## Top Tips for Safe Health Care



What you need to know for yourself, your family or someone you care for.

Ask questions

You have the right to ask questions about your care.

Find good information

Not all information is reliable. Ask your doctor for guidance.

Understand the risks and benefits

Find out about your tests and treatments before they happen.

List all your medicines

Ask your doctor or pharmacist if you need more information about the medicines you are taking.

Confirm details of your operation beforehand

Ask to be told who will be doing your procedure and what will happen to you.

Ask about your care after leaving hospital

Ask for a written outline of your treatment and what should happen after you get home.

**Management** Know your rights

You have a number of rights as a patient. Read our guide to find out what they are.

Understand privacy

Your medical information is confidential. You can ask to see your medical record.

**Give feedback** 

Feedback helps health professionals spot when improvements can be made.