AUSTRALIAN COMMISSION ON SAFETY AND QUALITY IN HEALTH CARE



On the Radar

Issue 437 21 October 2019

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You can also follow us on Twitter @ACSQHC.

On the Radar Editor: Dr Niall Johnson <u>niall.johnson@safetyandquality.gov.au</u> Contributors: Niall Johnson, Kate Reynolds

National Safety and Quality Health Service Standards: User guide for the review of clinical variation in health care – Consultation Draft https://www.safetyandguality.gov.au/standards/nsghs-standards/implementation-nsghs-

standards/nsqhs-standards/nsplementation-in standards/nsqhs-standards-updates-and-consultations Australian Commission on Safety and Quality in Health Care Sydney: ACSQHC; 2019.

The Commission examines variation in the Australian Atlas of Healthcare Variation series www.safetyandquality.gov.au/publications-and-resources/australian-atlas-healthcare-variation-series

The Commission has produced a consultation draft of the User Guide for the Review of Clinical Variation in Health Care to support health service organisations implement a new action in the NSQHS standards, second edition. The new Action (1.28) is part of the Governance Standard, and includes monitoring and investigating data on clinical variation to improve clinical practice. The Guide includes practical advice and case studies to show some of the different ways that health service organisations may implement Action 1.28.

Feedback on the consultation draft of the Guide will be accepted until **31 October 2019**.

Books

Integrating Social Care into the Delivery of Health Care: Moving Upstream to Improve the Nation's Health National Academies of Sciences, Engineering, and Medicine Washington, DC: The National Academies Press; 2019.

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DOI	https://doi.org/10.17226/25467
	This report examines the potential for integrating services addressing social needs and
	the social determinants of health into the delivery of health care to achieve better
	health outcomes. The report assesses approaches to social care integration currently
	being taken by health care providers and systems, and new or emerging approaches
	and opportunities; current roles in such integration by different disciplines and
	organizations, and new or emerging roles and types of providers; and current and
	emerging efforts to design health care systems to improve health and reduce health
	inequities.
	The report identifies five goals to better integrate social care into health care, which
Notes	may in turn result in improved health and reduced health disparities. The goals are to:
	1. Design health care delivery to integrate social care into health care, guided by
	the five health care system activities-awarenesss, adjustment, assistance,
	alignment, and advocacy.
	2. Build a workforce to integrate social care into health care delivery.
	3. Develop a digital infrastructure that is interoperable between health care and
	social care organizations.
	4. Finance the integration of health care and social care.
	5. Fund, conduct, and translate research and evaluation on the effectiveness and
	implementation of social care practices in health care settings.

Reports

Guide to health privacy

Office of the Australian Information Commissioner

Sydney: Office of the Australian Information Commissioner; 2019. p. 65.

URLhttps://www.oaic.gov.au/privacy/guidance-and-advice/guide-to-health-privacyThe Office of the Australian Information Commissioner (OAIC) has released this guide to assist health services providers — from doctors and private sector hospitals, through to allied health professionals, pharmacists, childcare centres and gyms — understand their obligations under the <i>Privacy Act 1988</i> , and embed good privacy in their practice.NotesThe guide outlines the key practical steps that health service providers should take to embed good privacy in their practice. In addition, the guide outlines how key privacy obligations apply to and operate in the healthcare context The OAIC suggests that be taking these key practical steps and understanding privacy obligations will enable health providers to identify and implement practices that reduce privacy risk and generate public trust in the handling of individuals' health information.		e of the flustranan information commissioner, 2017. p. co.
guide to assist health services providers — from doctors and private sector hospitals, through to allied health professionals, pharmacists, childcare centres and gyms — understand their obligations under the <i>Privacy Act 1988</i> , and embed good privacy in their practice.NotesThe guide outlines the key practical steps that health service providers should take to embed good privacy in their practice. In addition, the guide outlines how key privacy obligations apply to and operate in the healthcare context The OAIC suggests that be taking these key practical steps and understanding privacy obligations will enable health providers to identify and implement practices that reduce privacy risk and	URL	https://www.oaic.gov.au/privacy/guidance-and-advice/guide-to-health-privacy
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Towards value based healthcare: Lessons learnt from implementing outcomes measures Deeble Institute Perspectives Brief No. 5

Saunders C, Millar L, Ives A, Slavova-Azmanova N, Bellgard M, Codde J

Canberra: Australian Healthcare and Hospitals Association; 2019. p. 11.

URL	https://ahha.asn.au/deeble-institute-perspective-briefs
Notes	This brief from the Australian Healthcare and Hospitals Association's Deeble Institute looks at value based healthcare through the experience of the first 18 months of the Continuous Improvement in Care – Cancer (CIC Cancer) Project in Western Australia. This project seeks to bring value-based healthcare principles to cancer management in private and public healthcare settings in Western Australia. The project is combining clinical information with Patient Reported Outcome Measures (PROMs) to feedback in clinical management, determine needs and enable services to assess and improve practice. The authors give their understandings and 'key learnings' in planning and governance, engagement and expectation management, data issues and information technology systems.

For information on the Commission's work on patient reported outcome measures (PROMS), see <u>https://www.safetyandquality.gov.au/our-work/indicators-measurement-and-reporting/patient-reported-outcome-measures</u>

Providers deliver: better care for patients and service users NHS Providers

London: NHS Providers

URL	http://nhsproviders.org/providers-deliver
Notes	http://nhsproviders.org/providers-deliver This online report from NHS Providers in the UK considers the leadership approaches and frontline initiatives that underpin improvements in quality. Using a series of 11 case study 'conversations', it considers some of the frontline work that has contributed to trusts' improvements in their care rating by the UK's Care Quality Commission. Issues that the case studies highlight include effective staff engagement, learning organisational cultures, visible and approachable leadership and the value of monitoring and acting on data. The report also explores the role of trust leaders in
	providing an enabling, supportive environment in which this work has been possible.

Developing allied health professional leaders: an interactive guide for clinicians and trust boards NHS Improvement

London: NHS England; 2019.

	idoli. 1416 Eligialid, 2017.	
URL	https://improvement.nhs.uk/resources/developing-allied-health-professional-leaders- guide	
Notes	Interactive guidance (PDF file) from the UK's NHS Improvement that describes professional development opportunities and possibilities to help allied health professionals (AHPs) lead at various levels. It describes the common features of the AHP leadership journey, by combining insights and evidence from trust executives and chief AHPs. Its primary audience is aspiring AHP leaders and those with responsibility for developing the AHP workforce.	

The Heavy Burden of Obesity: The Economics of Prevention OECD Health Policy Studies OECD Paris: OECD Publishing; 2019.

Time to Solve Childhood Obesity

An Independent Report by the Chief Medical Officer, 2019 Davies SC

London: Department of Health & Social Care; 2019.

	https://doi.org/10.1787/67450d67-en
URL	https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attach
	ment_data/file/837907/cmo-special-report-childhood-obesity-october-2019.pdf
	A pair of reports marking World Obesity Day, one from the OECD and the other
	from the UK's Chief Medical Officer.
	The OCED's 240-page report (a summary is also available) analyses the burden of
	obesity and overweight in 52 countries (including OECD, European Union and G20
	countries), showing how overweight reduces life expectancy, increases healthcare
	costs, decreases workers' productivity and lowers GDP. The report makes the urgent
Notes	economic case to scale up investments in policies to promote healthy lifestyles and
	tackle this growing global public health problem. The book evaluates a number of
	policies that could significantly improve health outcomes while being an excellent
	investment for countries.
	The UK CMO's 96-page report calls for action across industry and the public sector
	to help the government reach its target of halving childhood obesity by 2030. It sets
	out a range of recommendations for the government, supported by 10 principles.

Journal articles

Drivers of preventable high health care utilization: a qualitative study of patient, physician and health system leader perspectives

Das LT, Kaushal R, Garrison K, Carrillo V, Grinspan Z, Theis R, et al Journal of Health Services Research & Policy. 2019 [epub].

DOI	https://doi.org/10.1177/1355819619873685
	It is reasonably well known that a small proportion of patients need a high level of
	care. According to the authors of this piece, '5% of the population has high health
	care utilization accounting for nearly 50% of health care costs' in the USA with some
	proportion of this considered preventable and a potential cost saving. This piece
Notes	reports of a qualitative study based on interviews of health system leaders and focus
	groups of high-need, high-cost (HNHC) patients, caregivers and physicians. The
	authors identified three key drivers of preventable high health care utilization:
	1. unmet behavioural health needs
	2. socio-economic determinants of health and
	3. challenges associated with accessing health care delivery systems.
	They suggest that reducing preventable health care utilisation in this population
	requires increased access to mental-health resources, support for patients with low
	socio-economic resources and systemic changes that reduce wait times for primary
	care visits and allow providers more time during patient visits.

How to improve healthcare improvement—an essay by Mary Dixon-Woods Dixon-Woods M

BMJ. 2019;367:15514.

DOI	https://doi.org/10.1136/bmj.15514
Notes	 Imps//doing/10/10/10/10/10/10/10/10/10/10/10/10/10/

Pay for performance for hospitals

Mathes T, Pieper D, Morche J, Polus S, Jaschinski T, Eikermann M Cochrane Database of Systematic Reviews. 2019;(7):Art. No.: CD011156.

chiane Database of Systemate Reviews. 2017, (7). Int. 110 CD011150.	
DOI	https://doi.org/10.1002/14651858.CD011156.pub2
Notes	This Cochrane Review sought to examine the evidence of assess the impact of pay for performance (P4P) for in-hospital delivered health care on the quality of care, resource use and equity. Examining 27 studies on six different P4P programs the authors found that most studies showed no difference or a very small effect in favour of the P4P program. The authors report that 'It is uncertain whether P4P , compared to capitation-based payments without P4P for hospitals, has an impact on patient outcomes, quality of care, equity or resource use as the certainty of the evidence was very low (or we found no studies on the outcome) for all P4P programs. The effects on patient outcomes of P4P in hospitals were at most small, regardless of design factors and context/setting. It seems that with additional payments only small short-term but non-sustainable effects can be achieved. Non-payments seem to be slightly more effective than payments for quality improvement.'

Waste in the US Health Care System: Estimated Costs and Potential for Savings Shrank WH, Rogstad TL, Parekh N JAMA. 2019;322(15):1501-1509.

Waste in the US Health Care System Bauchner H, Fontanarosa PB JAMA. 2019;322(15):1463-1464.

Elusive Waste: The Fermi Paradox in US Health Care Berwick DM JAMA. 2019;322(15):1458-1459.

Toward Evidence-Based Policy Making to Reduce Wasteful Health Care Spending Joynt Maddox KE, McClellan MB JAMA. 2019;322(15):1460-1462.

Eliminating Wasteful Health Care Spending—Is the United States Simply Spinning Its Wheels? Figueroa JF, Wadhera RK, Jha AK JAMA Cardiology. 2019.

Waste in the US Health Care System—Insights For Vision Health Lum F, Lee P JAMA Ophthalmology. 2019.

VIA Ophthalmology. 2019.		
	Shrank et al <u>https://doi.org/10.1001/jama.2019.13978</u>	
DOI	Bauchner and Fontanarosa https://doi.org/10.1001/jama.2019.15353	
	Berwick https://doi.org/10.1001/jama.2019.14610	
	Joynt Maddox and McClellan https://doi.org/10.1001/jama.2019.13977	
	Figueroa et al https://doi.org/10.1001/jamacardio.2019.4339	
	Lum and Lee https://doi.org/10.1001/jamaophthalmol.2019.4647	
	A series of pieces across JAMA journals on the topic of waste in health care.	
	A few years ago, a figure of 30% (or greater) waste in US health care was widely	
	reported. Shrank et al report in their 'Special Communication' on a review of 54	
	sources that gave 71 estimates of waste in 6 "waste domains" (failure of care delivery,	
	failure of care coordination, overtreatment or low-value care, pricing failure, fraud and	
	abuse, and administrative complexity.) They gave an 'estimated cost of waste in the	
	US health care system ranged from \$760 billion to \$935 billion, accounting for	
	approximately 25% of total health care spending, and the projected potential	
	savings from interventions that reduce waste, excluding savings from administrative	
	complexity, ranged from \$191 billion to \$282 billion , representing a potential 25%	
Notes	reduction in the total cost of waste.'	
110103	The additional items (and related audio and video content at the JAMA sites) offer a	
	number of editorials/opinion/reflections on this figure and the implications. The main	
	editorial from Bauchner and Fontanarosa summarise the paper (as do Figueroa et al in	
	JAMA Cardiology) and introduce some of the other pieces. Berwick considers some of	
	the possible explanations as to why there seems to be a lack of action on reducing this	
	waste and how change may be difficult. Joynt Maddox and McClellan focus on the	
	clinical waste domains (failure of care delivery, failure of care coordination,	
	overtreatment or low-value care) and examine some of the evidence-based approaches	
	to addressing these issues, including how they have not necessarily led to the changes	
	(yet?) that had been envisaged. Lum and Lee reflect on how some of the issues play	
	out in vision health, perhaps particularly so in ophthalmology.	

Australian Health Review Volume 43 Number 5 2019

URL	https://www.publish.csiro.au/ah/issue/9369
	A new issue of Australian Health Review has been published. Articles in this issue of
	Australian Health Review include:
	• Value-based healthcare – meeting the evolving needs of our population (Sally Lewis)
	• 'We can work together, talk together': an Aboriginal Health Care Home (Greg Smith, Renae Kirkham, C Gunabarra, V Bokmakarray and C P Burgess
	• Shared decision making implementation: a case study analysis to increase uptake in New South Wales (Tara Dimopoulos-Bick, Regina Osten, Chris Shipway, Lyndal Trevena and Tammy Hoffmann)
	• Making sense of paying for performance in health care : short-term targets versus patient-relevant outcomes (Stephen Jan)
	• Performance-based pharmacy payment models : the case for change (John Jackson and Ben Urick)
	• Are the benefits of new health services greater than their opportunity costs (Laura Edney, Hossein Haji Ali Afzali and Jonathan Karnon)
	 Cost of vascular access devices in public hospitals in Queensland (Haitham W. Tuffaha, Nicole Marsh, Joshua Byrnes, Nicole Gavin, Joan Webster, Mari Cooke and Claire M Rickard)
	• Costs and consequences of an intervention-based program to reduce hospita acquired pressure injuries in one health district in Australia (Michelle Barakat-Johnson, Michelle Lai, Timothy Wand, Kathryn White and Richard De Abreu Lourenco)
Notes	• Robotic colorectal surgery in Australia: a cohort study examining clinical outcomes and cost (Bruce Wilkie, Zara Summers, Richard Hiscock, Nilmini Wickramasinghe, Satish Warrier and Philip Smart)
	• Simulation of health care and related costs in people with dementia in Australia (Lachlan Standfield, Tracy Comans and Paul A Scuffham)
	• Shoulder pain cost-of-illness in patients referred for public orthopaedic care in Australia (Darryn Marks, Tracy Comans, Leanne Bisset, Michael Thomas and Paul A Scuffham)
	 National cost savings from an ambulatory program for low-risk febrile neutropenia patients in Australia (Michelle Tew, Daniel Forster, Benjamin Teh and Kim Dalziel)
	 Cost of maternity care to public hospitals: a first 1000-days perspective from Queensland (Emily J Callander, Jennifer Fenwick, Roslyn Donnellan- Fernandez, Jocelyn Toohill, D K Creedy, J Gamble, H Fox and D Ellwood)
	 Model for integrated care for chronic disease in the Australian context: Western Sydney Integrated Care Program (N Wah Cheung, Michael Crampton, Victoria Nesire, Tien-Ming Hng, Clara K. Chow and on behalf of the Western Sydney Integrated Care Program Investigators)
	 Emerging role of the Australian private health insurance sector in providing chronic disease management programs: current activities, challenges and constraints (Joanna Khoo, Helen Hasan and Kathy Eagar)
	• End-of-life care in hospital: an audit of care against Australian national guidelines (Melissa J Bloomer, Alison M Hutchinson and Mari Botti)
	• Therapeutic equivalence program: continued economic benefits in the context of rising costs and increased demand (T Chynoweth and I Larmour)

• Multicriteria decision analysis (MCDA) for health technology assessment:
the Queensland Health experience (Sarah Howard, Ian A Scott, Hong Ju, Liam
McQueen and Paul A Scuffham)

Australian Journal of Primary Health Volume 25 Number 4 2019

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BMJ Leader September 2019 - Volume 3 - 3

plember 2019 - Volume 5 - 5				
https://bmjleader.bmj.com/content/3/3				
A new issue of BMJ Leader has been published. Articles in this issue of BMJ Leader				
include:				
• Leadership in the spotlight (Christine Blanshard)				
• Professionalism and leadership in medical education : how do they differ and how are they related? (Louise Jessica Hardy, Hilary Neve)				
• Do surgeon non-technical skills correlate with teamwork-related outcomes during robot-assisted surgery ? (Youseff Ahmed, Zaeem Lone, Ahmed A				
Hussein, Yingdong Feng, Hijab Khan, Sierra Broad, Renuka Kannappan, Alicia Skowronski, Adam Cole, Derek Wang, Kevin Stone, Adam Hasasneh,				
Kevin Sexton, Amanda Gotsch, Taimor Ali, Jacob Braun, Saira Khan, Ayesha Durrani, Mohammad Durrani, Khurshid A Guru)				
• Enablers and barriers to clinical leadership in the labour ward of district hospitals in KwaZulu-Natal, South Africa (Solange Mianda, Anna Silvia Voce)				
• Lessons for leadership and culture when doctors become second victims : a systematic literature review (Donna Willis, Joanna Yarker, Rachel Lewis)				
• Power and physician leadership (Anurag Saxena, Diane Meschino, Lara Hazelton, Ming-Ka Chan, David A Benrimoh, A Matlow, D Dath, J Busari)				

Nursing Leadership Volume 32, Number 2, 2019

HealthcarePapers Volume 18, Number 2, 2019

fuille 10, 1	Number 2, 2017		
URL	https://www.longwoods.com/publications/healthcarepapers/25919		
	Refugee, Ethno-Cultural and Racialized Populations (Andrew Tuck)		
	Community-Based Mental Healthcare for Marginalized or Excluded Populations (Kevin Pottie and Olivia Magwood)		
	Promising Practices in Equity in Mental Healthcare: Health Equity Impact Assessment (Branka Agic)		

Health Affairs Volume 38, Number 10. October 2019

olume 38, IN	blume 38, Number 10. October 2019				
URL	https://www.healthaffairs.org/toc/hlthaff/38/10				
	A new issue of <i>Health Affairs</i> has been published with the theme "Violence and				
	health". Articles in this issue of Health Affairs include:				
	After Prison, Healthy Lives Built On Access To Care And Community (Rob				
	Waters)				
	• The Effects Of Violence On Health (Frederick Rivara, Avanti Adhia, Vivian				
	Lyons, Anne Massey, B Mills, E Morgan, M Simckes, and A Rowhani-Rahbar)				
	Violence In Older Adults: Scope, Impact, Challenges, And Strategies For				
	Prevention (Tony Rosen, Lena K. Makaroun, Yeates Conwell, and M Betz)				
	• Violence And The US Health Care Sector: Burden And Response (David C				
	Grossman, and Bechara Choucair)				
	Keeping Your Guard Up: Hypervigilance Among Urban Residents				
	Affected By Community And Police Violence (Nichole A Smith, Dexter R				
	Voisin, Joyce P Yang, and Elizabeth L Tung)				
Notes	Social Isolation, Loneliness, And Violence Exposure In Urban Adults				
	(Elizabeth L Tung, Louise C Hawkley, Kathleen A Cagney, and M E Peek)				
	• Mitigating Negative Consequences Of Community Violence Exposure :				
	Perspectives From African American Youth (Briana Woods-Jaeger, Jannette				
	Berkley-Patton, Kaitlin N Piper, P O'Connor, T L Renfro, and K Christensen)				
	Creating Safe And Healthy Neighborhoods With Place-Based Violence				
	Interventions (Bernadette C Hohl, Michelle C Kondo, Sandhya Kajeepeta,				
	John M MacDonald, Katherine P Theall, M A Zimmerman, and C C Branas)				
	Linking Public Safety And Public Health Data For Firearm Suicide				
	Prevention In Utah (Catherine Barber, John P Berrigan, Morissa Sobelson				
	Henn, Kim Myers, Michael Staley, D Azrael, M Miller, and D Hemenway)				
	Behavioral Health Care And Firearm Suicide: Do States With Greater				
	Treatment Capacity Have Lower Suicide Rates? (Evan V Goldstein, Laura C				
	Prater, and Thomas M Wickizer)				

•	Trends In Public Opinion On US Gun Laws: Majorities Of Gun Owners
	And Non–Gun Owners Support A Range Of Measures (Colleen L Barry,
	Elizabeth M Stone, C K Crifasi, J S Vernick, D W Webster, and E E McGinty)
•	Evolving Public Views On The Likelihood Of Violence From People With
	Mental Illness: Stigma And Its Consequences (Bernice A Pescosolido, Bianca
	Manago, and John Monahan)
•	Ending Gaze Aversion Toward Child Abuse And Neglect (R D Krugman)

BMJ Quality and Safety online first articles

URL	https://qualitysafety.bmj.com/content/early/recent				
	BMJ Quality and Safety has published a number of 'online first' articles, including:				
Notes	 Interventions for improving teamwork in intrapartem care: a systematic review of randomised controlled trials (Michael Wu, Jennifer Tang, Nicole Etherington, Mark Walker, Sylvain Boet) Editorial: Methods for scaling simulation-based teamwork training (Megan Delisle, Jason C Pradarelli, Nikhil Panda, Alex B Haynes, A A Hannenberg) Editorial: The harms of promoting 'Zero Harm' (Eric J Thomas) Editorial: Is there a 'best measure' of patient safety? (Ann M Borzecki, Amy K Rosen) Impact of a system-wide quality improvement initiative on blood pressure control: a cohort analysis (E R Pfoh, K Martinez, N Vakharia, M Rothberg) Contribution of primary care organisation and specialist care provider to variation in GP referrals for suspected cancer: ecological analysis of national data (Christopher Burton, Luke O'Neill, Phillip Oliver, P Murchie) Reducing peripherally inserted central catheters and midline catheters by training nurses in ultrasound-guided peripheral intravenous catheter placement (Benjamin Galen, Sarah Baron, Sandra Young, Alleyne Hall, Linda Berger-Spivack, William Southern) Preventing <i>Clostridioides difficile</i> infection in hospitals: what is the endgame? (Susy S Hota, Michelle Doll, Gonzalo Bearman) 				

Online resources

Independent investigation needed into hospital failures

https://insightplus.mja.com.au/2019/40/independent-investigation-needed-into-hospital-failures/ Piece published on the MJA InSight website advocating for an independent national body responsible for investigating and reporting on serious incidents in the Australian healthcare system. The UK and Norway have recently established such independent bodies, the Healthcare Safety Investigation Branch in the UK and the State Investigation Commission for Health and Care Services in Norway

Clinical Communiqué

https://www.thecommuniques.com/post/clinical-communiqu%C3%A9-volume-6-issue-3-september-2019

Volume 6 Issue 3, September 2019

This issue of *Clinical Communiqué* looks at two coronial cases where shortcomings in the interface between humans and technological systems slowed or distorted the transmission of information (diagnostic test results), contributing to their deaths. The issue also includes an expert commentary, jointly written by two leading researchers in the field of medical informatics and digital health, explores these shortcomings further, and offer advice on how to improve communication systems.

[UK] NICE Guidelines and Quality Standards

https://www.nice.org.uk/guidance

The UK's National Institute for Health and Care Excellence (NICE) has published new (or updated) guidelines and quality standards. The latest reviews or updates are:

- NICE Guideline NG1 *Gastro-oesophageal reflux disease* in children and young people: diagnosis and management <u>https://www.nice.org.uk/guidance/ng1</u>
- NICE Guideline NG19 *Diabetic foot problems: prevention and management* <u>https://www.nice.org.uk/guidance/ng19</u>
- NICE Guideline NG141 *Cellulitis and erysipelas: antimicrobial prescribing* https://www.nice.org.uk/guidance/ng141
- NICE Guideline NG142 *End of life care* for adults: service delivery https://www.nice.org.uk/guidance/ng142
- Clinical Guideline CG71 *Familial hypercholesterolaemia: identification and management* <u>https://www.nice.org.uk/guidance/cg71</u>
- Clinical Guideline CG137 *Epilepsies: diagnosis and management* https://www.nice.org.uk/guidance/cg137

[UK] National Institute for Health Research

https://discover.dc.nihr.ac.uk/portal/search/signals

The UK's National Institute for Health Research (NIHR) Dissemination Centre has released the latest 'Signals' research summaries. This latest release includes:

- Diagnosis of **delirium** in hospitals can be improved by the 4 A's test
- Enhanced communication and staff training could improve the experience of **maternity services** for asylum-seeking women
- C-reactive protein testing in general practice safely reduces antibiotic use for COPD flare-ups
- Diet and physical activity interventions targeting children and youth have different, yet small, effects on preventing **obesity**
- Transcatheter aortic valve implantation may be an option for patients with **aortic stenosis** at lower surgical risk
- Text message reminders increase attendance at NHS health checks
- A temporary clot-catching filter inserted after major trauma does not prevent lung clots
- A lower **drink-drive limit** in Scotland is not linked to reduced road traffic accidents as expected
- Length of steroid course for **childhood nephrotic syndrome** makes little difference to later recurrences
- Exercise training improves physical capacity after **lung cancer surgery**.

[USA] Effective Health Care Program reports

https://effectivehealthcare.ahrq.gov/

The US Agency for Healthcare Research and Quality (AHRQ) has an Effective Health Care (EHC) Program. The EHC has released the following final reports and updates:

• Pharmacologic and Nonpharmacologic Therapies in Adult Patients With Exacerbation of **COPD** <u>https://effectivehealthcare.ahrq.gov/products/copd/research</u>

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