

Colonoscopy in Australia

Colonoscopy is a vital tool to prevent and detect bowel cancer, that should be used alongside bowel cancer screening for eligible people. Some people will need a repeat colonoscopy.

Timing for a repeat colonoscopy will depend on a person's risk and previous results. National data suggest that while some people are having repeat colonoscopies more often than necessary, others are missing out.

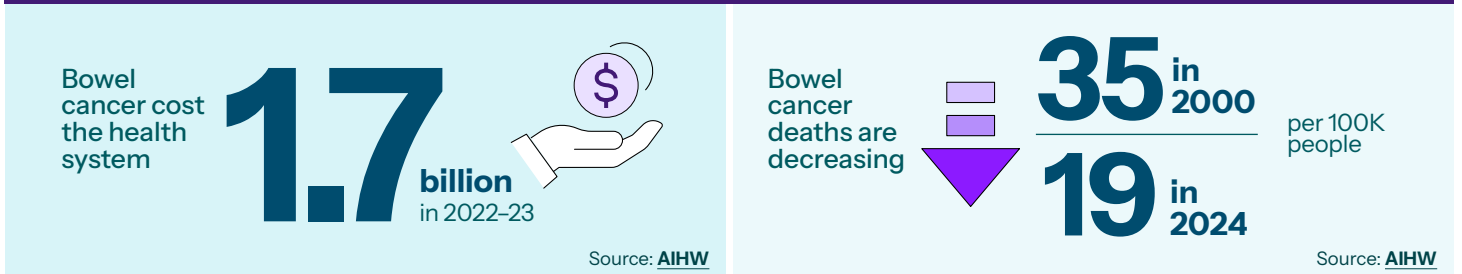
National data



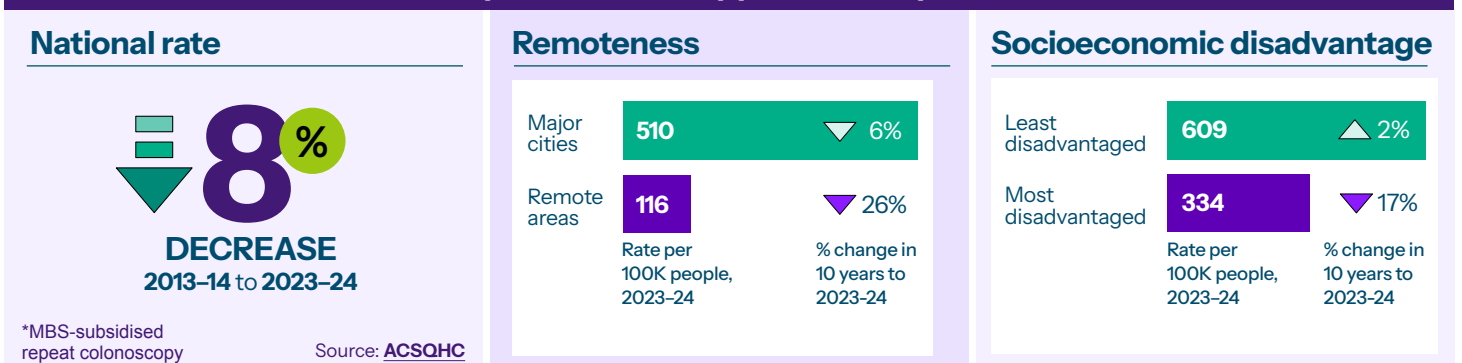
Bowel cancer prevention



The health burden



Repeat colonoscopy – before 3 years*



5 steps to reduce bowel cancer risk

- 1 Choose prevention**
Maintain a healthy diet and lifestyle
- 2 See your GP**
If you have symptoms or are concerned
- 3 Get screened**
Do bowel cancer screening (poo test) if you are 45 to 74 years old
- 4 Have a colonoscopy**
If recommended by your doctor
- 5 Get the results**
To know follow-up requirements