

# Know the 5 Moments for Hand Hygiene

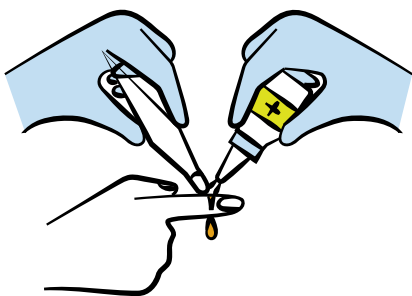
in aged care



**1**

**BEFORE** touching a person

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**2**

**BEFORE** any procedure

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**3**

**IMMEDIATELY AFTER** a procedure,  
or bodily fluid exposure

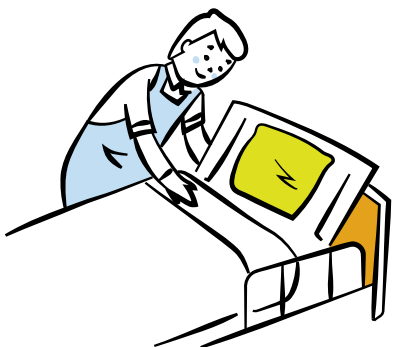
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**4**

**AFTER** touching a person

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**5**

**AFTER** touching a  
person's surroundings

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