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# **Nationwide stocktake of Aboriginal and Torres Strait Islander health resources**

The Cultural and Indigenous Research Centre Australia (CIRCA) have prepared this report on behalf of the Australian Commission on Safety and Quality in Health Care.



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# Preface

This preface has been written by the Australian Commission on Safety and Quality in Health Care to provide context and background to the report that follows which was written by the Cultural and Indigenous Research Centre Australia (CIRCA).

## Background and purpose

The Australian Commission on Safety and Quality in Health Care (the Commission) is an Australian Government agency established to lead and coordinate national improvements in healthcare safety and quality. It works in partnership with patients, carers, clinicians, the Australian state and territory health systems, the private sector, managers and healthcare organisations to achieve a safe, high-quality and sustainable health system.

To support realisation of these outcomes, the Commission has developed a range of resources for consumers including the [Australian Charter of Healthcare Rights](#), [Top Tips for Safe Health Care](#) and an online [Question Builder](#) tool to help them navigate the health system and get the most out of their health care.

The Commission recognises that some populations may have different requirements, expectations and preferences when it comes to information about health and health care. To help address these differences, consumer resources developed by the Commission are provided in languages other than English and in formats such as Braille, audio and Easy English.

The Commission has also commenced a project to help guide future development of consumer resources for Aboriginal and Torres Strait Islander audiences. As part of this work, the Commission engaged the Cultural and Indigenous Research centre Australia (CIRCA) to undertake a national stocktake of health resources developed for Aboriginal and Torres Strait Islander peoples. Specifically, CIRCA sought to determine what constitutes high quality materials for this audience, and to gain an understanding of how these resources were developed. The findings of this research are intended to help inform the Commission's approach to developing or adapting consumer resources for this group.

## Methods

To address the aims of this project, the research undertaken by CIRCA involved:

- An online search to identify health resources for Aboriginal and Torres Strait Islander audiences
- An assessment of the quality of the identified resources to determine those of high quality
- In-depth interviews with organisations that produced high quality resources to explore how these resources were developed
- Consideration of whether the resource development process used by these organisations could be used to guide the Commission's approach to developing resources for Aboriginal and Torres Strait Islander audiences.

Quality assessment of relevant resources was undertaken by two Aboriginal and Torres Strait Islander members of the CIRCA research team using criteria adapted from the DISCERN instrument – a reliable and validated tool used to determine the quality of consumer health information.

A scoring system was used to rate the extent to which the resources met 11 different criteria related to their clarity, user-friendliness, visual appeal and cultural appropriateness. Each resource was given a score ranging from 0 to 44 and assigned to one of five quality categories as outlined below:

- Recommended quality (score of 36-44)
- High quality (score of 27-35)
- Moderate quality (score of 18-26)
- Acceptable quality (score of 9-17)
- Low quality (score of 1-8)

## Findings

### Resource identification and quality assessment

The online search identified 348 resources relating to a broad range of health topics.

The majority of these resources (226 of 348) achieved quality assessment scores within the top two categories (high or recommended quality) and only 20 scored within the lowest two categories (acceptable or low quality).

There were 32 recommended quality resources and these excelled in most criteria, but scored particularly well in terms of their usability and readability. They also incorporated some level of consultation with Aboriginal and Torres Strait Islander stakeholders as part of the resource development process.

### In-depth interviews

The most common theme identified from the interviews undertaken with organisations that developed high or recommended quality resources was the need for Aboriginal and Torres Strait Islander-led resource development. The interviews revealed a number of additional elements considered by these organisations to be of importance to the development of appropriate and effective health resources for Aboriginal and Torres Strait Islander communities which are captured in the recommendations below.

## Recommendations

The following recommendations have been provided by CIRCA to guide the Commission's approach to developing consumer health resources for Aboriginal and Torres Strait Islander audiences:

- Consult and establish partnerships with Aboriginal and Torres Strait Islander communities to identify the need for resources and their specific information preferences.
- When possible, involve Aboriginal owned and controlled peak bodies and organisations, such as Aboriginal Community Controlled Health Organisations (ACCHOs), in the development of resources.
- Give adequate consideration to time frames and logistics of engaging with some Aboriginal and Torres Strait Islander communities – especially those in remote areas – and allow an adequate amount of time for meaningful engagement.
- Institute a method that supports transparency about the resource development process when working with Aboriginal and Torres Strait Islander communities including the anticipated roles, expectations and outcomes for all involved.

- Implement a co-design approach to resource development when working with Aboriginal and Torres Strait Islander communities that starts with identifying information needs and allows for feedback and changes throughout the development process.
- Consider traditional methods used by or that may influence how Aboriginal and Torres Strait Islander people communicate and transfer information, such as storytelling.
- When possible, resources should address the following elements:
  - Simple, clear and succinct information
  - Visually appealing images with a diverse range of community members or culturally appropriate artwork
  - Delivery through diverse dissemination channels and in formats that suit the preferences and accessibility requirements of the intended audience
  - A date of publication to help provide clarity regarding relevance and currency.


## Next steps

The report developed by CIRCA provides valuable insight into what constitutes high-quality health resources for Aboriginal and Torres Strait Islander audiences. As there is limited publicly available guidance on the approach to developing health resources for this audience group, the recommendations provided by CIRCA address an area of need and will be of interest to organisations looking to contribute to the available resources in this space.

The Commission will use the recommendations included in the report to guide the next phase of this project which will involve adapting existing consumer resources, including the [Australian Charter of Healthcare Rights](#) and [Top Tips for Safe Health Care](#), to meet the information needs and preferences of Aboriginal and Torres Strait Islander peoples.

The Commission will partner with Aboriginal and Torres Strait Islander stakeholders in undertaking this work to understand their priorities and develop resources that meet their needs.





# Nationwide stocktake of Aboriginal and Torres Strait Islander health resources

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**Report for the Australian Commission on Safety and Quality in Health Care**

March 2020



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Developed by the Cultural & Indigenous Research Centre Australia 2020

All research conducted by CIRCA for this project was in compliance with ISO20252



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# Acknowledgements

The Cultural and Indigenous Research Centre Australia (CIRCA) wishes to acknowledge Aboriginal and Torres Strait Islander people as the traditional owners of Australia and custodians of the oldest continuous culture in the world, and pay respects to Elders past and present.

We would like to thank all those who generously contributed to the evaluation. In particular we would like to thank Summer Finlay, Kerindy Clarke and Emma Walke who worked with CIRCA on this project.

We would also like to thank Australian Commission on Safety and Quality in Health Care for their valuable partnership in this evaluation.

# Executive summary

The Australian Commission on Safety and Quality in Health Care (the Commission) is an Australian Government agency established to lead and coordinate national improvements in healthcare safety and quality. The Commission works in partnership with patients, carers, clinicians, the Australian state and territory health systems, the private sector, managers and healthcare organisations to achieve a safe, high-quality and sustainable health system.

In 2019, the Commission engaged the Cultural and Indigenous Research Centre Australia (CIRCA) to undertake a national stocktake of resources developed to communicate with Aboriginal and Torres Strait Islander communities about health issues and services. The aim of this work was to develop an understanding of what constitutes high quality materials for this audience and inform the Commission's development of effective and appropriate consumer materials for Aboriginal and Torres Strait Islander peoples.

The research involved:

- A national search to identify a range of health resources for Aboriginal and Torres Strait Islander audiences;
- An assessment of the quality of the identified resources to determine those of high quality;
- In-depth interviews with the organisations responsible for the development of high quality resources;
- Consideration of whether the resource development process used by these organisations could be used to guide the Commission in their approach to developing resources for Aboriginal and Torres Strait Islander audiences.

## Methods

### Resource identification and assessment

Aboriginal and Torres Strait Islander health resources were identified through an online search of the grey literature. Sources included websites of Aboriginal and Torres Strait Islander health specific non-government organisations, National Aboriginal Community Controlled Health Organisations (NACCHOs) and large-scale national and state-based health programs.

Resources were included for review if they met at least four of the following inclusion criteria, agreed upon in collaboration with the Commission:

- Aboriginal or Torres Strait Islander specific;
- National or state or territory resource;
- Published within the past five years (2014 to 2019);
- Publicly available;
- Addressed a relevant health-related topic;

- Content written in English or an Aboriginal or Torres Strait Islander language; and
- Addressed either a consumer or healthcare provider audience.

The search identified 348 resources that addressed a broad range of health topics including:

- |   |   |
|---|---|
| • Aged care                             | • Eye health                            |
| • Arthritis                             | • Gambling                              |
| • Cancer                                | • Healing                               |
| • Cardiovascular disease                | • Infectious disease                    |
| • Child development                     | • Injury                                |
| • Chronic obstructive pulmonary disease | • Kidney health                         |
| • Dementia                              | • Mental health conditions              |
| • Diabetes                              | • Oral Health                           |
| • Disability                            | • Respiratory health (including asthma) |
| • Drug and alcohol use                  | • Sexual and reproductive health        |
| • Ear health                            | • Social and emotional wellbeing        |

Each of these resources was subsequently assessed using criteria adapted from the [DISCERN instrument](#), a reliable and validated tool used for determining the quality of consumer health information. This quality assessment was undertaken by two Aboriginal and Torres Strait Islander members of the CIRCA research team.

The resources were independently assessed by the researchers against 11 different criteria related to their clarity, user-friendliness, visual appeal and cultural appropriateness. The assessors rated the extent to which the resources met each criterion using a rating of 0 to 2 – with 0 being not at all met, 1 being partially met and 2 being met completely. Hence, the lowest possible score for any resource was 0 and the highest possible score was 22. After completion of the individual assessments by the two assessors, the scores were combined and each resource given a final score out of 44. Any large discrepancies between the scores of the two assessors were resolved by having the resource in question reassessed by a third member of the CIRCA research team.

The range of possible scores (0 to 44) was divided into five levels of quality as follows:

- Recommended Quality (score of 36-44)
- High Quality (score of 27-35)
- Moderate Quality (score of 18-26)
- Acceptable Quality (score of 9-17)
- Low Quality (score of 1-8)

## **In-depth interviews**

The final research stage involved undertaking in-depth interviews with organisations identified to have developed resources that were of either recommended or high quality. These organisations were diverse and included Aboriginal and Torres Strait Islander owned and controlled agencies, health research organisations, as well as health condition-specific agencies. The interviews were carried out with staff involved in, or who had an awareness of, the resources of interest and explored how these were developed, the process by which the organisation sought community input and whether any focus or user testing was conducted prior to publication.

Of the eleven organisations approached for interviews, six agreed to take part and are listed in alphabetical order below:

- Asthma Foundation of the Northern Territory
- First Peoples Disability Network
- Fred Hollows Foundation
- Healing Foundation
- Rocky Bay Disability Services
- Western Australian Centre for Rural Health

## **Findings**

### **Resource assessment**

A majority of the assessed resources (226 of 348) achieved scores within the top two levels of quality (high or recommended quality) and only 20 resources scored within the lowest two levels of quality (acceptable or low quality).

There were 32 resources which met the scores for the recommended quality category, and these excelled in most criteria, but scored particularly well in terms of their usability and readability. Almost all of these resources had a clear purpose, call to action and were simply designed and easy to navigate. Visual representations of diversity were also an important element of these resources.

There was some level of consultation with Aboriginal and Torres Strait Islander people in the development of the recommended quality resources, either through community involvement or the input of Aboriginal and Torres Strait Islander staff within the authoring organisations.

### **In-depth interviews**

The interviews undertaken with organisations that produced high or recommended quality resources revealed a number of common elements considered to be of importance to the development of appropriate and effective health resources for Aboriginal and Torres Strait Islander audiences. These included:

- Using partnerships with Aboriginal and Torres Strait Islander people and communities as the basis through which to identify the need for resources and their specific information preferences;
- Implementing a co-design approach to resource development with Aboriginal and Torres Strait Islander communities, allowing opportunities for feedback and changes throughout the development process;
- Ensuring transparency when working with Aboriginal and Torres Strait Islander communities about what the resource development process is going to involve, including the anticipated expectations and outcomes for these communities and for the authoring organisation;
- Recognising that engagement with some Aboriginal and Torres Strait Islander communities may be a time-intensive process – especially for those in remote areas –and giving adequate consideration to the time frames and logistics required to allow for meaningful engagement;
- Ensuring that resources include information that is presented in a simple and clear way, minimising complexity when possible;
- Ensuring that resources are visually appealing and include images of Aboriginal and Torres Strait Islander people or culturally appropriate artwork;
- Considering traditional methods used by or that may influence how Aboriginal and Torres Strait Islander communities communicate and transfer information, such as storytelling;
- Ensuring that resources can be easily accessed by the intended audience, giving consideration to the medium used – for example, printed resources compared to digital or online resources.

The interviews also revealed some of the challenges encountered by these organisations in developing resources for Aboriginal and Torres Strait Islander people. Some of the common challenges reported included:

- Limited funding opportunities and a lack of recognition by some funding bodies of the effectiveness of simple, easy to understand resources for Aboriginal and Torres Strait Islander people; and
- Challenges with translation of resources into Aboriginal and Torres Strait Islander languages.

## Recommendations

The following recommendations have been developed by CIRCA based on the findings of the resource stocktake, quality assessment and in-depth interviews undertaken. It is anticipated that these recommendations will help guide the Commission’s approach to developing effective and appropriate consumer resources for Aboriginal and Torres Strait Islander audiences.

- **Recommendation One:** Consult and establish partnerships with Aboriginal and Torres Strait Islander communities to identify the need for resources and their specific information preferences.
- **Recommendation Two:** When possible, involve Aboriginal owned and controlled peak bodies and organisations, such as Aboriginal Community Controlled Health Organisations (ACCHOs), in the development of resources.

- **Recommendation Three:** Give adequate consideration to time frames and logistics of engaging with some Aboriginal and Torres Strait Islander communities – especially those in remote areas – and allow an adequate amount of time for meaningful engagement.
- **Recommendation Four:** Institute a method that supports transparency about the resource development process when working with Aboriginal and Torres Strait Islander communities including the anticipated roles, expectations and outcomes for all involved.
- **Recommendation Five:** Implement a co-design approach to resource development when working with Aboriginal and Torres Strait Islander communities that starts with identifying information needs and allows for feedback and changes throughout the development process.
- **Recommendation Six:** Consider traditional methods used by or that may influence how Aboriginal and Torres Strait Islander people communicate and transfer information, such as storytelling.
- **Recommendation Seven:** When possible, resources should address the following elements:
  - | Simple, clear and succinct information
  - | Visually appealing images with a diverse range of community members or culturally appropriate artwork
  - | Delivery through diverse dissemination channels and in formats that suit the preferences and accessibility requirements of the intended audience
  - | A date of publication to help provide clarity regarding relevance and currency.

# 1. Introduction

## 1.1 Background

The Australian Commission on Safety and Quality in Health Care (the Commission) is an Australian Government agency established to lead and coordinate national improvements in healthcare safety and quality. The Commission works in partnership with patients, carers, clinicians, the Australian state and territory health systems, the private sector, managers and healthcare organisations to achieve a safe, high-quality and sustainable health system.

The Commission has developed a number of resources to support consumers when interacting with the healthcare system including the [Australian Charter of Healthcare Rights](#), [Top Tips for Safe Health Care](#) and a range of health literacy-related resources. The Commission is undertaking a project to tailor some of these resources and develop additional materials to suit the needs of Aboriginal and Torres Strait Islander audiences.

Aboriginal and Torres Strait Islander people comprise hundreds of groups across Australia, each with their own distinct languages, histories and cultural traditions. The health and welfare of Aboriginal and Torres Strait Islander Australians is improving in a number of areas, including life expectancy, educational attainment and child mortality. However many Aboriginal and Torres Strait Islander Australians remain affected by the consequences of colonisation and, as a group, continue to experience widespread socioeconomic disadvantage and health inequality<sup>1</sup>.

The Commission engaged the Cultural and Indigenous Research Centre Australia (CIRCA) to undertake a national stocktake of existing health-related resources developed for Aboriginal and Torres Strait Islander communities.

The purpose of this work was to determine what constitutes high-quality materials for this audience and to gain an understanding of the approach used in their development. It is intended that the findings of this work can be used to guide the approach used by the Commission in developing effective and appropriate resources for Aboriginal and Torres Strait Islander audiences.

## 1.2 Methods

To address the aims of this research, a stocktake and quality assessment of health resources for Aboriginal and Torres Strait Islander audiences was undertaken. This involved multiple phases, as outlined in Figure 1, including: identification of relevant resources; development of criteria to assess the quality of the identified resources; review and assessment of resources; and in-depth interviews with organisations identified as having developed high-quality resources.

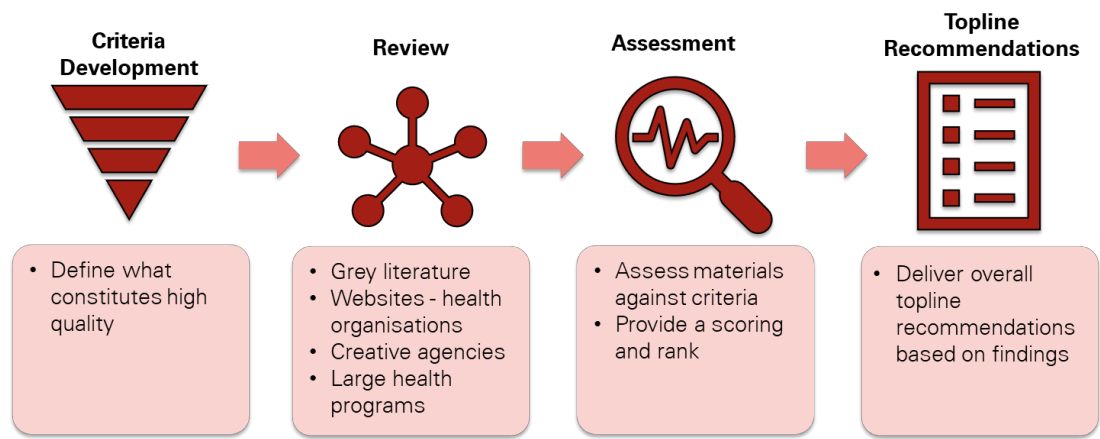
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<sup>1</sup> Australian Institute of Health and Welfare. The health and welfare of Australia's Aboriginal and Torres Strait Islander people: 2015. Canberra: AIHW. Available at <https://www.aihw.gov.au/reports/indigenous-health-welfare/indigenous-health-welfare-2015/report-editions>



The findings of this work were used to form the basis of recommendations that are anticipated to guide the Commission’s development of consumer resources for Aboriginal and Torres Strait Islander audiences.

Figure 1: Overview of research methods



## 2. Review of high-quality Aboriginal and Torres Strait Islander health resources

### 2.1 Identification of resources

CIRCA undertook a review of health-related resources specifically developed for Aboriginal and Torres Strait Islander communities. The review considered resources across multiple platforms including:

- Print resources such as books, brochures, posters, pamphlets and flyers;
- Digital resources such as websites and electronic newsletters;
- Audio resources such as podcasts and radio segments; and
- Video resources such as short personal accounts and animations.

Resources were identified through an online search of a range of sources including:

- Grey literature;
- Websites that act as a central resource hub such as [Australian Indigenous HealthInfoNet](#);
- Aboriginal and Torres Strait Islander health specific non-government organisations (NGOs) such as National Aboriginal Community Controlled Health Organisations (NACCHO);
- Websites of health-focused non-government organisations such as [The National Heart Foundation](#);
- Large scale national and state-based health programs such as the [National Bowel Cancer Screening Program](#), [Tackling Indigenous Smoking National Program](#), [Care for Kids Ears](#) and [Get Up and Grow](#);
- Aboriginal and Torres Strait Islander specific communications agencies that develop resources for Aboriginal and Torres Strait Islander communities.

Resources were included for review if they met at least four of the following inclusion criteria:

- Aboriginal or Torres Strait Islander specific;
- National or state or territory resource;
- Published within the past five years (2014 to 2019);
- Publicly available;
- Addressed a relevant health-related topic;
- Content written in plain English or an Aboriginal or Torres Strait Islander language; and
- Addressed either a consumer or healthcare provider audience.

## 2.2 Review outcomes

The search identified 348 resources that addressed a broad range of health topics including:

- Aged care
- Arthritis
- Cancer
- Cardiovascular disease
- Child development
- Chronic obstructive pulmonary disease
- Dementia
- Diabetes
- Disability
- Drug and alcohol use
- Ear health
- Eye health
- Gambling
- Healing
- Infectious disease
- Injury
- Kidney health
- Mental health conditions
- Oral Health
- Respiratory health (including asthma)
- Sexual and reproductive health
- Social and emotional wellbeing

The identified resources were in a range of formats and some were designed for consumer or healthcare provider audiences specifically, while others addressed both of these groups. An overview of the number of resources belonging to each of these categories is outlined in Table 1.

**Table 1:** Aboriginal and Torres Strait Islander resources by type and audience

Resource type	Consumer audience	Healthcare provider audience	Consumer and healthcare provider audience	Total
Activity book	2	0	0	2
Audio file	4	0	0	4
Book	12	4	0	16
Booklet	9	5	2	16
Brochure	32	1	1	34
Factsheet	18	3	6	27
Flipchart	25	1	2	28
Flyer	11	2	3	16
Game	0	0	1	1
Guide	2	21	2	25

Resource type	Consumer audience	Healthcare provider audience	Consumer and healthcare provider audience	Total
Handbook	0	3	2	5
Podcast	8	0	1	9
Poster	35	0	2	37
Publication	1	4	1	6
Radio segment	6	0	0	6
Report	1	2	2	5
Strategy	1	0	0	1
Toolkit	0	1	1	2
Various	6	2	5	13
Video	61	8	13	82
Website	9	2	2	13
<b>Total</b>	<b>243</b>	<b>59</b>	<b>46</b>	<b>348</b>

### 3. Resource quality assessment

The identified resources were subsequently assessed for quality, both with respect to their content and the way in which they were developed. Each resource was assessed using criteria adapted from the DISCERN instrument, a reliable and validated tool used for determining the quality of consumer health information<sup>2</sup>.

The quality assessment was undertaken by two Aboriginal and Torres Strait Islander members of the CIRCA research team. The resources were independently assessed by the researchers against 11 different criteria, as outlined in Table 2.

**Table 2:** Criteria used to assess the quality of the identified resources

	Criteria	Elements
1	Usability	Formats appropriate for audience Layout easy to follow
2	Readability	Length Size and type of font Plain English/pictorial Strengths based
3	Visual appeal	Culturally relevant artwork/images
4	Call to action	Clear Achievable
5	Purpose	Objectives clearly stated Clear target audience
6	Evidenced base	Includes references or states where evidence is from
7	Cultural appropriateness	Avoids stereotypes Uses local language Written in an Aboriginal voice
8	Developed in consultation with community	Checked with health experts Consultation with Aboriginal or Torres Strait Islander community members or staff
9	Translations	Content translated into Aboriginal or Torres Strait Islander languages Relevance of translated languages
10	Diversity of imagery	Visually representative of diversity in communities
11	Date of release and/or review	Includes date of release and/or review

<sup>2</sup> Charnock, D., Shepperd, S., Needham, G., & Gann, R. (1999). DISCERN: An instrument for judging the quality of written consumer health information on treatment choices. *Journal of Epidemiology and Community Health*, 53(2), 105-111.

The assessors rated the extent to which the resources met each criterion using a rating of 0 to 2 – with 0 being not at all met, 1 being partially met and 2 being met completely. Hence, the lowest possible score for any resources was 0 and the highest possible score was 22. After completion of the individual assessments by the two assessors, the scores were combined and each resource given a final score out of 44. Any large discrepancies between the scores of the two assessors were resolved by having the resource in question reassessed by a third member of the CIRCA research team.

### 3.1 Collation of quality assessment results

The range of possible scores for the assessed resources (0 to 44) was divided into five levels of quality as follows:

- ❶ **Recommended Quality** – Resources that scored highly against most criteria and involved identifiable community consultation in the development process. The content of these resources and the approach used in their development is recommended as a guide for organisations seeking to develop resources for Aboriginal and Torres Strait Islander audiences.
- ❷ **High Quality** – Resources that scored highly against many criteria and included some level of community input or reflected a good understanding of the needs of the target audience. These resources had a good level of readability and usability.
- ❸ **Moderate Quality** – Resources that scored highly against some criteria but poorly against others (or received neutral scores throughout).
- ❹ **Acceptable Quality** – Resources that included an attempt at tailoring to suit the needs of Aboriginal and Torres Strait Islander audiences, although generally in one or two areas (e.g. visual elements or content).
- ❺ **Low Quality** – Resources that scored poorly against most criteria. These resources were generally text heavy, did not have a clear call to action and made limited or no attempt at tailoring to suit the needs of Aboriginal and Torres Strait Islander audiences.

An overview of the number of resources belonging to each of the five quality categories is outlined in Table 3.

**Table 3:** Number of Aboriginal and Torres Strait Islander resources according to quality level

Rating	Total assessment score	Number of resources
<b>Recommended Quality</b>	36 to 44	32
<b>High Quality</b>	27 to 35	194
<b>Moderate Quality</b>	18 to 26	102
<b>Acceptable Quality</b>	9 to 17	19
<b>Low Quality</b>	1 to 8	1
<b>Total</b>	-	348

## 3.2 Quality assessment outcomes

The majority of the health resources identified and assessed as part of the search undertaken were categorised in the top three levels of quality rating – recommended quality (n=32), high quality (n=194) or moderate quality (n=102). Only 20 resources were categorised in the lowest level of quality rating – acceptable quality (n=19) or low quality (n=1). Full details about the recommended quality and high quality resources, including the links to these resources, are provided in Appendix 1 and 2, respectively.

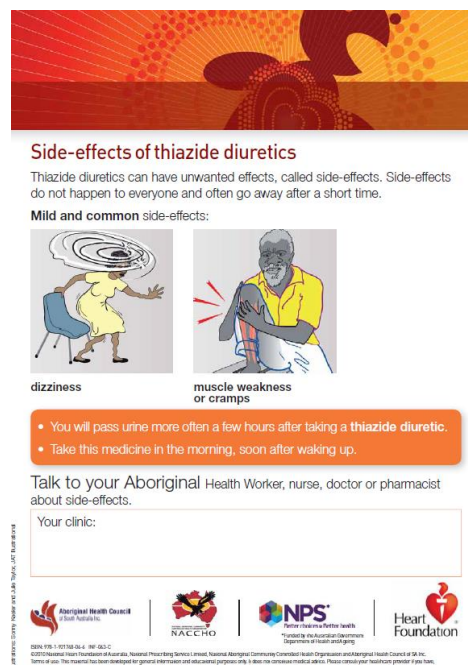
Of the 32 resources which achieved scores for the recommended (highest) level of quality, 16 were text-based and 16 were audio-visual. Consumers were the target audience for a majority of these resources (n=26) followed by healthcare providers (n=4) and both audiences (n=2).

An overview of how the 32 recommended-quality resources performed according to each of the quality assessment criteria is provided below. For further detail about the scoring of these resources, please refer to Appendix 3.

### Usability, readability and visual appeal

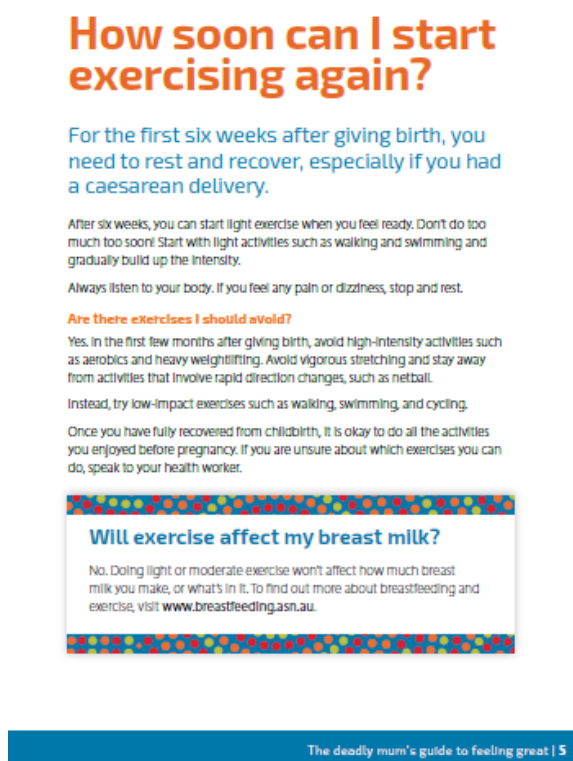
Of the 32 recommended quality resources, 31 received full scores for usability and visual appeal. Readability was also high among these resources, with 25 receiving full scores for this rating category. This was reflective of the simple language used in these resources, as shown in Figure 2 and Figure 3.

Figure 2: Sample page from resource 17, 'Thiazide Diuretics' (Appendix 1)



Source: (2010), 'Thiazide Diuretics', National Aboriginal Community Controlled Health Organisation, Canberra, ACT.

Figure 3: Sample page from resource 32, 'The Deadly Mum's Guide to Feeling Great' (Appendix 1)



Source: Joanna Hartmann (2016) 'The deadly mum's guide to feeling great', Women's Health Queensland Wide Inc, Queensland.

The 16 audio-visual resources identified as being of recommended quality were predominantly short videos of between two and four-minutes' duration and included a mix of live-action and cartoon-based animations. This contributed to the high scores achieved with respect to the usability and visual appeal of these resources, also facilitated by the use of clear and succinct messaging.

### Call to action and purpose

The 32 recommended-quality resources achieved similarly high scores with regards to their call to action and purpose, with 30 and 24 of these receiving full scores for these categories, respectively. These resources included a direct call to action and their purpose was identifiable from either their title or the early sections of the included content.

The eight resources which scored 3 (out of 4) for the purpose category, were predominantly videos of greater than 5 minutes' duration and resources which focussed on personal case studies and stories. Storytelling was a common element across these resources, with a majority involving fictional or nonfictional stories about individuals, as shown in the '[Sharing a Heartbeat](#)' video (resource 25, Appendix 1) and the case studies of [Martina Berolah](#) (resource 4, Appendix 1) and [Norm Phillips](#) (resource 5, Appendix 1).



## **Evidenced based**

Most resources (n=20) achieved a score of 3 or 4 (out of 4) for the evidence-based criterion. Overall, this was among the lowest scoring criteria in the quality assessment undertaken, largely due to a lack of references to support the information included in these resources. Many of the resources which scored poorly for this criterion included evidence derived from the same organisations which developed or sponsored the resource.

## **Culturally appropriate and translations**

Almost all (n=31) of the resources scored either a 3 or 4 (out of 4) for the criterion related to cultural appropriateness. However, only 19 resources achieved a score of 4, which was significantly lower than the criteria relating to usability, visual appeal and call to action. The remaining resource was clinician-focused and scored 2 out of 4 for this criterion as it did not include an 'Aboriginal Voice' or a local language.

A majority of the recommended resources (n=21) were not translated into local Aboriginal or Torres Strait Islander languages. Resources that were available in a language other than English, were developed for specific target audiences, as demonstrated in the '[Sugar Man](#)' resource (resource 27, Appendix 1).

Many of these resources were developed for a broad Aboriginal and Torres Strait Islander audience, therefore translations may have not been feasible given the geographic reach required and the need to capture multiple languages.

## **Developed in consultation with community**

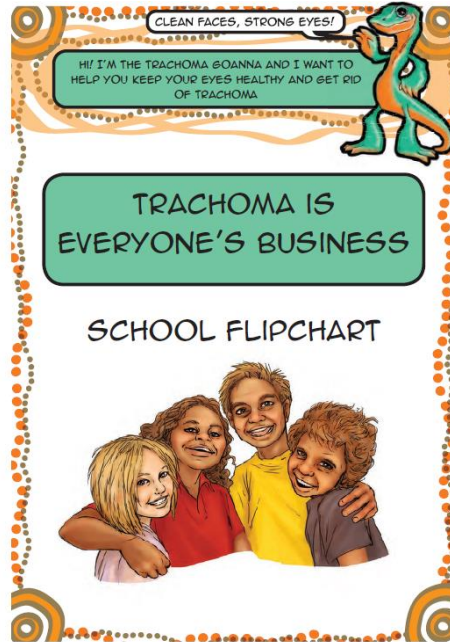
Some form of consultation with either Aboriginal and Torres Strait Islander communities, or with health experts was identified in 30 of the 32 recommended-quality resources. Resources which received a score of 3 (out of 4) for this criterion (n=14) were those that did not clearly specify whether community consultation was undertaken, but were subsequently identified as having met this criterion as part of the in-depth interviews undertaken.

## **Diversity of imagery**

Of the 32 recommended quality resources, 22 achieved full scores for the diversity of imagery criterion. Diversity of imagery was determined not only by the inclusion of images of Aboriginal and Torres Strait Islander people, but also by capturing the diversity within communities with regard to gender, age, appearance and lifestyle, as shown in Figure 4 and Figure 5.

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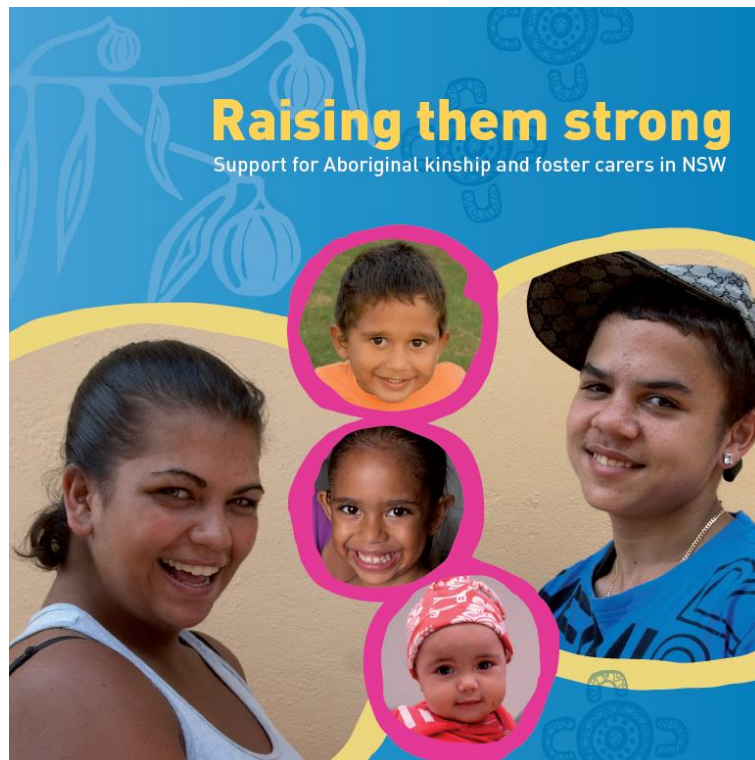
**Figure 4:** Examples of images used in resource 10, 'Trachoma is Everyone's Business' (Appendix 1)



Source: Minum Barreng Indigenous Eye Health Unit (2010) 'Trachoma is Everyone's Business', University of Melbourne, Melbourne, Victoria.

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**Figure 5:** Examples of images used in resource 7, 'Raising Them Strong' (Appendix 1)



Source: (2016) 'Raising them strong', Department of Family and Community Services, Ashfield, NSW.

The remaining 10 resources addressed diversity, though not to the same extent. This was predominantly because these resources were developed for specific local communities, or because the included images did not capture as many people (particularly in resources that were case study based).

### **Date of release**

The date of release was clearly identified in 29 of the 32 recommended quality resources. Of the remaining resources, two did not clearly display the date of release and one did not include this information at all.

## 4. In-depth interviews

### 4.1 Overview of approach

The final stage of the research involved undertaking in-depth interviews with organisations identified to have developed resources that were of either recommended or high quality.

The interviews were conducted with staff involved in, or who had an awareness of, the resources of interest and explored how these were developed, the process by which the organisation sought community input and whether any focus or user testing was conducted prior to publication. A copy of the interview guide is provided in Appendix 4.

Eleven organisations, responsible for the development of high or recommended quality resources, were invited to take part in the interviews – of which, six agreed to take part. These organisations were diverse and included Aboriginal and Torres Strait Islander owned and controlled agencies, health research organisations, as well as health condition-specific agencies. The resources developed by these organisations scored particularly well with regards to the criterion related to community consultation.

An overview of the resources discussed during these interviews and the organisations responsible for their development is provided in Table 4. The resources are listed in alphabetical order according to the name of the primary authoring organisation.

**Table 4:** High or recommended-quality resources discussed during in-depth interviews

Organisation	Resource title	Resource number	Appendix
Asthma Foundation Northern Territory	Asthma (short wind) in children (with Queensland Government and Menzies School of Health Research)	20	1
	Asthma in adults (with Queensland Government and Menzies School of Health Research)	32	1
First Peoples Disability Network	Mobcasts	74	2
	Nuunaron cotton tree event	143	2
Fred Hollows Foundation	Hunting down the germ	22	1
Healing Foundation	Heal together	173	2
Rocky Bay Disability Services	Visiting my mob – Koorliny Djinanginy Moort	165	2

Organisation	Resource title	Resource number	Appendix
Western Australian Centre for Rural Health	Bella's cancer story	191	2
	Clarry's cancer story	192	2

Qualitative data collected during these interviews were collated and analysed by CIRCA staff. Thematic analysis was carried out to identify patterns of meaning within the data and to provide clarity regarding the approach used to engage Aboriginal and Torres Strait Islander community members as part of the resource development process. This involved a process of data familiarisation, data coding and theme development. Once key themes were identified, illustrative quotes were selected for inclusion in this report.

## 4.2 In-depth interview findings

The most common theme identified from the interviews with organisations that produced high or recommended quality resources, was the need for Aboriginal and Torres Strait Islander-led resource development.

The ways in which this was achieved differed across the organisations interviewed. Aboriginal and Torres Strait Islander owned and controlled organisations discussed the value of being able to rely on their own staff to either act as community reference points or to lead consultative processes for resource development with external communities or stakeholder groups.

Other organisations described having formal procedures in place for the development of Aboriginal and Torres Strait Islander-specific resources. For one organisation, this involved adhering to a set of principles for community engagement that prioritises local control and ownership and working through partnerships with Aboriginal and Torres Strait Islander people. Another organisation discussed using existing frameworks developed by the [Centre for Aboriginal Health](#) to ensure that any resource development for Aboriginal and Torres Strait Islander communities includes community stakeholders as an essential process component and that due consideration is given to the impact that the work may have on this audience group.

The resource development process for all of the organisations interviewed, involved some form of community consultation spanning the duration of the project; co-design with community; and revision of the resources in line with community feedback. Aboriginal and Torres Strait Islander stakeholders ranged from internal organisational staff, community members or community owned and controlled organisations to formal steering groups or advisory committees.

*"Partnership is key." (Participant One)*

*"Real stories and authentic voices are really important" (Participant Two)*

*“I would implore anyone taking on a resource that is [designed for] Aboriginal people to make sure that the community want it and that it speaks to them. For example, we’ve seen a drug resource that included the copy ‘Drugs are Deadly’ with the term ‘deadly’ having the meaning of being a good thing in the Aboriginal community. So, if they had have spoken to someone [from the community] that would have been picked up... It needs to be terminology that [the intended audience] understand and want, otherwise it is a worthless piece of work.” (Participant Six)*

## **Developing resources for Aboriginal and Torres Strait Islander audiences**

There were a number of considerations identified during the interviews undertaken as being key to the development of appropriate and effective health resources for Aboriginal and Torres Strait Islander audiences. These included:

- Using partnerships with Aboriginal and Torres Strait Islander people and communities as the basis through which to identify the need for resources and their specific information preferences;
- Implementing a co-design approach to resource development with Aboriginal and Torres Strait Islander communities, allowing opportunities for feedback and changes throughout the development process;
- Ensuring transparency when working with Aboriginal and Torres Strait Islander communities about what the resource development process is going to involve, including the anticipated expectations and outcomes for these communities and for the authoring organisation;
- Recognising that engagement with some Aboriginal and Torres Strait Islander communities may be a time-intensive process – especially for those in remote areas –and giving adequate consideration to the time frames and logistics required to allow for meaningful engagement;
- Ensuring that resources include information that is presented in a simple and clear way, minimising complexity when possible;
- Ensuring that resources are visually appealing and include images of Aboriginal and Torres Strait Islander people or culturally appropriate artwork;
- Considering traditional methods used by or that may influence how Aboriginal and Torres Strait Islander communities communicate and transfer information, such as storytelling;
- Ensuring that resources can be easily accessed by the intended audience, giving consideration to the medium used – for example, printed resources compared to digital or online resources;

*“Resource [development] for Aboriginal communities must be led by Aboriginal communities and groups.” (Participant Two)*

*“The phrase ‘nothing about me, without me’ is critical here... We need to make sure that a resource is actually required and developed with community for community.” (Participant Six)*

*“Consider the natural, traditional way Aboriginal and Torres Strait Islander communities communicate and develop resources according to their needs and not impose a Western approach.” (Participant Three)*

*“Simple, clear provision of information that is not too complex, is not text heavy and is visually appealing delivers the best outcomes not just for Indigenous communities but for many others from diverse backgrounds.” (Participant Three)*

*“Time is required for consultations to ensure the resources developed are meaningful. This can’t be underestimated.” (Participant Three)*

*“A community led approach particularly in a remote community always takes more time than expected. The logistics of working in a remote community are challenging.” (Participant Four)*

## **Resource development challenges**

The interviews also revealed some of the challenges encountered by these organisations in developing resources for Aboriginal and Torres Strait Islander audiences. Some of common issues reported included:

- Limited funding opportunities and a lack of recognition by some funding bodies of the effectiveness of simple, easy to understand resources for Aboriginal and Torres Strait Islander people; and
- Challenges with translation of resources into Aboriginal and Torres Strait Islander languages.

*“The main barrier we face is a lack of funding to both develop and roll out our resources.”  
(Participant Three)*

*“There were definitely issues around different community concerns and language interpretations [in the translations process] which must be considered when translating anything into an Indigenous language.” (Participant One)*

When developing more complex resources or documents (e.g. state-wide plans or strategies relating to Aboriginal and Torres Strait Islander issues), the organisations interviewed stressed the importance of carrying out well-managed and focused consultations with a clear scope. They also recommended the involvement of Aboriginal Community Controlled Health Organisations, noting that their expertise, community experience and networks can be invaluable for such projects.

*“From an organisation point of view there is no point developing resources for a community and then giving it to them for review – because there will definitely be changes and things to consider. So you’re definitely better off having community [members] be a part of the consultation process and limiting any changes to a minimum” (Participant Six)*

## 5. Recommendations

The following recommendations have been provided by CIRCA based on the findings of the resource stocktake, quality assessment and in-depth interviews undertaken. It is anticipated that these recommendations will help guide the Commission's approach to developing effective and appropriate consumer resources for Aboriginal and Torres Strait Islander audiences. These recommendations may also be of benefit to other organisations seeking to develop resources for this audience group.

- ❶ **Recommendation One:** Consult and establish partnerships with Aboriginal and Torres Strait Islander communities to identify the need for resources and their specific information preferences.
- ❷ **Recommendation Two:** When possible, involve Aboriginal owned and controlled peak bodies and organisations, such as Aboriginal Community Controlled Health Organisations (ACCHOs), in the development of resources.
- ❸ **Recommendation Three:** Give adequate consideration to time frames and logistics of engaging with some Aboriginal and Torres Strait Islander communities – especially those in remote areas – and allow an adequate amount of time for meaningful engagement.
- ❹ **Recommendation Four:** Institute a method that supports transparency about the resource development process when working with Aboriginal and Torres Strait Islander communities including the anticipated roles, expectations and outcomes for all involved.
- ❺ **Recommendation Five:** Implement a co-design approach to resource development when working with Aboriginal and Torres Strait Islander communities that starts with identifying information needs and allows for feedback and changes throughout the development process.
- ❻ **Recommendation Six:** Consider traditional methods used by or that may influence how Aboriginal and Torres Strait Islander people communicate and transfer information, such as storytelling.
- ❼ **Recommendation Seven:** When possible, resources should address the following elements:
  - | Simple, clear and succinct information
  - | Visually appealing images with a diverse range of community members or culturally appropriate artwork
  - | Delivery through diverse dissemination channels and in formats that suit the preferences and accessibility requirements of the intended audience
  - | A date of publication to help provide clarity regarding relevance and currency.



## 6. Appendices

### 6.1 Appendix 1: Recommended-quality resources

The following table provides an overview of the 32 recommended-quality resources identified through the resource stocktake and assessment undertaken. Resources are **listed in alphabetical order** according to the name of the primary authoring organisation.

No.	Resource name	Author	Topic	Type	Audience	Resource link
1	Strong hearing, strong start	Australian Government Department of Health	Ear health	Interactive booklet	Consumer	<a href="http://careforkidsears.health.gov.au/talkingbook/Care_of_Kids_Ears_Talking_Book_English/index.html#12/">http://careforkidsears.health.gov.au/talkingbook/Care_of_Kids_Ears_Talking_Book_English/index.html#12/</a>
2	Joe's lung cancer journey	Cancer Australia	Respiratory	Video playlist	Consumer	<a href="https://healthinfonet.ecu.edu.au/key-resources/resources/32398/?title=Joe%27s%20lung%20cancer%20journey">https://healthinfonet.ecu.edu.au/key-resources/resources/32398/?title=Joe%27s%20lung%20cancer%20journey</a>
3	A welcoming yarn	Child Australia and Yorganop Indigenous Professional Support Unit	Child development	Booklet	Provider	<a href="https://childaustralia.org.au/wp-content/uploads/2017/02/A-Welcoming-Yarn-2016-Final.pdf">https://childaustralia.org.au/wp-content/uploads/2017/02/A-Welcoming-Yarn-2016-Final.pdf</a>
4	Case study – Martina Berolah, Torres Strait Islander woman from Cairns	Diabetes Queensland	Diabetes	Video	Both	<a href="https://healthinfonet.ecu.edu.au/learn/health-topics/diabetes/resources/30723/?title=Case%20study%3A%20Martina%20Berolah%3A%20Torres%20Strait%20Islander%20woman%20from%20Cairns">https://healthinfonet.ecu.edu.au/learn/health-topics/diabetes/resources/30723/?title=Case%20study%3A%20Martina%20Berolah%3A%20Torres%20Strait%20Islander%20woman%20from%20Cairns</a>
5	Case study – Norm Phillips, Noongar man living in Adelaide	Diabetes Queensland	Diabetes	Video	Consumer	<a href="https://healthinfonet.ecu.edu.au/learn/health-topics/diabetes/resources/30722/?title=Norm%20Phillips%3A%20Noongar%20man%20living%20in%20Adelaide">https://healthinfonet.ecu.edu.au/learn/health-topics/diabetes/resources/30722/?title=Norm%20Phillips%3A%20Noongar%20man%20living%20in%20Adelaide</a>
6	Growing up strong Kooris (also Cuchicums, Guring, Buraay, Booris, Wonai, Jarjums)	Family and Community Services (FACS) New South Wales	Child development	Booklet	Consumer	<a href="https://www.facs.nsw.gov.au/families/parenting/aboriginal/resources-in-aboriginal-languages">https://www.facs.nsw.gov.au/families/parenting/aboriginal/resources-in-aboriginal-languages</a>
7	Raising them strong	Family and Community Services (FACS) New South Wales	Child development	Booklet	Consumer	<a href="https://www.facs.nsw.gov.au/data/assets/pdf_file/0007/319768/3816_3541_CS-RaisingThemStrong_Reprint-2016_90616.pdf">https://www.facs.nsw.gov.au/data/assets/pdf_file/0007/319768/3816_3541_CS-RaisingThemStrong_Reprint-2016_90616.pdf</a>
8	Blow breathe cough	Hearing Australia	Ear health	Video playlist	Consumer	<a href="https://www.youtube.com/playlist?list=PLUaMS4QuizOXDWas_g55iITmU3OD_Jlbz">https://www.youtube.com/playlist?list=PLUaMS4QuizOXDWas_g55iITmU3OD_Jlbz</a>

No.	Resource name	Author	Topic	Type	Audience	Resource link
9	Stroke: Written by the mob for the mob	Hunter New England Local Health District and University of New England	Cardiovascular disease	Booklet	Consumer	<a href="https://healthinfor.net.ecu.edu.au/healthinfor.net/getContent.php?linkid=588367&amp;title=Stroke%3A+Written+by+the+Mob+for+the+Mob">https://healthinfor.net.ecu.edu.au/healthinfor.net/getContent.php?linkid=588367&amp;title=Stroke%3A+Written+by+the+Mob+for+the+Mob</a>
10	Trachoma is everyone's business	Indigenous Eye Health Unit, the University of Melbourne	Infectious disease	Booklet	Consumer	<a href="https://msdgh.unimelb.edu.au/_data/assets/pdf_file/0009/1978002/school_flipchart.pdf">https://msdgh.unimelb.edu.au/_data/assets/pdf_file/0009/1978002/school_flipchart.pdf</a>
11	Maningrida – 'Living sugar free'	Indigenous Hip Hop Projects	Diabetes	Video	Consumer	<a href="https://healthinfor.net.ecu.edu.au/learn/health-topics/diabetes/resources/32238/?title=IHP%20-%20Maningrida%20%27Living%20Sugar%20Free%27">https://healthinfor.net.ecu.edu.au/learn/health-topics/diabetes/resources/32238/?title=IHP%20-%20Maningrida%20%27Living%20Sugar%20Free%27</a>
12	Live well and take care: Protect yourself from a melioidosis infection	Menzies School of Health	Diabetes	Video	Consumer	<a href="https://vimeo.com/207213327">https://vimeo.com/207213327</a>
13	Melioidosis and haemodialysis	Menzies School of Health Research	Diabetes	Video	Consumer	<a href="https://vimeo.com/207214048">https://vimeo.com/207214048</a>
14	Aboriginal and Torres Strait Islander HIV Awareness Week Launch Video	National Association of People with HIV Australia	Infectious disease	Video	Consumer	<a href="https://www.youtube.com/watch?v=e66H0H-ttIE">https://www.youtube.com/watch?v=e66H0H-ttIE</a>
15	Beta blockers	National Heart Foundation of Australia, National Prescribing Service Limited, National Aboriginal Community Controlled Health Organisation and Aboriginal Health Council of South Australia	Cardiovascular disease	Factsheet	Consumer	<a href="https://www.heartfoundation.org.au/images/uploads/publications/Aboriginal-hypertension-resource-beta-blockers.pdf">https://www.heartfoundation.org.au/images/uploads/publications/Aboriginal-hypertension-resource-beta-blockers.pdf</a>
16	High blood pressure	National Heart Foundation of Australia, National Prescribing Service Limited, National Community Controlled Health Organisation and Aboriginal Health Council of South Australia	Cardiovascular disease	Factsheet	Consumer	<a href="https://www.heartfoundation.org.au/images/uploads/publications/Aboriginal-hypertension-brochure-resource.pdf">https://www.heartfoundation.org.au/images/uploads/publications/Aboriginal-hypertension-brochure-resource.pdf</a>
17	Thiazide diuretics	National Heart Foundation of Australia, National Prescribing Service Limited, National Community Controlled Health Organisation and Aboriginal Health Council of South Australia	Cardiovascular disease	Factsheet	Consumer	<a href="https://www.heartfoundation.org.au/images/uploads/publications/Aboriginal-hypertension-resource-thiazide-diuretics.pdf">https://www.heartfoundation.org.au/images/uploads/publications/Aboriginal-hypertension-resource-thiazide-diuretics.pdf</a>
18	Chronic obstructive pulmonary disease	Queensland Government and Menzies School of Health Research	Chronic obstructive pulmonary disease	Booklet	Consumer	<a href="https://healthinfor.net.ecu.edu.au/uploads/resources/22591_chronic-pulmonary-flipchart-12-correct-isbn.pdf">https://healthinfor.net.ecu.edu.au/uploads/resources/22591_chronic-pulmonary-flipchart-12-correct-isbn.pdf</a>
19	Asthma in adults	Queensland Government, Asthma Foundation Northern Territory and Menzies School of Health Research	Asthma	Booklet	Consumer	<a href="https://healthinfor.net.ecu.edu.au/uploads/resources/25117_25117.pdf">https://healthinfor.net.ecu.edu.au/uploads/resources/25117_25117.pdf</a>

No.	Resource name	Author	Topic	Type	Audience	Resource link
20	Asthma (short wind) in children	Queensland Government, Asthma Foundation Northern Territory and Menzies School of Health Research	Asthma	Booklet	Consumer	<a href="http://www.menzies.edu.au/cms_docs/161914_Asthma_short_wind_in_children.pdf">http://www.menzies.edu.au/cms_docs/161914_Asthma_short_wind_in_children.pdf</a>
21	Indigenous respiratory outreach care	Queensland Health	Respiratory	Flyer	Consumer	<a href="https://www.health.qld.gov.au/_data/assets/pdf_file/0029/436817/srcn-iroc-brochure.pdf">https://www.health.qld.gov.au/_data/assets/pdf_file/0029/436817/srcn-iroc-brochure.pdf</a>
22	Hunting down the germ	Rebel Films and The Fred Hollows Foundation	Infectious disease	Video	Consumer	<a href="https://iciv.com.au/video/item/3583">https://iciv.com.au/video/item/3583</a>
23	Benny's Journey – English	Rheumatic Heart Disease (RHD) Australia	Cardiovascular disease	Video	Consumer	<a href="https://www.youtube.com/watch?v=dQkPN-K8P6A">https://www.youtube.com/watch?v=dQkPN-K8P6A</a>
24	Benny's Journey – Torres Strait Creole	Rheumatic Heart Disease (RHD) Australia	Cardiovascular disease	Video	Consumer	<a href="https://www.youtube.com/watch?v=X9Y1tK5XKt8">https://www.youtube.com/watch?v=X9Y1tK5XKt8</a>
25	Sharing a heartbeat – A short film about RHD in pregnancy (English)	Rheumatic Heart Disease (RHD) Australia	Cardiovascular disease	Video	Consumer	<a href="https://vimeo.com/233614614">https://vimeo.com/233614614</a>
26	Sharing a heartbeat – A short film about RHD in pregnancy (Krio)	Rheumatic Heart Disease (RHD) Australia	Cardiovascular disease	Video	Consumer	<a href="https://vimeo.com/234624160">https://vimeo.com/234624160</a>
27	Sugar man	Skinnyfish Music and Gurrumul Galilwin'ku community	Diabetes	Video	Consumer	<a href="https://www.youtube.com/watch?v=F5XIOqf5w8featur&amp;e=youtu.be">https://www.youtube.com/watch?v=F5XIOqf5w8featur&amp;e=youtu.be</a>
28	Rheumatic heart disease	South Australia Health	Cardiovascular disease	Video	Both	<a href="https://www.youtube.com/watch?v=BrZLVBH2Lk">https://www.youtube.com/watch?v=BrZLVBH2Lk</a>
29	Recognising and treating skin infections: A visual clinical handbook	Telethon Kids Institute, Wesfarmers, Menzies School of Health Research and Hot North	Infectious disease	Handbook	Provider	<a href="https://infectiousdiseases.telethonkids.org.au/siteassets/media-images-wesfarmers-centre/national-health-skin-guideline_recognising--treating-skin-infections-3rd-ed.-2018.pdf">https://infectiousdiseases.telethonkids.org.au/siteassets/media-images-wesfarmers-centre/national-health-skin-guideline_recognising--treating-skin-infections-3rd-ed.-2018.pdf</a>
30	Keeping skin healthy: A handbook for community care workers in the Pilbara	Telethon Kids Institute, Wesfarmers, Puntukurnu Aboriginal Medical Service, WA Primary Health Alliance, The Lowitja Institute, Menzies School of Health Research and Primary Health Network, Perth North, Perth South, Country WA	Infectious disease	Handbook	Provider	<a href="https://infectiousdiseases.telethonkids.org.au/siteassets/media-docs--wesfarmers-centre/handbook-for-healthy-skin.pdf">https://infectiousdiseases.telethonkids.org.au/siteassets/media-docs--wesfarmers-centre/handbook-for-healthy-skin.pdf</a>
31	Trachoma resources book	The University of Melbourne	Infectious disease	Booklet	Provider	<a href="https://mspgh.unimelb.edu.au/_data/assets/pdf_file/0007/1977991/trachoma_resource_booklet.pdf">https://mspgh.unimelb.edu.au/_data/assets/pdf_file/0007/1977991/trachoma_resource_booklet.pdf</a>
32	The deadly mum's guide to feeling great	Women's Health Queensland Wide Inc and the Aboriginal and Torres Strait Islander Community Health Services (ATSIChS) Mackay Ltd	Diabetes	Booklet	Consumer	<a href="https://womhealth.org.au/sites/womhealth/files/public/Deadly%20booklet_FINAL_May2016_Low_Res.pdf">https://womhealth.org.au/sites/womhealth/files/public/Deadly%20booklet_FINAL_May2016_Low_Res.pdf</a>

## 6.2 Appendix 2: High-quality resources

The following table provides an overview of the 194 high-quality resources identified through the resource stocktake and assessment undertaken. Resources are listed in alphabetical order according to the name of the primary authoring organisation.

No.	Resource name	Author	Topic	Type	Audience	Resource link
1	Mapu Yaan Gurri, Mapu Marrunggir – Healing our way	Aboriginal Affairs, New South Wales Government	Healing	Report	Provider	<a href="https://www.aboriginalaffairs.nsw.gov.au/pdfs/OCHRE/HealingForum_150305_FINAL.pdf">https://www.aboriginalaffairs.nsw.gov.au/pdfs/OCHRE/HealingForum_150305_FINAL.pdf</a>
2	Don't carry the flu around with you	Aboriginal and Torres Strait Islander Community Health Service Brisbane	Infectious disease	Website	Consumer	<a href="https://atsichsbrisbane.org.au/2017/04/18/flu_vac/">https://atsichsbrisbane.org.au/2017/04/18/flu_vac/</a>
3	Living my way	Aboriginal Disability Network NSW	Disability	Video	Consumer	<a href="https://www.youtube.com/watch?time_continue=6&amp;v=c29WRv_LlPE">https://www.youtube.com/watch?time_continue=6&amp;v=c29WRv_LlPE</a>
4	Living my way: Getting prepared	Aboriginal Disability Network NSW	Disability	Video	Consumer	<a href="https://www.youtube.com/watch?time_continue=7&amp;v=xBkaQsQeJFO">https://www.youtube.com/watch?time_continue=7&amp;v=xBkaQsQeJFO</a>
5	Sexual and reproductive health resource kit: Doin 'it' right!	Aboriginal Health and Medical Research Council of NSW	Sexual and reproductive health	Resource Kit	Provider	<a href="https://www.ahmrc.org.au/publication/sexual-reproductive-health-resource-kit-doin-it-right/">https://www.ahmrc.org.au/publication/sexual-reproductive-health-resource-kit-doin-it-right/</a>
6	10 out of 10 deadly health stories	Aboriginal Health and Medical Research Council of NSW	Diabetes	Booklet	Provider	<a href="https://n8p4t5m5.stackpathcdn.com/wp-content/uploads/2019/07/ahmrc_cd_2010_10_out_of_10_deadly_health_stories.pdf">https://n8p4t5m5.stackpathcdn.com/wp-content/uploads/2019/07/ahmrc_cd_2010_10_out_of_10_deadly_health_stories.pdf</a>
7	Good news stories around child and maternal health	Aboriginal Health and Medical Research Council of NSW	Child development	Factsheet	Provider	<a href="https://www.ahmrc.org.au/publication/good-news-stories-around-child-and-maternal-health/">https://www.ahmrc.org.au/publication/good-news-stories-around-child-and-maternal-health/</a>
8	Grief and loss: Help for Aboriginal people going through grief	Aboriginal Health Council of South Australia Inc.	Social and emotional wellbeing	Booklet	Both	<a href="http://aboriginalgriefandloss.ahcsa.org.au/wp-content/uploads/2015/07/AHCSA_Grief_2015.pdf">http://aboriginalgriefandloss.ahcsa.org.au/wp-content/uploads/2015/07/AHCSA_Grief_2015.pdf</a>
9	Putting ability into disability	AbSec – NSW Child, Family and Community Peak Aboriginal Corporation	Disability	Video	Consumer	<a href="https://vimeo.com/230887101">https://vimeo.com/230887101</a>

No.	Resource name	Author	Topic	Type	Audience	Resource link
10	Creating partnerships: A guide for Community Drug Action Teams and Aboriginal Community Controlled Health Organisations	Alcohol and Drug Foundation and Aboriginal Health and Medical Research Council of NSW	Drugs, alcohol and tobacco	Booklet	Provider	<a href="https://cdn.adf.org.au/media/documents/Creating_Partnerships_Booklet-050719.pdf">https://cdn.adf.org.au/media/documents/Creating_Partnerships_Booklet-050719.pdf</a>
11	Having the hard yarn in Napranum	Apunipima Cape York Health Council	Sexual and reproductive health	Video	Consumer	<a href="https://www.youtube.com/watch?v=K3Ha5oNRuGU">https://www.youtube.com/watch?v=K3Ha5oNRuGU</a>
12	Good food for good sugars	Apunipima Cape York Health Council	Diabetes	Flyer	Consumer	<a href="http://www.apunipima.org.au/Images/Nutrition_Resource/Good%20Sugars.PDF">http://www.apunipima.org.au/Images/Nutrition_Resource/Good%20Sugars.PDF</a>
13	Food tips for being a healthy weight	Apunipima Cape York Health Council	Diabetes	Flyer	Consumer	<a href="http://www.apunipima.org.au/Images/Nutrition_Resource/Weight.PDF">http://www.apunipima.org.au/Images/Nutrition_Resource/Weight.PDF</a>
14	National core competencies for Aboriginal and/or Torres Strait Islander diabetes health workers and diabetes health practitioners	Australian Diabetes Educators Association	Diabetes	Manual	Provider	<a href="https://healthinfonet.ecu.edu.au/key-resources/resources/34269/?title=National%20core%20competencies%20for%20Aboriginal%20and%20For%20Torres%20Strait%20Islander%20diabetes%20health%20workers%20and%20diabetes%20health%20practitioners">https://healthinfonet.ecu.edu.au/key-resources/resources/34269/?title=National%20core%20competencies%20for%20Aboriginal%20and%20For%20Torres%20Strait%20Islander%20diabetes%20health%20workers%20and%20diabetes%20health%20practitioners</a>
15	Us Mob and HIV	Australian Federation of AIDS Organisations (AFAO), Anwernekenhe National HIV Alliance (ANA), Northern Territory AIDS and Hepatitis Council, Queensland AIDS Council, Queensland Positive People, and Western Australian AIDS Council.	Sexual and reproductive health	Booklet	Consumer	<a href="https://waaids.com/Images/PDF_Documents/US%20Mob%20and%20HIV_Singles_web.pdf">https://waaids.com/Images/PDF_Documents/US%20Mob%20and%20HIV_Singles_web.pdf</a>
16	Your health is in your hands: 715 health check	Australian Government Department of Health	General health	Multiple formats	Consumer	<a href="https://healthinfonet.ecu.edu.au/key-resources/resources/37782/?title=Your%20health%20is%20in%20your%20hands%3A%20715%20health%20check">https://healthinfonet.ecu.edu.au/key-resources/resources/37782/?title=Your%20health%20is%20in%20your%20hands%3A%20715%20health%20check</a>
17	Indigenous health	Australian Government Department of Health	Child development	Various	Provider	<a href="https://www1.health.gov.au/internet/main/publishing.nsf/content/Aboriginal+and+Torres+Strait+Islander+Health-11p">https://www1.health.gov.au/internet/main/publishing.nsf/content/Aboriginal+and+Torres+Strait+Islander+Health-11p</a>

No.	Resource name	Author	Topic	Type	Audience	Resource link
18	Get up and grow – Healthy eating and physical activity	Australian Government Department of Health	Child development	Booklet	Provider	<a href="https://www.1.health.gov.au/internet/main/publishing.nsf/content/CAE59058071BEF98CA257BF0001A8E48/\$File/Staff%20Handbook.pdf">https://www.1.health.gov.au/internet/main/publishing.nsf/content/CAE59058071BEF98CA257BF0001A8E48/\$File/Staff%20Handbook.pdf</a>
19	My aged care case study compilation: Uncle Bob and Auntie Shirley	Australian Government Department of Health	Aged and palliative care	Video	Consumer	<a href="https://www.youtube.com/watch?v=NFZuyEO3NCA">https://www.youtube.com/watch?v=NFZuyEO3NCA</a>
20	My aged care case study: Uncle Bob	Australian Government Department of Health	Aged and palliative care	Video	Consumer	<a href="https://www.youtube.com/watch?v=Pot2_PTxdvE">https://www.youtube.com/watch?v=Pot2_PTxdvE</a>
21	My aged care case study: Auntie Shirley's story	Australian Government Department of Health	Aged and palliative care	Video	Consumer	<a href="https://www.youtube.com/watch?v=XsL2J7lqpE">https://www.youtube.com/watch?v=XsL2J7lqpE</a>
22	My aged care – Arrernte language	Australian Government Department of Health	Aged and palliative care	Brochure	Consumer	<a href="https://www.myagedcare.gov.au/sites/default/files/2019-04/myagedcare-brochure-printable-arrernte.pdf">https://www.myagedcare.gov.au/sites/default/files/2019-04/myagedcare-brochure-printable-arrernte.pdf</a>
23	My aged care – Pitjantjatjara language	Australian Government Department of Health	Aged and palliative care	Brochure	Consumer	<a href="https://www.myagedcare.gov.au/sites/default/files/2019-04/myagedcare-brochure-printable-pitjantjatjara.pdf">https://www.myagedcare.gov.au/sites/default/files/2019-04/myagedcare-brochure-printable-pitjantjatjara.pdf</a>
24	My aged care – Torres Strait	Australian Government Department of Health	Aged and palliative care	Brochure	Consumer	<a href="https://www.myagedcare.gov.au/sites/default/files/2019-04/myagedcare-brochure-printable-torres-strait-creole-yumplatok.pdf">https://www.myagedcare.gov.au/sites/default/files/2019-04/myagedcare-brochure-printable-torres-strait-creole-yumplatok.pdf</a>
25	My aged care – Walpiri	Australian Government Department of Health	Aged and palliative care	Brochure	Consumer	<a href="https://www.myagedcare.gov.au/sites/default/files/2019-04/myagedcare-brochure-printable-walpiri.pdf">https://www.myagedcare.gov.au/sites/default/files/2019-04/myagedcare-brochure-printable-walpiri.pdf</a>
26	Help at home for older people	Australian Government Department of Health	Aged and palliative care	Poster	Consumer	<a href="https://www.myagedcare.gov.au/sites/default/files/2019-04/myagedcare-poster-aboriginal-torres-strait-islander_0.pdf">https://www.myagedcare.gov.au/sites/default/files/2019-04/myagedcare-poster-aboriginal-torres-strait-islander_0.pdf</a>
27	Respiratory diseases among Aboriginal and Torres Strait Islander children	Australian Indigenous HealthInfoNet	Respiratory	Video	Provider	<a href="https://healthinfonet.ecu.edu.au/learn/health-topics/respiratory-health/publications/36011/?title=Respiratory%20disease%20among%20Aboriginal%20and%20Torres%20Strait%20Islander%20children%20%5Bvideo%5D">https://healthinfonet.ecu.edu.au/learn/health-topics/respiratory-health/publications/36011/?title=Respiratory%20disease%20among%20Aboriginal%20and%20Torres%20Strait%20Islander%20children%20%5Bvideo%5D</a>

No.	Resource name	Author	Topic	Type	Audience	Resource link
28	Respiratory diseases among Aboriginal and Torres Strait Islander children	Australian Indigenous HealthInfoNet	Respiratory	Factsheet	Provider	<a href="https://healthinfo.net.ecu.edu.au/learn/health-topics/respiratory-health/publications/36019/?title=Respiratory%20disease%20among%20Aboriginal%20and%20Torres%20Strait%20Islander%20children%20%5Bfactsheet%5D">https://healthinfo.net.ecu.edu.au/learn/health-topics/respiratory-health/publications/36019/?title=Respiratory%20disease%20among%20Aboriginal%20and%20Torres%20Strait%20Islander%20children%20%5Bfactsheet%5D</a>
29	Tackling Indigenous smoking	Australian Indigenous HealthInfoNet	Drugs, alcohol and tobacco	Video	Provider	<a href="https://www.youtube.com/watch?v=nDaUTeOT24U">https://www.youtube.com/watch?v=nDaUTeOT24U</a>
30	Diabetes among Aboriginal and Torres Strait Islander people	Australian Indigenous HealthInfoNet and Edith Cowan University	Diabetes	Factsheet	Consumer	<a href="https://healthinfo.net.ecu.edu.au/healthinfo.net/getContent.php?linkid=595975&amp;title=Diabetes+among+Aboriginal+Torres+Strait+Islander+people+%5Bfactsheet%5D">https://healthinfo.net.ecu.edu.au/healthinfo.net/getContent.php?linkid=595975&amp;title=Diabetes+among+Aboriginal+Torres+Strait+Islander+people+%5Bfactsheet%5D</a>
31	Diabetic retinopathy among Aboriginal and Torres Strait Islander people	Australian Indigenous HealthInfoNet and Edith Cowan University and The Fred Hollows Foundation	Diabetes	Flyer	Provider	<a href="https://healthinfo.net.ecu.edu.au/healthinfo.net/getContent.php?linkid=616978&amp;title=Diabetic+retinopathy+among+Aboriginal+and+Torres+Strait+Islander+people+%5Bfactsheet%2C+4pg%5D">https://healthinfo.net.ecu.edu.au/healthinfo.net/getContent.php?linkid=616978&amp;title=Diabetic+retinopathy+among+Aboriginal+and+Torres+Strait+Islander+people+%5Bfactsheet%2C+4pg%5D</a>
32	Aboriginal and Torres Strait Islander health workers and blood-borne viruses	Australian Society for HIV, Viral Hepatitis and Sexual Health Medicine	Infectious disease	Booklet	Provider	<a href="https://www.ashtm.org.au/products/product/1976963403">https://www.ashtm.org.au/products/product/1976963403</a>
33	Diyadi - Can we Talk?	Australian Society for HIV, Viral Hepatitis and Sexual Health Medicine	Sexual and reproductive health	Booklet	Provider	<a href="https://www.ashtm.org.au/products/product/1976963384">https://www.ashtm.org.au/products/product/1976963384</a>
34	Lil Mike boom!	Awabakal Ltd and Rollingball Productions	Ear health	Video	Consumer	<a href="https://rollingball.com.au/portfolio/lilmike-boom/">https://rollingball.com.au/portfolio/lilmike-boom/</a>
35	Always be you	Beyond Blue	Child development	Booklet	Provider	<a href="https://beyou.edu.au/resources/always-be-you">https://beyou.edu.au/resources/always-be-you</a>
36	Stories for keeping strong – Bangarra rekindling	Beyond Blue	Social and emotional wellbeing	Video	Consumer	<a href="https://www.youtube.com/watch?v=82pvd84nzg&amp;feature=youtu.be">https://www.youtube.com/watch?v=82pvd84nzg&amp;feature=youtu.be</a>

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37	Alive and kicking goals – Women's reference group	Beyond Blue	Social and emotional wellbeing	Video	Consumer	<a href="https://www.youtube.com/watch?time_continue=13&amp;v=yVPvNEtI33s">https://www.youtube.com/watch?time_continue=13&amp;v=yVPvNEtI33s</a>
38	The invisible discriminator	Beyond Blue	Social and emotional wellbeing	Video	Both	<a href="https://www.youtube.com/watch?time_continue=2&amp;v=lvEvKISMyx0">https://www.youtube.com/watch?time_continue=2&amp;v=lvEvKISMyx0</a>
39	Grandad has pre-diabetes	Brisbane Indigenous Media Association	Diabetes	Audio	Consumer	<a href="https://bimaprojects.org.au/audio/granddad-has-pre-diabetes/">https://bimaprojects.org.au/audio/granddad-has-pre-diabetes/</a>
40	Diabetes and eyesight	Brisbane Indigenous Media Association	Diabetes	Audio	Consumer	<a href="https://bimaprojects.org.au/on-air/stayin-strong/diabetes-and-eyesight/">https://bimaprojects.org.au/on-air/stayin-strong/diabetes-and-eyesight/</a>
41	Spinal Injury causes	Brisbane Indigenous Media Association	Injury	Audio	Consumer	<a href="http://www.bimaprojects.org.au/on-air/stayin-strong/spinal-injury-causes/">http://www.bimaprojects.org.au/on-air/stayin-strong/spinal-injury-causes/</a>
42	Arthur healthy heart message	Brisbane Indigenous Media Association	Cardiovascular disease	Audio	Consumer	<a href="https://bimaprojects.org.au/audio/arthur-healthy-heart-message/">https://bimaprojects.org.au/audio/arthur-healthy-heart-message/</a>
43	Respiratory health	Brisbane Indigenous Media Association	Respiratory	Audio	Consumer	<a href="https://healthinfonet.ecu.edu.au/key-resources/resources/29706/?title=Respiratory%20health%20%5Bpodcasts%5D">https://healthinfonet.ecu.edu.au/key-resources/resources/29706/?title=Respiratory%20health%20%5Bpodcasts%5D</a>
44	COPD and physical activity	Brisbane Indigenous Media Association	Chronic Obstructive Pulmonary Disease	Audio	Consumer	<a href="https://healthinfonet.ecu.edu.au/learn/health-topics/respiratory-health/copd/resources/25983/?title=Move%3A%20COPD%20and%20physical%20activity">https://healthinfonet.ecu.edu.au/learn/health-topics/respiratory-health/copd/resources/25983/?title=Move%3A%20COPD%20and%20physical%20activity</a>
45	How COPD affects the lungs	Brisbane Indigenous Media Association	Chronic Obstructive Pulmonary Disease	Audio	Consumer	<a href="https://bimaprojects.org.au/on-air/stayin-strong/breathing-difficulties-could-be-copd/">https://bimaprojects.org.au/on-air/stayin-strong/breathing-difficulties-could-be-copd/</a>
46	Yarn for life	Cancer Australia	Cancer	Website	Consumer	<a href="https://yarnforlife.com.au/">https://yarnforlife.com.au/</a>



No.	Resource name	Author	Topic	Type	Audience	Resource link
47	Our lungs our mob	Cancer Australia	Respiratory	Booklet	Provider	<a href="https://healthinfonet.ecu.edu.au/key-resources/resources/31433/?title=Our%20lungs%2C%20Our%20Mob%20community%20education%20resource">https://healthinfonet.ecu.edu.au/key-resources/resources/31433/?title=Our%20lungs%2C%20Our%20Mob%20community%20education%20resource</a>
48	My lung cancer pathway: A guide for Aboriginal and Torres Strait Islander people and their families	Cancer Australia	Cancer	Booklet	Consumers	<a href="https://canceraustralia.gov.au/system/tcf/publications/my-lung-cancer-pathway/pdf/2016_atip_booklet_0.pdf?file=1&amp;type=node&amp;id=4691">https://canceraustralia.gov.au/system/tcf/publications/my-lung-cancer-pathway/pdf/2016_atip_booklet_0.pdf?file=1&amp;type=node&amp;id=4691</a>
49	Get checked, you mob	Cancer Council Victoria	Cancer	Video	Consumer	<a href="https://www.youtube.com/watch?v=FKVn93WmBU">https://www.youtube.com/watch?v=FKVn93WmBU</a>
50	Cancer Council WA cancer education video	Cancer Council Western Australia	Cancer	Video	Both	<a href="https://www.youtube.com/watch?v=FKVn93WmBU">https://www.youtube.com/watch?v=FKVn93WmBU</a>
51	Yarning about disability	Care Collective	Disability	Video	Consumer	<a href="https://www.youtube.com/watch?v=-wFemMrBCU&amp;ab_channel=CareCollective">https://www.youtube.com/watch?v=-wFemMrBCU&amp;ab_channel=CareCollective</a>
52	Remote primary health care manuals	Centre for Remote Health	General health	Booklet	Provider	<a href="https://www.remotephcmmanuals.com.au/">https://www.remotephcmmanuals.com.au/</a>
53	Early words	Children First	Child development	Factsheet	Consumer	<a href="http://www.earlywords.info/aboriginal/index.html">http://www.earlywords.info/aboriginal/index.html</a>
54	Dialysis tucker	Chronic Disease Resources Online	Kidney health	Website	Provider	<a href="http://dialysistucker.cdro.com.au/">http://dialysistucker.cdro.com.au/</a>
55	Community development approaches to safety and wellbeing of Indigenous children	Closing the Gap Clearinghouse, Australian Institute of Health and Welfare	Child development	Report	Provider	<a href="https://healthinfonet.ecu.edu.au/key-resources/resources/19179/?title=Community%20development%20approaches%20to%20safety%20and%20wellbeing%20of%20Indigenous%20children">https://healthinfonet.ecu.edu.au/key-resources/resources/19179/?title=Community%20development%20approaches%20to%20safety%20and%20wellbeing%20of%20Indigenous%20children</a>
56	Trachoma – CDNA national guidelines for the public health management of trachoma	Communicable Diseases Network Australia	Infectious disease	Guidelines	Provider	<a href="https://www1.health.gov.au/internet/main/publishing.nsf/Content/D02F0C1C2AB90509CA257C66001C089C/\$File/Trachoma-SoNG.pdf">https://www1.health.gov.au/internet/main/publishing.nsf/Content/D02F0C1C2AB90509CA257C66001C089C/\$File/Trachoma-SoNG.pdf</a>
57	Diabetes and bladder or bowel problems	Continence Foundation of Australia	Diabetes	Brochure	Consumer	<a href="https://www.continence.org.au/download_attachment.php/b17e3747bb8b70b0dd1da48cb70f62ff01fa0000002D6x4IAC/00PG000000d1vMhGMAS/diabetes-and-bladder-or-bowel-problems.pdf">https://www.continence.org.au/download_attachment.php/b17e3747bb8b70b0dd1da48cb70f62ff01fa0000002D6x4IAC/00PG000000d1vMhGMAS/diabetes-and-bladder-or-bowel-problems.pdf</a>

No.	Resource name	Author	Topic	Type	Audience	Resource link
58	Aboriginal and Torres Strait Islander resources	Create Foundation	Child development	Website	Consumer	<a href="https://create.org.au/resources/aboriginalandtorresstraitislander/">https://create.org.au/resources/aboriginalandtorresstraitislander/</a>
59	Your brain matters	Dementia Australia	Dementia	Video	Consumer	<a href="https://www.youtube.com/watch?list=PLAwHBH-4GO5eYadD-PdPIlbTj-zY59EY4&amp;time_continue=27&amp;v=sCx_8tMnOD_A">https://www.youtube.com/watch?list=PLAwHBH-4GO5eYadD-PdPIlbTj-zY59EY4&amp;time_continue=27&amp;v=sCx_8tMnOD_A</a>
60	Our way – A generational strategy for Aboriginal and Torres Strait Islander children and families	Department of Communities, Child Safety and Disability Services Queensland	Child development	Report	Both	<a href="https://www.communities.qld.gov.au/resources/campaign/supporting-families/our-way.pdf">https://www.communities.qld.gov.au/resources/campaign/supporting-families/our-way.pdf</a>
61	How to treat hepatitis C	Department of Health Western Australia	Infectious disease	Video	Consumer	<a href="https://www.youtube.com/watch?time_continue=3&amp;v=GvialE-RBks">https://www.youtube.com/watch?time_continue=3&amp;v=GvialE-RBks</a>
62	Black lyrical connection – Speak 2 heal	Desert Pea Media and Warra Warra Legal Service	Healing	Video	Provider	<a href="https://www.youtube.com/watch?v=Mlwfz0Cv&amp;feature=youtu.be">https://www.youtube.com/watch?v=Mlwfz0Cv&amp;feature=youtu.be</a>
63	Join the NDSS – Diabetes in Aboriginal and Torres Strait Islander communities	Diabetes Australia	Diabetes	Video	Consumer	<a href="https://www.diabetesaustralia.com.au/aboriginal-and-torres-strait-islanders">https://www.diabetesaustralia.com.au/aboriginal-and-torres-strait-islanders</a>
64	Fight diabetes in your community with the NDSS – Aboriginal	Diabetes Australia	Diabetes	Poster	Consumer	<a href="https://www.diabetesqld.org.au/media/542385/NDSSA2-1-A3poster Aboriginal 2 f.pdf">https://www.diabetesqld.org.au/media/542385/NDSSA2-1-A3poster Aboriginal 2 f.pdf</a>
65	Fight diabetes in your community – Torres Strait Islander	Diabetes Australia	Diabetes	Poster	Consumer	<a href="https://www.diabetesqld.org.au/media/542388/NDSSA2-1-A3poster TSIslander 1 f.pdf">https://www.diabetesqld.org.au/media/542388/NDSSA2-1-A3poster TSIslander 1 f.pdf</a>
66	Fight diabetes in your community with the NDSS – Torres Strait Islander	Diabetes Australia	Diabetes	Poster	Consumer	<a href="https://www.diabetesqld.org.au/media/542391/NDSSA2-1-A3poster TSIslander 2 f.pdf">https://www.diabetesqld.org.au/media/542391/NDSSA2-1-A3poster TSIslander 2 f.pdf</a>
67	Fight diabetes in your community – Aboriginal	Diabetes Australia	Diabetes	Factsheet	Consumer	<a href="https://www.diabetesqld.org.au/media/542382/NDSSA2-1-A3poster Aboriginal 1 f.pdf">https://www.diabetesqld.org.au/media/542382/NDSSA2-1-A3poster Aboriginal 1 f.pdf</a>
68	Fight diabetes in your community with the NDSS – Torres Strait Islander	Diabetes Australia	Diabetes	Brochure	Consumer	<a href="https://www.diabetesqld.org.au/media/542352/NDSSA2-1-DL-6pp TSIslander f2.pdf">https://www.diabetesqld.org.au/media/542352/NDSSA2-1-DL-6pp TSIslander f2.pdf</a>

No.	Resource name	Author	Topic	Type	Audience	Resource link
69	Fight diabetes in your community with the NDSS – Aboriginal	Diabetes Australia	Diabetes	Factsheet	Consumer	<a href="https://www.diabetesqld.org.au/media/542349/NDSSA2-1-DL-6pp-Aboriginal%20.pdf">https://www.diabetesqld.org.au/media/542349/NDSSA2-1-DL-6pp-Aboriginal%20.pdf</a>
70	Living well with diabetes	Diabetes Queensland	Diabetes	Website	Consumer	<a href="https://www.diabetesqld.org.au/managing-diabetes/aboriginal-and-torres-strait-islander.aspx">https://www.diabetesqld.org.au/managing-diabetes/aboriginal-and-torres-strait-islander.aspx</a>
71	The diabetes story	Diabetes Story	Diabetes	Website	Consumer	<a href="https://diabetesstory.info/">https://diabetesstory.info/</a>
72	Start the chat, keep our mob safe online	eSafety Commissioner	Social and emotional wellbeing	Video	Consumer	<a href="https://vimeo.com/325355467">https://vimeo.com/325355467</a>
73	Coronary heart disease and exercise in Aboriginal and Torres Strait Islander populations	Exercise is Medicine Australia	Cardiovascular Disease	Factsheet	Provider	<a href="http://exercisemedicine.com.au/wp-content/uploads/2018/06/Aboriginal-health-CHD_final.pdf">http://exercisemedicine.com.au/wp-content/uploads/2018/06/Aboriginal-health-CHD_final.pdf</a>
74	Mobcasts	First Peoples Disability Network Australia	Disability	Audio	Consumer	<a href="https://fpdn.org.au/our-mobcasts/">https://fpdn.org.au/our-mobcasts/</a>
75	Benny boy goes bush	First Peoples Disability Network Australia	Disability	Video	Consumer	<a href="https://www.youtube.com/watch?time_continue=23&amp;v=8uGI-wfYYI">https://www.youtube.com/watch?time_continue=23&amp;v=8uGI-wfYYI</a>
76	Nicky Winmar's message	Heart foundation	Cardiovascular disease	Video	Consumer	<a href="https://www.youtube.com/watch?v=zNQ-IU8MsQ">https://www.youtube.com/watch?v=zNQ-IU8MsQ</a>
77	ACE inhibitors	Heart Foundation, National Prescribing Service Limited, National Aboriginal Community Controlled Health Organisation and Aboriginal Health Council of South Australia	Cardiovascular disease	Factsheet	Consumer	<a href="https://www.heartfoundation.org.au/images/uploads/publications/Aboriginal-hypertension-resource-ace-inhibitors.pdf">https://www.heartfoundation.org.au/images/uploads/publications/Aboriginal-hypertension-resource-ace-inhibitors.pdf</a>
78	High blood pressure	Heart Foundation, National Prescribing Service Limited, National Aboriginal Community Controlled Health Organisation and Aboriginal Health Council of South Australia	Cardiovascular disease	Factsheet	Provider	<a href="https://www.heartfoundation.org.au/images/uploads/publications/Aboriginal-hypertension-flip-chart-resource.pdf">https://www.heartfoundation.org.au/images/uploads/publications/Aboriginal-hypertension-flip-chart-resource.pdf</a>

No.	Resource name	Author	Topic	Type	Audience	Resource link
79	Free heart health resources	Heart Foundation, National Prescribing Service Limited, National Aboriginal Community Controlled Health Organisation and Aboriginal Health Council of South Australia	Cardiovascular Disease	Booklet	Consumer	<a href="https://www.heartfoundation.org.au/your-heart/aboriginal-health/free-heart-health-resources">https://www.heartfoundation.org.au/your-heart/aboriginal-health/free-heart-health-resources</a>
80	Trakz stories	Hitnet Community Hub	Social and emotional wellbeing	Various	Consumer	<a href="http://kiosk.hitnet.com.au/public/">http://kiosk.hitnet.com.au/public/</a>
81	The diabetes story app	Hitnet Community Hub	Diabetes	Video	Consumer	<a href="https://www.youtube.com/watch?v=5mNxgYDhZIM">https://www.youtube.com/watch?v=5mNxgYDhZIM</a>
82	Bush tucker in kidney failure and diabetes	Hunter New England Health and AMGEN	Diabetes	Booklet	Consumer	<a href="https://kidney.org.au/cms/uploads/docs/bush-tucker-and-kidney-disease.pdf">https://kidney.org.au/cms/uploads/docs/bush-tucker-and-kidney-disease.pdf</a>
83	The machine story – Arrente	I Talk Studios	Gambling	Video	Consumer	<a href="https://www.youtube.com/watch?v=U6P0bwBpt_s&amp;list=PLdVWzFoygeD8to3kVgPnDFOtXSITkMNs&amp;index=6">https://www.youtube.com/watch?v=U6P0bwBpt_s&amp;list=PLdVWzFoygeD8to3kVgPnDFOtXSITkMNs&amp;index=6</a>
84	Trachoma – Clean faces, strong eyes. Through my eyes (Docker River, NT)	Indigenous Eye Health Unit	Infectious disease	Video	Consumer	<a href="https://vimeo.com/169810886">https://vimeo.com/169810886</a>
85	Trachoma is everyone's business – Community flipchart	Indigenous Eye Health Unit, the University of Melbourne	Infectious disease	Booklet	Consumer	<a href="https://mspgh.unimelb.edu.au/_data/assets/pdf_file/010/1978003/community_flipchart.pdf">https://mspgh.unimelb.edu.au/_data/assets/pdf_file/010/1978003/community_flipchart.pdf</a>
86	Trachoma is everyone's business – Clinic flipchart	Indigenous Eye Health Unit, the University of Melbourne	Infectious disease	Booklet	Consumer	<a href="https://mspgh.unimelb.edu.au/_data/assets/pdf_file/008/2471192/2017-Clinic-Flipchart-w-CDNA.pdf">https://mspgh.unimelb.edu.au/_data/assets/pdf_file/008/2471192/2017-Clinic-Flipchart-w-CDNA.pdf</a>
87	Trachoma health education for primary school children	Indigenous Eye Health Unit, the University of Melbourne	Infectious disease	Booklet	Provider	<a href="https://mspgh.unimelb.edu.au/_data/assets/pdf_file/010/3156733/2019-Teacher-Book-WA.pdf">https://mspgh.unimelb.edu.au/_data/assets/pdf_file/010/3156733/2019-Teacher-Book-WA.pdf</a>
88	Trachoma health education for primary school children – Teacher book and lesson plans	Indigenous Eye Health Unit, the University of Melbourne	Infectious disease	Booklet	Provider	<a href="https://mspgh.unimelb.edu.au/_data/assets/pdf_file/004/2471188/TEACHER-BOOK-2017.pdf">https://mspgh.unimelb.edu.au/_data/assets/pdf_file/004/2471188/TEACHER-BOOK-2017.pdf</a>

No.	Resource name	Author	Topic	Type	Audience	Resource link
89	Trachoma health education for primary school children – Student workbook	Indigenous Eye Health Unit, the University of Melbourne	Infectious disease	Booklet	Consumer	<a href="https://mspgh.unimelb.edu.au/_data/assets/pdf_file/0005/2593598/STUDENT-BOOK-2016-20161130.pdf">https://mspgh.unimelb.edu.au/_data/assets/pdf_file/0005/2593598/STUDENT-BOOK-2016-20161130.pdf</a>
90	Trachoma – Stop trachoma and other infections	Indigenous Eye Health Unit, the University of Melbourne	Infectious disease	Flyer	Consumer	<a href="https://mspgh.unimelb.edu.au/_data/assets/pdf_file/0007/1978189/A5-5step_hygiene_2016.pdf">https://mspgh.unimelb.edu.au/_data/assets/pdf_file/0007/1978189/A5-5step_hygiene_2016.pdf</a>
91	Three T's for trichiasis	Indigenous Eye Health Unit, the University of Melbourne	Infectious Disease	Flyer	Consumer	<a href="https://mspgh.unimelb.edu.au/_data/assets/pdf_file/0011/1977995/2015_A6_3Ts_Myths.pdf">https://mspgh.unimelb.edu.au/_data/assets/pdf_file/0011/1977995/2015_A6_3Ts_Myths.pdf</a>
92	Dust up trachoma	Indigenous Hip Hop Projects	Infectious disease	Video	Consumer	<a href="https://vimeo.com/290249300">https://vimeo.com/290249300</a>
93	Trachoma – Clean faces, strong eyes. Kuru Palva good eyes (Oak Valley, SA)	Indigenous Hip Hop Projects	Infectious disease	Video	Consumer	<a href="https://vimeo.com/170561429">https://vimeo.com/170561429</a>
94	Mount Magnet – Trachoma free scene	Indigenous Hip Hop Projects	Infectious disease	Video	Consumer	<a href="https://www.youtube.com/watch?v=dkvrasMsXIQ&amp;feature=youtu.be">https://www.youtube.com/watch?v=dkvrasMsXIQ&amp;feature=youtu.be</a>
95	Trachoma – Clean faces, strong eyes. Kullilla pay attention (Warburton, WA)	Indigenous Hip Hop Projects	Infectious disease	Video	Consumer	<a href="https://vimeo.com/169811671">https://vimeo.com/169811671</a>
96	Chronic obstructive pulmonary disease action plan	Indigenous Respiratory Outreach Care Program and Lung Foundation Australia	Chronic obstructive pulmonary disease	Brochure	Consumer	<a href="http://www.menzies.edu.au/cms_docs/164637_Chronic_obstructive_pulmonary_disease_COPD_action_plan_-_editable.pdf">http://www.menzies.edu.au/cms_docs/164637_Chronic_obstructive_pulmonary_disease_COPD_action_plan_-_editable.pdf</a>
97	Love in the time of dementia	iTalk Studios and Carpentaria Disability Services	Dementia	Video	Consumers	<a href="https://www.youtube.com/watch?v=hKtGfhn6rtw">https://www.youtube.com/watch?v=hKtGfhn6rtw</a>
98	Uncle Luke 60 – Kidney health	Kidney Health Australia	Kidney health	Audio	Consumer	<a href="https://healthinfonet.ecu.edu.au/key-resources/resources/32778/?title=Uncle%20Luke%2060%20%E2%80%93%20Kidney%20health">https://healthinfonet.ecu.edu.au/key-resources/resources/32778/?title=Uncle%20Luke%2060%20%E2%80%93%20Kidney%20health</a>
99	Indigenous kidney health resources	Kidney Health Australia	Kidney health	Various	Consumer	<a href="http://healthbulletin.org.au/articles/indigenous-kidney-health-resources/">http://healthbulletin.org.au/articles/indigenous-kidney-health-resources/</a>

No.	Resource name	Author	Topic	Type	Audience	Resource link
100	Cheryl shares her story at the Yarning Kidneys consultation	Kidney Health Australia	Kidney health	Video	Consumer	<a href="https://www.youtube.com/watch?v=RQmm1YNQTO&amp;list=PLwLufFnGVWtLi6OP2RO24g88cOv_76">https://www.youtube.com/watch?v=RQmm1YNQTO&amp;list=PLwLufFnGVWtLi6OP2RO24g88cOv_76</a>
101	Yarning Kidneys consultations – Overview	Kidney Health Australia	Kidney health	Video	Consumer	<a href="https://www.youtube.com/watch?v=kYhu3RtFps&amp;list=PLwLufFnGVWtLi6OP2RO24g88cOv_76&amp;index=3">https://www.youtube.com/watch?v=kYhu3RtFps&amp;list=PLwLufFnGVWtLi6OP2RO24g88cOv_76&amp;index=3</a>
102	Lindsay shares his story at the Yarning Kidneys consultation	Kidney Health Australia	Kidney health	Video	Consumer	<a href="https://www.youtube.com/watch?v=QIaxf9IRG_0&amp;list=PLwLufFnGVWtLi6OP2RO24g88cOv_76&amp;index=2">https://www.youtube.com/watch?v=QIaxf9IRG_0&amp;list=PLwLufFnGVWtLi6OP2RO24g88cOv_76&amp;index=2</a>
103	Are your kidneys ok?	Kidney Health Australia	Kidney health	Poster	Consumer	<a href="https://kidney.org.au/cms/uploads/docs/are-your-kidneys-ok-indigenous-a3-2.pdf">https://kidney.org.au/cms/uploads/docs/are-your-kidneys-ok-indigenous-a3-2.pdf</a>
104	Diabetes check	Kimberly Aboriginal Medical Services	Diabetes	Poster	Consumer	<a href="https://healthinfor.net.ecu.edu.au/healthinfor.net/getContent.php?linkid=596626&amp;title=Diabetes+Check">https://healthinfor.net.ecu.edu.au/healthinfor.net/getContent.php?linkid=596626&amp;title=Diabetes+Check</a>
105	Caring for country, caring for each other – Larrakia healing group resources	Larrakia Nation and Primary Health Network Northern Territory	Healing	Poster	Consumer	<a href="https://www.ntphn.org.au/files/FINAL_Healing_Group_Resources_2016_EMAIL%20(002).pdf">https://www.ntphn.org.au/files/FINAL_Healing_Group_Resources_2016_EMAIL%20(002).pdf</a>
106	Bronchiolitis – Lower respiratory tract infection	Menzies School of Health Research	Respiratory	Flipchart	Consumer	<a href="https://healthinfor.net.ecu.edu.au/key-resources/resources/20045/?title=Bronchiolitis%20%28Lower%20respiratory%20tract%20infection%29">https://healthinfor.net.ecu.edu.au/key-resources/resources/20045/?title=Bronchiolitis%20%28Lower%20respiratory%20tract%20infection%29</a>
107	Help getting to treatment	Menzies School of Health Research and Cancer Council	Cancer	Brochure	Consumer	<a href="https://www.cancercouncil.com.au/wp-content/uploads/2015/03/Transport_April2017.pdf">https://www.cancercouncil.com.au/wp-content/uploads/2015/03/Transport_April2017.pdf</a>
108	Does your asthma control you?	Menzies School of Health Research and Queensland Government	Asthma	Poster	Consumer	<a href="http://www.menzies.edu.au/cms_docs/161900_Does_your_asthma_control_you.pdf">http://www.menzies.edu.au/cms_docs/161900_Does_your_asthma_control_you.pdf</a>
109	How to use a puffer with a spacer	Menzies School of Health Research and Queensland Government	Asthma	Poster	Consumer	<a href="https://healthinfor.net.ecu.edu.au/uploads/resources/25183_25183.pdf">https://healthinfor.net.ecu.edu.au/uploads/resources/25183_25183.pdf</a>
110	Thinking about a good life	My Choice Matters, New South Wales Government	Disability	Booklet	Consumer	<a href="http://www.mychoicematters.org.au/images/resources/ATSL/">http://www.mychoicematters.org.au/images/resources/ATSL/</a>

No.	Resource name	Author	Topic	Type	Audience	Resource link
111	National guide to a preventative health assessment for Aboriginal and Torres Strait Islander people	National Aboriginal Community Controlled Health Organisation and The Royal Australian College of Physicians	General health	Guide	Provider	<a href="http://www.naccho.org.au/wp-content/uploads/National-guide-3rd-ed-web-final.pdf">http://www.naccho.org.au/wp-content/uploads/National-guide-3rd-ed-web-final.pdf</a>
112	National guide lifecycle chart – Child	National Aboriginal Community Controlled Health Organisation and The Royal Australian College of Physicians	Child development	Chart	Provider	<a href="http://www.naccho.org.au/wp-content/uploads/Child-chart-National-guide-3rd-web-final.pdf">http://www.naccho.org.au/wp-content/uploads/Child-chart-National-guide-3rd-web-final.pdf</a>
113	Diagnosing and assessing asthma in Aboriginal and Torres Strait Islander people	National Asthma Council	Asthma	Website	Provider	<a href="https://www.asthmahandbook.org.au/populations/indigenous-people/diagnosis">https://www.asthmahandbook.org.au/populations/indigenous-people/diagnosis</a>
114	Child and youth engagement	National Best Practice Unit Tackling Indigenous Smoking	Drugs, alcohol and tobacco	Video	Provider	<a href="https://www.youtube.com/watch?v=h8YtUSgJzBw&amp;feature=youtu.be">https://www.youtube.com/watch?v=h8YtUSgJzBw&amp;feature=youtu.be</a>
115	Cannabis yarns	National Cannabis Prevention and Information Centre	Drugs, alcohol and tobacco	Video	Consumer	<a href="https://healthinfonet.ecu.edu.au/key-resources/resources/27868/?title=Cannabis%20Yarns">https://healthinfonet.ecu.edu.au/key-resources/resources/27868/?title=Cannabis%20Yarns</a>
116	Sticking to treatment	Nelson Baker	Cardiovascular disease	Video	Consumer	<a href="https://vimeo.com/120045603">https://vimeo.com/120045603</a>
117	Stay strong and healthy it's worth it	New South Wales Health	Drugs, alcohol and tobacco	Booklet	Consumer	<a href="https://yourroom.health.nsw.gov.au/publicationdocuments/2FA5Dbookweb.pdf">https://yourroom.health.nsw.gov.au/publicationdocuments/2FA5Dbookweb.pdf</a>
118	Stay strong and healthy FASD – Women	New South Wales Health	Drugs, alcohol and tobacco	Video	Consumer	<a href="https://www.youtube.com/watch?time_continue=1&amp;v=5j2Wq59S8Ik">https://www.youtube.com/watch?time_continue=1&amp;v=5j2Wq59S8Ik</a>
119	Healthy smiles for under 5	New South Wales Health	Oral health	Brochure	Consumer	<a href="https://www.health.nsw.gov.au/oralhealth/Publications/healthy-smiles-under5.pdf">https://www.health.nsw.gov.au/oralhealth/Publications/healthy-smiles-under5.pdf</a>
120	Aboriginal ear health program guidelines	New South Wales Health	Ear Health	Guideline	Provider	<a href="https://www1.health.nsw.gov.au/pds/ActivePDSDocuments/GI2011_013.pdf">https://www1.health.nsw.gov.au/pds/ActivePDSDocuments/GI2011_013.pdf</a>
121	Healthy smiles during pregnancy	New South Wales Health	Oral health	Brochure	Consumer	<a href="https://www.health.nsw.gov.au/oralhealth/Publications/healthy-smiles-during-pregnancy.pdf">https://www.health.nsw.gov.au/oralhealth/Publications/healthy-smiles-during-pregnancy.pdf</a>

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122	See my smile	New South Wales Health	Oral health	Brochure	Consumer	<a href="https://www.health.nsw.gov.au/oralhealth/Publications/see-my-smile.pdf">https://www.health.nsw.gov.au/oralhealth/Publications/see-my-smile.pdf</a>
123	The healthy tribe – I can help my body stay well	New South Wales Health	Oral health	Booklet	Consumer	<a href="https://www.health.nsw.gov.au/oralhealth/Publications/healthy-tribes-book.pdf">https://www.health.nsw.gov.au/oralhealth/Publications/healthy-tribes-book.pdf</a>
124	Dementia things to do – Activity ideas for carers	Northern Territory Dementia Behaviour Management Advisory Service/Australian Government	Dementia	Booklet	Consumers	<a href="https://dementia.com.au/downloads/dementia/Resources-Library/Aboriginal-Torres-Strait-Islanders/Dementia-things-to-do-Activity-resource-for-carers.pdf">https://dementia.com.au/downloads/dementia/Resources-Library/Aboriginal-Torres-Strait-Islanders/Dementia-things-to-do-Activity-resource-for-carers.pdf</a>
125	Toothbrushing information – Child oral health manual	Northern Territory Department of Health	Child development	Booklet	Provider	<a href="https://healthinonet.ecu.edu.au/key-resources/resources/31253/?title=Toothbrushing%20information%3A%20child%20oral%20health%20manual">https://healthinonet.ecu.edu.au/key-resources/resources/31253/?title=Toothbrushing%20information%3A%20child%20oral%20health%20manual</a>
126	Crusted scabies isolation	Northern Territory Government	Infectious disease	Video	Consumer	<a href="https://www.youtube.com/watch?v=Nms1557MM10">https://www.youtube.com/watch?v=Nms1557MM10</a>
127	Kidney Stories	Northern Territory Renal Services	Kidney health	Flipchart	Consumer	<a href="https://kidney.org.au/cms/uploads/docs/kidney-stories-no-1-the-work-of-your-kidneys.pdf">https://kidney.org.au/cms/uploads/docs/kidney-stories-no-1-the-work-of-your-kidneys.pdf</a>
128	When your kidneys get sick	Northern Territory Renal Services	Kidney health	Flipchart	Consumer	<a href="https://kidney.org.au/cms/uploads/docs/kidney-stories-no-2-when-your-kidneys-get-sick.pdf">https://kidney.org.au/cms/uploads/docs/kidney-stories-no-2-when-your-kidneys-get-sick.pdf</a>
129	Living with kidney disease	Northern Territory Renal Services	Kidney health	Flipchart	Consumer	<a href="https://kidney.org.au/cms/uploads/docs/kidney-stories-no-3-living-with-kidney-disease-low-res.pdf">https://kidney.org.au/cms/uploads/docs/kidney-stories-no-3-living-with-kidney-disease-low-res.pdf</a>
130	Treatment options and pathways	Northern Territory Renal Services	Kidney health	Flipchart	Consumer	<a href="https://kidney.org.au/cms/uploads/docs/kidney-stories-no-4-treatment-options--pathways.pdf">https://kidney.org.au/cms/uploads/docs/kidney-stories-no-4-treatment-options--pathways.pdf</a>
131	Haemodialysis	Northern Territory Renal Services	Kidney health	Flipchart	Consumer	<a href="https://kidney.org.au/cms/uploads/docs/kidney-stories-no-5-haemodialysis.pdf">https://kidney.org.au/cms/uploads/docs/kidney-stories-no-5-haemodialysis.pdf</a>
132	Peritoneal dialysis	Northern Territory Renal Services	Kidney health	Flipchart	Consumer	<a href="https://kidney.org.au/cms/uploads/docs/kidney-stories-no-6-peritoneal-dialysis.pdf">https://kidney.org.au/cms/uploads/docs/kidney-stories-no-6-peritoneal-dialysis.pdf</a>
133	Fistula and catheter	Northern Territory Renal Services	Kidney health	Flipchart	Consumer	<a href="https://kidney.org.au/cms/uploads/docs/kidney-stories-no-7-access--fistula-and-catheter.pdf">https://kidney.org.au/cms/uploads/docs/kidney-stories-no-7-access--fistula-and-catheter.pdf</a>
134	Diet and kidney disease	Northern Territory Renal Services	Kidney health	Flipchart	Consumer	<a href="https://kidney.org.au/cms/uploads/docs/kidney-stories-no-8-diet--kidney-disease.pdf">https://kidney.org.au/cms/uploads/docs/kidney-stories-no-8-diet--kidney-disease.pdf</a>



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135	Palliative care for people with sick kidneys – Part 1	Northern Territory Renal Services	Kidney health	Flipchart	Consumer	<a href="https://kidney.org.au/cms/uploads/docs/kidney-stories-no-9a-palliative-care-for-people-with-sick-kidneys-part-one.pdf">https://kidney.org.au/cms/uploads/docs/kidney-stories-no-9a-palliative-care-for-people-with-sick-kidneys-part-one.pdf</a>
136	Palliative care for people with sick kidneys – Part 2	Northern Territory Renal Services	Kidney health	Flipchart	Consumer	<a href="https://kidney.org.au/cms/uploads/docs/kidney-stories-no-9b-palliative-care-for-people-with-sick-kidneys-part-two.pdf">https://kidney.org.au/cms/uploads/docs/kidney-stories-no-9b-palliative-care-for-people-with-sick-kidneys-part-two.pdf</a>
137	Kidney transplant – Introduction	Northern Territory Renal Services	Kidney health	Flipchart	Consumer	<a href="https://kidney.org.au/cms/uploads/docs/kidney-stories-no-10a-transplant-book-1-introduction.pdf">https://kidney.org.au/cms/uploads/docs/kidney-stories-no-10a-transplant-book-1-introduction.pdf</a>
138	Kidney transplant – Tests required for a kidney transplant	Northern Territory Renal Services	Kidney health	Flipchart	Consumer	<a href="https://kidney.org.au/cms/uploads/docs/kidney-stories-no-10b-transplant-book-2-tests-required.pdf">https://kidney.org.au/cms/uploads/docs/kidney-stories-no-10b-transplant-book-2-tests-required.pdf</a>
139	Kidney transplant – Surgery	Northern Territory Renal Services	Kidney health	Flipchart	Consumer	<a href="https://kidney.org.au/cms/uploads/docs/kidney-stories-no-10c-transplant-book-3-surgery.pdf">https://kidney.org.au/cms/uploads/docs/kidney-stories-no-10c-transplant-book-3-surgery.pdf</a>
140	Kidney transplant – Life after transplant	Northern Territory Renal Services	Kidney health	Flipchart	Consumer	<a href="https://kidney.org.au/cms/uploads/docs/kidney-stories-no-10d-transplant-book-4-life-after-transplant.pdf">https://kidney.org.au/cms/uploads/docs/kidney-stories-no-10d-transplant-book-4-life-after-transplant.pdf</a>
141	Not our way	NSW Police Force	Drugs, alcohol and tobacco	Booklet	Consumer	<a href="https://yourroom.health.nsw.gov.au/publicationdocuments/not%20our%20way_Phrama%20storybook_web.pdf">https://yourroom.health.nsw.gov.au/publicationdocuments/not%20our%20way_Phrama%20storybook_web.pdf</a>
142	Not our way – Ice	NSW Police Force	Drugs, alcohol and tobacco	Video	Consumer	<a href="https://www.youtube.com/watch?v=952o1MaKvG8">https://www.youtube.com/watch?v=952o1MaKvG8</a>
143	Nuunaron cotton tree event	Nuunaron Art Group and First Peoples Disability Network Australia	Disability	Video	Consumer	<a href="https://www.youtube.com/watch?v=ZXSZfR159g">https://www.youtube.com/watch?v=ZXSZfR159g</a>
144	Skin scraping procedure	One Disease	Infectious disease	Video	Provider	<a href="https://www.youtube.com/watch?v=qZ1oh-dl9eI">https://www.youtube.com/watch?v=qZ1oh-dl9eI</a>
145	Our mob – Resources for Aboriginal people	Pain Management Network, Agency for Clinical Innovation	Arthritis	Website	Consumer	<a href="https://www.aci.health.nsw.gov.au/chronic-pain/our-mob">https://www.aci.health.nsw.gov.au/chronic-pain/our-mob</a>
146	Rheumatic heart disease	Paper Tracker	Cardiovascular disease	Audio	Consumer	<a href="https://www.papertracker.com.au/radio/rheumatic-heart-disease-2/">https://www.papertracker.com.au/radio/rheumatic-heart-disease-2/</a>

No.	Resource name	Author	Topic	Type	Audience	Resource link
147	Odette Gibson (Wardlpariŋga) on diabetes	Paper Tracker	Diabetes	Audio	Consumer	<a href="https://www.papertracker.com.au/radio/odette-gibson-wardlpariŋga-on-diabetes/">https://www.papertracker.com.au/radio/odette-gibson-wardlpariŋga-on-diabetes/</a>
148	Healthy families	Parenting South Australia	Child development	Flyer	Consumer	<a href="https://www.education.sa.gov.au/sites/default/files/parenting/parenting-a-peg-healthy-families.pdf?v=1562809037">https://www.education.sa.gov.au/sites/default/files/parenting/parenting-a-peg-healthy-families.pdf?v=1562809037</a>
149	Condoman and lubelicious	Queensland Aids Council and 2 Spirits	Sexual and reproductive health	Website	Consumer	<a href="https://condoman.com.au/">https://condoman.com.au/</a>
150	Holding our own – STI's	Queensland Aids Council and 2 Spirits	Sexual and reproductive health	Brochure	Consumer	<a href="https://quac.org.au/wp-content/uploads/2017/05/STIs-DL-8pp-brochure-251016.pdf">https://quac.org.au/wp-content/uploads/2017/05/STIs-DL-8pp-brochure-251016.pdf</a>
151	Holding our own – HIV	Queensland Aids Council and 2 Spirits	Sexual and reproductive health	Brochure	Consumer	<a href="https://quac.org.au/wp-content/uploads/2017/05/HIV-DL-8pp-brochure-251016.pdf">https://quac.org.au/wp-content/uploads/2017/05/HIV-DL-8pp-brochure-251016.pdf</a>
152	Holding our own – Hep C	Queensland Aids Council and 2 Spirits	Sexual and reproductive health	Brochure	Consumer	<a href="https://quac.org.au/wp-content/uploads/2017/05/Hep-C-DL-8pp-brochure-maxol-251016.pdf">https://quac.org.au/wp-content/uploads/2017/05/Hep-C-DL-8pp-brochure-maxol-251016.pdf</a>
153	Building strong teeth	Queensland Government	Oral Health	Flipchart	Consumer	<a href="https://www.health.qld.gov.au/_data/assets/pdf_file/0000000000/201705/Building-Strong-Teeth.pdf">https://www.health.qld.gov.au/_data/assets/pdf_file/0000000000/201705/Building-Strong-Teeth.pdf</a>
154	Looking after young mouths	Queensland Government	Oral health	Flipchart	Consumer	<a href="https://www.health.qld.gov.au/_data/assets/pdf_file/0000000000/201705/Looking-After-Young-Mouths.pdf">https://www.health.qld.gov.au/_data/assets/pdf_file/0000000000/201705/Looking-After-Young-Mouths.pdf</a>
155	How your body works – A gestational diabetes information booklet	Queensland Health	Diabetes	Booklet	Consumer	<a href="https://www.diabetesqld.org.au/media/542376/How-Your-Body-Works.pdf">https://www.diabetesqld.org.au/media/542376/How-Your-Body-Works.pdf</a>
156	Gestational diabetes – What is it? How do we treat it?	Queensland Health	Diabetes	Booklet	Consumer	<a href="https://www.diabetesqld.org.au/media/542370/Gestational-Diabetes.pdf">https://www.diabetesqld.org.au/media/542370/Gestational-Diabetes.pdf</a>
157	Eating for gestational diabetes	Queensland Health	Diabetes	Booklet	Consumer	<a href="https://www.diabetesqld.org.au/media/542361/Eating-for-Gestational-Diabetes.pdf">https://www.diabetesqld.org.au/media/542361/Eating-for-Gestational-Diabetes.pdf</a>

No.	Resource name	Author	Topic	Type	Audience	Resource link
158	After baby is born – A gestational diabetes information booklet	Queensland Health	Diabetes	Booklet	Consumer	<a href="https://www.diabetesqld.org.au/media/542558/After-Baby-is-Born.pdf">https://www.diabetesqld.org.au/media/542558/After-Baby-is-Born.pdf</a>
159	Living strong – Healthy lifestyle cookbook	Queensland Health	Kidney health	Booklet	Consumer	<a href="https://kidney.org.au/cms/uploads/docs/2-and-5-qld-atsi-cookbook-feb-09.pdf">https://kidney.org.au/cms/uploads/docs/2-and-5-qld-atsi-cookbook-feb-09.pdf</a>
160	Fevers and joint pain? Assume acute rheumatic fever	Rheumatic Heart Disease (RHD) Australia	Cardiovascular disease	Poster	Provider	<a href="https://www.rhdaustralia.org.au/sites/default/files/resources/art_poster_final_2019_.pdf">https://www.rhdaustralia.org.au/sites/default/files/resources/art_poster_final_2019_.pdf</a>
161	Strong body strong heart	Rheumatic Heart Disease (RHD) Australia	Cardiovascular disease	Booklet	Consumer	Strong Body <a href="https://www.rhdaustralia.org.au/sites/default/files/resources/strong_heart_booklet_2019_indig_final-compressed.pdf">https://www.rhdaustralia.org.au/sites/default/files/resources/strong_heart_booklet_2019_indig_final-compressed.pdf</a>
162	What is rheumatic fever?	Rheumatic Heart Disease (RHD) Australia	Cardiovascular disease	Poster	Consumer	<a href="https://www.rhdaustralia.org.au/sites/default/files/resources/what_is_rf_a4flyer_qld_indig_final.pdf">https://www.rhdaustralia.org.au/sites/default/files/resources/what_is_rf_a4flyer_qld_indig_final.pdf</a>
163	Sharing a heartbeat 2 – English	Rheumatic Heart Disease Australia	Cardiovascular disease	Video	Consumer	<a href="https://www.youtube.com/watch?v=073IA5hwDIE">https://www.youtube.com/watch?v=073IA5hwDIE</a>
164	Nothin' deadly about a sore throat – Be smart protect your heart	Rheumatic Heart Disease Program and Queensland Government	Cardiovascular disease	Booklet	Consumer	<a href="https://www.rhdaustralia.org.au/sites/default/files/resources/comic_indigenous_version_2019.pdf">https://www.rhdaustralia.org.au/sites/default/files/resources/comic_indigenous_version_2019.pdf</a>
165	Visiting my mob – Koorliny Dinanginy Moort	Rocky Bay Disability Services	Disability	Booklet	Consumer	<a href="https://www.rockybay.org.au/wp-content/uploads/2017/08/Visiting-my-mob.pdf">https://www.rockybay.org.au/wp-content/uploads/2017/08/Visiting-my-mob.pdf</a>
166	Growing up our way – Aboriginal and Torres Strait Islander child rearing practices matrix	Secretariat of National Aboriginal and Islander Child Care	Child development	Booklet	Provider	<a href="https://healthinfonet.ecu.edu.au/key-resources/resources/22412/?title=Growing%20up%20our%20way%20-%20Aboriginal%20and%20Torres%20Strait%20Islander%20child%20rearing%20practices%20matrix">https://healthinfonet.ecu.edu.au/key-resources/resources/22412/?title=Growing%20up%20our%20way%20-%20Aboriginal%20and%20Torres%20Strait%20Islander%20child%20rearing%20practices%20matrix</a>
167	Child rearing practices in Aboriginal and Torres Strait cultures	Secretariat of National Aboriginal and Islander Child Care	Child development	Website	Provider	<a href="https://www.supportingcarers.snaicc.org.au/caring-for-kids/child-rearing-practices/">https://www.supportingcarers.snaicc.org.au/caring-for-kids/child-rearing-practices/</a>
168	This is the Balanda story about circulation	Sharing the True Stories Project, Charles Darwin University Northern Territory	Cardiovascular	Slides	Consumer	<a href="https://kidney.org.au/cms/uploads/docs/this-is-the-balanda-story-about-circulation.pdf">https://kidney.org.au/cms/uploads/docs/this-is-the-balanda-story-about-circulation.pdf</a>

No.	Resource name	Author	Topic	Type	Audience	Resource link
169	Dental services for Aboriginal People in South Australia	South Australia Health	Oral health	Brochure	Consumer	<a href="https://www.sahealth.sa.gov.au/wps/wcm/connect/9749df80434c">https://www.sahealth.sa.gov.au/wps/wcm/connect/9749df80434c</a>
170	Protocol for Aboriginal chronic disease risk factor assessment and screening	South Australian Aboriginal Chronic Disease Consortium	Chronic diseases	Clinical Guidelines	Provider	<a href="http://aboriginalhealthconsortium.org/wp-content/uploads/2017/09/ACDC-Risk-Factor-Assessment-and-Screening-Protocol-171218-FINAL.pdf">http://aboriginalhealthconsortium.org/wp-content/uploads/2017/09/ACDC-Risk-Factor-Assessment-and-Screening-Protocol-171218-FINAL.pdf</a>
171	HIV and Aboriginal and Torres Strait Islander communities in 2017	South Australian Health and Medical Research Institute	Infectious disease	Booklet	Provider	<a href="http://www.atsihiv.org.au/wp-content/uploads/2017/12/ATSIHAW-Booklet-2017.pdf">http://www.atsihiv.org.au/wp-content/uploads/2017/12/ATSIHAW-Booklet-2017.pdf</a>
172	Young deadly free	South Australian Health and Medical Research institute, Flinders University and Dreamtime Creative	Sexual and reproductive health	Website	Consumer	<a href="https://youngdeadlyfree.org.au/">https://youngdeadlyfree.org.au/</a>
173	Boom boom	Telethon Kids Institute	Cardiovascular disease	Video	Consumer	<a href="https://www.youtube.com/watch?v=X7HqzJaFr8">https://www.youtube.com/watch?v=X7HqzJaFr8</a>
174	National Healthy Skin Guideline	The Australian Healthy Skin Consortium	Infectious Disease	Booklet	Provider	<a href="https://infectiousdiseases.telethonkids.org.au/siteassets/media-docs---wesfarmers-centre/national-healthy-skin-guideline---1st-ed.-2018.pdf">https://infectiousdiseases.telethonkids.org.au/siteassets/media-docs---wesfarmers-centre/national-healthy-skin-guideline---1st-ed.-2018.pdf</a>
175	2019 Indigenous ear health workshop	The Australian Society of Otolaryngology	Ear health	Various	Provider	<a href="https://www.webcasting.events/ieh-2019/">https://www.webcasting.events/ieh-2019/</a>
176	Heal together with Christine Anu, Philly, Mindy Kwanten and Radical Sun	The Healing Foundation	Healing	Video	Consumer	<a href="https://www.youtube.com/watch?v=Vwqe7_a4Ahs">https://www.youtube.com/watch?v=Vwqe7_a4Ahs</a>
177	Heal together	The Healing Foundation	Healing	Various	Consumer	<a href="https://healingfoundation.org.au/resources/?resource_type=28">https://healingfoundation.org.au/resources/?resource_type=28</a>
178	Tjina Maala – Going on a journey	Tjina Maala Centre	Disability	Booklet	Consumer	<a href="https://healthinfonet.ecu.edu.au/healthinfonet/getContent.php?linkid">https://healthinfonet.ecu.edu.au/healthinfonet/getContent.php?linkid</a>
179	Say YAWO to diabetes	Torres and Cape Hospital and Health Service	Diabetes	Poster	Consumer	<a href="https://healthinfonet.ecu.edu.au/healthinfonet/getContent.php?linkid=611874&amp;title=Say+YAWO+to+diabetes">https://healthinfonet.ecu.edu.au/healthinfonet/getContent.php?linkid=611874&amp;title=Say+YAWO+to+diabetes</a>

No.	Resource name	Author	Topic	Type	Audience	Resource link
180	Checking for cancer – What to expect	Victoria State Government, Cancer Council and Cancer Australia	Cancer	Flyer	Consumer	<a href="https://canceraustralia.gov.au/system/tdf/publications/checking-cancer-what-to-expect/pdf/checking_for_cancer_what_to_expect.pdf?file=1&amp;type=node&amp;id=6166">https://canceraustralia.gov.au/system/tdf/publications/checking-cancer-what-to-expect/pdf/checking_for_cancer_what_to_expect.pdf?file=1&amp;type=node&amp;id=6166</a>
181	Patchy vision?	Victorian Aboriginal Community Controlled Health Organisation	Diabetes	Brochure	Consumer	<a href="http://www.visioninitiative.org.au/uploads/assets/files/AboriginalandTorresStraitIslander/VACCHO%20and%20diabetic%20retinopathy_Diabetic%20retinopathy_brochure_final.pdf">http://www.visioninitiative.org.au/uploads/assets/files/AboriginalandTorresStraitIslander/VACCHO%20and%20diabetic%20retinopathy_Diabetic%20retinopathy_brochure_final.pdf</a>
182	Contraception – It's your choice	Victorian Aboriginal Community Controlled Health Organisation and Family Planning Victoria	Sexual and reproductive health	Booklet	Consumer	<a href="http://www.vaccho.org.au/assets/01-RESOURCES/TOPIC-AREA/SEX-HEALTH/VACCHO-CONTRACEPTION-GUIDE-2016.pdf">http://www.vaccho.org.au/assets/01-RESOURCES/TOPIC-AREA/SEX-HEALTH/VACCHO-CONTRACEPTION-GUIDE-2016.pdf</a>
183	No shame on me	Victorian Aboriginal Community Controlled Health Organisation and Victorian Aboriginal Health Service	Infectious disease	Report	Consumer	<a href="http://www.vaccho.org.au/assets/01-RESOURCES/TOPIC-AREA/SEX-HEALTH/NO-SHAME-ON-ME.pdf">http://www.vaccho.org.au/assets/01-RESOURCES/TOPIC-AREA/SEX-HEALTH/NO-SHAME-ON-ME.pdf</a>
184	Cloudy Vision? Cataract	Victorian Aboriginal Community Controlled Health Organisation and Vision Initiative	Eye health	Brochure	Consumer	<a href="http://www.visioninitiative.org.au/uploads/assets/files/">http://www.visioninitiative.org.au/uploads/assets/files/</a>
185	Play it safe	Warruwi Gambling Help and NSW Government	Gambling	Video	Both	<a href="https://www.youtube.com/watch?v=t0nveTBMRPQ">https://www.youtube.com/watch?v=t0nveTBMRPQ</a>
186	Starting the conversation	Watharoung Cooperation	Gambling	Video	Both	<a href="https://www.youtube.com/watch?v=KfirnW8G3HI">https://www.youtube.com/watch?v=KfirnW8G3HI</a>
187	Stay safe you mob – Get an STI test	Western Australia Health	Sexual and reproductive health	Video	Consumer	<a href="https://www.youtube.com/watch?v=tl9MMI7IP-E&amp;has_verified=1">https://www.youtube.com/watch?v=tl9MMI7IP-E&amp;has_verified=1</a>
188	Stay safe you mob – Wear a condom	Western Australia Health	Sexual and reproductive health	Video	Consumer	<a href="https://www.youtube.com/watch?v=cBDokYzbzKU">https://www.youtube.com/watch?v=cBDokYzbzKU</a>

No.	Resource name	Author	Topic	Type	Audience	Resource link
189	Stay on your feet	Western Australia Health	Injury	Brochure	Consumer	<a href="https://www.stayonyourfeet.com.au/wp-content/uploads/2018/05/FINAL-Aboriginal-Resource-ICWA-SOYF-Move-Improve-Remove-12pp-booklet-Aboriginal-v2.pdf">https://www.stayonyourfeet.com.au/wp-content/uploads/2018/05/FINAL-Aboriginal-Resource-ICWA-SOYF-Move-Improve-Remove-12pp-booklet-Aboriginal-v2.pdf</a>
190	Live deadly stronger and longer	Western Australian Aids Council	Sexual and reproductive health	Poster	Consumer	<a href="https://waaids.com/images/PDF_Documents/ASH%20Posters.pdf">https://waaids.com/images/PDF_Documents/ASH%20Posters.pdf</a>
191	Bella's cancer story	Western Australian Centre for Rural Health	Cancer	Video	Consumer	<a href="https://www.youtube.com/watch?v=0c9uCY7hHy0">https://www.youtube.com/watch?v=0c9uCY7hHy0</a>
192	Clarry's cancer story	Western Australian Centre for Rural Health	Cancer	Video	Consumer	<a href="https://www.youtube.com/watch?v=xHPB7GIduIQ">https://www.youtube.com/watch?v=xHPB7GIduIQ</a>
193	My back on track, my future	Western Australian Centre for Rural Health	Low back pain	Website	Consumer	<a href="http://www.wach.uwa.edu.au/my-back-on-track-my-future">http://www.wach.uwa.edu.au/my-back-on-track-my-future</a>
194	Passing on wisdom – Jason's diabetes story	Western Australian Centre for Rural Health	Diabetes	Video	Consumer	<a href="https://www.youtube.com/watch?v=RcbQmLlEDTs">https://www.youtube.com/watch?v=RcbQmLlEDTs</a>

### 6.3 Appendix 3: Assessment criteria scores of recommended-quality resources

The following table provides an overview of the distribution of rating scores for the 32 recommended-quality resources according to the 11 quality assessment criteria, as outlined in Section 3.

Rating	Developed										Date of release and/or review n (%)
	Usability n (%)	Readability n (%)	Visually appealing n (%)	Call to action n (%)	Purpose n (%)	Evidenced based n (%)	Culturally appropriate n (%)	in consultation with community n (%)	Translations n (%)	Diversity of imagery n (%)	
0	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	21 (65.6%)	0 (0.0%)	1 (3.1%)
1	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	4 (12.5%)	0 (0.0%)	1 (3.1%)	2 (6.3%)	0 (0.0%)	0 (0.0%)
2	0 (0.0%)	0 (0.0%)	1 (3.1%)	0 (0.0%)	0 (0.0%)	8 (25.9%)	1 (3.1%)	1 (3.1%)	0 (0.0%)	1 (3.1%)	2 (6.3%)
3	1 (3.1%)	7 (21.9%)	0 (0.0%)	2 (6.3%)	8 (25.9%)	8 (25.9%)	12 (37.5%)	14 (43.8%)	2 (6.3%)	9 (28.1%)	11 (34.4%)
4	31 (96.9%)	25 (78.1%)	31 (96.9%)	30 (93.8%)	24 (75.0%)	12 (37.5%)	19 (59.4%)	16 (50.0%)	7 (21.9%)	22 (68.8%)	18 (56.3%)

## 6.4 Appendix 4: In-depth interview guide

### Questions for organisations that have created resources with input from Aboriginal and Torres Strait Islander community or specialists

#### Background

- Can you please give me a brief description about your organisations and your role within the organisation?

#### Process questions regarding resource development

- Who was part of the resource project team? (roles not necessarily names, i.e. Consumer Team, Communications Team etc)
- Does your organisation have a standard process for the development of resources for Aboriginal and Torres Strait Islander communities that includes community consultation?
  - Is so, what is this process?
- If not, at what point in the process was it raised that community consultation is required for good practice (beginning, mid-way through)?
- How was this raised? (e.g. collectively within the project team or was there an individual champion, someone externally pointed it out)?
- What were the steps taken to engage community consultation/input?
  - Out to market via request for tender or similar?
  - Your organisation directly approached an organisation (e.g. NACCHO, Aboriginal and Torres Strait Islander Communications Agency or designer)?
  - Your organisation directly approached community member/s or person/people with expertise in the subject matter?
  - Your organisation has internal expertise?
- Once a consultant/liaison was engaged, what was their level of input? What did this input look like?
- Did the resource/s change in any significant way through the consultation process?
- Were there any issues that resulted from the approach your organisation took and if so, how were they resolved?
- Is there anything that you would have done differently?
- Do you have any recommendations for other similar organisations that are looking to create resources for Aboriginal and Torres Strait Islander consumers or practitioners/providers who work with Aboriginal and Torres Strait Islander communities?



**Questions for (Aboriginal and Torres Strait Islander) organisations that have provided consultation on the development of resources for Aboriginal and Torres Strait Islander communities**

- Can you tell me a brief description about your organisations and your role within the organisation?
- Do you regularly consult on projects with government, corporate and NFP bodies to develop resources for Aboriginal and Torres Strait Islander communities?
- Does your organisation have a standard process for the development of resources for Aboriginal and Torres Strait Islander communities?
  - Is so, what is this process?
  - If not, what would you consider a best practice approach?
- Did the resource/s change in any significant way through the consultation process?
- What are the main issues that you find arise in projects like these? Or barriers to the delivery of effective resources?
- Is there anything that you would have done differently?
- Do you have any recommendations for organisations that are looking to create resources for Aboriginal and Torres Strait Islander Aboriginal and Torres Strait Islander consumers or practitioners/providers who work with Aboriginal and Torres Strait Islander communities?



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