

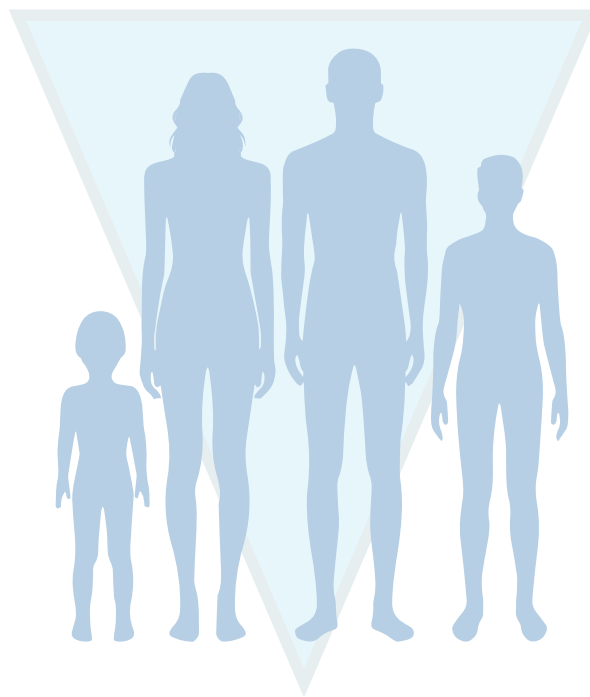
Post Sepsis Syndrome Screening Tool

Use this tool to guide you in screening for Post Sepsis Syndrome (PSS)

PSS is a syndrome that affects up to 50% of sepsis survivors. It is a collection of symptoms that can affect the whole body, and can delay return to normal health and function. One or more symptoms may be present.

Cognitive

- ☐ Brain fog
- ☐ Delirium
- ☐ Easily distracted
- ☐ Impaired executive function
- ☐ Overwhelming fatigue
- ☐ Poor concentration
- ☐ Poor short-term memory
- ☐ Problems with speech
- ☐ Reduced working memory
- ☐ Unable to perform tasks



Psychological

- ☐ Anxiety about becoming unwell
- ☐ Feeling frustrated, isolated or that nobody understands
- ☐ Flashbacks/nightmares
- ☐ Irritability, frustration, anger
- ☐ Lack of interest
- ☐ Loss of confidence
- ☐ Low mood/mood swings
- ☐ PTSD
- ☐ Strain on relationships
- ☐ Survivor guilt

Physical

- ☐ Changes in taste
- ☐ Circulation issues
- ☐ Difficulty swallowing
- ☐ Dizziness or balance issues
- ☐ Dry skin
- ☐ Hair loss, brittle nails and teeth
- ☐ Increased/repeated infections
- ☐ Increased susceptibility to infection
- ☐ Kidney failure
- ☐ Limb swelling
- ☐ Liver damage causing fatigue and jaundice
- ☐ Neuropathic pain/altered sensation
- ☐ Overwhelming physical fatigue
- ☐ Pain (e.g. joint, muscles)
- ☐ Reduced activity tolerance
- ☐ Reduced physical fitness/stamina
- ☐ Reduced urine output
- ☐ Shortness of breath with activity
- ☐ Sleep disturbances
- ☐ Temperature sensitivity (very cold or sweaty)

Notes

Review date/s