



Listen, Look and Act to recognise sepsis or rule it out

Sepsis is a time-critical medical emergency

Think sepsis until you rule it out

PATIENTS AND FAMILIES MAY ASK

‘COULD IT BE SEPSIS?’



LISTEN

Listen to the concerns

Listen and validate their concerns:
‘I understand you are worried about sepsis because ...’



LOOK

Look for signs of sepsis and use a sepsis pathway

Look for signs of infection **plus** haemodynamic and/or respiratory changes and/or new altered mental state.



ACT

Communicate for safety

Communicate clearly. Escalate care. Keep everyone informed about next steps.
Not sepsis? Give specific instructions to the patient/family on when to re-escalate or return and tell them what to say.