

Complete this Medicines list electronically by typing into the form, or by printing it out and filling it in by hand.

Print a copy or save an electronic copy of your Medicines list on your computer, tablet or phone so that changes can be updated and the form can be reprinted if needed.

To get the most from your Medicines list:

- **Keep it up to date** by crossing out any medicines you are no longer using and adding new medicines as you start using them.
- **List all medicines** currently used, including: prescription medicines and any medicines you buy from the pharmacy, supermarket or health food shop such as vitamins, supplements and herbal preparations. This includes any inhalers, patches, creams, ointments and eye or ear drops.
- **Take it with you** each time you visit the doctor, pharmacist or another health professional, or if you go into hospital.
- **Keep an electronic or printed copy with you** at all times in case of an emergency.

Visit our website at www.safetyandquality.gov.au for further information.

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Medicines list

Helping you keep track of your medicines

My name:

Allergies or previous problems:

Emergency contact details:

GP/specialist contact details:

[illegible]