A list of these medicines is in Section [3. What if I am taking other medicines?](#) in the full CMI.

4. How do I use Fluoxetine generichealth?

- Your doctor will tell you how much Fluoxetine generichealth you need to take each day.

More instructions can be found in Section [4. How do I use Fluoxetine generichealth?](#) in the full CMI.

5. What should I know while using Fluoxetine generichealth?

| | |
|------------------------------------|--|
| Things you should do | <ul style="list-style-type: none">Remind any doctor, dentist or pharmacist you visit that you are taking Fluoxetine generichealth.Tell your doctor immediately if you become pregnant while taking Fluoxetine generichealth.Tell your doctor immediately if you have thoughts about harming or killing yourself. |
| Things you should not do | <ul style="list-style-type: none">Do not stop taking this medicine or lower the dosage without checking with your doctor.Do not take the herbal remedy St. John's Wort while you are being treated with Fluoxetine generichealth.Do not give Fluoxetine generichealth to anyone else, even if they have the same condition as you. |
| Driving or using machines | <ul style="list-style-type: none">Do not drive or operate machinery until you know how Fluoxetine generichealth affects you.Fluoxetine generichealth may cause impaired judgement, reduced co-ordination, or drowsiness in some people. |
| Drinking alcohol | <ul style="list-style-type: none">Tell your doctor if you drink alcohol. |
| Looking after your medicine | <ul style="list-style-type: none">Keep your capsules in the blister pack until it is time to take them.Keep your capsules in a cool dry place where the temperature stays below 25°C. Protect from light. |

For more information, see Section [5. What should I know while using Fluoxetine generichealth?](#) in the full CMI.

6. Are there any side effects?

Common side effects include: fatigue; weakness; diarrhoea; chills; headache; nausea; vomiting; weight loss; dry mouth; trouble sleeping; anxiety; abnormal thoughts/dreams; drowsiness; dizziness; sweating; twitches; rash; itch; sexual disturbances; frequent urination; changes in taste; and changes in vision. Serious side effects may include: serious allergic reactions; muscle spasms; tremors; seizures; fast, irregular heartbeat; ECG changes; abnormal bleeding/bruising; sudden mood swings; confusion; loss of co-ordination; increased risk of breaking a bone; Stevens-Johnson syndrome; erythema multiforme; and serotonin syndrome.

For more information, including what to do if you have any side effects, see Section [6. Are there any side effects?](#) in the full CMI.

Fluoxetine generichealth

Active ingredient(s): fluoxetine hydrochloride

Consumer Medicine Information (CMI)

This leaflet provides important information about using Fluoxetine generichealth. **You should also speak to your doctor or pharmacist if you would like further information or if you have any concerns or questions about using Fluoxetine generichealth.**

Where to find information in this leaflet:

- [1. Why am I using Fluoxetine generichealth?](#)
- [2. What should I know before I use Fluoxetine generichealth?](#)
- [3. What if I am taking other medicines?](#)
- [4. How do I use Fluoxetine generichealth?](#)
- [5. What should I know while using Fluoxetine generichealth?](#)
- [6. Are there any side effects?](#)
- [7. Product details](#)

1. Why am I using Fluoxetine generichealth?

Fluoxetine generichealth contains the active ingredient fluoxetine hydrochloride. Fluoxetine generichealth belongs to a group of medicines called selective serotonin reuptake inhibitors (SSRIs). SSRIs are thought to work by their action on brain chemicals called amines which are involved in controlling mood.

Fluoxetine generichealth is used to treat:

- **depression;**
- **obsessive compulsive disorder (OCD);**
- **premenstrual dysphoric disorder (PMDD).**

2. What should I know before I use Fluoxetine generichealth?

Warnings

Do not use Fluoxetine generichealth if:

- you are allergic to fluoxetine hydrochloride, or any of the ingredients listed at the end of this leaflet. Always check the ingredients to make sure you can use this medicine.
- you are taking another medicine for depression called a monoamine oxidase inhibitor (MAOI) or have been taking a MAOI within the last 14 days.
- you are taking another medicine called pimozone to treat disturbances in thinking, feelings and behavior.
- you are taking metoprolol (used in cardiac failure).

Check with your doctor or pharmacist if you:

- have any other medical conditions, such as:
 - liver problems;
 - heart conditions;
 - raised eye pressure;
 - kidney problems;
 - seizures or fits;
 - diabetes;
 - bleeding disorders;
 - any other mental condition.
- have allergies to any other medicines, foods, preservatives or dyes.
- had a recent bone fracture or were told you have osteoporosis or risk factors for osteoporosis.
- take any medicines for any other condition.
- drink alcohol.

During treatment, you may be at risk of developing certain side effects. It is important you understand these risks and how to monitor for them. See additional information under Section [6. Are there any side effects?](#)

Pregnancy and breastfeeding

Check with your doctor if you are pregnant or intend to become pregnant. Your doctor will discuss the risks and benefits of taking Fluoxetine generichealth during pregnancy.

When taken during pregnancy, particularly in the last 3 months of pregnancy, medicines like Fluoxetine generichealth may affect your newborn baby and they may experience irritability, constant crying, feeding difficulties, vomiting, fluctuating temperature, seizures or fits, tremors, jitteriness, bluish appearance (cyanosis), breathing interruptions, low blood sugar, muscle stiffness, muscle weakness, or over responsive reflexes. These symptoms are uncommon and may be due to the effect of Fluoxetine generichealth or the discontinuation of Fluoxetine generichealth.

When used during pregnancy, particularly in late pregnancy, medicines like Fluoxetine generichealth may increase the risk of a serious condition in babies called persistent pulmonary hypertension (PPHN) which may cause the baby to breathe faster and appear bluish. If this happens to your baby, you should contact your doctor and/or go straight to the Emergency Department at your nearest hospital.

If you take Fluoxetine generichealth near the end of your pregnancy, there may be an increased risk of heavy vaginal bleeding shortly after birth, especially if you have a history of bleeding disorders. Tell your doctor or midwife if you are taking Fluoxetine generichealth so that they can advise you.

Talk to your doctor if you are breastfeeding or intend to breastfeed. Breastfeeding while on Fluoxetine generichealth is not recommended.

Use in children

Fluoxetine generichealth is not recommended for use by children under the age of 18 years.

3. What if I am taking other medicines?

Tell your doctor or pharmacist if you are taking any other medicines, including any medicines, vitamins or supplements that you buy without a prescription from your pharmacy, supermarket or health food shop.

Some combinations of medicines may increase the risk of serious side effects and are potentially life threatening.

Some medicines may be affected by Fluoxetine generichealth or may affect how well it works. These include:

- monoamine oxidase inhibitors (MAOIs), medicines used to treat some types of depression.
You should stop taking MAOIs at least two weeks before starting Fluoxetine generichealth. If you do take Fluoxetine generichealth while you are taking an MAOI, you may experience elevated body temperature, muscle stiffness, involuntary muscle jerking, fluctuations of vital signs (blood pressure, heart rate, breathing rate) and mental state from extreme agitation progressing to confusion and coma (a condition called serotonin syndrome).
- tamoxifen, a medicine used to treat breast cancer.
- lithium, a medicine used to treat mood swings and some types of depression.
- serotonin and noradrenaline reuptake inhibitors (SNRIs), SSRIs, tricyclic antidepressants and other medicines for depression, obsessive compulsive disorder or PMDD.
- sleeping tablets or sedatives.
- medicines used to relieve anxiety.
- medicines used to treat certain mental and emotional conditions, also called antipsychotics.
- medicines used to treat disturbances in thoughts, feelings and behaviour, such as pimozide.
- medicines used to control seizures, such as phenytoin and carbamazepine.
- medicines used to prevent blood clots, such as warfarin.
- flecainide, a medicine used to treat some heart conditions.
- tryptophan.
- St John's Wort.
- medicines used to relieve pain, such as tramadol.
- triptan medicines used to treat migraine, such as sumatriptan.

Do not start taking other medicines for depression without checking with your doctor. Do this even if you have already stopped taking Fluoxetine generichealth.

Check with your doctor or pharmacist if you are not sure about what medicines, vitamins or supplements you are taking and if these affect Fluoxetine generichealth.

4. How do I use Fluoxetine generichealth?

How much to take

- The usual dose for Fluoxetine generichealth is one capsule taken once a day. Your doctor may increase or decrease your dose depending on your condition.
- For PMDD, Fluoxetine generichealth may be prescribed to be taken every day or only during a certain part of the month. Your doctor will prescribe the dosing schedule that is right for you.
- Follow the instructions provided and use Fluoxetine generichealth until your doctor tells you to stop.

When to take Fluoxetine generichealth

- Fluoxetine generichealth should be taken as a single morning dose.
- If your doctor tells you to take Fluoxetine generichealth twice a day, take a dose in the morning and at noon.
- Take your medicine at about the same time each day.

How long to take Fluoxetine generichealth

- Continue to take Fluoxetine generichealth for as long as your doctor recommends. The length of treatment with Fluoxetine generichealth will depend on how quickly your symptoms improve.
- Most medicines of this type take time to work so don't be discouraged if you do not feel better right away. While some symptoms will be relieved sooner than others, Fluoxetine generichealth commonly takes two to four weeks before improvement is really apparent.
- If you do not start to feel better in about four weeks, check with your doctor.

If you forget to use Fluoxetine generichealth

Fluoxetine generichealth should be taken regularly at the same time each day.

If it is almost time for your next dose, skip the dose you missed and take your next dose when you are meant to. Otherwise, take it as soon as you remember, and then go back to taking your medicine as you would normally.

Do not take a double dose to make up for the dose you missed.

If you are not sure what to do, ask your doctor or pharmacist.

If you use too much Fluoxetine generichealth

If you think that you have used too much Fluoxetine generichealth, you may need urgent medical attention.

You should immediately:

- phone the Poisons Information Centre (**by calling 13 11 26**); or
- contact your doctor; or

- go to the Emergency Department at your nearest hospital.

You should do this even if there are no signs of discomfort or poisoning.

Symptoms of an overdose may include nausea (feeling sick), vomiting, seizures or fits, fast or slow heartbeat or change in heart rhythm, breathing difficulty, altered level of alertness from excitation to coma.

5. What should I know while using Fluoxetine generichealth?

Things you should do

- Tell your doctor if you become pregnant or start breastfeeding while taking Fluoxetine generichealth. Your doctor will discuss the risks and benefits of taking Fluoxetine generichealth during pregnancy or breastfeeding.
- Keep all of your doctor's appointments so that your progress can be checked.
The symptoms of depression or other psychiatric conditions may include thoughts of harming yourself or suicide. These symptoms may continue or get worse during the first one or two months of treatment until the full antidepressant effect of Fluoxetine generichealth becomes apparent. This is more likely to occur in young adults under 25 years of age.

If you or someone you know is demonstrating any of the following warning signs, call your doctor straight away or go to the Emergency Department at your nearest hospital:

- worsening of your depression
- thoughts or talk of death or suicide
- thoughts or talk of self-harm or harm to others
- any recent attempts at self-harm
- increase in aggressive behaviour, irritability or any other unusual changes in behaviour or mood

All mentions of suicide or violence must be taken seriously.

Remind any doctor, dentist or pharmacist you visit that you are using Fluoxetine generichealth.

Things you should not do

- Do not stop taking this medicine or lower the dosage without checking with your doctor.
Suddenly stopping Fluoxetine generichealth may cause symptoms such as dizziness, sleep disturbance, headache, irritability, anxiety, agitation, nausea, confusion, weakness, and tingling or numbness in the hands or feet. Your doctor may want you to gradually reduce the amount of Fluoxetine generichealth you are taking before stopping completely.
- Do not take the herbal remedy St. John's Wort while you are being treated with Fluoxetine generichealth. If you are already taking St. John's Wort, stop taking it and mention it to your doctor at your next visit.
- Do not give Fluoxetine generichealth to anyone else, even if they have the same condition as you.

- Do not let yourself run out of Fluoxetine generichealth over the weekend or on holidays.
- Do not take Fluoxetine generichealth to treat any other complaints unless your doctor tells you to.
- Do not take Fluoxetine generichealth if the packaging is torn or shows signs of tampering or the capsules do not look quite right.

Driving or using machines

Be careful before you drive or use any machines or tools until you know how Fluoxetine generichealth affects you.

Fluoxetine generichealth may cause impaired judgement, reduced co-ordination, or drowsiness in some people.

Drinking alcohol

Tell your doctor or pharmacist if you drink alcohol.

Although drinking alcohol is unlikely to affect your response to Fluoxetine generichealth, your doctor may suggest avoiding alcohol while you are being treated for depression.

Looking after your medicine

- Keep your capsules in a cool dry place where the temperature stays below 25°C. Protect from light.
- Keep your capsules in the blister pack until it is time to take them.

Follow the instructions on the carton on how to take care of your medicine properly.

Store it in a cool dry place away from moisture, heat or sunlight; for example, do not store it:

- in the bathroom or near a sink; or
- in the car or on window sills.

Keep it where young children cannot reach it.

Getting rid of any unwanted medicine

If you no longer need to use this medicine or it is out of date, take it to any pharmacy for safe disposal.

Do not use this medicine after the expiry date.

6. Are there any side effects?

All medicines can have side effects. If you do experience any side effects, most of them are minor and temporary. However, some side effects may need medical attention.

See the information below and, if you need to, ask your doctor or pharmacist if you have any further questions.

Less serious side effects

| Less serious side effects | What to do |
|---|---|
| <p>Gastrointestinal:</p> <ul style="list-style-type: none"> • Nausea, vomiting. • Upset stomach. • Diarrhoea. • Loss of appetite. • Weight loss. • Changes in taste. • Dry mouth. <p>Nervous system:</p> <ul style="list-style-type: none"> • Drowsiness. • Flushing. • Nervousness, anxiety. • Dizziness. • Abnormal thoughts. • Headache. <p>Sleep-related:</p> <ul style="list-style-type: none"> • Trouble sleeping. • Unusual dreams. <p>Skin-related:</p> <ul style="list-style-type: none"> • Itch. • Rash. • Sweating. <p>Eye-related:</p> <ul style="list-style-type: none"> • Changes in vision. <p>Muscle-related:</p> <ul style="list-style-type: none"> • Twitches. <p>General symptoms:</p> <ul style="list-style-type: none"> • Fatigue. • Weakness. • Yawning. • Allergic reactions. • Chills. • Sexual disturbances (decreased sexual drive, problems with orgasm, ejaculation or erection). In some cases, these symptoms have continued after stopping treatment. • More frequent urination. | <p>Speak to your doctor if you have any of these less serious side effects and they worry you.</p> |

Serious side effects

| Serious side effects | What to do |
|---|---|
| <p>Serious allergic reaction:</p> <ul style="list-style-type: none"> • Symptoms of an allergic reaction may include: shortness of breath, wheezing or difficulty breathing; | <p>Call your doctor straight away, or go straight to the Emergency</p> |

| Serious side effects | What to do |
|---|--|
| <p>swelling of the face, lips, tongue or other parts of the body; or rash, itching or hives on the skin.</p> <p>Nervous system:</p> <ul style="list-style-type: none"> • Muscle spasms. • Tremors. • Seizures or fits. • Loss of co-ordination. • Confusion. • Feeling confused, feeling restless, agitation, mood swings, sweating, shaking, diarrhoea, shivering, tremor, loss of co-ordination, overactive reflexes, hallucinations, sudden jerks in your muscles or a fast heart beat. These may be symptoms of a rare condition called serotonin syndrome. • Sudden switches of mood to one of overactivity and uninhibited behaviour. <p>Heart-related:</p> <ul style="list-style-type: none"> • ECG changes. <p>Bone and muscle-related:</p> <ul style="list-style-type: none"> • Increased risk of breaking a bone. <p>General symptoms:</p> <ul style="list-style-type: none"> • Abnormal bleeding or bruising. • A widespread rash with blisters and peeling skin, particularly around the mouth, nose, eyes and genitals (Stevens-Johnson syndrome). • Severe skin rash, which may blister and looks like small targets (central dark spots surround by a paler area, with a dark ring around the edge) (erythema multiforme). | <p>Department at your nearest hospital if you notice any of these serious side effects.</p> |

Tell your doctor or pharmacist if you notice anything else that may be making you feel unwell.

Other side effects not listed here may occur in some people.

Reporting side effects

After you have received medical advice for any side effects you experience, you can report side effects to the Therapeutic Goods Administration online at www.tga.gov.au/reporting-problems. By reporting side effects, you can help provide more information on the safety of this medicine.

Always make sure you speak to your doctor or pharmacist before you decide to stop taking any of your medicines.

7. Product details

This medicine is only available with a doctor's prescription.

What Fluoxetine generichealth contains

| | |
|---|---|
| Active ingredient (main ingredient) | Fluoxetine hydrochloride |
| Other ingredients (inactive ingredients) | Pregelatinised maize starch Gelatin Sodium lauryl sulfate Brilliant blue FCF Titanium dioxide Allura red AC; Quinoline yellow Purified water |

Do not take this medicine if you are allergic to any of these ingredients.

Fluoxetine generichealth capsules are gluten free.

What Fluoxetine generichealth looks like

Fluoxetine generichealth 20 mg is a light green/off-white size 3 capsule containing white powder (AUST R 146600).

Who distributes Fluoxetine generichealth

Generic Health Pty Ltd

Suite 2, Level 2

19-23 Prospect Street

Box Hill, VIC, 3128

Australia

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