

USING THE

Medication Management Plan



Overview

- Medication errors at interfaces of care
- **✓** What is **Medication Reconciliation?**
- ✓ Why medication reconciliation is important
- ✓ What is a Best Possible Medication History?
- ✓ Using **Medication Management Plan** (MMP) to record the BPMH and medication reconciliation



Medication errors at interfaces of care

- ✓ Medication errors are one of the leading causes of injury to hospital patients
- ✓ More than 50% of medication errors occur at transitions of care¹
 - Admission, transfer and discharge
- ✓ 20% of adverse drug events result from errors at interfaces of care²



Medication Reconciliation

Aim: Reduce medication errors and prevent adverse drug events at transfer of care

How: Obtaining and documenting a complete and accurate list of a patient's current medicines upon admission and comparing this list to the prescriber's admission, transfer and/or discharge orders to identify and resolve discrepancies. Any changes are documented.³



Medication Reconciliation Steps

Involves:

- 1. Compiling a best possible medication history (BPMH) via a structured interview
- **2. Confirming** the medication history with at <u>least one</u> other source
- **3. Reconciling the BPMH** with medication orders on admission, transfer and discharge
- **4. Supplying** accurate medicines information when care is transferred



Why is Medication Reconciliation important?

- ✓ Up to 67% of medication histories contain one or more errors⁴
- ✓ Up to a third have potential to cause harm⁵
- \checkmark 30 70% patients ≥ 1 unintended variation between medication history and admission orders ^{5,6}
- ✓ 12 15% patients have an error on discharge prescription^{7,8}
- ✓ Readmission 2.3 times more likely if ≥ 1 medicines unintentionally omitted from the discharge summary⁹



Common System Failures - example



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System Failures - examples

Case 1.

"Thyroxine omitted from drug chart on admission. Not noted throughout her stay and sent home without [medicine].
GP noted omission [on date] and restarted after showing clear cut hypothyroidism. Readmitted with worsening of her pre-existing extensive co-morbidity. Initially did well but deteriorated and died days following admission".

Case 2.

"Failure to re-prescribe due to cardiovascular instability following a significant upper patient after discharge became medication. Unfortunately, the patient died at home [a few]



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Case 2.

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Can medication reconciliation reduce medication errors?

Stage of reconciliation	Medication errors before medication reconciliation	Medication errors after medication reconciliation
Admission ¹⁰	60% patients	5% patients
Transfer from ICU ¹¹	94% patients	near zero
Admission, transfer and discharge ¹²	213 errors/100 admissions	50 errors/100 admissions



Key components of a successful process

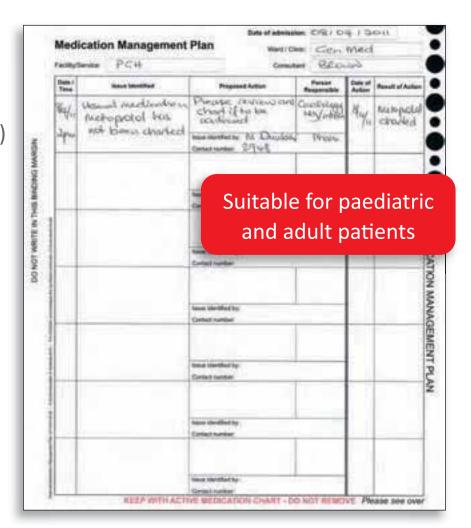
- ✓ Formal, structured process
 - Assigned roles (BPMH, reconciliation)
- ✓ Strong collaboration and team work
 - Shared accountability (doctors, nurses, pharmacists)
 - Includes patient, carer or family member
- Timely
 - Ideally within 24 hours of admission
- ✓ Standardised form to document history and reconciliation
 - Medication Management Plan



National Medication Management Plan

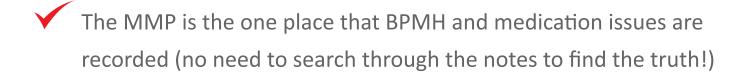
Supports steps of Medrec

- Obtain and document Best
 Possible Medication History (BPMH)
- 2. Confirm the medication history
- Reconcile history with prescribed medicines. Document issues, discrepancies and actions
- 4. Supply accurate information when care transferred





Benefits of the MMP

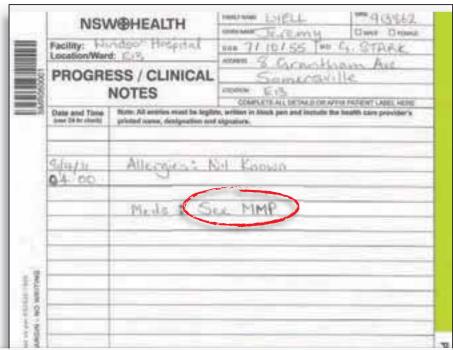


In the progress notes Clinicians can write "see MMP" for medication history

No need for repetitive history taking and documentation in the progress notes



Improves efficiency at discharge





Best Possible Medication History

"A BPMH is a medication history obtained by a clinician which includes a thorough history of all regular medication use (prescribed and non-prescribed), using a number of different sources of information" ¹³

It is the baseline from which:

- drug treatment is continued on admission
- therapeutic interventions are made
- self caring will be continued after discharge



Content of Best Possible Medication History

- ✓ Details of previous adverse drug events (ADEs) and allergies
- ✓ ALL medicines a consumer is taking at the time of presentation to hospital:
 - Prescribed medicines
 - Non-prescribed, over-the counter (OTC) medicines
 - Complementary/herbal medicines
 - PRN meds
- ✓ Recently ceased or changed medication





Recording the best possible medication history on the Medication Management Plan

All RERGIES & ADVERSE DRUG REACTIONS (AE Mil known Unknown Unknown Reaction/Date	Give	ily name: Ho n names: B ress: 1	SI curbara Cames Hersha 3/2/49	street m	ex: □M	MF
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Medicine Generic name (Trade name) / Strength / Form / Route	Dose	Frequency	(confirm with patient) curti- platelet	started stor	n k; Cease A; Change	at lov
aspirin (cortia) po digioxin 62.5 microgram	125 mich	mane	HF	72475		

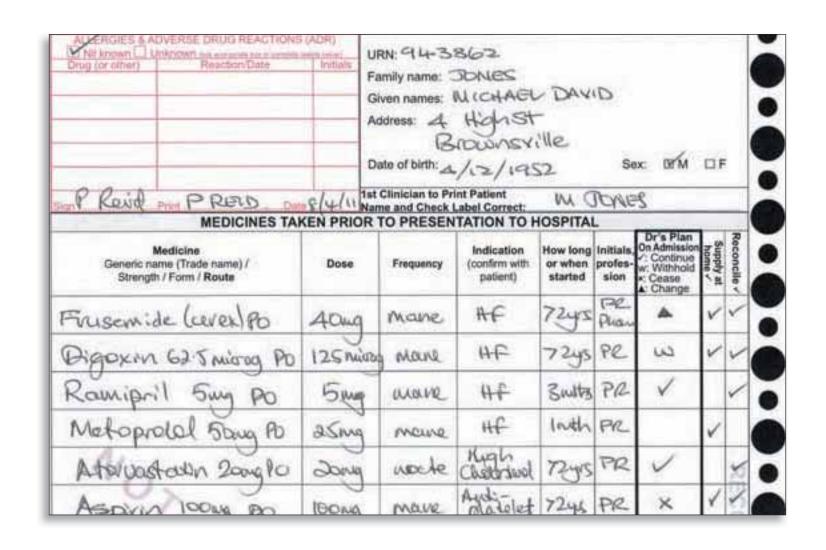


Step 1: Obtain the BPMH – patient interview

- ✓ Use the medication history checklist on the MMP
- ✓ Ask the patient if they know which medications they take
- Use the patient's own medications or the patient's medication list as a prompt ONLY
- If they are unsure, ask if you can contact their community pharmacy, GP or family member to confirm
- ✓ Go through each medication one at a time with the patient to establish:
 - How they take it (dose and frequency)
 - Why they think they take it (where applicable)
 - If it is taken regularly or prn (where appropriate)
 - How long they have been taking it
 - If they have supplies of medicines at home
- ✓ Document on the MMP



Step 1: Obtain the BPMH – Documentation





Step 1: Obtain the BPMH – ceased medicines



Document on the MMP

Asprin ceased on 21st March



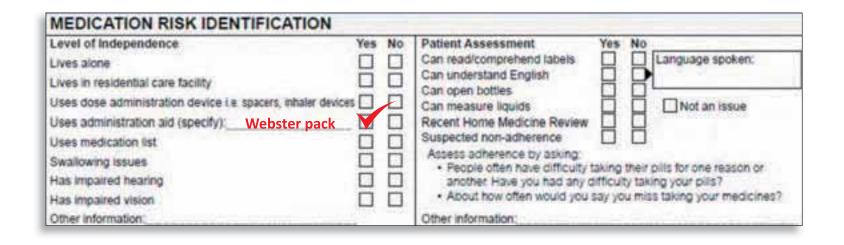
Step 1: Obtain the BPMH - checklist



Use of the checklist on the MMP ensures all routes of administration are covered as well as non-prescribed meds, herbals, etc

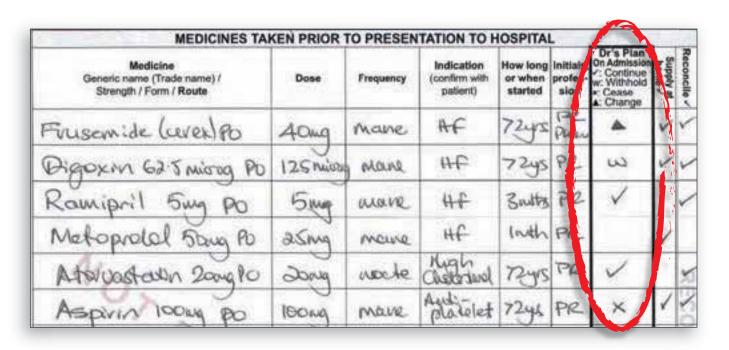


Step 1: Obtain the BPMH – risk assessment





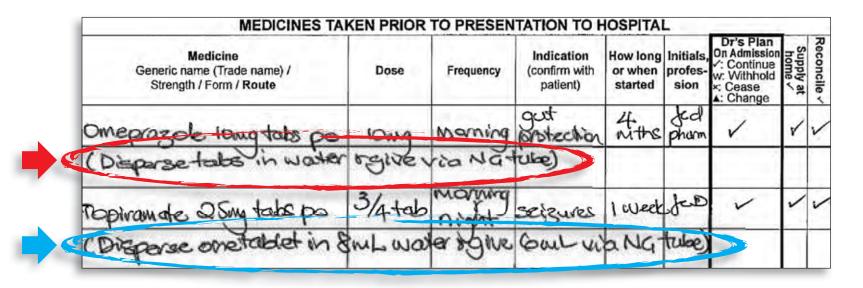
Step 1: Obtain the BPMH – Dr's Plan



- Record Dr's plan to continue, withhold, cease or change the medicines on admission for each medicine
- Doctors plan column helps with reconciliation
- Supply at home column helps with discharge planning



Notes for Paediatric Patients



- Record details of the method of administration usually used in the "medicine" column
- This should include the route and the formulation





Step 2: Confirm the history

Confirm the history with <u>at least one</u> other source of information. If cannot confirm – <u>annotate</u>.

- Personal medication list
- Own medications
- Community pharmacy
- Carer/family
- Local GP
- Referral letters (check date)
- Dose administration aid
- Recent admission notes
- Nursing home/Care facility
- Other hospital records (check date)





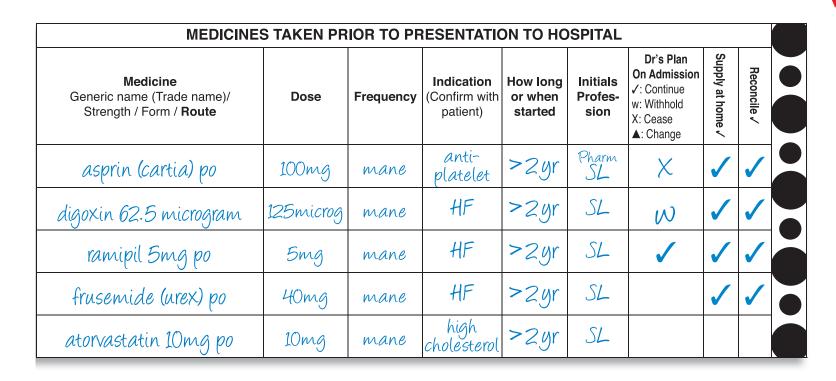
Step 2: Documenting sources

Tick sources used on the MMP and document who confirmed it and date

SOURCES OF MEDI	CINE L	IST	100	144	W	77
Source	Confirmed by		Date	Source	Confirmed by	Date
General Practitioner				Own Medicines		
Community Pharmacist	Α.,	ones	12/5	Community Nurse		
Patient / Carer				Patent List	A. Jones	12/5
Nursing Home				Previous Admission		
GENERAL INFORMA	TION			1000	1	•
Preferred administration m Did patient bring own med	icines?	☐ Yes }		ation of own medicines		
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General Practitioner details			munity Pharm	nactet details R	esidential Care Facility o	etalle



Step 3: Reconcile the Medication History with the Admission Orders



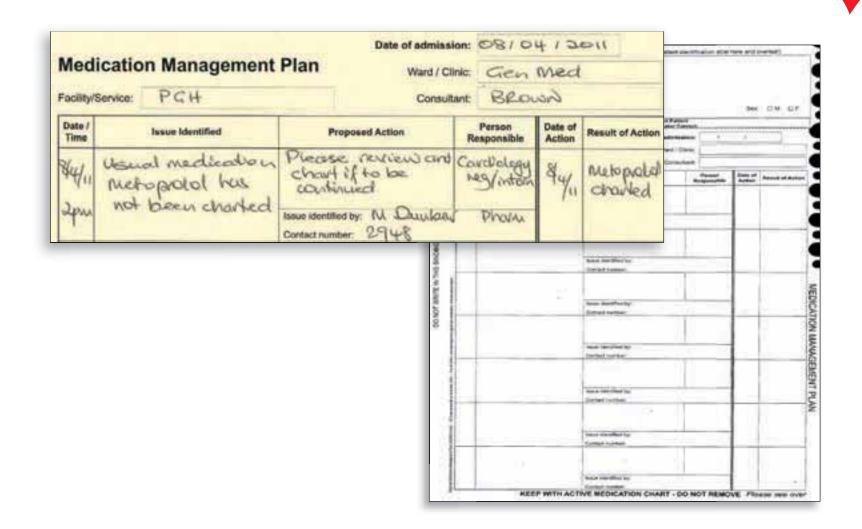
- ✓ Check each medicine taken prior to presentation against the medicines prescribed on the NIMC
- Tick in reconcile column medicines which match (e.g. name, strength, dose, frequency), taking into consideration the Doctor's recorded plan.



Amending a Medication History

- If you are **adding** to a documented medication history
 - List the additional medicines
 - Initial and add designation beside each new medicine
 - Document sources used
 - Sign, name and date the bottom of the page next to initial history taker.
- If you are **amending** a medication history
 - Neatly cross through any documentation as required
 - Initial and date any changes
 - Sign and date at the bottom next to initial history taker.





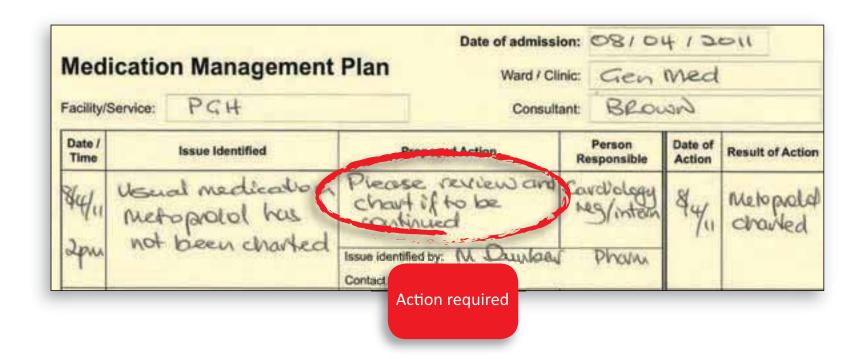


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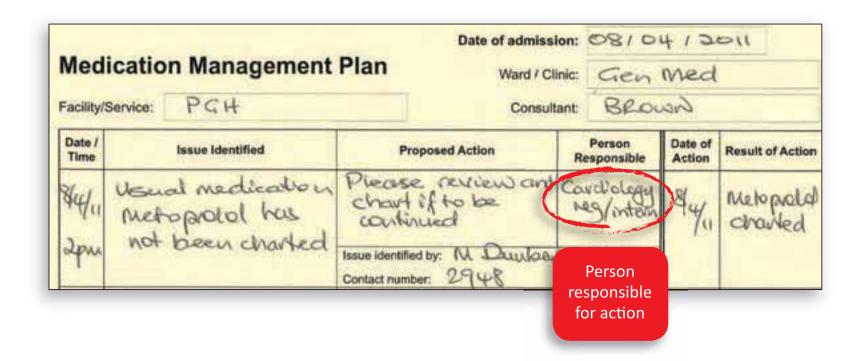


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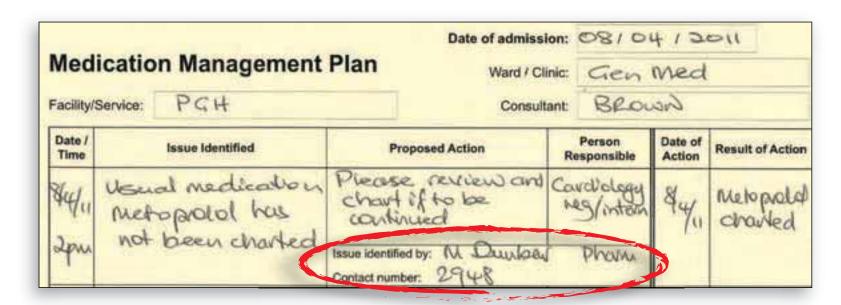






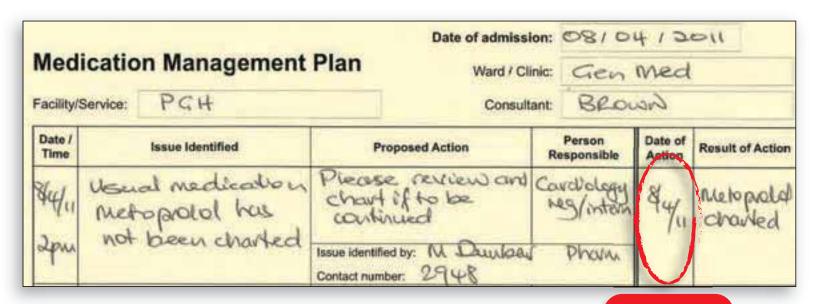






Name and contact number of person identifying issue





Document date of action







Documenting medication issues & actions



Any urgent medication issues should be brought to the attention of the attending medical officer as soon as possible using more direct forms of communication such as telephone or pager.



Medication Changes During Admission

Document:

1. medication changes during admission which may be required at discharge to inform the patient (carer), GP or community pharmacy

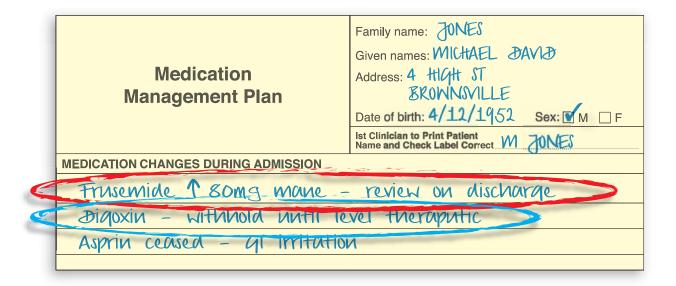
Medication Management Plan	Family name: JONES Given names: MICHAEL DAVID Address: 4 HIGH ST BROWNSVILLE Date of birth: 4/12/1952 Sex: M F Ist Clinician to Print Patient Name and Check Label Correct M JONES			
MEDICATION CHANGES DURING ADMISSION				
Frusemide 1 80mg mane - review on discharge				
Digoxin - Withhold until level theraputic				
Asprin ceased - GI irritation				



Medication Changes During Admission

Document:

- 1. medication changes during admission which may be required at discharge to inform the patient (carer), GP or community pharmacy
- 2. reason for any medicines withheld, restarted on discharge or ceased.





Medication Discharge Checklist

Reconciled on discharge	Sign: A. Smith	Date: 21/11/2010
Own medicines returned	Sign:	Date:
Permission for disposal of medicines	Sign:	Date:
☐ Medication supply	Sign:	Date:
Dose administration aid	Type:	
Script given to patient (if applicable)		
☐ Discharge Medication Record given/s	sent to: Patient GP Pharmacy Ot	her.
	Sign:	Date:
	Sign:	Date:
Consumer Medicine Information		
☐ Consumer Medicine Information ☐ Education provided	Sign:	Date:



Recommending a Home Medicines Review

RECOMMENDING A HOME MEDICINES REVIEW REFERRAL CHECKLIST Consider recommending a Home Medicines Review referral because:				
☐ Suspected non compliance	☐ Significant changes to medication regimen during admission			
☐ Inability to manage drug related therapeutic devices	☐ Medication requiring therapeutic monitoring			
☐ Taking more than 5 medicines				
Other:				



Additional Points

- Avoid using unsafe / error prone abbreviations on the MMP http://www.safetyandquality.gov.au/internet/safety/ publishing.nsf/Content/com-pubs_NIMC-con/\$File/32060.pdf
- Write legibly on the MMP in ink black pen preferred
- Do not use erasers or whiteout cross out errors and rewrite the correction
- Check drug names and doses if you are unsure
- Take care with combination products



Filing the MMP



Once admitted, the MMP should stay with the patient's NIMC and other charts throughout their admission

At time of discharge, the MMP should be filed in the patient's notes







SUMMARY

- MMP is an important tool to COMMUNICATE with other team members
- ✓ Medication Reconciliation including BPMH saves time, and avoids confusion with different sources of information in multiple locations
- ✓ The ONE source of information means easy access to information and no repetitive documenting in notes
- ✓ Medication Reconciliation prevents adverse medicines events at transitions of care



Medication Reconciliation Prevents Harm



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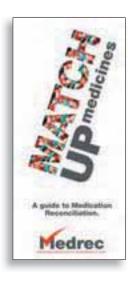


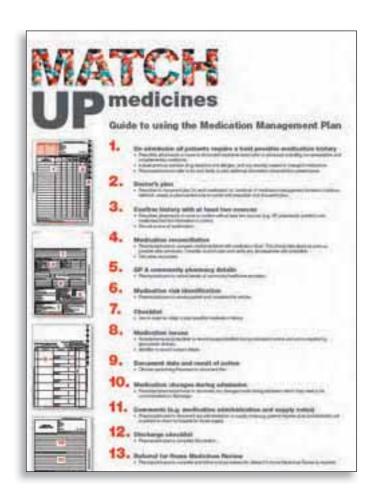
MMP Support materials





Available at www.safetyandquality.gov.au







Acknowledgements

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 the significant contribution of Queensland Health to the development of the MMP and this presentation



 the contribution of the Prince of Wales Hospital to this presentation







References

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