

ZOFRAN ZYDIS wafers

Consumer Medicine Information (CMI) summary

The [full CMI on the next page](#) has more details. If you are worried about using this medicine, speak to your doctor or pharmacist.

1. Why am I using ZOFRAN ZYDIS wafers?

ZOFRAN ZYDIS wafers contain the active ingredient ondansetron. ZOFRAN ZYDIS wafers are used to help stop the nausea (sick feeling) and vomiting which can occur after medical treatments and operations.

ZOFRAN ZYDIS wafers should only be used to treat the nausea and vomiting for which they have been prescribed.

For more information, see Section [1. Why am I using ZOFRAN ZYDIS wafers?](#) in the full CMI.

2. What should I know before I use ZOFRAN ZYDIS wafers?

Do not use if you have ever had an allergic reaction to ondansetron or any of the ingredients listed at the end of the CMI.

Talk to your doctor if you have any other medical conditions, take any other medicines, are pregnant, plan to become pregnant or are breastfeeding.

For more information, see Section [2. What should I know before I use ZOFRAN ZYDIS wafers?](#) in the full CMI.

3. What if I am taking other medicines?

Some medicines may interfere with ZOFRAN and affect how it works.

A list of these medicines is in Section [3. What if I am taking other medicines?](#) in the full CMI.

4. How do I take ZOFRAN ZYDIS wafers?

Peel back the foil top of the blister strip and gently remove the wafer. Do not try and push it through the foil top as the wafer is fragile and will break up inside the foil. Place the wafer on top of your tongue. It will disappear very quickly, then swallow as normal.

More instructions can be found in Section [4. How do I take ZOFRAN ZYDIS wafers?](#) in the full CMI.

5. What should I know while using ZOFRAN ZYDIS wafers?

Things you should do	<ul style="list-style-type: none">• Remind any doctor, dentist or pharmacist you visit that you are using ZOFRAN ZYDIS wafers.• Take ZOFRAN ZYDIS wafers as directed by your doctor or pharmacist.
Things you should not do	<ul style="list-style-type: none">• Do not give this medicine to anyone else, even if their symptoms seem like yours.• Do not use ZOFRAN ZYDIS wafers to treat any other complaints unless your doctor says to.• Do not take ZOFRAN ZYDIS wafers more often than your doctor or pharmacist tells you.
Looking after your medicine	<ul style="list-style-type: none">• Keep ZOFRAN ZYDIS wafers in a cool, dry place where it stays below 30°C and away from bright sunlight.• Keep ZOFRAN ZYDIS wafers in the original pack until it is time to take it.

For more information, see Section [5. What should I know while using ZOFRAN ZYDIS wafers?](#) in the full CMI.

6. Are there any side effects?

Like other medicines, ZOFRAN ZYDIS wafers can cause some side-effects. If they occur, they are most likely to be minor and temporary. However, some may be serious and need medical attention.

The most commonly reported mild side-effects are headache, a sensation of warmth or flushing, mild stomach cramps, constipation or diarrhoea, dry mouth or hiccups.

This is not a complete list of all possible side effects. For more information, including what to do if you have any side effects, see Section [6. Are there any side effects?](#) in the full CMI.

ZOFRAN ZYDIS wafers

Active ingredient: *ondansetron*

Consumer Medicine Information (CMI)

This leaflet provides important information about using ZOFRAN ZYDIS wafers.

You should also speak to your doctor or pharmacist if you would like further information or if you have any concerns or questions about using ZOFRAN ZYDIS wafers.

Where to find information in this leaflet:

- [1. Why am I using ZOFRAN ZYDIS wafers?](#)
- [2. What should I know before I use ZOFRAN ZYDIS wafers?](#)
- [3. What if I am taking other medicines?](#)
- [4. How do I take ZOFRAN ZYDIS wafers?](#)
- [5. What should I know while using ZOFRAN ZYDIS wafers?](#)
- [6. Are there any side effects?](#)
- [7. Product details](#)

1. Why am I using ZOFRAN ZYDIS wafers?

ZOFRAN ZYDIS wafers contain the active ingredient ondansetron. This belongs to a group of medicines called antiemetics.

ZOFRAN ZYDIS wafers are used to help stop the nausea (sick feeling) and vomiting which can occur after medical treatments and operations.

'Wafer' used in the product name is the word used for the special type of tablet which dissolves in a few seconds when placed on the tongue. It is easier to swallow than ordinary tablets.

Ask your doctor if you have any questions about why this medicine has been prescribed for you.

You doctor may have prescribed this medicine for another reason.

ZOFRAN ZYDIS wafers are not addictive.

2. What should I know before I use ZOFRAN ZYDIS wafers?

Warnings

Do not use ZOFRAN ZYDIS wafers if:

- you are taking apomorphine, used to treat Parkinson's disease
- you are allergic to ondansetron, or any of the ingredients listed at the end of this leaflet.

Symptoms of an allergic reaction may be mild or severe. They usually include some or all of the following: wheezing, swelling of the lips and mouth, difficulty in breathing, hayfever, lumpy rash ("hives") or fainting.

- you are pregnant, trying to become pregnant or breastfeeding, unless your doctor says its safe.
- the expiry date printed on the pack has passed.
- the packaging is torn or shows signs of tampering.

Check with your doctor if you:

- are allergic to foods, dyes, preservatives or any other medicines
- have had to stop taking another medicine for your nausea or vomiting
- have or have had liver problems
- you suffer from severe constipation or have a blockage in your gut
- have phenylketonuria, as this medicine contains aspartame.

During treatment, you may be at risk of developing certain side effects. It is important you understand these risks and how to monitor for them. See additional information under Section [6. Are there any side effects?](#)

Pregnancy and breastfeeding

Check with your doctor if you are pregnant, intend to become pregnant, are breastfeeding or intend to breastfeed.

Use in children

There is limited experience in children. ZOFRAN ZYDIS wafers can be taken by children over 4 years of age.

3. What if I am taking other medicines?

Tell your doctor or pharmacist if you are taking any other medicines, including any medicines, vitamins or supplements that you buy without a prescription from your pharmacy, supermarket or health food shop.

Some medicines may affect the way others work. Your doctor or pharmacist will be able to tell you what to do when taking ZOFRAN ZYDIS wafers with other medicines.

Check with your doctor or pharmacist if you are not sure about what medicines, vitamins or supplements you are taking and if these affect ZOFRAN ZYDIS wafers.

4. How do I take ZOFRAN ZYDIS wafers?

How much to take

Take ZOFRAN ZYDIS wafers as directed by your doctor or pharmacist.

Do not:

- take more ZYDIS wafers than your doctor or pharmacist tells you
- take the ZYDIS wafers more often than your doctor or pharmacist tells you.

If you vomit within one hour taking your first ZOFRAN ZYDIS wafer of each course prescribed to you, you should take the same dose again.

If you continue to vomit, tell your doctor.

How to take this medicine

- Peel back the foil top of the blister strip and gently remove the ZOFRAN ZYDIS wafer. Do not try to push it through the foil top as the wafer is fragile and will break up inside the foil.
- Place the ZOFRAN ZYDIS wafer on top of your tongue. It will disappear very quickly, then swallow as normal.

If you forget to use ZOFRAN ZYDIS wafers

- If you miss your dose and you do not feel sick take your next dose when you are meant to.
- If you miss your dose and you feel sick, take the missed dose as soon as possible, then go back to taking your ZOFRAN ZYDIS wafers as you would normally.
- If it is almost time for your next dose, skip the dose you missed and take your next dose when you are meant to.
- Do not take a double dose to make up for the dose you missed.

If you use too much ZOFRAN ZYDIS wafers

If you think that you have used too many ZOFRAN ZYDIS wafers, you may need urgent medical attention.

You should immediately:

- phone the Poisons Information Centre (by calling 13 11 26), or
- contact your doctor, or
- go to the Emergency Department at your nearest hospital.

You should do this even if there are no signs of discomfort or poisoning.

5. What should I know while using ZOFRAN ZYDIS wafers?

Things you should do

Tell your doctor if, for any reason, you have not taken your medicine exactly as directed.

Otherwise, your doctor may think that it was not working as it should and change your treatment unnecessarily.

Remind any doctor, dentist or pharmacist you visit that you are using ZOFRAN ZYDIS wafers.

Things you should not do

Do not:

- give this medicine to anyone else, even if their symptoms seem like yours.
- use ZOFRAN ZYDIS wafers to treat any other complaints unless your doctor says so.
- stop taking this medicine or change the dose without first checking with your doctor.

Looking after your medicine

Keep ZOFRAN ZYDIS wafers in the original container in a cool, dry place where it stays below 30°C.

Store away from moisture, heat or sunlight. For example, do not store it:

- in the bathroom or near a sink, or
- in the car or on window sills.

Keep it where young children cannot reach it.

Getting rid of any unwanted medicine

If you no longer need to use this medicine or it is out of date, take it to any pharmacy for safe disposal.

6. Are there any side effects?

All medicines can have side effects. If you do experience any side effects, most of them are minor and temporary. However, some side effects may need medical attention.

See the information below and, if you need to, ask your doctor or pharmacist if you have any further questions about side effects.

Less serious side effects

Less serious side effects	What to do
<ul style="list-style-type: none">• headache• a sensation of warmth or flushing• mild stomach cramps• constipation or diarrhoea• dry mouth• hiccups• dizziness or light-headed feeling.	<p>Speak to your doctor if you have any of these less serious side effects and they worry you.</p> <p>These are all mild side</p>

	effects. There is no immediate reason to stop taking your ZYDIS wafers unless you are concerned.
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Serious side effects

Serious side effects	What to do
<ul style="list-style-type: none"> • chest pain or tightness of the chest • changes in the way your heart beats, e.g. if you notice it beating faster or slower than normal, or if it beats irregularly or if it 'throbs' • disturbance in heart rhythm (sometimes causing a sudden loss of consciousness) • low blood pressure • abnormal muscular body movements or shaking • involuntary upward movement of the eyes • unusual muscle tone causing distortion of the body • fits or convulsions • patients may experience "serotonin syndrome" (confusion, sweating, unsteadiness, shaking, diarrhoea) when ZOFRAN is taken in combination with other serotonergic drugs. This includes some antidepressants, opioid pain medicines such as tramadol, fentanyl and lithium. • severe skin reaction where the top layer of the skin detaches from the lower layers. • allergic reaction causing some or all of the following symptoms- wheezing, swelling of the eyelids, face, lips, mouth or throat which may cause difficulty in swallowing or breathing, hayfever, lumpy rash ("hives") or fainting. 	<p>Call your doctor immediately or go straight to the Emergency Department at your nearest hospital if you notice any of these serious side effects.</p> <p>Serious side effects are rare.</p>

In certain illnesses and treatments where ZOFRAN ZYDIS wafers have been used, blood vessel blockage has occurred. However, it is important to note that blood vessel blockage has also occurred in these illnesses and treatments when ZOFRAN ZYDIS wafers have not been used.

Discuss this with your doctor if you have any concerns.

If your nausea (feeling of sickness) or vomiting does not go away, ask your doctor what to do.

Tell your doctor or pharmacist if you notice anything else that may be making you feel unwell.

Other side effects not listed here may occur in some people.

Reporting side effects

After you have received medical advice for any side effects you experience, you can report side effects to the Therapeutic Goods Administration online at www.tga.gov.au/reporting-problems. By reporting side effects, you can help provide more information on the safety of this medicine.

Always make sure you speak to your doctor or pharmacist before you decide to stop taking any of your medicines.

7. Product details

This medicine is only available with a doctor's prescription.

What ZOFRAN ZYDIS wafers contain

Active ingredient (main ingredient)	Each wafer contains either 4 or 8 mg of ondansetron.
Other ingredients (inactive ingredients)	<ul style="list-style-type: none"> • aspartame • gelatin • mannitol • sodium methyl hydroxybenzoate • sodium propyl hydroxybenzoate • strawberry flavouring liquid SC887891.
Potential allergens	<ul style="list-style-type: none"> • hydroxybenzoates • aspartame • sulfites.

Do not take this medicine if you are allergic to any of these ingredients.

What ZOFRAN ZYDIS wafers looks like

ZOFRAN ZYDIS is a special type of tablet called a wafer.

ZOFRAN ZYDIS wafers come in two strengths, either a 4 mg or 8 mg strength. Both wafer strengths are white and round with no markings on either side. Available in blister packs of 10 wafers.

Australian Registration numbers:

4 mg: AUST R 63054

8 mg: AUST R 63055

Who distributes ZOFRAN ZYDIS wafers

Aspen Pharmacare Australia Pty Ltd
34-36 Chandos Street
St Leonards NSW 2065
Australia

This leaflet was revised in November 2025.