

STOP

DO NOT VISIT A RESIDENT BEFORE SEEING RECEPTION

Precautions for staff

caring for aged care home residents who are suspected, or confirmed COVID-19 cases in areas with significant community transmission*

Before entering

a resident's room with suspected or confirmed COVID-19



1

Perform hand hygiene

Wash hands with soap and water or use an alcohol-based hand rub. Rub all parts of your hands, then rinse and dry with a paper towel if using soap and water, or rub until dry if using alcohol-based hand rub.



2

Put on your gown

Put on a fluid-resistant long sleeved gown or apron.



3

Put on a P2/N95 respirator mask

- Hold the mask by its loops, then put the loops around your head.
- Make sure the mask covers your mouth and nose. Ensure there are no gaps between your face and the mask, and press the nose piece around your nose.
- Continue to adjust the mask along the outside until you feel you have achieved a good and comfortable facial fit.



4

Check the fit of the P2/N95 respirator mask

- Gently place hands around the edge of the mask to feel if any air is escaping.
- Check the seal of the mask by breathing out gently. If air escapes, adjust the mask, and check again, until no air escapes. It may be harder to get a good fit if you have a beard.
- Check the seal of the mask by breathing in gently. If the mask does not come in toward your face, or air leaks around the face seal, readjust the mask and repeat. You may need to check the mask for defects if air keeps leaking.
- Finally, completely cover the mask with both hands before breathing in sharply to ensure the fit is good.



5

Put on protective eyewear



6

Perform hand hygiene



7

Put on gloves

- !! Never touch the front of the mask after the fit check is completed, and while providing care.**
- !! Change the mask when it becomes wet or dirty.**
- !! Never reuse masks.**
- !! Keep doors of rooms closed if possible.**

After you finish

providing care and are ready to leave the room



1

Remove gloves

Remove your gloves, dispose of them in a designated bin/garbage bag.



2

Perform hand hygiene

Wash hands with soap and water or use an alcohol-based hand rub.



2

Remove gown

Remove your gown, dispose of it in a designated bin/garbage bag.



2

Perform hand hygiene

Wash hands with soap and water or use an alcohol-based hand rub.



3

Remove protective eyewear

Remove your protective eyewear, and place in a designated bin/garbage bag, if disposable, or in the designated reprocessing container if reusable.



3

Perform hand hygiene

Wash hands with soap and water or use an alcohol-based hand rub.



4

Remove your mask

Take the mask off from behind your head by pulling the loops over your head and moving the mask away from your face.



4

Dispose of the mask

Dispose in a designated bin/garbage bag and close the bin/bag.



4

Perform hand hygiene

Wash hands with soap and water or use an alcohol-based hand rub.

IMPORTANT

To protect yourself and your family and friends, when your shift finishes, change into clean clothes at work, if possible, and put your clothes in a plastic bag. Go straight home, shower immediately and wash all of your work clothes and the clothes you wore home.

*Aged care home staff should implement infection prevention and control precautions recommended by their local/jurisdictional health department.

Guidance issued by the Infection Control Expert Group will also be of assistance. See: www.health.gov.au/committees-and-groups/infection-control-expert-group-iceg