

5 Moments for HAND HYGIENE

Ambulatory care settings



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| 1 | BEFORE TOUCHING A PATIENT | <p>When: Clean your hands before touching a patient and their immediate surroundings.</p> <p>Why: To protect the patient against acquiring harmful germs from the hands of the HCW.</p> |
| 2 | BEFORE A PROCEDURE | <p>When: Clean your hands immediately before a procedure.</p> <p>Why: To protect the patient from harmful germs (including their own) from entering their body during a procedure.</p> |
| 3 | AFTER A PROCEDURE OR BODY FLUID EXPOSURE RISK | <p>When: Clean your hands immediately after a procedure or body fluid exposure risk.</p> <p>Why: To protect the HCW and the healthcare surroundings from harmful patient germs.</p> |
| 4 | AFTER TOUCHING A PATIENT | <p>When: Clean your hands after touching a patient and their immediate surroundings.</p> <p>Why: To protect the HCW and the healthcare surroundings from harmful patient germs.</p> |
| 5 | AFTER TOUCHING A PATIENT'S SURROUNDINGS | <p>When: Clean your hands after touching any objects in a patient's surroundings when the patient has not been touched.</p> <p>Why: To protect the HCW and the healthcare surroundings from harmful patient germs.</p> |

This poster is based on the World Health Organization's My 5 Moments for Hand Hygiene approach, which defines the key moments when healthcare workers should perform hand hygiene.