



## HIP FRACTURE CARE

A hip fracture is a break at the top of the thigh bone (femur), near the pelvis.

Estimated number of patients aged 50+ that are hospitalised for hip fracture each year:

**19 000**  
Australia

**3500**  
New Zealand



## Hip fractures are expected to increase



Most hip fractures occur in people aged over 65. This will increase with an ageing population.

Despite well-developed treatment guidelines, there is much variation in care.



## Right care, right time, right place

The Hip Fracture Care Clinical Care Standard relates to the care that patients with a suspected hip fracture should be offered from presentation to hospital through to completion of treatment in hospital. This care should involve:



Surgery within 48 hours of arriving at hospital, if appropriate.



Patients getting back on their feet within a day if possible.



Timely assessment and treatment of pain and medical conditions.



Coordinated orthopaedic and geriatric services.



A care plan outlining ongoing treatment and ways to prevent more fractures.