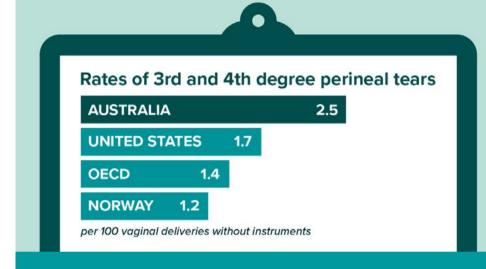
The Third and Fourth Degree Perineal Tears Clinical Care Standard 21 APR

21 APRIL 2021

Australia has introduced a new national standard of care to reduce the risk of women experiencing a serious tear of the perineum at birth. This will help to ensure that women receive appropriate treatment and support throughout their childbirth experience.



6 6 Pregnant women need to be empowered with knowledge and helpful strategies at one of the most powerful moments of their lives 9 9

Prof Hannah Dahlen AM Midwife and Researcher

6 6 A subject which until recently was taboo, can cause lifelong problems and embarrassment for women who suffer in silence

A/Prof Emmanuel Karantanis
Obstetrician and Urogynaecologist





6 6 Pelvic floor muscle training can help prevent and manage 3rd and 4th degree perineal tears 9 9

Natalie McConochie Physiotherapist

It will help women to receive appropriate care before, during and after birthing to optimise their recovery

Prof Anne Duggan
Clinical Director, ACSQHC

32.7
per 1000 vaginal deliveries result in 3rd or 4th degree perineal tears



AUSTRALIAN COMMISSION
ON SAFETY AND QUALITY IN HEALTH CARE

FIND OUT MORE AT: safetyandquality.gov.au/perineal-tears