

STOP

VISITOR RESTRICTIONS IN PLACE

Precautions for aged care homes

caring for residents with or suspected of having COVID-19

Before entering a resident's room



1 Perform hand hygiene



2 Put on gown



3 Put on a particulate respirator (e.g P2/N95) and perform fit check

- Make sure the particulate respirator covers your mouth and nose. Ensure there are no gaps between your face and the respirator.
- Adjust the edges of the particulate respirator until you have a comfortable fit, and no air escapes out around the edges of the respirator when you breathe.



4 Put on protective eyewear



5 Perform hand hygiene



6 Put on gloves

After you finish and are ready to leave the room



1 Remove and dispose of gloves



2 Perform hand hygiene



3 Remove and dispose of gown



4 Leave the room



5 Perform hand hygiene



6 Remove protective eyewear and dispose in a designated container



7 Perform hand hygiene



8 Remove and dispose of particulate respirator



9 Perform hand hygiene

TIPS FOR KEEPING SAFE

- Never touch the front of the particulate respirator.
- Replace the particulate respirator if it becomes wet, dirty or uncomfortable to wear.
- Change your PPE if it becomes dirty or is damaged.
- Never reuse particulate respirators.

- Keep doors of room closed if possible.
- When your shift finishes, change into clean clothes at work, if possible, and put your clothes in a bag.
- When you get home, shower and wash your work clothes.