



VISITOR RESTRICTIONS MAY BE IN PLACE

For all staff

Contact precautions

in addition to standard precautions

Before entering room/care zone



Perform hand hygiene



Put on gown



Wear gloves, in accordance with standard precautions

At doorway prior to leaving room/care zone



Remove and dispose of gloves if worn



Perform hand hygiene



Remove and dispose of gown



Leave the room/care zone



Perform hand hygiene

What else can you do to stop the spread of infections?

- Always change gloves and perform hand hygiene between different care activities and when gloves become soiled to prevent cross contamination of body sites
- Consider patient placement
- Minimise patient movement

PPE use images reproduced with permission of the NSW Clinical Excellence Commission.

Always use standard precautions

- Perform hand hygiene before and after touching a patient or their surroundings
- Use personal protective equipment (PPE)*
- Use respiratory hygiene and cough etiquette

- Use aseptic technique
- Use and dispose of sharps safely
- Perform routine environmental cleaning and maintain a clean and safe healthcare environment

- Clean and reprocess reusable patient equipment
- Handle and dispose of waste safely
- Handle and dispose of used linen safely

*When used as part of **standard precautions**, PPE protects against probable exposure to blood and body substances. When used as part of **transmission-based precautions**, PPE serves as a barrier to specific means of transmission of infectious agents.