

## Sequence for putting on and removing personal protective equipment (PPE)

To reduce the risk of transmission of infectious agents, PPE must be used appropriately. The following table outlines sequences and procedures for putting on and removing PPE.

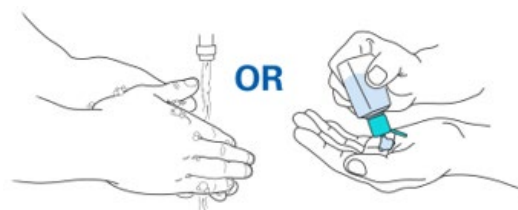
**Table 14:** Sequence for putting on and removing PPE, [Australian Guidelines for the Prevention and Control of Infection in Healthcare, 2019](#).

### Sequence for putting on PPE

Put on PPE before patient contact and generally before entering the patient room

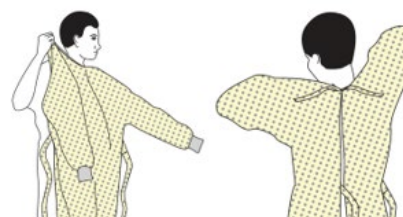
#### 1. Perform hand hygiene

- Wash hands or use an alcohol-based hand rub.



#### 2. Gown (if required)

- Fully cover torso from neck to knees, arms to end of wrists and wrap around the back.
- Fasten at the back of neck and waist.



#### 3. Mask or particulate filter respirator (if required)

- Secure ties or elastic bands at middle of the head and neck.
- Fit check if using a particulate filter respirator.



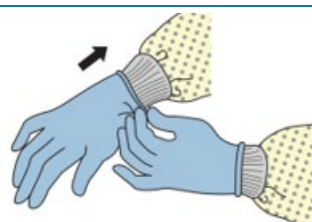
#### 4. Protective eyewear or face shield (if required)

- Place over face and eyes and adjust to fit.



#### 5. Gloves (if required)

- Extend to cover wrist of gown.

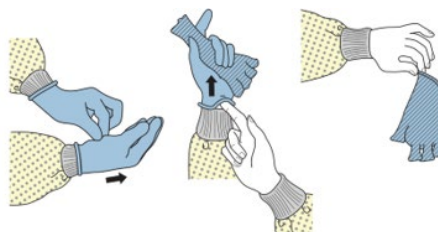


## Sequence for removing PPE

Begin PPE removal at doorway (for standard, contact and droplet precautions) or in the anteroom (for airborne precautions)

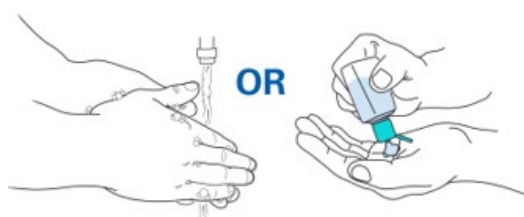
### 1. Remove gloves

- Outside of gloves is contaminated!
- Grasp outside of gloves with opposite gloved hand; peel off.
- Hold removed glove in gloved hand.
- Slide fingers of ungloved hand under remaining glove at wrist.
- Discard gloves in waste container.



### 2. Perform hand hygiene

- Wash hands or use an alcohol-based hand rub.



### 3. Remove gown

- Gown front and sleeves are contaminated!
- Unfasten ties.
- Pull away from neck and shoulders, touching inside of gown only.
- Turn gown inside out.
- Fold or roll into a bundle and discard.



Alternatively gloves and gown can be removed as one step. Then perform hand hygiene.

### 4. Remove protective eyewear or face shield

- Outside of eye protection or face shield is contaminated!
- To remove, handle by head band or ear pieces.
- Place in designated receptacle for reprocessing or waste container.



Perform hand hygiene if the protective eyewear or face shield is contaminated.

### 5. Remove mask

- Front of mask is contaminated—DO NOT TOUCH!
- Grasp bottom, then top ties or elastic and remove.
- Discard in waste container.



### 6. Perform hand hygiene

- Wash hands or use an alcohol-based hand rub immediately after removing PPE.

