Australian Commission on **Safety and Quality** in Health Care

NATIONAL MEDICINES SYMPOSIUM 2026

Partnering for Medicines Stewardship: Living with chronic pain and empowering self-management

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About Chronic Pain Australia

Chronic Pain Australia is the national peak consumer body representing the 5.4 million Australians living with chronic pain.

We work to ensure lived experience is heard, understood and reflected in health policy, research, education and healthcare.



Our Lived Experience Research

Since 2011, our **National Pain Survey** has captured the experiences of Australian adults living with chronic pain. In 2024, we began collecting dedicated data on paediatric pain through the **Kids in Pain Survey**.

Together, they **form Australia's oldest and only living dataset on chronic pain**, tracking changing needs and giving lived experience a stronger voice in research, services and policy.



Our National Campaigns

National Pain Week and **Kids in Pain Week** bring the realities of chronic pain into public view and are held annually in July and September, respectively.

Through lived experience stories, new research and community events, these campaigns challenge stigma, connect people with support and call for earlier recognition and better care for adults, children and families.

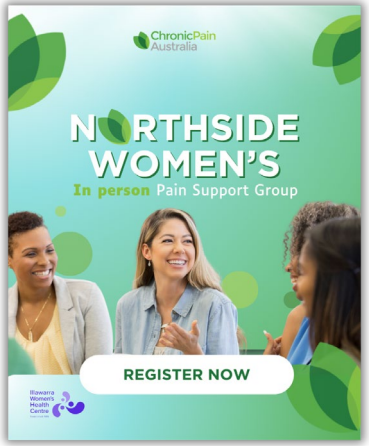




Pain Support Groups

Chronic Pain Australia offer a range of **online and in-person peer support groups** tailored for individuals and caregivers navigating chronic pain.

SCAN TO LEARN MORE:









Painlink Helpline

Our **Painlink Helpline** is a free call back service, staffed by qualified psychologists and peer mentors to provide support and connection to services to those with chronic pain across Australia.

SCAN TO LEARN MORE:



ChronicPain Australia

Are you a member of ChronicPainAustralia?

SCAN THE CODE

JOIN FOR FREE TODAY

Learn more at:
chronicpainaustralia.org.au

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Thank you

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