# AUSTRALIAN COMMISSION ON SAFETY AND QUALITY IN HEALTH CARE



### On the Radar

Issue 344 23 October 2017

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#### On the Radar

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#### Heavy Menstrual Bleeding Clinical Care Standard

Australian Commission on Safety and Quality in Health Care

Sydney: ACSQHC; 2017. 36p.

https://www.safetyandquality.gov.au/our-work/clinical-care-standards/heavy-menstrual-bleeding/

The Australian Commission on Safety and Quality in Health Care has released a new clinical care standard, the *Heavy Menstrual Bleeding Clinical Care Standard*.

This first nationally agreed standard of care for women experiencing heavy menstrual bleeding says women should be offered less invasive treatments before considering a hysterectomy – a major operation best done only when other treatments are not suitable.

Heavy menstrual bleeding affects an estimated 1 in 4 women of reproductive age. Despite being common, it is also under-recognised, and can significantly reduce a woman's social, emotional and physical quality of life.

The new *Heavy Menstrual Bleeding Clinical Care Standard* says most women with heavy menstrual bleeding can be effectively cared for by their GP. Referral to a specialist may be warranted in some situations – such as if the woman has uterine fibroids or polyps, or in less common situations where cancer is suspected, if symptoms do not resolve with initial treatments, or if the woman would prefer surgery.

The clinical care standard offers guidance to clinicians about appropriate care, such as by clarifying on which days during a woman's cycle an ultrasound scan will be most useful. It also informs patients about the care they can expect to receive.

The Heavy Menstrual Bleeding Clinical Care Standard has been endorsed by a range of medical and health care organisations, including the Royal Australian and New Zealand College of Obstetricians and Gynaecologists, the Australian College of Rural and Remote Medicine, the Royal Australian and New Zealand College of Radiologists, the Rural Doctors Association of Australia and the Australian College of Nursing.

The clinical care standard, along with fact sheets for consumers and for clinicians, can be found at <a href="https://www.safetyandquality.gov.au/our-work/clinical-care-standards/heavy-menstrual-bleeding/">https://www.safetyandquality.gov.au/our-work/clinical-care-standards/heavy-menstrual-bleeding/</a>

#### AUSTRALIAN COMMISSION ON SAFETY AND QUALITY IN HEALTH CARE



### **Heavy menstrual bleeding**



Affects 1 in 4 women



Has a significant impact on women's social, emotional and physical wellbeing



Hysterectomy rates are 6.6 times higher in some parts of Australia than others, even though less invasive treatments are available

The Heavy Menstrual Bleeding Clinical Care Standard describes the care that women should expect to receive:

The opportunity to make informed treatment choices and share decision-making

A detailed history, physical examination and assessment, and a quality ultrasound when needed



Information and access to effective drug treatment and less invasive surgery

Clinicians and health services can support women by providing balanced information about all the treatment options and helping women get the care they want.

Find out more: www.safetyandguality.gov.au/ccs

Australian Commission on Safety and Quality in Health Care 2017

#### **Books**

Integrating the Patient and Caregiver Voice into Serious Illness Care: Proceedings of a Workshop National Academies of Sciences, Engineering, Medicine Graig L, Alper J, editors.

Washington, DC: The National Academies Press; 2017. 100 p.

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URL	https://www.nap.edu/catalog/24802/integrating-the-patient-and-caregiver-voice-into-serious-illness-care https://dx.doi.org/10.17226/24802	
Notes	Recognising the need to consider and address the challenges and opportunities in efforts to improve care quality and value, the Roundtable on Quality Care for People with Serious Illness of the National Academies of Sciences, Engineering, and Medicine held a public workshop. This workshop was designed specifically to bring together diverse personal perspectives and experiences about priorities and values that are important to patients and families coping with serious illness, and to consider solutions that support integration of these priorities and values in practice. This publication summarizes the presentations and discussions from the workshop.	

For information on the Commission's work on patient and consumer centred care, see <a href="https://www.safetyandquality.gov.au/our-work/patient-and-consumer-centred-care/">https://www.safetyandquality.gov.au/our-work/patient-and-consumer-centred-care/</a>

### Journal articles

Professional, structural and organisational interventions in primary care for reducing medication errors Khalil H, Bell B, Chambers H, Sheikh A, Avery AJ Cochrane Database of Systematic Reviews. 2017 (10).

DOI	http://dx.doi.org/10.1002/14651858.CD003942.pub3
Notes	This Cochrane Review sought to identify interventions that reduced preventable medication errors by primary healthcare professionals that lead to hospital admissions, emergency department visits, and mortality in adults. From the 30 studies included in the review, 26 classified as organisational inventions and the remaining four as professional actions. The authors report that the studies showed "that based on moderate- and low-certainty evidence, actions in primary care for reducing preventable medication errors probably make little or no difference to the number of people admitted to hospital or the number of hospitalisations, emergency department visits, or death."

For information on the Commission's work on medication safety, see <a href="https://www.safetyandquality.gov.au/our-work/medication-safety/">https://www.safetyandquality.gov.au/our-work/medication-safety/</a>

Implementing the Comprehensive Unit-Based Safety Program (CUSP) to Improve Patient Safety in an Academic Primary Care Practice

Pitts SI, Maruthur NM, Luu N-P, Curreri K, Grimes R, Nigrin C, et al

The Joint Commission Journal on Quality and Patient Safety. 2017;43(11):591-7.

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DOI	https://doi.org/10.1016/j.jcjq.2017.06.006
Notes	In the past, the Comprehensive Unit-based Safety Program (CUSP) has been an important component of safety efforts in various inpatient settings in the USA. This study describes how CUSP was implemented in an American academic primary care practice. Staff and clinicians underwent training on the science of safety and completed a two-question safety assessment survey to identify safety concerns in the
	practice. The concerns identified by team members were used to select two initial

safety priorities. The impact of CUSP on safety climate and teamwork was assessed through a pre-post comparison of results on the validated Safety Attitudes Questionnaire. The CUSP team initially prioritised communication and infection control, which led to standardization of work flows within the practice. Six months following CUSP implementation, large but non-statistically significant increases were found for the percentage of survey respondents who reported knowledge of the proper channels for questions about patient safety, felt encouraged to report safety concerns, and believed that the work setting made it easy to learn from the errors of others. These lead the authors to argue that "CUSP is a promising tool to improve safety climate and to identify and address safety concerns within ambulatory health care."

### BMJ Quality & Safety

November 2017 - Volume 26 - 11

URL	http://qualitysafety.bmj.com/content/26/11	
	A new issue of <i>BMJ Quality and Safety</i> has been published. Many of the papers in this issue have been referred to in previous editions of <i>On the Radar</i> (when they were released online). Articles in this issue of <i>BMJ Quality and Safety</i> include:	
Notes	<ul> <li>Editorial: Speaking up against unsafe unprofessional behaviours: the difficulty in knowing when and how (Brian M Wong, Shiphra Ginsburg)</li> <li>Editorial: Determining the optimal place and time for procedural education (Martin V Pusic, Marc M Triola)</li> <li>Editorial: Just-in-time simulation-based training (Rajesh Aggarwal)</li> <li>Speaking up about traditional and professionalism-related patient safety threats: a national survey of interns and residents (William Martinez, Lisa Soleymani Lehmann, Eric J Thomas, Jason M Etchegaray, Julia T Shelburne, Gerald B Hickson, Donald W Brady, Anneliese M Schleyer, Jennifer A Best, Natalie B May, Sigall K Bell)</li> <li>Randomised controlled trial to assess the effect of a Just-in-Time training on procedural performance: a proof-of-concept study to address procedural skill decay (Jeremy B Branzetti, Adeyinka A Adedipe, Matthew J Gittinger, Elizabeth D Rosenman, Sarah Brolliar, Anne K Chipman, James A Grand, Rosemarie Fernandez)</li> <li>Peers without fears? Barriers to effective communication among primary care physicians and oncologists about diagnostic delays in cancer (Allison Lipitz-Snyderman, Minal Kale, Laura Robbins, David Pfister, Elizabeth Fortier, Valerie Pocus, Susan Chimonas, Saul N Weingart)</li> <li>Identifying patient and practice characteristics associated with patient-reported experiences of safety problems and harm: a cross-sectional study using a multilevel modelling approach (Ignacio Ricci-Cabello, David Reeves, Brian G Bell, Jose M Valderas)</li> <li>Reliable adherence to a COPD care bundle mitigates system-level failures and reduces COPD readmissions: a system redesign using improvement science (Muhammad Ahsan Zafar, Ralph J Panos, Jonathan Ko, Lisa C Otten, Anthony Gentene, Maria Guido, Katherine Clark, Caroline Lee, Jamie Robertson, Evaline A Alessandrini)</li> <li>Comparison of control charts for monitoring clinical performance using binary data (Jenny Neuburger, Kate Walker, Chris Sherlaw-Johnson, Jan van der Meulen, David A Cromwel</li></ul>	

•	Incorporating nursing complexity in <b>reimbursement coding</b> systems: the
	potential impact on missed care (Loredana Sasso, Annamaria Bagnasco, Giuseppe Aleo, Gianluca Catania, Nicoletta Dasso, Milko P Zanini, R Watson)
	How to attribute <b>causality in quality improvement</b> : lessons from
	epidemiology (Alan J Poots, Julie E Reed, Thomas Woodcock, Derek Bell,
	Don Goldmann)
•	5 cm
	investigations: a quasi-randomised evaluation in a simulated setting
	(Benjamin Leis, Andrew Frost, Rhonda Bryce, Kelly Coverett)

### Australian Journal of Primary Health Volume 23(5) 2017

Volume	230	5)	201	7

URL	http://www.publish.csiro.au/py/issue/8586
	A new issue of the <i>Australian Journal of Primary Health</i> has been published. Articles in this issue of the <i>Australian Journal of Primary Health</i> include:
	• From organisations to people: improving the <b>prevention and management</b> of long-term conditions in Australian primary health care (Sarah Dennis)
	<ul> <li>A health-promoting community dental service in Melbourne, Victoria, Australia: protocol for the North Richmond model of oral health care (Martin Hall and Bradley Christian)</li> </ul>
	<ul> <li>Putting urban Aboriginal and Torres Strait Islander food insecurity on the agenda (Leigh Bramwell, Wendy Foley and Tanya Shaw)</li> </ul>
	• Patients' experiences of nurse case management in primary care: a metasynthesis (Anna Askerud and Jenny Conder)
	<ul> <li>Review of patient-reported experience within Patient-Centered Medical Homes: insights for Australian Health Care Homes (Mary O'Loughlin, Jane Mills, Robyn McDermott and Linton Harriss)</li> </ul>
	<ul> <li>A cross-sectional analysis of local government health and wellbeing plans and priorities in Victoria, Australia (Mark Anthony Alindogan, Eli Ristevski and Anske Robinson)</li> </ul>
Notes	• Understanding practitioner professionalism in Aboriginal and Torres Strait Islander health: lessons from student and registrar placements at an urban Aboriginal and Torres Strait Islander primary healthcare service (Deborah A. Askew, Vivian J. Lyall, Shaun C. Ewen, D Paul and M Wheeler)
	<ul> <li>Perspectives of rural and remote primary healthcare services on the meaning and goals of clinical governance (Ruyamuro K. Kwedza, Sarah Larkins, Julie K. Johnson and Nicholas Zwar)</li> </ul>
	• Case conferencing for palliative care patients – a survey of South Australian general practitioners (Timothy H M To, Paul Tait, Deidre D Morgan, Jennifer J Tieman, Gregory Crawford, A Michelmore, D C Currow and K Swetenham)
	• Sharing knowledge of <b>falls prevention for people with dementia</b> : insights for community care practice (Claudia Meyer, S Hill, K D Hill and B Dow)
	<ul> <li>Perceptions of barriers to the management of respiratory tract infections in general practice settings in Australia (Stephanie Fletcher-Lartey and Rabia Khan)</li> </ul>
	<ul> <li>Uptake, prevalence and predictors of first-time use for the 75+ Health         Assessment Scheme (Xenia Dolja-Gore, Meredith Tavener, Tazeen Majeed,         Balakrishnan R Nair and Julie E Byles)     </li> </ul>

Utilisation of Medicare-funded schemes for people with cardiovascular
disease (Julie Redfern, Karice Hyun, Emily Atkins, Clara Chow, Tom Briffa,
Bindu Patel, Nick Zwar, Tim Usherwood, Qiang Li, A Patel and D Peiris)
• Help-seeking intentions for anxiety among older adults (Katrina Anderson,
Tushara Wickramariyaratne and Annaliese Blair)

Pediatric Quality & Safety Vol. 2, No. 5, September/October 2017

Ol. 2, NO. 3	s, September/October 201/
URL	http://journals.lww.com/pqs/toc/2017/09000
	A new issue of <i>Pediatric Quality &amp; Safety</i> has been published. Articles in this issue of <i>Pediatric Quality &amp; Safety</i> include:  • Utilizing Lean Principles to Improve <b>Immunization Administration</b>
	Efficiency in a Pediatric Mobile Clinic Program (Gupta, Aditi; Misra, Sanghamitra M.; Garcia, Cassandra; Ugalde, Margaret)
	• Implementation of the <b>Asthma Control Test</b> in a Large Primary Care Network (Sangvai, Shilpa; Hersey, Stephen J.; Snyder, Dane A.; Allen, Elizabeth D.; Hafer, Cindy; Wickliffe, Jeanne; Groner, Judith A.)
	• Integrating a Geneticist in a Multidisciplinary Clinic for Down Syndrome Increases Commitment to <b>Genetic Counseling</b> (Santoro, Stephanie L.; Jacobson, Theodora; Lemle, Stephanie; Bartman, Thomas)
Notes	• Improving Inpatient Asthma Management: The Implementation and Evaluation of a <b>Pediatric Asthma Clinical Pathway</b> (Magruder, Teresa G.; Narayanan, Sridaran; Walley, Susan; Powers, Tony; Whitlock, Hollace; Harrington, Kathleen; Wall, Terry C.)
	• Noncompliance to a Postoperative Algorithm Using <b>Feeding Readiness Assessments</b> Prolonged Length of Stay at a Pediatric Heart Institute (Ehrmann, Daniel E.; Harendt, Shaunda; Church, Jessica; Stimmler, Amy; Vichayavilas, Piyagarnt; Batz, Sanja; Rodgers, Jennifer; DiMaria, Michael; Barrett, Cindy; Kaufman, Jon)
	Development of Pediatric Emergency Protocols and Communication
	Plans in Pediatric Radiation Oncology: Multidisciplinary Core
	Competencies (Carson, Rebecca A.; Ladra, Matthew M.; Choflet, Amanda)
	• Quality in Context: The Role of <b>Social Determinants</b> of Health in <b>Pediatric</b>
	Quality Improvement (Chisolm, Deena J.)

## Nursing Leadership Vol. 30, No. 2, 2017

URL	http://www.longwoods.com/publications/nursing-leadership/25252	
	A new issue of Nursing Leadership has been published, with a focus on collaborative	
	leadership. Articles in this issue of Nursing Leadership include:	
	Ask "WHY NOT?" Not "WHAT IF?" (Lynn M Nagle)	
	Collaborative Leadership, Part 1: The Nurse Leader's Role within	
Notes	Interprofessional Teams (Carole A Orchard, Olubukola Sonibare, Adam	
Notes	Morse, Jennifer Collins and Areej Al-Hamad)	
	Collaborative Leadership, Part 2: The Role of the Nurse Leader in	
	Interprofessional Team-Based Practice – Shifting from Task- to	
	Collaborative Patient-/Family-Focused Care (Carole A Orchard, Olubukola	
	Sonibare, Adam Morse, Jennifer Collins and Areej Al-Hamad)	

Collaborative Care Transitions Symposium: Insights from Participants
(Lianne Jeffs, Marianne Saragosa, Michelle Zahradnik, Maria Maione, Aimee
Hindle, Cecilia Santiago, Murray Krock, Vicky Stergiopoulos, Beverly Bulmer,
Kaleil Mitchell, Colleen McNamee and Noor Ramji)
• Driving it Home: Leading with an Interprofessional Collaborative Team
Approach in Home Care (Cynthia J. Bergeron, Gina Barton, Wendy
Gamache-Holmes, Mary Ellen Barry, Barbara Butler, Lisa Dunnett, William
Koval, Kristen Augustin, Natalie Russell and Monica Tominey*
<ul> <li>How has Advanced Practice Nursing Influenced the Nursing Profession in</li> </ul>
Canada? (Sharon Kaasalainen)
Social Media Technology and Public Health in Ontario: Findings from a
Planning Meeting Exploring Current Practices and Future Research Directions
(Richard Booth, Josephine McMurray, Sandra Regan, Anita Kothari, Lorie
Donelle, Susan McBride, Annette Sobel, Jodi Hall, R Fraser and L Foisey)

International Journal for Quality in Health Care online first articles

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URL	https://academic.oup.com/intqhc/advance-access?papetoc	
	International Journal for Quality in Health Care has published a number of 'online first'	
	articles, including:	
	Understanding the impact of accreditation on quality in healthcare: A	
	grounded theory approach (L Desveaux; J I Mitchell; J Shaw; N M Ivers)	
	• Factors associated with malnutrition among children <5 years old in	
	Burkina Faso: evidence from the Demographic and Health Surveys IV 2010	
Notes	(Ghislain G Poda; Chien-Yeh Hsu ; Jane C -J Chao)	
	A quality improvement project to reduce hypothermia in preterm infants on	
	admission to the neonatal intensive care unit (Wai Yan Yip; Bin Huey Quek;	
	Mary Choi Wan Fong; Thilagamangai; Sally Siew Gim Ong; Bee Leong Lim;	
	Bo Chu Lo; Pratibha Agarwal)	
	Lean Management to support Choosing Wisely in healthcare: the first	
	evidence from a systematic literature review (Maria Crema; Chiara Verbano)	

#### Online resources

/UK/ NICE Guidelines and Quality Standards

https://www.nice.org.uk

The UK's National Institute for Health and Care Excellence (NICE) has published new (or updated) guidelines and quality standards. The latest reviews or updates are:

 Clinical Guideline CG165 Hepatitis B (chronic): diagnosis and management https://www.nice.org.uk/guidance/cg165

[USA] Getting Ready for Your Ambulatory Surgery

https://www.ahrq.gov/professionals/quality-patient-safety/hais/tools/ambulatory-surgery/sections/implementation/training-tools/getting-ready.html

The (US) Agency for Healthcare Research and Quality has produced this resource to help educate patients and their families about ambulatory surgery. *Getting Ready for Your Ambulatory Surgery* includes information about what to expect, staying safe, and the recovery process. Surgery and other surgical procedures performed in outpatient (ambulatory) settings are usually faster and less costly than those done in the hospital.

[USA] ISOBS Safety Checklist for Office-Based Anesthesia Crises

https://static1.squarespace.com/static/581a4bda6b8f5bc983120fa3/t/59d3e303a8b2b04a7ff08a59/15 07058440449/ISOBS+OBA+Checklist+.pdf

This checklist has been designed to help office-based clinical teams "do the right thing" should any of 26 critical events arise during office surgery, including cardiac arrest, a blocked airway, and haemorrhage. The checklist also provides guidance on what to do in the event of a fire, loss of power, or loss of oxygen.

[USA] Antimicrobial Stewardship educational multimedia

https://www.cidrap.umn.edu/asp/educational-multimedia

The CIDRAP team at the University of Minnesota has, as part of their Antimicrobial Stewardship Project, has compiled this page of educational multimedia links featuring online courses, games, and presentations.

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