

# Cosmetic surgery in Australia

14 December 2023

New national **Cosmetic Surgery Standards** provide stronger public safeguards and reduce the risk of patient harm.

## NATIONAL DATA

Australians spent an estimated

# \$473 M

on cosmetic surgical procedures in 2023



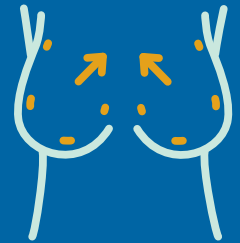
\$1.4 B was spent on all cosmetic procedures

In a 2023 study

# 70%

of women aged 18–29

reported they have had or would consider cosmetic procedures



Source: IBISWorld, 2023

Source: Journal of Technology in Behavioral Science, 2023

## Common cosmetic surgeries

- Breast augmentation
- Eyelid surgery
- Liposuction
- Facelift
- Breast lift



102k surgical procedures

100k non-surgical procedures

In 2018 Australia performed more cosmetic procedures per capita than the USA

Source: International Society of Aesthetic Plastic Surgery, 2018

## RISK OF HARM

Approximately

# 1 in 5



people globally who are seeking cosmetic surgery have **body dysmorphic disorder**

Since September 2022, Ahpra has received

179 formal complaints

428 calls to the Cosmetic Surgery Hotline

Source: J Plast Reconstr Aesthet Surg, 2022

Source: Ahpra, Sept 2023

## 4 STEPS BEFORE SURGERY

### 1 HAVE AN ASSESSMENT

Undergo an independent physical and psychological health check before you commit to cosmetic surgery.

### 2 MAKE AN INFORMED DECISION

Understand your risks and potential complications from cosmetic surgery. Be aware of misleading advertising and social media.

### 3 CHOOSE YOUR PRACTITIONER

Ensure your medical practitioner has appropriate qualifications and training for the procedure. Check the service is implementing the Standards.

### 4 DISCUSS POST-OP CARE

Know what you will need to do after the surgery, and where to go if you experience complications.

FIND OUT MORE AT: [safetyandquality.gov.au/cosmetic-surgery](https://safetyandquality.gov.au/cosmetic-surgery)