STOP
VISITOR RESTRICTIONS MAY BE IN PLACE

For all staff
Contact precautions
in addition to standard precautions

Before entering room/care zone

1. Perform hand hygiene
2. Put on a gown
3. Perform hand hygiene
4. Put on gloves

What else can you do to stop the spread of infections?
- **Consider patient placement**
- **Minimise patient movement**
- **Appropriate bed allocation.**

At doorway prior to leaving room/care zone

1. Remove and dispose of gloves
2. Perform hand hygiene
3. Remove and dispose of gown
4. Leave the room/care zone
5. Perform hand hygiene

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Always use standard precautions

- Perform hand hygiene before and after touching a patient or their surroundings
- Use personal protective equipment (PPE)*
- Use respiratory hygiene and cough etiquette
- Use aseptic technique
- Use and dispose of sharps safely
- Perform routine environmental cleaning and maintain a clean and safe healthcare environment
- Clean and reprocess reusable patient equipment
- Handle and dispose of waste safely
- Handle and dispose of used linen safely

*When used as part of **standard precautions**, PPE protects against probable exposure to blood and body substances. When used as part of **transmission-based precautions**, PPE services as a barrier to specific means of transmission of infectious agents.