

3 questions to ask your healthcare professional to better understand your treatment and care options. Complete this form at your appointment.

Ask...

1. What are my options? (including wait watch)
2. What are the possible benefits and harms of those options?
3. How likely are each of those benefits and harms to happen to me?

Share...

What did I tell the health professional?
(E.g. lifestyle; preferences; personal & family medical history)

Know...

What do I do now?
(At the end of the consultation make a note of what you have decided to do)