# AUSTRALIAN COMMISSION ON SAFETY AND QUALITY IN HEALTH CARE



## On the Radar

Issue 345 30 October 2017

On the Radar is a summary of some of the recent publications in the areas of safety and quality in health care. Inclusion in this document is not an endorsement or recommendation of any publication or provider. Access to particular documents may depend on whether they are Open Access or not, and/or your individual or institutional access to subscription sites/services. Material that may require subscription is included as it is considered relevant.

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#### On the Radar

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## Books

Models and Strategies to Integrate Palliative Care Principles into Care for People with Serious Illness: Proceedings of a Workshop

National Academies of Sciences, Engineering, Medicine

Graig L, Alper J, editors.

Washington, DC: The National Academies Press; 2017. 100 p.

URL	http://nationalacademies.org/hmd/Reports/2017/models-and-strategies-to-integrate-palliative-care-proceedings.aspx
Notes	The (US) Roundtable on Quality Care for People with Serious Illness convened a workshop to explore how palliative care principles could be integrated into the care of people with serious illness. The workshop aimed to highlight innovative models of community-based care for people of all ages facing serious illness. The workshop rapporteurs prepared this document as a summary of the workshop presentations and discussions.

## Reports

Information Security Guide for small healthcare businesses Australian Digital Health Agency and Stay Smart Online Sydney: Australian Digital Health Agency. p.24.

URL	https://www.digitalhealth.gov.au/about-the-agency/digital-health-cyber-security-centre/information-security-guide-for-small-healthcare-businesses
Notes	The Australian Digital Health Agency (with the Australian Government's Stay Smart Online service) has released this guide to assist healthcare businesses to protect and secure the digital information they hold. This information may include information from and about healthcare consumers, suppliers and employees.

Shifting the Dial: 5 Year Productivity Review. Inquiry Report No 84

Productivity Commission

Canberra: Productivity Commission; 2017. p. 255.

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URL	http://www.pc.gov.au/inquiries/completed/productivity-review/report
	This latest report from the Productivity Commission has been widely reported. One of
	its major foci (of both the report and three of the supporting papers) is health and it
	draws together a number of observations and recommendations from many directions
	into outlining how Australia's health system may be more effective and efficient. Some
	of the recommendations are likely to see significant resistance and pushback. Others,
	while potentially delivering major gains and savings, will require upfront expenditure
	to expand and/or create the 'infrastructure', possibly including the role of the various
	entities, including the Australian Commission on Safety and Quality in Health Care.
	The recommendations around health are:
	IMPLEMENT NIMBLE FUNDING ARRANGEMENTS AT THE
	REGIONAL LEVEL – The Australian, State and Territory Governments
	should allocate (modest) funding pools to Primary Health Networks and Local
	Hospital Networks for improving population health, managing chronic
	conditions and reducing hospitalisation at the regional level.
	ELIMINATE LOW-VALUE HEALTH INTERVENTIONS – Australian
	governments should revise their policies to more rapidly reduce the use of low
	-value health interventions.
Notes	MAKE THE PATIENT THE CENTRE OF CARE – All Australian
	governments should re-configure the health care system around the principles
	of patient-centred care, with this implemented within a five year timeframe.
	• USE INFORMATION BETTER – Australian governments should cooperate
	to remove the current messy, partial and duplicated presentation of
	information and data, and provide easy access to health care data for
	providers, researchers and consumers.
	EMBRACE TECHNOLOGY TO CHANGE THE PHARMACY MODEL
	- The Australian Government should move away from community pharmacy
	as the vehicle for dispensing medicines to a model that anticipates automatic
	dispensing in a majority of locations, supervised by a suitably qualified person.
	In clinical settings, pharmacists should play a new remunerated collaborative
	role with other primary health professionals where there is evidence of the
	cost-effectiveness of this approach.
	AMEND ALCOHOL TAXATION ARRANGEMENTS – The Australian
	Government should move towards an alcohol tax system that removes the
	current concessional treatment of high-alcohol, low-value products, primarily
	cheap cask and fortified wines.

## **Healthier Australians**

matters?

Benefits assessment: conservatively in excess of \$8.5 billion over 5 years







#### **PROBLEMS**

## SOLUTIONS

## BENEFITS

#### INTEGRATED CARE

- Primary and hospital care poorly integrated
- Information flows do not follow the patient
- Funding is too little focused on long-run health or prevention
- Insufficiently devolved funding prevents locally efficient solutions
- New regionally-located care model offering funding and fostering attitude changes
- Regional alliances between Local Hospital Networks, Primary Health Networks and others
- Move retail pharmacy into an integrated care system
- > Use information effectively (see below)
- Direct structured support for disease prevention and management
- Less duplication of services
- Care takes place in the right place
- Data follow patients as they move through the system

#### PATIENT-CENTRED CARE

- Insufficient attention to patient experiences and outcomes
- Weak capacity for partnerships between patients and clinicians
- > Poor level of patient literacy
- Low levels of choice
- Develop Patient Reported Experience and Outcome Measures, and publish
- Use My Health Record to improve information flows to patients and increase health literacy
- Identify and focus on high users of system
- Improved clinical outcomes
- Greater empowerment
- Self-management
- > Fewer medication problems
- Patient convenience
- Lower costs

#### **FUNDING FOR HEALTH**

- Funding not oriented towards innovation or outcomes.
   Rewards activity instead
- Commonwealth/State funding split creates poor incentives to integrate
- Funding pools for Local Hospital Networks and Primary Health Networks to use for preventative care and management of chronic conditions at the regional level
- Provide greater autonomy to allow regional solutions
- Better health and reduced hospitalisations and other costs
- More experimentation and innovation, including in prevention
- Capacity to tailor solutions to specific regional communities

#### QUALITY OF HEALTH

- Too many services known to be ineffective or outdated are still funded
- Too many hospital-acquired complications
- Require fast-track assessment of low-value care identified by overseas agencies
- Educate clinicians and measure and divulge their use of low-value procedures
- > Improve patient literacy
- Defund demonstrably low-value procedures
- Remove subsidies for ancillaries in private health insurance
- Better patient outcomes
- Less waste and more ability to redirect savings to new and effective procedures
- > Reduced outlays on rebates

## USING INFORMATION EFFECTIVELY

- Data and information flows are inadequate for genuinely integrated care, and frustrate research into 'what works'
- Innovation lessons are disseminated too slowly, including process innovations
- Follow recommendations of the Commission's 2017 inquiry into Data Availability and Use
- Adoption of eHealth throughout the health system
- Disseminate best practice through existing agencies
- > Quicker learning about best practice
- Better, more and faster research into what works
- More integrated care with improved clinical outcomes
- > Innovation in health care delivery

The impacts of eHealth upon hospital practice: synthesis of the current literature Deeble Institute Evidence Brief No 16.

Eden R, Burton-Jones A, Scott I, Staib A, Sullivan C

Canberra: Australian Healthcare and Hospitals Association; 2017. p. 7.

URL	https://ahha.asn.au/publication/evidence-briefs/evidence-brief-16-impacts-ehealth-
CILL	<u>upon-hospital-practice-synthesis</u>
	The Deeble Institute of the Australian Healthcare and Hospitals Association has
	published this short evidence brief reviewing current evidence on the ways eHealth is
	influencing hospital practice and procedure. The brief looks particularly at Electronic
	Medical Records (EMR), Computer Provider Order Entry (CPOE), ePrescribing, and
Notes	Computerised Decision Support Systems (CDSS). The authors note that the recent
	literature suggests "improved clinical judgement resulting from CDSS which enhanced
	clinicians' critical thinking skills; unintended consequences of both CDSS and EMR
	which impacted negatively on changing practice; and decreased staff retention with
	EMR."

For information on the Commission's work on safety in e-Health, see <a href="https://www.safetyandquality.gov.au/our-work/safety-in-e-health/">https://www.safetyandquality.gov.au/our-work/safety-in-e-health/</a>

## Journal articles

Association of evidence-based care processes with mortality in staphylococcus aureus bacteremia at Veterans Health Administration hospitals, 2003-2014

Goto M, Schweizer ML, Vaughan-Sarrazin MS, Perencevich EN, Livorsi DJ, Diekema DJ, et al JAMA Internal Medicine. 2017;177(10):1489-97.

Addressing safety and quality issues and being able to demonstrate success is not always easy. One area where there has been demonstrable success is in preventing healthcare-associated infections. This report is an addition to that and reports on how the US Veterans Health Administration (VHA) hospitals have seen the impact of <i>Staphylococcus aureus</i> bacteraemia reducing. This paper reports on a cohort study of 36 868 patients with <i>S aureus</i> bacteraemia at 124 Veterans Health Administration hospitals from 1 January 2003 to 31 December 2014 in which all-cause 30-day mortality decreased over time from 25.7% in 2003 to 16.5% in 2014, while use of appropriate antibiotic therapy, echocardiography, and infectious diseases consultation increased. The authors attributed an estimated 57.3% decrease in mortality to increased use of evidence-based care processes. This led them to conclude "Mortality associated with <i>S aureus</i> bacteremia decreased significantly in VHA hospitals, and a substantial portion of the <b>decreasing mortality</b> may have been <b>attributable to increased use of evidence-based care processes</b> . The experience in VHA hospitals	The first internal wedgene. 2017,177 (10).1407-77.		
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among patients with <i>S aureus</i> bacteremia in routine health care settings."		Addressing safety and quality issues and being able to demonstrate success is not always easy. One area where there has been demonstrable success is in preventing healthcare-associated infections. This report is an addition to that and reports on how the US Veterans Health Administration (VHA) hospitals have seen the impact of <i>Staphylococcus aureus</i> bacteraemia reducing. This paper reports on a cohort study of 36 868 patients with <i>S aureus</i> bacteraemia at 124 Veterans Health Administration hospitals from 1 January 2003 to 31 December 2014 in which all-cause 30-day mortality decreased over time from 25.7% in 2003 to 16.5% in 2014, while use of appropriate antibiotic therapy, echocardiography, and infectious diseases consultation increased. The authors attributed an estimated 57.3% decrease in mortality to increased use of evidence-based care processes. This led them to conclude "Mortality associated with <i>S aureus</i> bacteremia decreased significantly in VHA hospitals, and a substantial portion of the <b>decreasing mortality</b> may have been <b>attributable to increased use of evidence-based care processes</b> . The experience in VHA hospitals demonstrates that increasing application of these care processes may improve survival	

For information on the Commission's work on healthcare associated infection, see <a href="https://www.safetyandquality.gov.au/our-work/healthcare-associated-infection/">https://www.safetyandquality.gov.au/our-work/healthcare-associated-infection/</a>

Reducing antibiotic prescribing in Australian general practice: time for a national strategy Del Mar CB, Scott AM, Glasziou PP, Hoffmann T, van Driel ML, Beller E, et al Medical Journal of Australia. 2017;207(9).

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URL / DOI	https://www.mja.com.au/journal/2017/207/9/reducing-antibiotic-prescribing-
	australian-general-practice-time-national
	http://dx.doi.org/10.5694/mja17.00574
	In this narrative review the authors call for a national strategy to reduce antibiotic
	prescribing in primary care. They identify a number of categories of interventions that
	may support general practitioners to reduce prescribing antibiotics:
	• regulatory (e.g., changing the default to "no repeats" in electronic prescribing,
Notes	changing the packaging of antibiotics to facilitate tailored amounts of
	antibiotics for the right indication and restricting access to prescribing selected
	antibiotics to conserve them)
	• externally administered (e.g., academic detailing and audit and feedback on
	total antibiotic use for individual GPs)
	• interventions that GPs can individually implement (e.g., delayed prescribing,
	shared decision making, public declarations in the practice about conserving
	antibiotics, and self-administered audit)
	supporting GPs' access to near-patient diagnostic testing, and public awareness
	campaigns.
	campaisno.

Impact of policy support on uptake of evidence-based continuous quality improvement activities and the quality of care for Indigenous Australians: a comparative case study

Bailie R, Matthews V, Larkins S, Thompson S, Burgess P, Weeramanthri T, et al BMJ Open. 2017;7(10).

DOI <a href="http://dx.doi.org/10.1136/bmjopen-2017-016626">http://dx.doi.org/10.1136/bmjopen-2017-016626</a>
This study of the impact of state/territory policy support on) uptake of evidence-based continuous quality improvement (CQI) activities and quality of care for Indigenous Australians was a mixed-method comparative case study involving 175 Indigenous primary healthcare services in five states/territories of Australia. The study found that "Progressive uptake of evidence-based CQI activities and steady improvements or maintenance of high-quality care occurred where there was long-term policy and infrastructure support for CQI. Where support was provided but not sustained there was a rapid rise and subsequent fall in relevant CQI activities."  One of the key messages according to the authors is that for wide-scale and ongoing improvement in quality of care and health outcomes, it is not sufficient to rely on the efforts of local service managers and clinicians. Rather, "Health authorities should ensure consistent and sustained policy and infrastructure support for CQI".

Impact of the level of sickness on higher mortality in emergency medical admissions to hospital at weekends Mohammed M, Faisal M, Richardson D, Howes R, Beatson K, Speed K, et al Journal of Health Services Research & Policy. 2017;22(4):236-42.

DOI	https://doi.org/10.1177/1355819617720955
Notes	A further addition to the debate about the 'weekend effect'. This study used data that has an indication of the severity of sickness of a patient on admission – a standardized vital signs physiological-based measure of sickness known as the National Early Warning Score. From their analysis of 47,117 emergency admissions, the authors report "Emergency medical admissions at the weekend with electronic National Early Warning Score recorded within 24 h are sicker, have earlier clinical assessments, and after adjusting for the severity of their sickness, do not appear to have a higher mortality compared to weekday admissions."

Providing feedback following Leadership WalkRounds is associated with better patient safety culture, higher employee engagement and lower burnout

Sexton JB, Adair KC, Leonard MW, Frankel TC, Proulx J, Watson SR, et al

BMJ Quality & Safety. 2017 [epul
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DOI	http://dx.doi.org/10.1136/bmjqs-2016-006399
Notes	Leadership WalkRounds (WR?) are quite routinely conducted. This study sought to examine the influence of these on aspects such as safety culture, employee engagement, burnout and work-life balance. This was a cross-sectional survey that administered nearly 24,000 survey (with 16,797 completed) of whom 5,497 reported participating in WR, and 4074 (24.3%) reported participating in WR with feedback. Those settings reporting more WR with feedback had substantially higher safety culture domain scores and significantly higher engagement scores for four of its six domains. The authors "suggest that when <b>WRs are conducted, acted on,</b> and the results are <b>fed back</b> to those involved, the work setting is a <b>better place to deliver and receive care</b> as assessed across a broad range of metrics, including teamwork, safety, leadership, growth opportunities, participation in decision-making and the emotional exhaustion component of burnout."

## BMJ Quality and Safety online first articles

MI Quality (	and Safety online first articles
URL	https://qualitysafety.bmj.com/content/early/recent
	BMJ Quality and Safety has published a number of 'online first' articles, including:
	• Simplifying care: when is the <b>treatment burden</b> too much for patients living in <b>poverty</b> ? (Joseph Nwadiuko, Laura D Sander)
	<ul> <li>Precommitting to choose wisely about low-value services: a stepped wedge cluster randomised trial (Jeffrey Todd Kullgren, Erin Krupka, Abigail Schachter, Ariel Linden, Jacquelyn Miller, Yubraj Acharya, James Alford, Richard Duffy, Julia Adler-Milstein)</li> </ul>
	<ul> <li>Quality of provider-offered Medicare Advantage plans (Zoe M Lyon, Yevgeniy Feyman, Garret M Johnson, Austin B Frakt)</li> </ul>
Notes	• Balancing measures or a balanced accounting of <b>improvement impact</b> : a qualitative analysis of individual and focus group interviews with improvement experts in Scotland (Madalina Toma, Tobias Dreischulte, Nicola M Gray, Diane Campbell, Bruce Guthrie)
	• Factors influencing the reporting of adverse medical device events: qualitative interviews with physicians about higher risk implantable devices (Anna R Gagliardi, Ariel Ducey, Pascale Lehoux, Thomas Turgeon, Sue Ross, Patricia Trbovich, Anthony Easty, Chaim Bell, David Urbach)
	<ul> <li>Balancing the skills: the need for an improvement pyramid (John Gabbay, Andrée le May, Con Connell, Jonathan H Klein)</li> </ul>
	<ul> <li>Are quality improvement collaboratives effective? A systematic review (Susan Wells, Orly Tamir, Jonathon Gray, Dhevaksha Naidoo, Mark Bekhit, Don Goldmann)</li> </ul>
	Night-time communication at Stanford University Hospital: perceptions, reality and solutions (Andrew Jordan Sun, Libo Wang, Minjoung Go, Zac Eggers, Raymond Deng, Paul Maggio, Lisa Shieh)

International Journal for Quality in Health Care online first articles

URL	https://academic.oup.com/intqhc/advance-access?papetoc
	International Journal for Quality in Health Care has published a number of 'online first'
	articles, including:
	• Seen through the patients' eyes: <b>Safety of chronic illness care</b> (Melissa
	Desmedt; Mirko Petrovic; Jochen Bergs; Dominique Vandijck ; Hubertus
	Vrijhoef; Johan Hellings; Peter Vermeir; Lieselot Cool; Ezra Dessers)
	• Are data from national quality registries used in quality improvement at
Notes	Swedish hospital clinics? (Mio Fredriksson; Christina Halford; Ann Catrine
	Eldh; Tobias Dahlström; Sofie Vengberg; Lars Wallin; Ulrika Winblad)
	• Enhancing patients' autonomy by involving them in research ethics
	committees (Milenko Rakic; Tolga Dittrich; Bernice S Elger; David Shaw)
	Barriers to effective, safe <b>communication</b> and <b>workflow</b> between <b>nurses</b> and
	non-consultant hospital <b>doctors</b> during <b>out-of-hours</b> (Anne-Marie Brady;
	Gobnait Byrne; Mary Brigid Quirke; Aine Lynch; Shauna Ennis; Jaspreet
	Bhangu; Meabh Prendergast)
	• Patient-clinician relationship seems to affect adherence to analgesic use in
	cancer patients: a cross sectional study in a Taiwanese population (Pi-Ling
	Chou; Kun-Ming Rau; Ta-Wei Yu; Tai-Lin Huang; Jia-Ling Sun; Shu-Yi Wang;
	Chia-Chin Lin)

#### Online resources

[UK] NICE Guidelines and Quality Standards

https://www.nice.org.uk

The UK's National Institute for Health and Care Excellence (NICE) has published new (or updated) guidelines and quality standards. The latest reviews or updates are:

- NICE Guideline NG77 *Cataracts in adults: management* <a href="https://www.nice.org.uk/guidance/ng77">https://www.nice.org.uk/guidance/ng77</a>
- NICE Guideline NG78 Cystic fibrosis: diagnosis and management <a href="https://www.nice.org.uk/guidance/ng78">https://www.nice.org.uk/guidance/ng78</a>

[USA] Effective Health Care Program reports

https://effectivehealthcare.ahrq.gov/

The US Agency for Healthcare Research and Quality (AHRQ) has an Effective Health Care (EHC) Program. The EHC has released the following final reports and updates:

• Understanding Health-Systems' Use of and Need for Evidence To Inform Decisionmaking https://effectivehealthcare.ahrq.gov/topics/health-systems/research/

Global Burden of Disease Antimicrobial Resistance

https://wellcome.ac.uk/news/global-pledges-speed-action-superbugs

The UK-based charity Wellcome Trust has announced a research project to track and document the burden of disease associated with antimicrobial resistance (AMR). The project will be collecting data from all over the world to create a map of disease and deaths caused by drug-resistant infections. The project will collect data on select bacteria-antibacterial drug combinations, generating global estimates of resistance for these "bug-drug" duos from 1900 to the present in 195 countries. They will produce detailed maps to help policymakers and researchers develop tailored future studies and interventions. The data will be included in the Global Burden of Disease database, a tool that enables researchers to quantify health loss from diseases, injuries, and risk factors. Interactive data visualizations will be free and publicly accessible.

For information on the Commission's work on Antimicrobial Use and Resistance in Australia, see <a href="https://www.safetyandquality.gov.au/antimicrobial-use-and-resistance-in-australia/">https://www.safetyandquality.gov.au/antimicrobial-use-and-resistance-in-australia/</a>

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